

### MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

### MOTTO

Unity and Charity

### Minnesota State Board

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# The Voice of the Lakes

MINNESOTA STATE CDA NEWSLETTER MARCH 2025 VOLUME 2025—ISSUE I

### Regent's Reflections Monica Capra, State Regent

Dear Sisters in Christ,

It is hard for me to believe, but this is my last newsletter article as your state regent. The past two years have gone by so quickly - it seemed like just yesterday we were in Detroit Lakes, and I was being installed. My time as your state regent has been incredibly rewarding. Traveling to different communities and meeting the great women that make up the Catholic Daughters have brought me great joy.

There have been challenges as well, including trying to increase our membership and supporting courts that struggle to find officers. I know I have made mistakes, but you, my sisters, have been gracious, and for this, I thank you.

Here are some lessons I have learned along the way:

- Each and every court has tremendous value. There is so much we can learn from one another, especially when we come together at workshops and conventions. Together we accomplish more.
- Each and every Catholic Daughter has tremendous value. We all have gifts and although they may differ, together we share in the mission of unity and charity.
- We have been given graces by God to do His work, and we should never take those graces for granted. I thank God every day for the countless blessings he has bestowed upon us and for my Catholic Daughter sisters.
- Prayer is the answer. Spending time in adoration has been essential for me to discern what God is asking of me and how I am to respond to others.

I would like to close with a prayer to the Sacred Heart of Jesus and Immaculate Heart of Mary which is printed on the inside cover of my planner. Every time I open my planner, I find great peace after I have I read the prayer. I hope you will, too.

O Jesus, my Lord,

I come before you, humble of heart, and beg that I may receive graces from your mercy and intersession. Every day is a gift from you. Thank you for all that will come: the good times and the bad, the days I'll never want to end and those that won't end soon enough. May I never forget to praise you through it all. Keep me close to your Most Sacred Heart.

O Mother Mary, I give myself to you. Please ask your son for all the graces I will need this year. Teach me to receive everything as a gift and to give our Lord my full and unreserved yes, just as you did.

I pray this through the intercession of the Immaculate Heart of Mary and in your Most Sacred Heart. Amen



Your Sister in Christ,

Monica Capra

MN State Board News

### Report of the Nominations Committee:

2025 NOMINATING COMMITTEE nominates the following:

CATHY NELSON, STATE REGENT
LISA OUDERKIRK, 1<sup>ST</sup> STATE REGENT

OPEN 2<sup>ND</sup> STATE VICE REGENT

OPEN STATE SECRETARY

DARLENE HIGHET, STATE TREASURER

Dear CDA Sisters,

As you report on your local court activities to our State Chairs, please remember the purpose of these reports ~ which is to reflect upon how we have revealed God's love through our activities and to share those experiences as a means of inspiring others to continue His work and rejoice in it. Whether special recognition is received or not, sharing what you have done is important for the vibrancy of our CDA organization. While all courts cannot participate in every area, nor operate with the same resources, the work of all courts is vital to the impact we have on local, state and national issues. I look forward to hearing about your activities and the lives they touched at our State Convention.

And, I am looking forward to *seeing you* at the 2025 MN Convention of the Minnesota Catholic Daughters of the Americas! I am looking forward to *thanking you* for all that you do to keep our organization vibrant and effective in reaching out to those in need. I am looking forward to *listening to you* as you share your questions and concerns and *celebrating with you* your triumphs and blessings and our own CDA Sisterhood. And, I am looking forward to *praying with you* that our attitudes and our actions reflect the love of Christ to all we meet. For those unable to be with us in person, know that our hearts are connected through the love of Jesus and that you will be with us in spirit and prayer. For those who will be attending the convention, God's blessings to you for safe travels. See you in Owatonna!

