



EXCHANGE CLUB
CENTER *for*
FAMILY UNITY

Groups meet weekly via
Zoom beginning May 7,
Thursdays 9:30-11am
or 6-7:30pm

Groups are free and open to all parents

Parent Support Groups

Could you use some support as you parent during these challenging times?

YOU ARE NOT ALONE!!

Join our Parent Support Group and learn some new parenting strategies while meeting other parents who share similar struggles.

**Exchange Club Center for Family Unity
1850 Austin Road - Owatonna**

**If interested please contact Ann at
507-338-8913 or ann@centerforfamilyunitymn.com**

