

With the New Year Comes New Strength! Wishes for a Strong and Happy 2021!

Virtual MASMS January State Meeting Managing Your Stress in Times of Uncertainty with Dr. Cindra Kamphoff January 12, 2021 at 1:15 PM

As we continue to navigate through these uncertain times, more than ever, we need to manage our stress and build our resilience every day. Join us for this 60 minute zoom event.

Understand stress and provide tools to reduce it. Learn key focus-improving questions to help go with the flow. Lead yourself with grit, resilience, and energy to help lead. Think about how to grow resilience during this time Practice a Challenge over a Threat mindset. Stay focused on what you can control, and more....

When you reduce your own stress during this time, you make you, the people you care about, and your school stronger.

You have three options to join this Zoom Event

Zoom On-Line, or call into the meeting or do both – use the video on-line Zoom and the audio on the phone. **Option Zoom On-Line:** Join Meeting go to: <u>https://zoom.us/j/98502286956</u> | Meeting ID: 985 0228 6956 | Password: 874856 **Option Call In:** Dial in: 1 (312) 626 6799 | Meeting ID: 985 0228 6956 | Password: 874856 **Pre-registration is not required.**

Please note that this event will be recorded for replay for those that cannot attend on January 12th.



320) 685-45

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Congratulations to Seth Putz MASMS 2020-2021 State Vice President

Seth is the Building & Grounds Supervisor For the Lake of the Woods School District in Baudette, Minnesota.

New Chapter Officer



Wade Nibbe, accepted the position of Chapter Director for the West Chapter. Wade is the Building and Grounds Supervisor of the

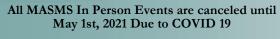
Alexandria School District. Congratulations!

The following Chapter Officer Positions Are Open.

Please contact the MASMS office if you would be interested in serving in one of these positions.

Northern Chapter: Secretary & Director Positions | West Central Chapter: Vice President & Secretary

A Chapter Secretary maintains minutes of chapter meetings; A Chapter Director is the liaison between the Chapter and the Executive Board and the Chapter Vice President assists in selecting education programs and presides over chapter meetings in the absences of the president.



CONTACT U	S
85	ruth@masms.org
/company/masms	MASMS.ORG

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MESSAGE FROM THE BOARD



Kevin Johnson Southern Chapter Director

A New Year!... It is hard to believe that we are now into a new year! I hope you all had a wonderful Holiday Season and were able to find some time to relax, at least a little! Hopefully 2020 is the type of year none of us will ever see again. It was arguably one of the toughest years we've been through, and as Chris said in last month's newsletter; "A huge **THANK YOU** needs to go out to each and every one of you for your relentless efforts associated with this pandemic". I'd like to add that you were truly on the front lines and have all done just an amazing job, again THANK YOU for all you've done, and for what still remains! Our districts are in great hands.

Just a quick reminder to stay on top of your game by attending Zoom chapter meetings, weekly COVID meetings and our upcoming State meeting. The topic is managing your Stress in Times of Uncertainty. Join us for this 60 minute zoom event on January 12, 2021.

I've said this before, but feel that it is important to repeat. MASMS is always looking for more and better ways to meet the needs of its members.

Please let any board member know what we might consider adding, or improving so that we can continue to fill the "MASMS Toolbox" to help you become the best leader, *or Future Leader* possible!

Best wishes, stay SAFE, and Happy New Year To You All! Kevin



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WELCOME NEW MEMBERS Educational Members

Bill Blashack, Nicollet ISD

Business Members

Paul Benson, Kraft Mechanical Eric Pearson, Kraft Mechanical Derek Crocket, Servpro of NE Minneapolis & South Washington County

PROJECT HIGHLIGHT

Bluff View Elementary | Lake City, MN Submitted by Kraus Anderson Check it out on page four!

You can now connect with MASMS on LinkedIn!

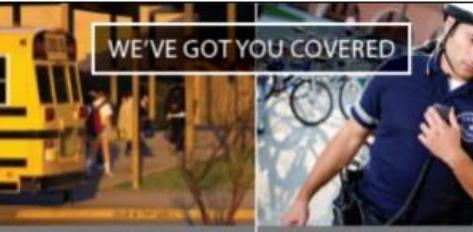
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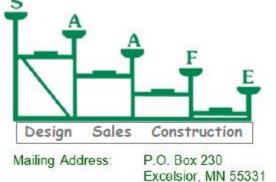
PROJECT HIGHLIGHT

Bluff View Elementary School | Lake City, MN

Description: 32,000 SF addition to existing school including gym, cafeteria and kitchen expansion, along with seven classrooms and secure entry remodel/addition.

ConstructionManager: Kraus-AndersonArchitect & Engineer: MLA ArchitectsEngineers:Larson Engineering of Minnesota & LS Engineers, Inc.





