

CHAMPIONS 101 ATHLETE COURSE for ELIGIBILITY

Champions 101 is a sports performance and leadership development program for athletes, coaches, and sports parents. As part of our partnership with your school and part of your preparation for the upcoming season, you have been asked to complete a short athlete training course. Follow the instructions below using a computer, tablet, or smartphone.

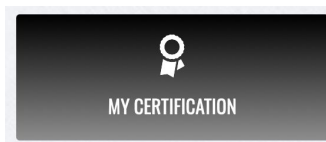
1. CREATE YOUR CHAMPIONS 101 ACCOUNT.

-Click this link: bit.ly/3xJXMVg

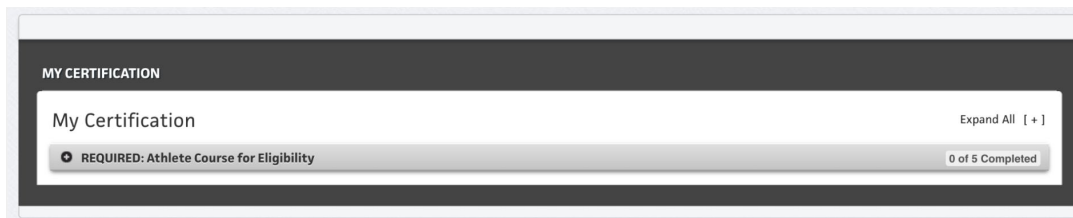
OR scan the QR code with your phone's camera...



2. ON THE CHAMPIONS 101 HOMEPAGE, CLICK ON THE BOX FOR "MY CERTIFICATION."

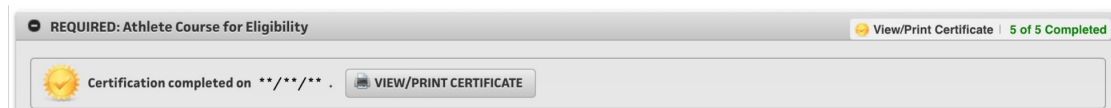


3. ON THE "MY CERTIFICATION" PAGE, OPEN "REQUIRED: ATHLETE COURSE for ELIGIBILITY."



4. COMPLETE THE REQUIRED VIDEO TRAINING COURSE, "DO WHAT CHAMPIONS DO: GIVE YOUR BEST." THERE ARE FIVE CHAPTERS WHICH TAKE ABOUT 15-20 MINUTES IN TOTAL TO COMPLETE.

5. ONCE YOU'VE COMPLETED THE COURSE, YOU'LL FIND THE "VIEW/PRINT CERTIFICATE" OPTION AVAILABLE ON THE CERTIFICATION PAGE.



6. VIEW THE CERTIFICATE, THEN DOWNLOAD IT TO YOUR COMPUTER/DEVICE. YOU CAN THEN UPLOAD IT TO YOUR SCHOOL'S ELIGIBILITY DATABASE TO VERIFY ITS COMPLETION.

Champions aren't born. They're built. Our mission at Champions 101 is to help you build the mindset it takes to become someone worthy of winning, on the playing field and beyond. Use your account login to find more resources available in the Champions 101 Training Center!

Questions or problems? Feel free to contact us anytime at support@champions101.com