



The Messenger

MASMS State Meeting January 8, 2019



TAKE THIS JOB AND LOVE IT

January State Meeting	1
Message from Bd Member	2
CPS Class	2
Vendor Corner	2
Health and Safety	3
MASMS Lobbyist	4
Walk Off Carpet	5
And so it's here!	6
Gift of Listening	7
Memo Board	8





A Message from the Board

Don Hanson, State President

The cold weather has arrived much earlier than anticipated. But that's ok we can handle it. We always do and we have no choice anyway!

It was great to see so many of our school members and vendors at the conference in October. Our conference is a great place for networking with members from all over the state and renewing relationships with friends. I appreciate having the chance to spend 5 or 10 minutes catching up with others by discussing business or getting the latest fishing report for my favorite lake. I would like to thank all of you who attended the conference, and a special thank you to everyone who volunteered their time helping Ruth keep the conference on schedule. Also, the stories shared from some of our long time MASMS members along with the support from our vendors makes this conference truly one of the best.

I have to give a shout out to our Educational Committee who once again selected some excellent session topics to choose from. Many times I find myself wanting to attend more than 1 session per time slot. (Oh well, at least there are session handouts on the jump drives that are given out in our welcome bags.) The strength of our educational sessions continues to get highly rated reviews from our conference attendees.

Up next we have the State Meeting at The Rise on Tuesday January 8th (most likely a snow day.) Once again we have some 4 great educational sessions to choose from as well as our special guest speaker Martha Bryan, who will end the State Meeting with "Take this Job and Love It!". Be sure to register early for this meeting so Ruth can get an accurate head count for meals. Also, if you are working on your Facility Manager Certification or just keeping it current for continuing education then be sure to sign up for the CEU's for attending these sessions.

This month we welcome the MASMS new lobbyist Sam Walseth, who replaces Randy Morris, our longtime lobbyist who has decided to retire at the end of this month. A big thank you to Heather Nosan, Kevin Hildebrandt and Joe Arthurs for taking the time to interview all of the candidates, conduct the reference checks and for selecting our new lobbyist.

I look forward to seeing all of you at the State Meeting January 8th. Until then drive safe and I hope you all enjoy this holiday season with your family and friends.

"Smile, its free therapy." Don

WELCOME BUSINESS MEMBERS

Beth Thompson, CFS Interiors & Flooring

Vendor Corner

*Mike Remington, Inspec
MASMS Vendor Representative*



Interesting Facts About Businesses and the Holidays

I discovered some interesting stories about some businesses and the Holidays:

Rudolph the Red-Nosed Reindeer was created by Montgomery Wards as a marketing gimmick to increase interest in their annual holiday coloring books. Rudolph's red nose originally caused concerns as at that time a red nose symbolized alcoholism.

Bicycle, the U.S. playing card company, manufactured special decks of playing cards that were given to POW's in Germany during World War II as holiday gifts. When soaked in water these cards revealed a map for an escape route for the POW's.

The Denny's Restaurants were originally designed to be open all the time, so many were built without any locks on the doors. This caused problems when they decided to close on Christmas Day for the first time in 1988.

Santa Claus was often pictured wearing green or blue or white originally, and tended to have a scarier appearance. It was Coca-Cola's advertising in the early 1930's that created the iconic nicer red-suited Santa that we all know now.

Have a Happy Holiday Season!
Mike

CPS Class Scheduled for January 29th & 30th, 2019 Minneapolis MN

The CPS certification is part of the requirements for the MASMS Certification Program.

We have 15 openings available for this class. The AFE fee for this training and examination is \$500. MASMS covers the cost of hotel. Study materials will be sent to you when you register.

This class is a review of the study materials, and is not meant to be complete instruction. You must spend the necessary time studying the materials prior to the class.

How to register:

Email the MASMS office that you will be applying for this class (ruth@masms.org) and you will be emailed the application. Fill out the application and send it back with the \$500 check (or credit card info) to the MASMS office (you should give yourself about 5 weeks of study time).



Health & Safety Section

The MASMS Health & Safety Committee supplies information for this section each month. If you have a specific topic you would like to see covered, just let the MASMS office know.

Emergency Planning and Response ~ Hazardous Waste/Materials

Most businesses never intend to have a release of their hazardous waste or materials, but accidents happen. Planning and being prepared are two of the best forms of prevention and help decrease your chances of a release. Emergency response requirements are based on your hazardous waste generator size. The larger your generator size, the more involved the requirements.