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Project Highlight Section

This section highlights school building projects that have been happening in MASMS Member's Schools!

The Messenger New Year Resolutions

Obviously 2020 has been quite the unique and challenging year for all of us! As 2020 winds down and we look into the year 2021, here are some New Year's Resolutions to consider:

First, try to appreciate and take the opportunity to meet with people personally (once safety guidelines allow that again). While online meetings have been successful and "fill the gap", there is nothing like seeing someone in person - saving hello and maybe

shaking their hand. We all know the value of networking, and networking is one of the great benefits that MASMS provides all of its members, so resolve to take advantage of those many opportunities to see people face-to-face and appreciate the ability to do that.

Second, this COVID crisis has forced us all to adapt to a lot of new things including increased use of technologies such as Zoom, Microsoft Teams, and Skype. I actually had meetings using all three of these programs in one day earlier this year! Like most people, working remotely was also a necessity at times and that presented its own unique challenges. Resolve to think about what other opportunities there might be to use technology to increase efficiencies and make other improvements on what you and your organization are doing now. Don't wait until the next crisis forces you to think about new ways of doing things, we should all do that routinely.

Lastly, resolve to appreciate "normal" again! It's only human nature to take things for granted and sometimes not recognize how fortunate we are to do things like visiting with family and friends, hugging your family members and others again, being able to go out to a restaurant for dinner and a drink, attending concerts and sporting events and other group activities. As has been said: Many times you don't appreciate something until it's taken away from you - resolve that when things get back to "normal" you will better appreciate these opportunities to be around others and enjoy life!

HAPPY NEW

Wishing You a Happy New Year!



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Health & Safety The MASMS Health & Safety Committee supplies information for this section. If you have a specific topic you would like to see covered, let the MASMS office know.

Bleacher Safety

Submitted by Marissa Bauer, Safety First Playground

It has been nearly 20 years since Minnesota began requiring all places of public accommodation to comply with requirements for bleacher safety. Now, with sports on hold and many school districts transitioned to distance learning for the remainder of 2020 now might be an opportune time to look at your bleachers and address any maintenance needs!

Definition of a bleacher:

Any tiered or stepped seating facility, whether temporary or permanent, in a place of public accommodation.

Below is a refresher on requirements for bleacher safety:

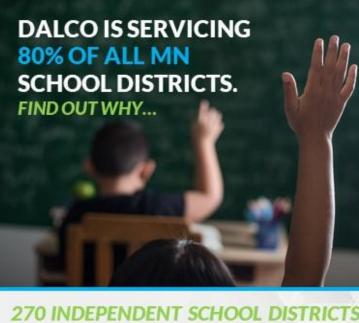
What are the requirements?

All bleachers or bleacher open spaces over 55 inches above grade or the floor below, and all bleacher guardrails if any part of the guardrail is over 30 inches above grade or the floor be-

low, must conform to the following safety requirements:

The open space between bleacher footboards, seats and guardrails must not exceed four inches, unless approved safety nets are installed. Retractable bleachers installed before Jan. 1, 2001, and bleachers owned by the University of Minnesota, MNSCU or a private college or university may have open spaces up to nine inches.

Continued on Page 7



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Bleacher Safety (Continued from Page 6)

Bleachers must have vertical perimeter guardrails with no more than four-inch rail spacing between approved vertical rails.

The state building official determines whether the safety nets and guardrail climbability meet the requirements of the alternate design section of the State Building Code. All new bleachers manufactured, installed, sold, or distributed after Jan. 1, 2001, must comply with the State Building Code in effect and these safety requirements. Full text can be found here https://www.revisor.mn.gov/statutes/cite/326B.112

How often are bleachers required to be inspected?

Bleacher footboards and guardrails are required to be inspected every five years and a structural inspection must be completed every ten years.

My bleachers are really old, aren't they "grandfathered" in?

No, as of January 1, 2001 all bleachers are required to comply with the safety requirements above. Retractable bleachers and bleachers owned by Minnesota colleges and universities may have gaps up to 9" provided the owner has a bleacher safety management plan and an amortization schedule. The standard for new bleachers is ICC-300.





MASMS Scholarship Committee | Chairperson: Scott Clemente, ServPro Minnetonka

Purpose:

The Scholarship Committee exists to select recipients of the MASMS Scholarships.

Charges:

- Accepts and selects recipients of the MASMS scholarships.
- Maintains the scholarship history files.
- Meets once year for about 2 hours to select recipients, and sometimes just does this via email.
- Works with executive board at the conference to present the scholarships.
- Limited amount of email correspondence per year.
- Total time commitment is approximately 3 hours per year.
- Committee members give a brief committee update at chapter and state meetings.

Time commitment:

- Meets once year for about 2 hours to select recipients, and sometimes just does this via email.
- Limited amount of email correspondence per year.
- Committee members give a brief committee update at chapter and state meetings.