Blessings,
Cathy
1st Vice State Regent

# State Chaplain, Deacon Paul

### Deacon Paul Tschann, State Chaplain

Dearest Catholic Daughters,

I hope and pray all is well you and your loved ones. It has been a great honor to serve you as the State Chaplain over the course of these two years. I have enjoyed my time visiting you in the many courts around the state of Minnesota. I also appreciate your prayers for myself and the State Officers as we work to serve you and your needs, celebrating milestones and seeing the great good you do in the name of the CDA. Keep up your good work and hold fast to your faith, going forth to be a light to others.

Transitioning is not always easy but it is so necessary in our faith journey to help us keep our eyes focused on what is truly important, our relationship with Jesus Christ. Not too many weeks ago we celebrated his birthday, the time he become flesh and lived amongst us. Our Advent preparation time was about 4 weeks. As we get ready to begin this season of Lent we have a longer preparation time, 7 weeks until we celebrate Jesus' resurrection.

I visited one of our Faith Formation classes recently and they had note on the white board counting the days down until the next Christmas. I asked them what is the most important event in the life of the church and most replied Christmas. No surprise there, it is a joyful time and they receive gifts. I challenged them to compare the similarities of the two seasons, even asking why Lent is longer and why the celebration of Easter goes on for 50 days while Christmas is much shorter.

We need this time of Lent to slow down, to step out of routines, to get our hearts in the right place. I will be taking the Faith Formation classes to experience the Stations of the Cross. It is not an easy story to tell, it invokes sadness and questions how our humanity could be so cruel. This is the son of God after all. They torture him and nail him to the cross to die. How could God the Father let this happen to his Son? It can be a confusing thing to contemplate for our children as well as us.

With Jesus resurrecting from the dead, and then returning to his place in heaven we have a new hope and mission to live for. Jesus reconciles us to his Father, taking away our sins, offering the gift of everlasting life. This is the gift come down from heaven and is fully realized when Jesus suffers for love of us, lays down his life for love of us, and call us into relationship with him. From heaven he allows himself by the power of the Holy Spirit to be placed into ordinary bread and wine so that we may receive him and be united with him.

I wish you all a very blessed Lent and I look forward to celebrating Easter with as many of you as possible at the upcoming state convention in Owatonna. May your hearts continue to shine the light of Christ to all the world, especially in the darkest places. May your hands and feet be filled with the love of Christ to all you encounter. May you grow deeper in faith around this Glorious mystery. God bless you all!

Your servant in Christ - Deacon Paul

Publicity is the key to spreading the word about Catholic Daughters and advertising your court events. It is a way of conveying information to the general public and creating awareness of what we have to offer our members, our faith community and the general public. Publicity is a way to get information across to as many people as possible within the shortest time frame. Advertise your event in your local newspaper, court newsletter, church bulletin, Facebook, church calendar or bulletin board and utilizing flyers. Wear catholic daughter shirts, aprons, name tags when you are hosting an event. Whether your event was successful or not take advantage of what worked and analyze what didn't work.

**Bonnie Hein** 

DDI

State

Chair

News

Hello Ladies,

Convention is right around the corner.... do you have your P.R.O.M. dress yet? I have mine and I'm ready for a night of good music, good friends, and maybe even a little dancing. Just wait until you see our State Chaplain dance!!

I also wanted to send you these updates/reminders:

All court officers wearing ceremonial dress will be invited to process in at Friday's Mass. Ceremonial dress includes a white shirt, black pants/skirt, black shoes, and a medallion indicating your position (see the final call to convention for more details). Medallions can be purchased by each court at the <u>National CDA store</u>. The State Court will be purchasing DD medallions to be worn by the District Deputies.

All Circle of Love and Non-Circle of Love Report Forms are due to State Chairs by March 1.

Proposed resolutions, state projects, state fundraisers, and bylaw changes are due to me on March 1.