- Large Quantity Generators (LQG). - waste volumes are greater than or equal to 1000 kg/month (~ 200 lbs. or 220 gallon).
- Small Quantity Generators. (SQG) - waste volumes are between 100 and 1000 kg/month (220 lbs. to 2200 lbs. or 22 gallons to 220 gallons).
- Very Small Quantity. Generator (VSQG) - waste volumes are less than or equal to 100 kg/month (~ 220 lbs. or 22 gallons).

The following requirements apply to *all* hazardous waste generators.

Set up procedures that minimize the possibility of accidents or releases.

Store your hazardous waste containers to prevent accidental damage. Keep your containers closed, unless adding or removing waste. Ensure that there is adequate aisle space in the storage area to conduct weekly container inspections. Plug or seal floor drains to contain releases.

Have the following emergency equipment readily available.

- An internal communication system capable of alerting personnel. If work is done in a “closed door” storage area, immediate access to a communication device is required.
- A telephone to contact emergency responders.
- Spill response equipment.
- Decontamination equipment.
- Fire control equipment.
- Water supply of adequate volume and pressure to meet fire protection needs.



Maintain and test your emergency equipment to ensure proper operation.

Keep fire protection equipment operational at all times. Inspect alarms and sprinkler systems annually. Maintain basic spill recovery equipment and check on it periodically to ensure its availability.

Provide enough aisle space in your storage area to allow for easy access to the containers and evacuation of personnel. Doors leading outside should not be locked in a way that requires keys or special knowledge to open them. During an emergency, employees may need to leave quickly.

Plan for emergencies.

When planning for a chemical spill response, determine what type of spill can be handled routinely and what type would require an emergency response. Train your workers in spill cleanup procedures for routine chemical spills, being aware of their spill recovery capabilities and limitations. Typically, smaller companies do not maintain an in-house spill response team. In these companies, emergency plans will likely involve evacuating workers and calling for outside assistance.

The following requirements apply to SQGs and LQGs.

SQGs must post emergency information.

Next to every emergency telephone, post the emergency coordinator's name and phone number, the fire department's phone number and the location of your emergency response equipment.

While this is only required for SQGs, we recommend that all businesses use a phone posting.

SQGs and LQGs must appoint an emergency coordinator.

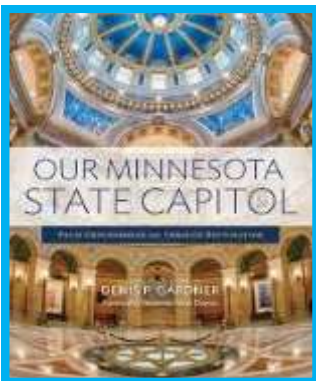
The emergency coordinator needs to be on site or on call and is responsible for responding to an emergency. Have an alternate or back up for this position.

SQGs and LQGs have training requirements that must be documented. Train your employees so they are familiar with the hazardous waste and emergency response requirements to help ensure compliance. Even though training isn't required for VSQGs, employees should be familiar enough with waste handling and emergency response procedures to maintain compliance.

More information.

Check out the Minnesota Pollution Control Agency's (MPCA) fact sheets.





FAREWELL NOTE FROM RANDY MORRIS, MASMS LOBBYIST

It has been my honor to represent MASMS before the State Legislature for the last 11 years. During that time, many MASMS members have stepped forward to advocate for more facility funding. My role has been to shine a bright light on the problem: MASMS successfully recommended an interim study group to identify funding solutions. With the involvement of our representatives on the work group - Heather Nosan, Kevin Hildebrandt, and Joe Arthurs - a February 2014 report and set of recommendations were achieved. And the 2016 Legislature responded with a new LTFM revenue program.

To date, the Legislature has passed 2 of the 8 work group recommendations. The challenge is in front of us to keep that bright light on our needs - especially when good budget forecast news is likely coming.

And so to choose my replacement, MASMS reviewed a number of candidates and to my mind has chosen the very best: Sam Walseth of Capitol Hill Associates. Sam is steeped in K-12 financing issues representing the MN Rural Education Association and numerous regional Service Cooperatives. He will hit the ground running and MASMS has the very best lobbyist going forward.

My retirement at the end of 2018 marks 38 years as a State Lobbyist, 11 of which were with you. I met so many good folks in many areas of the state with ongoing needs. It is not the time to turn away from politics, but to commit to advocating for our school facilities.