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-Russ Bode, Grounds & Maintenance Supervisor, Goodridge Schools

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Today's Edition

No. 11-2020

Waconia Daily Telegraph

School Leaders Turn Into Super-Heroes!

LED Conversion Saves District Tax-Payers \$624,000



Waconia School Board - Photo Taken After Project Approval

Students and staff will be walking into completely transformed schools this year because of Waconia's partnership with the Bright Schools Project.

New integrated LED lights with controls will save the district over \$624,000.

There was no initial investment on the project and the ten-year capital lease carried an interest rate of 2.6% - resulting in immediate cash-flow back in the districts budget.

DAVID SWAN Bright Schools Project, Anoka MN David@BrightSchoolsProject.org

Apologies | "I'm sorry" is more than just words.

Apologies are a part of life, and they're a part of business. While a successful apology shows an acknowledgment of, and responsible for, a problem, all too often we get them wrong.

The Messenger

There are six components to any good apology (listed by Roy Lewicki, Ohio State University) :

- 1. An expression of regret
- 2. Explanation of what went wrong
- 3. An acknowledgment of responsibility
- 4. A declaration of repentance
- 5. An offer of repair
- 6. A request for forgiveness

The more components the apology included the more effective it is, however there is caution in using too many words without meaning. The phrase "I'm sorry if anyone was offended by what I said/did" is an empty apology and does not show empathy or sincerity.

Empathy and timing are vital elements. The closer to the offense that you apologize, the more effective it is. If you wait too long, it gives the offended more time to think and stew about it.

An apology is important because the violation casts a shadow over victims' confidence in their own judgement, creating uncertainty and tension, which a good apology can help restore. That reflects on the individual's or business's character. It takes a well-crafted apology, and positive action.



The Messenger Page 10

MASMS Legislative Outreach Week | February 22, 2021 through February 26, 2021

During the week of February 22-26, 2021 MASMS members are being asked to make a good effort to contact their legislators and inform them of the MASMS legislative 2021 platform. Personal communication from a constituent to a legislator is the best way to inform your legislative members. Making it personal matters!

We have a few things on the calendar to help facilitate this process and make it an impactful week!

- Review the talking points and platform information that you will receive in the mail in mid-January.
- Attend the January 19, 2021 Zoom "Training Session" with our Lobbyist Sam Walseth (9:00 AM). He will walk through the talking points, answer any questions you may have before contacting your legislator. MASMS will send an email out with zoom call details.
- Find your legislator's contact info.
- Schedule time on your calendar the week of February 22-26, 2021 to contact your legislators.

You will receive the following documents in the mail to help you in this effort.

- General information on how to find out who your legislators are and helpful hints on contacting them.
- MASMS 2021 Legislative Platform
- Platform talking points.

Watch for this information in your mail!



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The MASMS COVID-19 Discussion Forum is for members to share information during this time. Feel free to use this

forum to share information or ask questions about COVID-19 applicable to members. Login at www.masms.org

•Select the "Covid-19 Discussion Forum" button on the left side of this window. •Share information

Conversations with other MASMS members on Covid19

To keep MASMS members connected and informed, we created a weekly virtual meeting for directors/ supervisors to discuss current topics. We hold this meeting every Thursday at 9:00 AM. To participate please email the MASMS office at <u>ruth@masms.org</u>.



Sometimes a year has been so disastrous and so terrible that entering a new year will automatically mean entering a wonderful year!

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We at ServPro would like to Thank all the MASMS members for all you do. Thank you - Bob Smith

MASMS EXECUTIVE BOARD

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BUILDING STRONG CONNECTIONS

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UPCOMING MASMS EVENTS

01/12/21	MASMS Virtual State Meeting
01/19/21	MASMS Zoom Legislative Talking Point Meeting
02/02/21	MASMS Metro Zoom Meeting
02/17/21	MASMS Southern Zoom Meeting
02/18/21	MASMS No/NW/West Zoom Meeting
03/09/21	MASMS Metro Zoom Meeting
03/17/21	MASMS Southern Zoom Meeting
03/18/21	MASMS No/NW/West Zoom Meeting
04/13/21	MASMS Metro Zoom Meeting
04/15/21	MASMS No/NW/West Zoom Meeting
04/21/21	MASMS Southern Zoom Meeting
May 2021	State Meeting TBA
June 2021	Custodial/Grounds/Maintenance Day TBA

On-line Training Opportunities

MASMS realizes that opportunities over the past few months to receive credits for the MASMS certification program have been cancelled. You can find information for on-line courses to take on-line, and receive credit for the MASMS Certification program. Login at www.masms.org and select the "On Line Training Opportunities". If you choose to take any of the on-line classes (listed on this site or others that you find), you must email the MASMS office to receive credit for the class.

Contact the MASMS office with questions (320) 685-4585 or ruth@masms.org