



SEPTEMBER 29, 2025

BSHS Counseling Newsletter

STAY IN THE LOOP WITH UPDATES AND ANNOUNCEMENTS!

AT A GLANCE

- Upcoming Events
- Resources

Counseling Corner



It's a great day to be a Wildcat!

Be sure to read through each section and click links for websites, applications or further information needed. You may reach out to your assigned counselor for more information.

Connect to the Counseling Corner using the QR code to access counseling department information.

Seniors

Click on the links for additional information.

Senior Presentations- Counselors visited CAT (advisory) classes to present information for post-secondary options. Click [here](#) to access the presentation.

Coca Cola Scholarships-Deadline September 30, 2025

College and Military Visits- The colleges and military branches listed below will be on Blue Springs High School's campus to visit with students who are interested in obtaining more information. Students need to stop by counseling to sign up for each visit.

<h3>College Visits</h3>  <p>MCC 10/7 AND 12/2 Atrium Lunch Visit</p>	<h3>College Visits</h3>  <p>Pitt State Wednesday, October 1st 9:45 am Counseling Office</p>  <p>UCM Thursday, October 2nd 9am Counseling Office</p>  <p>KU Friday, October 10th 9 am Counseling Office</p>
<h3>College Visits</h3>  <p>Drake University Tuesday, October 14th 9 am Counseling Office</p>  <p>K State Wednesday, October 22nd 11am Counseling Office</p>	<h3>Military Visits</h3> <p>EVERY WEEK A representative from each branch will be in the Commons during lunch on the days below:</p> <p>Army 1st and 3rd Tuesdays Air National Guard 3rd Thursdays Navy 2nd and 4th Wednesdays Marines Air Force 1st Wednesday Army Nat'l Guard 2nd and 4th Tuesdays</p>

Academic Resources

Click on the links for additional information.

PSAT/NMSQT- BSHS will administer the PSAT for interested students on Oct. 15, 2025 (date corrected from previous newsletter). The cost is \$25. Submit payment through Rev Trac or bring cash/check to the counseling office. Sign up by **Oct. 1st**.



Academic Resources

Click on the links for additional information.

SCA College Fair Registration Fall 2025- Sept. 30, 2025, 6:00pm-8:00pm. Click [here](#) to see colleges at the fair.



Financial Aid and College Planning Night-Oct. 1, 2025



Infinite Scholars College and Scholarship Fair- Oct. 4, 2025

Missouri State School of Criminology and Criminal Justice Open House- Oct. 6, 2025

Youth Court- Eastern Jackson County Youth Court is looking for students who are interested in future careers in law, government, criminal justice, and other related fields to serve in the youth court. Click [here](#) for more information and the application.

Texas HBCU College Tour- See flyer below. This is not a BSSD sponsored trip. Several administrators from local districts will be in attendance.

ACT Test Dates- 2024-2025 Dates and Registration.

ACT is evolving. The flyer below contains updated information.

THE ACT TEST IS EVOLVING

A K-12 EDUCATOR'S GUIDE TO THE CHANGES COMING TO ACT® NATIONAL, INTERNATIONAL, AND STATE AND DISTRICT TESTING

ACT WANTS STUDENTS TO:

- Perform their best on test day.
- Have the flexibility and choice to determine how they will test.
- Demonstrate their true capabilities and potential, always.
- Tailor their testing experience to fit their future goals and highlight their strengths.

ACT is committed to continuous test improvements and innovations to showcase student success for college and career.

Here's a quick comparison of what's changing and what's remaining the same during the enhancements.

WHAT'S CHANGING?	WHAT'S NOT CHANGING?
We've reduced the number of questions overall (there are 44 fewer questions, to be exact). We've reduced the test length. Students can receive their college-reportable Composite score after 125 minutes of testing, rather than 195. Students get more time per question. We've reduced the number of answer choices in math questions from five to four. Students can now choose to take the ACT National test with or without the science section. State and district customers will choose whether to include the science section with the ACT test for their students.	The ACT scale will remain 1-36, as it has been for 35 years, with no changes to ACT benchmarks or state-specific achievement standards. Scores from tests taken prior to the rollout of the new Composite score will not change. Ability to predict success in first-year college credit-bearing courses will not change. Both paper-and-pencil and online test options will continue to be available.

Enhancements to the ACT test will affect ACT National testing, ACT International testing, and ACT State and District testing administrations. These changes will be introduced to each administration according to the following schedule.

APRIL 2025 ACT National Online Only	SEPTEMBER 2025 ACT National Paper & International Updated Composite Score for All ACT Tests	SPRING 2026 State & District Testing
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SCORES REPORTED ON THE ACT STARTING APRIL 2025

Beginning with the April 2025 National online test, the ACT Composite score will be based on performance on the English, math, and reading sections. Students will still have the option to take all five sections previously offered, including science and writing, allowing for a more tailored testing experience. Those who opt to take the science section will also receive a STEM score, and those who choose to take the writing section will also receive an ELA score (all section scores will still be provided).