Thank you to the MASMS Board, to the membership, and to Ruth for her supporting efforts. Your friendship means a lot of me.
Thank you and goodbye,

Randy Morris

**MARK YOUR CALANDER
THIS EVENT YOU DO NOT WANT TO MISS!**

May State Meeting

Tuesday May 14, 2019

Location: US BANK STADIUM

This will be an amazing meeting. Along with special guest speakers we will be doing a complete tour of the stadium. You can register now! Go to www.masms.org and select meeting registration.

Personalized Solutions, Personalized Service.

As the leading manufacturer of high-performance building envelope solutions, Garland has been providing innovative solutions for more than 120 years.



High-Performance Solutions:

- Low-Slope Roof Systems
- Metal Roof Systems
- Roof Restoration & Reflective Coatings
- Rainscreen Systems & Wall Solutions
- Vegetative & Sustainable Options
- Adhesives & Accessories

High-Quality Services:

- Trained Local Representatives
- Manufacturer & Engineering Support
- Roof & Building Exterior Inspections
- Budget Assistance
- Comprehensive Building Asset Management
- On-Demand Maintenance & Repair Tracking



The Garland Company, Inc.
800-321-9336 • www.garlandco.com
Troy Thompson • 612-991-4651
Brian Thompson • 612-710-0787
Brian Skoog • 612-810-4336





Time's Running Out for

YOU

to Save!

HURRY! DEC. 31 is the deadline to submit your rebate applications!

Don't delay. The clock is ticking for you to submit your rebate applications for 2018 installations of qualifying natural gas equipment. Applications for 2018 installations are due by DEC. 31.

Visit CenterPointEnergy.com/MNEducation for details or contact Paul Albinson at Paul.Albinson@CenterPointEnergy.com or 612-321-4323.



The Use of Walk –Off Carpet Tile in Building Entrances

Submitted by: Dave Bahr, Hiller Commercial Floors

Slip and Fall incidences in the winter climate areas along with soil track-in to school buildings has elevated the popularity of entrance carpet tile in schools and many public buildings. Consider the following:

- The average slip/fall incidence costs \$12,000 in medical expenses.
- The average cost to litigate is \$50,000
- The plaintiff wins 51% of the time.

Consider also:

- On average, it takes 39 ft of entrance rug to clean your feet when you walk in from outside.
- 70-90% of the dirt tracked in comes from the front door of the building.
- On average, 1,000 people will track in 24 lbs of dirt.
- If not captured at the front door, the cost to remove that dirt, and the damage it causes to floor finishes, is \$500-800/ pound.
- Every dollar spent trapping the soil at the front door saves \$10 in maintenance costs.
- If an entry carpet is not used, 1,500 traffics will remove 42% of the floor finish.

Fortunately, many carpet mills have developed entry carpet tile products that contain a special "Scraper" yarn system that works to clean your feet and hold the dirt and moisture until it can be vacuumed away.

These products are installed with releasable adhesive so badly stained ones can easily be removed and replaced with new ones. We suggested taking the stained ones into the back room and thoroughly cleaning them and putting them back into your stock for reuse later. We no longer need to install mats that tend to creep and create tripping hazards on their own. Entry carpet tile will take the place of mats.

We strongly suggest using a nylon fiber in your entry carpet as that will absorb about 20% of its' weight in moisture. That is desired so that muddy water is not tracked beyond the mat. Other fibers like Olefin or Polyester tend to repel moisture and are not as effective.

As a bonus, the end result is a very attractive entrance area that provides a great first impression to your building, saves on wear and tear and creates a safer environment.





763-544-8901

Fax: 763-544-2928

1250 Zane Ave North
Minneapolis, MN 55422

And so it is here. The Holiday Season Holiday Stress: 10 Ways to Survive, and Enjoy, the Season


It means if we thought our lives were overcrowded, unmanageable and running at the speed of light last week, we can expect that to ramp up four-fold within the next three weeks.

So what can we do as we sit and face the inevitable? Here are the top ten tips to ease the holiday madness. While they may sound impossible at first they'll begin to settle in as items you can achieve.