### Please consider making a bid to host the 2027 state convention!!

The hotel is coming along nicely. We were able to talk to someone about meals. They suggested that we offer a Continental Breakfast for Friday and Saturday morning. The Continental Breakfast would include pastries, breads, fruit, coffee, juices and the cost would be \$15. Those wishing to purchase the breakfast would do so at check-in (can be added to the room charge) and be given a ticket at that time. They would like to know how many people would choose this option. They also have a restaurant that will seat approximately 70 people. I would appreciate it if you could ask your delegates if they are interested in this option and get back to me.

Your Sister in Christ,

Monica



### Learning Knows No Bounds

### Education

As shared previously by our very own Nancy Bambenek, National Education Chair, the Year of Hope in the Share magazine highlights "Becoming Pilgrims of Hope". Hope you take the time to read and reflect.

Putting Hope into action. We need to act – pray, listen, and then move forward. Nothing will happen if we do nothing. We are CDA sisters filled with Faith, Hope and Love. As your CDA members gather to work on court activities such as encouraging your youth to enter our Education Contests, sponsoring an Education project within your courts for members, sponsoring education for your faith filled community, for education opportunities for your community and don't forget to take the time to pray together.

Thanks to all who sponsored the Education Contest in your local schools.

This is my last Education article as your State Chair. Thank you to the State Board for providing this opportunity to me.

If you should have any questions or concerns, please contact me: Margee Keller, 124 6th Ave N, Crookston MN 56716 Cell 218.349.4566 Email: margeekeller@hotmail.com

### **Upcoming Court Anniversaries**

Court St. Annes #1840, Medford—65 years—4/10/1960
Court Plainview #497, Plainview—105 years—4/25/1920
Court St. Justin #2020, Mahnomen—55 years—5/24/1970
Court St. Mary #509—Moorhead—105 years—6/29/1920

DD and State Chair

News

### **Local Court News**



Court St. Mary #509, Moorhead collected donations for the St. Vincent de Paul Society during their December meeting. Members brought in hats, gloves, t-shirts, and socks. Members also donated money for St. Vincent de Paul, with over \$200 raised that night. Shown left are four CDA members who are also active in the Moorhead St. Vincent de Paul Society and will use the donations of warm weather clothing when they meet with people in need in the community.

Court St. Mary #509 Collects Cards and Supplies for Nursing Home Craft Projects

In a generous and thoughtful act of community service, a member of Court St. Mary #509 has successfully collected a large variety of cards and calendars to be delivered to Serenity and Eventide nursing homes in Moorhead, MN. These items will be used in craft projects for the residents, offering both creative outlets and opportunities for connection. The donations include an impressive collection of various cards, such as:

- 210 birthday cards
- 15 sympathy cards
- 99 get-well cards
- 60 thinking-of-you cards
- 60 thank-you cards
- 141 blank note cards
- 120 religious Christmas cards
- 560 regular Christmas cards

Additionally, the group gathered a range of helpful stationery, including 184 regular calendars, 13 planners, 7 pocket calendars, and 3 single-page calendars. There were also 3 small-sized calendars and 1 oriental design



calendar, which mimics the look of wood slats, 4 puzzle books, pens, pencils, prayer cards, medals, and socks. In total (all types), it was 1205 cards and 211 calendars.

# Catholic Daughters Owatonna Court #1180 gives 200<sup>th</sup> "Basket for Benefits"

In a blink of an eye a tragedy can happen for a family or an individual and this is how the Catholic Daughters of Owatonna Court #1180 have helped. For the last seventeen years the Catholic Daughter women have given out 200 "Baskets for Benefits" and have prayed for these families and individuals. The 200<sup>th</sup> Basket is going to the Benefit Fundraiser for Desiree Cabrera, on February 15th, at the American Legion Post 77, 137 W. Broadway St. Owatonna.

This all began in the year 2008 with an idea one of the Court's members had to help local families when they are most in need, due to an accident or illness and there is a Benefit for them with a Silent Auction.

