

Summer Guidance for Sports at BPHS COVID-19 Protocols

The information in this document follows the recommendations set forth by the Minnesota Department of Health and the National Federation of State High School Associations. As more information becomes available, these parameters may be adjusted.

Summer programming will begin on June 7th with indoor and outdoor events. Masking is optional inside.

Parameters (all venues):

- Hand sanitizer will be available daily.
- Athletes must bring own water bottles.
- Equipment that is shared will be cleaned.

Pre-Workout Screening:

- DAILY temporal scans, screen questions, and charting for coaches and athletes.
- Any person with positive symptoms should not be allowed to take part in workouts and must be sent home immediately.

Weight Room:

- The weight room may be used under direct coach supervision only.
- All equipment will be cleaned by athlete after use and weights returned to trees and racks.
- No outdoor shoes are allowed in the weight room.

Cleaning:

- Equipment must be cleaned and sanitized after each use and at the end of the day – Coaches responsibility
- Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.

Activity and Equipment:

- There should be minimal shared athletic equipment (towels, clothing, shoes, or sports specific equipment). Students are encouraged to bring their own equipment.
- Students should wear their own appropriate workout clothing (do not share clothing). Individual clothing/towels should be washed and cleaned after every workout.
- Participants must bring their own towel and water bottle.
- Interaction between students must remain contactless as often as able.
- Participants are allowed to wear masks, but not required.
- Students must always be in the presence of a coach or supervisor.
- Participating is strictly optional.

Coach Responsibilities:

- Cleaning and sanitizing all surfaces and equipment prior to, during (where applicable) and after practices.
- Maintain a clean zone outside.
- Designate location and procedure for screening each day.
- Screen and document students EVERY DAY.
- Collect signed waivers from students and parents.
- Follow protocols set forth in this document and specific to your location.
- Remain in constant communication with Ms. Mach (HS) or Gina Hendrickson (BPRA).

School Responsibilities:

- Help maintain clean zone inside school.
- Provide hand sanitizer, thermometers, and cleaning supplies for inside programming and high school programming outside.

BPRA Board Responsibilities:

- Monitor coaches, locations, and programming.
- Communicate with Ms. Mach to maintain consistent protocols