1. **Choose a different view.** The first and most important idea is to decide right now, as you proceed into the tunnel of madness that lies ahead, to look at the next month from a different view. Yes, a different view. That means instead of imagining mass chaos, maxed-out credit cards, crowds, overeating and exhaustion, etc. decide to imagine what you remember as a kid during this season. Remember the songs, the candy, the parties, the laughing, the excitement and the feeling of something pretty great.
2. **Make a pact with your family and friends with whom you normally swap gifts.** Send an email saying that this year gifts bought or paid for are prohibited. This is the year of making, baking, drawing, planting, writing and showing care through some sort of creation. Don't say that you don't have time to create. You don't have time to shop and spend money either.
3. **Turn Facebook OFF.** Every one of us would gain something during the holiday season if we made a deal to stay off of Facebook. Close the door for one month and see what it brings to your everyday life.
4. **Remove cellphones from the front and center seat of your life.** Just for this month, when you sit down to do something or talk to a family member, turn your cellphone off. In fact, when at all possible, even when you're in the car alone, turn your phone off. The amount of anxiety it could relieve could be immeasurable in your life.
5. **Shut down the computer -- all computers in the home -- for two hours before bedtime.** The stimulation induced from the light of the screen tricks your brain into thinking it's the middle of the day, when your brain is really supposed to be winding down for sleep.
6. **Set up a family jigsaw puzzle** of a fabulous Christmas or holiday scene that could take your family the month to finish. It will draw you together in ways you perhaps haven't been.
7. **If you have spouse or a significant other, invite them this year to swap a different kind of gift with you.** This year, you are going to write each other letters. You can share your heart and thoughts on just what you mean to each other through the written word. Bring the romance back, free of charge!
8. **Take the family caroling.** Singing beautiful Christmas songs in a group, regardless of your religion, age, ability to sing, gender, race or patience level, can bring a surprising amount of pleasure to those who allow the experience into their hearts.
9. **Use the season to remind yourself of the things in life that matter to you.**
10. **Make a Commitment.** Let's be real. None of us will be able to implement all of these ideas in one season. We're creatures of habit and habits are tough to break. But perhaps we can cherry-pick just a few of the ideas that most resonate for our lives and for us. Try it and commit to an idea with conviction. It's the only way to make change.


The one thing we know for sure is that this time comes once a year. Yes, it may arrive too quickly and, for sure, it comes with a burden of responsibility. But the reality of where our lives have landed doesn't have to stop the magic.

~Happy Happy and Merry Merry~



MASTER ELECTRIC

PROVIDING t.e.s.t.t. SERVICES
(952) 890-3555 | WWW.MASTERELECTRIC.COM



t.e.s.t.t. Electrical Preventive Maintenance
Arc Flash Hazard Assessments & Training
OSHA & NFPA-70E Compliance Documentation
WHEN FAILURE IS NOT AN OPTION



At this time of giving, give the gift of Listening!

When was the last time you truly listened to someone?

I'm not talking about the listening that you do as you jot down your shopping list, or the listening that you do while you prepare what you are going to say in response.

Rather I'm speaking about the experience of listening to someone without any distractions or any impatience. Listening with the express purpose of bearing witness to their story.

Can you remember how you felt the last time you really listened? Can you remember how you felt the last time someone really listened to you?

There is something about being heard that fulfills a deep-seated human need for connection. And it seems to go both ways: the experience of telling someone vivid stories about our life changes us, and it changes the perspective of the person listening.

We all lead extraordinary ordinary human lives, we all have stories that are waiting to be told.

Seeing as we are in the season of gift-giving, can you think of someone in your life who you can give the gift of listening to?

**Proudly serving Minnesota's
K-12 schools for over 35 years!**

MECHANICAL & ELECTRICAL DESIGN

HVAC • Plumbing • Fire Protection
• Lighting • Power Distribution

COMMISSIONING/RECOMMISSIONING

New Construction • Existing Systems
• Retro-Commissioning • LEED®

ENERGY SERVICES

Energy Modeling • Energy Studies

FACILITY ASSESSMENTS

Inventory Lists • Life Cycle Analysis • Improvement Costs



**HALLBERG
ENGINEERING**

Mechanical / Electrical / Commissioning / Energy

WHITE BEAR LAKE, MN

651.748.1100

DULUTH, MN

218-729-9202



www.hallbergengineering.com

A Minority-Business Enterprise (MBE)

**When planning your
schedules, please keep
the following dates
in mind for
MASMS Custodial Days!**

**Metro Custodial Days
White Bear Lake Schools
6/12/19 & 6/13/19**

**Northern/NW/West
Custodial Days
Staples Motley Schools
6/18/19**

**Southern Custodial Day
Owatonna Schools
6/20/19**



NFPA 286 Wall Padding



Nail-lip or Z-Clip Mounting
Custom digital graphics

A MUST FOR WRESTLING ROOMS

FULL SERVICE
on-site consultation &
installation



Inspections of:

