

Mrs. Nelson's Preschool Snowday Activities

Bringing the Snow Inside (Sensory Play)

Perfect for when it is too cold to stay outside, but they still want to play with the snow.

- **The Indoor Snow Bin:** Fill a large plastic storage tote or baking sheet with fresh snow and bring it into the kitchen (place it on a towel). Add measuring cups, spoons, and toy trucks. They can scoop and dump without freezing their noses.
- **Snow Melting Science:** Place three bowls on the counter: one with snow, one with an ice cube, and one with water. Ask your child to predict which will "disappear" or change first.
- **Paint the Snow (Indoor Version):** Bring a pan of packed snow inside and let them use watercolors and brushes to paint it. The melting effect creates beautiful tie-dye patterns.

Indoor Energy Busters (Gross Motor)

When the cabin fever sets in and they need to move.

- **Hibernation Cave:** Turn the couch or dining table into a "bear cave" using blankets and pillows. Bring flashlights inside and read books about winter animals.
- **The "Lava" Is Ice:** A winter twist on "The Floor is Lava." Place pillows or paper "ice floes" on the floor. They must jump from one to another without falling into the "freezing water."

Outdoor Adventures (Gross Motor & Creativity)

Bundle them up! These activities make the most of the fresh powder.

- **Snow Painting:** Fill spray bottles or condiment squeeze bottles with water and a few drops of food coloring. Let your child "spray paint" designs, shapes, or letters onto the white snow canvas.
- **Visual Scavenger Hunt:** Instead of collecting items (which might be buried), have them find things.
 - *Find something red.*
 - *Find a pinecone.*
 - *Find an animal track.*
- **Mr. Potato Head Snowman:** Bring the plastic eyes, nose, and mouth parts from a Mr. Potato Head toy outside. Make small snowballs and let your preschooler push the plastic parts in to create funny snow faces.