The first baskets were filled with kitchen items such as a Cookbook (Catholic Daughters Cookbook) and potholders, dish towels dish clothes, measuring spoons and cups etc. Most items were donated, bagged ready to go and were given when they would hear about a Benefit. Funds needed to finish the baskets up were raised with "Philomena's Famous Cookies" being sold at the Knights of Columbus Council's Fish Fry Dinner, the first Friday in Lent each year.

Some changes have been made throughout the years. A Prayer Shawl, Prayer Pal or Prayer Blanket have been added to give to the person the Benefit is for, along with a homemade card letting them know the Catholic Daughters' women will continue to pray for their family.

Five baskets to local Benefits have now been added each year. In 2025 these recipients are St. Mary's Night of Knights, 4-H Pasta Dinner and Auction, Relay for Life, VFW's Veteran's Auction, and Power of the Purse. Over 270 baskets have been given out through the generosity of the Catholic Daughters.

Who are the Catholic Daughters Court #1180 Owatonna? It is an organization of Catholic Women whose motto is "Unity and Charity". They work to raise funds to help Catholic Schools, Religious Programs, veterans, Hospitality House, Rachel's Light, Community Pathways, Habitat for Humanity etc.

The Catholic Daughters of the Americas is an organizations though which woman can help to create change. It is an organization through which individuals can make a difference in today's world. It is an organization where lifelong friendships are made and personal & spiritual growth is attained, and most importantly a way they can serve God, community and country.

More information about the Catholic Daughters Owatonna Court can be obtained from Philomena Seykora at 507-456-8725 or Rose Ann Kubicek at 507-456-7671.



Court St. Cecilia #2025, Red Lake Falls held their annual "Mountains of Luvs" Project for the Aurora Resource Center (formerly Life Care Center) in Thief River Falls. During Advent, CDA members and other parishioners donated diapers and baby wipes which they placed in the pack-and-play the Court set up in the church gathering space. This year, monetary donations were also appreciated as the Resource Center lost their government funding. Pictured below are some of our lovely CDA ladies.



Court St. Cecilia #2025, Red Lake Falls presented senior scholarship recipient with check. Pictured below is Regent, Melanie Lacrosse, presenting check to recipient Quinnlyn Kenfield.



### Court Queen of Peace #1558, Slayton

The whole church community of the Slayton area was involved in gathering food items and gift cards to be delivered by Catholic Daughters members to area shut-ins and less fortunate families. Twenty-seven baskets were delivered and much appreciated by the recipients.

Pictured are Rita Lear, Jeaneen Nelson, Betty Palmer and Joyce Risacher.



THE VOICE OF THE LAKES



Court St. Bernard #886 Lismore hosted a baby shower with all donations going to the Helping Hands Pregnancy Center in Worthington, MN. The center provides Christian-based counseling while educating and supporting women during pregnancy. Court members and parishioners donated diapers, wipes, lotions, blankets, clothing, and additional baby items for the clients at HHPC. The court also made a cash donation to the organization. Donations were plentiful and the court was not disappointed...191 items plus cash! Thanks to Ct. Santa Maria #247-Adrian for also collecting donations to contribute to our project. In the photo to the left,

court members Mary Metz, Lydia Diekmann, Deb Lutmer, Mindy Kemper, Steph Diekmann, Jen Brake, and Kate McCann gather around the gifts. Thank you for your generous donations!

Following their December business meeting, Court St. Bernard #886 members enjoyed a gift exchange by playing the Left-Right Pass the Gift game. Several of the members participated in a treat-making project under the direction of Donna Dew after lunch.

In the photo to the right, pictured left to right around the table are: Laura Fodness, Brenda Lynn, Lisa Diekmann, Deb Lutmer, Donna Dew, Roxanne Kemper, Julie Brake, Mary Metz, Laurie Wieneke, and Jen Brake.





