



South Portland High School Dual Sport Agreement Form



Student-Athlete: _____

Grade: _____

The aforementioned student-athlete requests the permission to participate in two sporting activities in the same season. The student-athlete [and parent(s)/guardian(s)] understands that if anyone declines signing this agreement then the request will be denied and there is no appeal process.

Criteria:

1. The student-athlete will declare a primary sport. The student-athlete will be expected to attend their primary sport practices, games and team events on a regular day-to-day basis. The head coach of the primary sport will make any determinations regarding conflicts with the secondary sport.
2. The student-athlete will coordinate an appropriate schedule with the secondary sport coach in order to remain eligible and in good standing with that team.
3. The student-athlete will attend the primary sport if a conflict arises between the two sports.
4. The student-athlete must be in good academic standing – demonstrated and proven ability to successfully manage both the academic and athletic demands and expectations.
5. The student-athlete will not displace another student-athlete from a scoring position within the team (i.e., relay team) while participating on the secondary sport team.
6. The student-athlete must have had no medical issues related to overuse that require the attention of the athletic trainer. If the student-athlete develops any injury related to overuse, the student-athlete will be pulled from the secondary sport for the remainder of the season.
7. The student-athlete cannot participate in two (2) sports where the same primary muscles are used (i.e., a cardiovascular soccer player running cross country, a baseball player competing in a throwing event).
8. The student-athlete, one parent/guardian, both coaches and the athletic director will meet prior to the beginning of the athletic season to assure everyone involved is working collaboratively to ensure the best interests of the student-athlete are being met. During this meeting all attendees will develop a written plan for the season and to identify scheduling conflicts regarding the dual participation. The athletic trainer will be consulted prior to the meeting to ensure there are no underlying medical conditions that would make the student-athlete vulnerable to injury due to participating in two sports during the season.
8. Student-athlete must make their intentions known prior to the season starting. Anyone requesting dual sport participation after the season has started will be denied.

Primary Sport: _____ Secondary Sport: _____ Season: _____

In order for this agreement to be applicable, the following signatures are required:

Student-Athlete: _____ Date: _____

Parent/Guardian: _____ Date: _____

Primary Coach: _____ Date: _____

Secondary Coach: _____ Date: _____

Athletic Trainer: _____ Date: _____

Athletic Director: _____ Date: _____

Principal: _____ Date: _____