- Basketball Hoops
- Wrestling Mat Lifters
- Batting Cages
- Gym Curtains
- Climbing Walls
- Operable Walls/Doors
- Aerial Lifts
- Auto Lifts
- Fall Protection & More

Repair Service of Gym Equipment

Sales & Installation of Gym Equipment

Serving all of Minnesota

Eagle Lake MN | 507-257-3742
sales@southernminnesotainspection.com
www.SouthernMinnesotaInspection.com

Equipment Sales & Installation



MASMS EXECUTIVE BOARD

PRESIDENT—DON HANSON, MANKATO SCHOOLS
 VICE PRESIDENT — JIM LEUER, ROCKFORD SCHOOLS
 PRESIDENT ELECT — COLIN GREEN, WASECA SCHOOLS
 PAST PRESIDENT—HEATHER NOSAN, ROSEMOUNT-APPLE VALLEY-EAGAN
 SECRETARY—KAIN SMITH, FARIBAULT SCHOOLS
 TREASURER—KEVIN HILDEBRANDT, ISG
 VENDOR DIRECTOR—MIKE REMINGTON, INSPEC
 EXECUTIVE DIRECTOR—RUTH KRAEMER, MASMS

CHAPTER DIRECTORS:

NORTHERN—OPEN
 SOUTHERN—KEVIN JOHNSON, RED WING SCHOOLS
 METRO—CHRIS WIRZ, ST. FRANCIS SCHOOLS
 NORTHWESTERN —REED MCFARLANE,
 LAKE OF THE WOODS SCHOOLS
 WEST CENTRAL —DOUG SLININGER, ADA-BORUP SCHOOLS

MASMS CHAPTER LEADERS!

Metro Chapter Officers

President: Laura Larsen, Stillwater Schools
 Vice President: Dan Roeser, White Bear Lake Schools
 Secretary: Kyle Fisher, Eden Prairie Schools
 Director: Chris Wirz, St. Francis Schools
 Vendor Rep: Dave Bahr, Hiller Commercial Floors

Northern Chapter Officers

President: Karl Flier, Pine River-Backus
 Vice President: Jeff Flaten, Brainerd
 Secretary: Mark Gruber, Pierz
 Director: OPEN
 Vendor Rep: Doug Severson, Handyman's

Northwest Chapter Officers

President: Jason Hruby, Thief River Falls
 Vice President: Kelly Klein, Warroad
 Secretary: Dan Guenther, Waubun
 Director: Reed McFarlane, Lake of the Woods
 Vendor Rep: Marissa Bauer, Safety 1st Playground

Southern Chapter Officers

President: Paul Clauson, Kenyon-Wanamingo
 Vice President: Steve Anderson, Albert Lea Schools
 Secretary: Colin Green, Waseca
 Director: Kevin Johnson, Red Wing Schools
 Vendor Rep: Angie Randel, IEA

West Central Chapter Officers

President: Russ Winkels, Perham-Dent
 Vice President: Wade Nibbe, West Central
 Secretary: Open
 Director: Doug Slininger, Ada-Borup
 Vendor Rep: OPEN

MASMS OFFICE

Phone: 320-685-4585 ~ Toll Free: 888-429-3884~ Email: ruth@masms.org
 To unsubscribe from this newsletter, please contact ruth@masms.org



ServiceMaster Restore
 Restoration Services
 • Water
 • Fire
 • Mold
 • Clean
 • Carpet
 • Upholstery
 • Construction

OUR CAPABILITIES INCLUDE

 FIRE & SMOKE DAMAGE	 WEATHER DAMAGE
 MOLD REMEDIATION	 CLEANING SERVICES
 PACK OUT SERVICES	 CONSTRUCTION

For all your school service needs
612-490-2622
SMbyHedden.com | Superior-Const.com

Looking for a Mentor?

Options Include:

- Meet once a month with your MASMS Mentor
- Phone contact only—Contact only when issues arise or when you need advice

Contact the MASMS office at ruth@masms.org if you would like to find a MASMS mentor!

Newsletter Articles

MASMS is accepting articles for the MASMS Newsletters. Articles received before the 20th of each month will be considered for the following months publication. If we have too many articles, they will be held and used in an upcoming month.

Please email them to: ruth@masms.org

Employment Opportunities: Check it out at www.masms.org New postings weekly.