In October we handed out 750 packets of Gummi Bears that raised \$1,429 for Habitat for Humanity. We prayed the Rosary before the weekend masses in October.

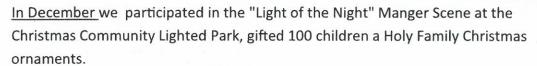
In November we welcomed nine new members, served for the All Souls Reception and Mass for the Election Prayer Service, delivered Meals on Wheels for two weeks, had a No Work Garage Sale and raised \$1,700.



In December we gifted to our priests and staff 44 quilts, \$100 to Heart to Heart, \$100 to Prairie Home Hospice, \$100 to Sharing and Caring Hands, 39 quilts to the SMSU students and 12 to Heritage Pointe for new residents. Did a fund-raiser of selling caramel cinnamon rolls after masses, raised \$958. We celebrated a Christmas party with the Council of Catholic Women having an evening meal along with exciting fun games and prizes.









In January we were asked to donate cereal boxes to the Holy Redeemer School's Open House to help create a 500 cereal box domino roll out, it was awesome and then all the cereal boxes were donated to the Local Food Shelf.



In February we enjoyed calling Bingo weekly at a local community assisted living home, fun for everybody! We are a Faithfunding Team!



Court Holy Rosary #1916, Detroit Lakes decorated a float for the Water carnival parade last summer. It's



a fun way to show our pride in our CDA organization, and a great time to build sisterhood. We share snacks with each other as we throw out candy to the parade watchers. (pictured left)

Our members sewed 100 small crib quilts for the 'Bundles of Love' project. Fabrics are put together, then we add batting and finish them. They are displayed at church with a blessing from Fr. Nate. Quilts are given out to the toddlers and babies in our area. (pictured below)



Court Holy Rosary #1916, Detroit Lakes decorated St. Valentines Day cards for the nuns in the Crookston Dioceses Convent. They created 22 valentines to be sent out. Vice Regent Janet Reller, member Kathy Brekken, and Financial Secretary Karen Bursaw had a fun time! (Pictured below)



Member Mary Buschette (pictured below) spoke on the Minnesota State flag as it was retired and the new one now displayed. Our old flag depicted many historic symbols, like a Native American on horseback, a Pioneer with a plow, sunset on the western horizon that signifies the taming of the land and tools used by pioneers. The flag was displayed at the meeting so members could take a closer look.



THE VOICE OF THE LAKES

Right: For six weeks Ct St Charles CDA hosted "500 Card Parties" for the community. Chair Denise Sackreiter reported every week was well attended and appreciated, especially the delicious lunch and hospitality.

Below: Ct St Charles CDA members Fran Henry and Darlene McGuire prepare lunch that was served at a community card party.



*Below:* Members of Court St Charles CDA collected baby items at their January meeting that were donated to Birthright.







Court St Charles hosted a "Pancake Breakfast" on November 17, 2024.

Pictured left are CDA members (I-r) Joann Small, Terry Siebenaler, Denise Sackreiter, Phyllis Speltz, Tara Miller and Kathy Schumann

### Court St. Charles #1791, St. Charles

On December 21, 2024, Ct St Charles CDA hosted "Breakfast with Santa" and our annual "Sweet Treat Sale". Pictured are all the helpers for these special events and the delicious goodies that were available for sale.







Left: Bev Puterbaugh is pictured with some of the 98 Christmas pails that were distributed by Ct St Charles CDA members to local community members to spread a little Christmas cheer.



Court St Charles CDA member Brenda Hansen was able to obtain donations of frozen turkeys that were distributed to local food shelves in St. Charles and Eyota.

Pictured left is Vicki Gathje coordinating the delivery at St. Charles Resource Center.

