

# Nashua-Plainfield Community Schools

## STUDENT HEALTH AND ILLNESS POLICY

For students to optimally participate in their educational program, the child needs to be at their highest level of wellness. Students need to be protected from communicable illness while attending school. Teachers and support personnel will attempt to detect early signs of illness. When a student appears ill they will be sent to the nurse to be monitored for fever, appetite, stools, and observed for further signs of illness. Upon any signs of illness, the parent/guardian will be notified concerning the illness, the need for medical care, and the need to remove the student temporarily from the school. By adhering to this policy for your child and all students, we can protect students from communicable illness.

**GUIDELINES:** The following conditions should be given serious consideration. Any child with these conditions should **not** be sent to school, and **will be** sent home if these occur at school:

1. **Fever:** any child with a fever equal to 100 degrees orally. The student should be fever free (without use of fever reducing meds) for **24 hours** before returning to school.
2. **Vomiting:** any student who vomits (more than infant “spitting up”). Students may return to school **24 hours** after their **LAST** bout of vomiting.
3. **Diarrhea:** any student who has liquid, loose, frequent stools, which are not related to medication or food reaction. Students may return to school **24 hours** after last bout of diarrhea.
4. **Thrush:** any student with yeast infection of the mouth (thrush).
5. **Cold Symptoms:** Professional discretion will be used to evaluate any student with nasal discharge or cough. Medical care is recommended for a student complaining of a sore throat.
6. **Worms:** any student with pinworms or tapeworms in stools. Medical care is recommended. Child will need physician’s note to re-enter school.
7. **Skin Rash:** any student with multiple lesioned rash accompanied by fever; any student with a skin rash or lesions typical of a communicable illness (scabies, chicken pox, measles, impetigo, ringworm, scarlatina).
8. **Communicable Illness:** any student with a communicable illness. If your child becomes ill with a communicable disease on a day when school is not in session, **please inform school personnel so that other classmates may be observed for similar symptoms.** Parent letters will be used as needed throughout the school year. For the student to re-enter school, approval from the school nurse and a physician note is requested stating that the child has received necessary medical treatment.

Any student who appears ill or complains of not feeling well while at school will be evaluated for symptoms by the school nurse, if available, or other school personnel to determine if a child should remain at school. The parent or emergency designated person will be notified that a child needs to leave school due to illness. **Please respond to this request promptly to ensure minimal exposure of other students.**

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