WHEN STUDENTS TAKE:	THEY WILL RECEIVE:
The ACT Test (English, Math, and Reading sections)	Composite Score
The ACT Test with Science	Composite and STEM Scores
The ACT Test with Writing	Composite and ELA Scores
The ACT Test with Science and Writing	Composite, STEM, and ELA Scores

IN SEPTEMBER 2025:

The new ACT Composite score calculation will be used for all students (all National, International, and State and District contract students).

This change ensures that higher education institutions receive consistent Composite scores from September 2025 onward.

Students who take the science section will receive individual science section scores and a STEM score (if they completed math).

ACT will not change how we send information to higher education institutions.

WILL ACT STILL PROVIDE A SUPERSCORE? HOW WILL IT WORK?

What is an ACT Superscore? A Superscore is the average of a student's best scores from each section from multiple test attempts.

Starting in April 2025, students choosing to take the National online test will have their ACT Superscore calculated using their English, math, and reading scores.

For all other students, this transition to the English/math/reading calculation will take place in September 2025.

A student's Superscore can be calculated from section scores from test events before and after the transition to the new Composite. If a student takes a test after September 2025, their Superscore will be based on their English, math, and reading performance (if no tests are taken after September 2025, the last calculated Superscore, based on English, math, reading, and science, will continue to be available). ACT will still report the highest score for each section with the test date, but the Composite score will now be based on a simplified calculation of English, math, and reading scores.

For full details, visit act.org/actenhancements

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C.A.S.H.- Counseling after school help- The counseling office will provide extra help after school for students who may need assistance with catching up with homework, organization, study skills, or strategies for taking tests, college/career readiness, college and scholarship applications, etc. Transportation arrangements must be made for pick up after each session.

Click the link to sign up-Counseling: Counseling After School Help

Counselor Important Info Flyer -Access to important documents and other information from counselors.

Career Resources

Click on the links for additional information.

Lamar Donuts-Lamars Looking for a part time job? Donuts Blue Springs is hiring. Stop in and apply or apply on Indeed. Please call with any questions- 816-220-8900

After-School Job Openings – Join the Team at REKO Fulfillment!

The fulfillment company is hiring students for after-school shifts! They process online orders for websites across the country using state-of-the-art technology and eCommerce systems, giving workers the chance to build valuable, real-world job skills.

Hands-on experience in areas such as:

- Receiving and organizing inventory
- Building boxed kits and gift sets
- Packing and shipping customer orders
- Creating holiday gift boxes

Looking for students who are reliable with attention to detail and a willingness to learn. This is a great way to gain practical experience, develop transferable job skills, and be part of a fast-paced team environment.

Wages \$14-\$16 per hour based on experience and skills.

Contact: jobs@rekodirect.com Phone: 816.220.2626 We're right off Adams Dairy and AA Hwy.

Community Resources

Click on the links for additional information.

Children's Mercy Powering Families Webinars-Free monthly online educational event.


Blue Mondays

Do you ever dread the end of your weekend? Maybe feelings of anxiety or depression start setting in for you on Sunday afternoon or evening. It's why the start of a new week is sometimes referred to as "Blue Monday." Experiencing these emotions is quite normal, even for adults.

Mondays happen every single week and can't exactly be avoided, so what can you do about it? Here are some ideas for changing your approach to the Monday blues:

1. **Don't wait for Sunday night or Monday morning to prep for the week ahead.** Clean out your backpack and check for homework when you get home on Friday. On Saturday morning, take a few minutes to plan some options for what to wear on Monday. Prep while you still have the weekend ahead of you and are in a positive frame of mind.
2. **Check your schedule for the week so you know what is coming up and are prepared for it.** You might even check the week's weather to see if it impacts any of your plans.
3. **Set some simple goals for the week ahead.** You might decide to exercise on certain days, do some random acts of kindness, or reach out to someone you haven't talked to in a while. Goals will focus you forward and give purpose to your week.
4. **Give yourself time to relax and unwind on Sunday night.** Be home early. Get to bed on time so you aren't tired and crabby to start your Monday morning.
5. **Treat yourself to something, ANYthing on Monday.** Maybe it's something that you wear or eat, or a video you can watch that evening. Having something to look forward to helps start your Monday on a positive note.
6. **Think good thoughts.** Build yourself up. Focus on the positives. Be grateful for your life and the people in it. Block out bad thoughts and don't let them take over your day or week.

Instead of dreading Mondays, train yourself to think positively about the start of a new week. Besides, who says "blue" has to be a bad thing? Maybe blue is actually one of your favorite colors! By focusing on the positives and taking care of yourself, Mondays might not be so bad after all.



your Life your Voice from non-towns yourlifeyourvoice.org
1-800-448-3000

Resource from Blue Mondays

Reach Out

BSHS Professional School Counselors Contact Information

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