Court St. Margaret #1888, Eveleth sponsored their annual Birth-rite Baby Shower and Baby Bottle Fundraiser in January. Over 1,000 diapers, baby wipes, receiving blankets, jackets, pajamas and other baby needs were donated by Court members and parishioners for the Family Life Center. The Family Life Center is a "life affirming organization dedicated to protecting the well-being of preborn and born children and their families" in the Virginia/Hibbing and Iron Range area. The generous monetary donations received in the Baby Bottle Fundraiser will be divided between the Family Life Center and the Pro-Life Booth at the St. Louis County Fair.

Our next event will be our Spring Salad Luncheon which will be held on April 29 at Resurrection Church and will include a raffle with a handmade quilt as the 1<sup>st</sup> prize. The other prizes are cash prizes.

A group of members continue to cook and serve meals for our religious education students once a month. Students, religious education teachers and parents appreciate this meal and socializing before their class begins.

Submitted by Anita McNulty

### Court Joan of Arc #691, Blue Earth

Below; Regent Ruth Kastner is installing Jeanne Gardner as a new member of Ct Joan of Arc #691





Our annual Snow Flake get together held in January brings us together for fellowship, food, and fun. We gathered at Homestead in St. James. Vivian lead the rosary followed by a short meeting, pot luck, yummy food of every kind ,and then our three card Bingo game. We all bring a gift, then upon winning Bingo and we all have a gift, we open them. The fun begins when you can steal what you want when you get a new Bingo.

Pictured above: Evie, Mary, Terese, Marie, Vivian, and Judy

We had 23 CDA Sisters attend, and happiness was shared by all. Our Court collects socks for the Mary Jo Copeland Caring and Sharing Center. The final count of socks collected is still coming! Monica drove to Mankato to bring her mother Leora to the party. She just turned 91! I shared the ride back to Mankato. What a wonderful time! *Pictured below:* Mother-Daughter Monica & Leora, the birthday girl.







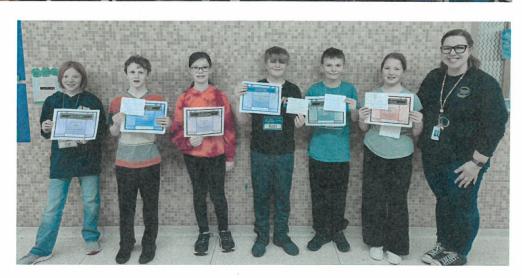


During our December meeting we honored our members (pictured below) who received 'special' membership awards ranging from 5 yrs to 60+ yrs.



## Ct St. Cecilia #2025, Red Lake Falls

Pictured right: Local winners in the local education contest from Cathedral elementary school in Crookston.



### **Article from National Supervisor**

Brenda Anderson National Secretary-Treasurer Minnesota Supervisor

Greetings from South Dakota! I was so happy to be named your National Supervisor and to be able to come to your upcoming State Convention. I have been married a long time to Cliff, and I have three adult children and nine fabulous grandkids. As a native South Dakotan, I grew up in northeast SD (Webster) with three siblings, all living in different states now, but we are remarkably close. My parents have both passed away. I remember going to Minnesota for family vacations and it was always a highlight of our summers. Many cousins and being outside from sunup to sundown. What could be better, you ask? Well, coming back for a visit with my CDA Sisters. I am anxious to hear your stories about family, kids, and career. We all come from different backgrounds and yet, we are alike in faith, spirit, and passion for others.

The State Convention is coming soon, and I hope that every Court will send delegates and members to Owatonna to celebrate together at the Biennial State Convention. New State Offices will be elected, new Chairpersons will be named, and District Deputies appointed. Are YOU one of the new leaders who will be willing to dip your toes into a Leadership water? All appointments and elected officials are not a 'forever' type of office/job. Try a Chairmanship or District Deputy position and see how much you will learn or how much you do know about CDA. If you have been a District Deputy in the past and have been thinking I should run for a state office, ask yourself this year, why not now? You are smarter than you think, more capable than you think, and more needed than you realize. Please give State Regent Monica a call if you are interested in any of these new leadership positions. State officer candidates can run from the floor (see the bylaws) with proper paperwork completed before the Convention begins. Remember, God does not call the qualified, He qualifies the called.

In appreciation for all that have served, 'thank you' for leading the way these past years and I hope that if you no longer are serving, you will be a mentor for the next chair taking your place.

Thank you to the current State officers for all the planning and preparation that is being done to make this State Convention one of the best. Grab another CDA Sister, pack your bags and get ready for a wonderful time at the convention. You will be glad you are coming, and I will see you there. You got this!

Brenda

### **Note from National Regent**

My dear CDA sisters .......Please pray for the people affected by the LA fires. We have many CDA sisters who live in the Archdiocese of Los Angeles. A donation is being made by the National Board from our CD disaster Fund that all of you help fund with ongoing donations so we are prepared to make a donation immediately when a disaster happens. You were very generous with your donations for the recent hurricanes to help make a difference in the relief efforts. In addition, I am asking once again for any CDA court and/or individual members who would like to help may send checks to National made out to Catholic Daughters of the Americas. Please make a notte in the memo LA Fires donation.

Thank you in advance for your donations. I am so proud of my CD sisters and your generosity in Unity and Charity.

God bless all of you,



JR CDA Court St Kateri Tekakwitha held their annual Daddy/Daughter Dance on Feb.1, 2024. They enjoyed a photo booth, snacks and dancing provided by a DJ. They decorated and organized the event with the guidance of Court St Charles JR CDA chairs.





Court St. Mary #509 is working on starting a JCDA court for girls in the Moorhead area. Let's pray this effort is successful!



### **Upcoming Anniversary**

JCDA Ct St. Cecilia, Slayton 5 years—8/10/2019

### National JCDA Proclamation 2025



- Whereas, on February 22, 1926, a religious, faith-based program was created for Catholic girls to practice the Catholic faith and live a life of service and charitable works, and
- Whereas, membership in the Junior Catholic Daughters of the Americas program is composed of Catholic girls from 6 years of age to 18 years of age, and
- Whereas, the Junior Catholic of the Americas motto is "Be Useful" and its standard is to "Love God, Serve Others and Live Nobly, "and
- Whereas, the activities of the Junior Catholic Daughters provide leadership skills for a lifelong journey in leading others to do God's work with their hands; therefore, be it
- Resolved, each Junior Catholic Daughter member will pursue meaningful deeds to fulfill the Junior Catholic Daughter program, and be it further
- Resolved, that Sunday, February 16, 2025, be observed as the Ninety-ninth Anniversary of the National Junior Catholic Daughters of the Americas Dav.

### Minnesota Catholic Daughters



Monica Capra
MN CDA State Regent
300 Jefferson Drive
Zumbrota, MN 55992

### **WEBSITES**

Minnesota CDA: mncda.org-or-mncda.com National CDA:

catholicdaughters.org

### **NEWSLETTER**

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mncdanews@yahoo.com
Or send typed articles and photos
to Jackie Svenby (addresses above)

### **Newsletter Guidelines:**

- Story should be 50-125 words
- Include who, what, when, where, and why in your story
- Include Court name, number & city
- If submitting photo, attach it as a .jpeg file to email with article-give photo a caption & identity each person
- Deadlines to submit articles:
   July 10—Nov 10—Feb 10
- Include your name, court, phone and/or email so we can contact you if we need more information.

### **Welcome to our New Members**

Ct. St. Anne #1840, Medford

Betty David

Ct Owatonna #1180, Owatonna

Lawayn Ann Trom

### **Blessed Be Their Memory**

Ct. Santa Maria #247, Adrian

LaVonne Konz

Ct. Joan of Arc #1291, Marshall

Catherine Verkindren

Ct. Holy Rosary #1916, Detroit Lakes
Leatrice Wirtz (100 yrs old), Elvira Mattioli



...and may perpetual light shine upon them.