



Minnesota Educational Facility Management Professionals

The Messenger

JANUARY 2016 NEWSLETTER

The “Tool Box” for Educational Facility Management Professionals

The January 12, 2016 MASMS State Meeting was a great success!

Over 130 MASMS members attended the MASMS State Meeting on Tuesday January 12th, 2016. We had members attending from all Chapters!

Dale Sundstrom with the Department of Education gave a presentation on Long Term Facility Maintenance Review. That was followed with a presentation by John Berns, from Fresh Energy, on establishing a statewide energy conservation goal for public schools; requiring reports; appropriating money and proposing coding for new law in Minnesota Statutes.

If you would like to review any of these presentations please go to www.masms.org, click on RESOURCES on the left hand side of the window, and then select “Chapter Meeting Presentations”.

The meeting wrapped up with a 2015 Legislative Update from Randy Morris, MASMS State Business meeting and lunch!



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MASMS Executive Board Meeting

The MASMS Executive Board meets on a conference call once a month—however twice a year they meet face to face before each of the two state meetings.

The Executive Board met at 7:00 AM before the State Meeting on January 12, 2016. It was a productive meeting, with follow up on how to keep extending MASMS educational opportunities.



Here comes winter!!





New MASMS Educational Members

Michael Machacek, St. Cloud Schools
Dann Pagelier, Warren-Alavarado-Oslo Schools
Jeff Bauer, Warren-Alavarado-Oslo Schools
William Schwartz, Forest Lake Schools

New MASMS Business Members

Erik Mortensen, AdvanctaClean
Steve Edwards, CertaPro Painters
Barb Corrigan, Xcel Energy
Kraig Klund, TKDA
Troy Androli, TKDA
Tom Hale, Lovegreen Machine Safety Inc.
Matt Veron, Electrical Power Solutions Inc.
Jason Esler, Electrical Power Solutions Inc.

MASMS Directory Correction:

Phone numbers listed in the 2015-2016
MASMS membership directory for FLR Sanders are wrong.
They should be:
Deborah Colvin ~ 612-860-0325
Barry Ramage ~ 612-308-3180

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Vendor Corner

**Mike Remington, Inspec
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Give an Educational Presentation at a MASMS Meeting!

There are many opportunities for MASMS Business Members to provide educational presentations at MASMS meetings throughout the year. Not only at the annual Fall Conference, but also at the chapter meetings held every month or every other month. The presentations need to be educational in nature and not a sales pitch for your firm's products or services. Any educational topic that would be of benefit to school facility managers is welcomed. The presentations are typically approximately 45 minutes in length, with time for questions at the end. If you are interested in providing an educational presentation at a Chapter meeting, contact the Chapter president. For the Fall Conference, look for a "Call for Speakers" announcement distributed by MASMS ahead of the conference. If you have any questions, feel free to contact me, it's a great opportunity for vendors!

MASBO Winter Conference

MASMS has partnered with MASBO to offer this year's MASBO Winter Conference to both MASBO and MASMS members. This has allowed us to increase the networking opportunities for both organization's members and the number of educational sessions and topics available to be offered!

This is a unique opportunity that we hope you will take advantage of and it will help both organizations determine what the future may hold for additional joint conferences.

The MASBO Winter Conference is on February 4-5, 2016 at the Minneapolis Marriott NW, in Brooklyn Park MN. MASMS members are welcome to attend both days of the Conference, but Thursday is specifically intended for MASMS members. Just click on this link to view the MASBO Winter Conference registration information for MASMS members: http://www.mnasbo.org/events/event_details.asp?id=750198.

Please note, this is NOT MASBO Institute, those signed up for the Institute are registered through the MASMS office.

MASMS July 2016 Boot Camp

Wednesday July 20th and Thursday July 21st, 2016 —8:00 AM to 4:00 PM (Dinner at 6:00 PM on Wednesday evening) at the Holiday Inn, St. Cloud, MN.

Cost: MASMS will cover the cost of this training. This includes cost of class, hotel room for Wednesday night (and Tuesday night if 1.5 hr drive), and all meals. (Meals include: Wednesday lunch and dinner; Thursday breakfast & lunch; break for both days.)

Boot Camp Information:

The MASMS Boot Camp is specifically designed to provide training for facility professionals. The training will be of great value for newly employed facilities managers or seasoned veterans. Custodial—Grounds—Maintenance Management—Security—Health & Safety—Transportation

Contact Ruth at the MASMS office to register.

Ruth @ masms.org or 320-685-4585

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CPS Class Scheduled for March 2016

We have a CPS class scheduled for March 15th & 16th, 2016 in Brainerd MN. The CPS certification is part of the requirements for the MASMS Certification Program. We have 15 openings available for this class.

The AFE fee for this training and examination is \$500. MASMS covers the cost of hotel (if you are more than 1.5 hour drive away), breakfast and lunch both days!

Study materials will be sent at least 6 weeks prior to the class. The first day of the class, and the morning of the 2nd day is a review of those materials. The afternoon of the 2nd day is the exam.

This class is a review of the study materials, and is not meant to be complete instruction. You must spend the necessary time studying the materials prior to the class.

Instructor: Mat Miller, MASMS CPS Certified Instructor (Austin Public Schools) will be facilitating this class.

Date: March 15th & 16th, 2016

Time: 8:00 AM – 4:00 PM Both Days

Location: Arrowwood Lodge at Brainerd Lakes, 6967 Lake Forest Road, Baxter MN

How to register:

Email the MASMS office that you will be applying for this class (ruth@masms.org) and you will be emailed the application. Fill out the application and send it back with the \$500 check (or credit card info) to the MASMS office **before February 1st, 2016.**

The MASMS office will send out your study materials as soon as your application is received and approved! If you have any questions please contact the MASMS office at ruth@masms.org

Chapter Presentations

If you would like to review any chapter meeting presentations go to www.masms.org, click on RESOURCES on the left hand side of the window, and then select "Chapter Meeting Presentations".

Select the presentation you would like to view!



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MASMS Tom Robinson Memorial Scholarship Program 2016

The MASMS Scholarship Committee is accepting essays from sons and daughters of all dues-paying and life members of MASMS who are high school seniors graduating in 2016 or are currently a post-secondary student attending a post secondary school in the United States.

The MASMS Tom Robinson Memorial Scholarship program is in memory of a long time employee with the Hopkins School District in the field of maintenance. He was instrumental in writing software for the State Department of Energy, and served on multiple MASMS committees for many years.

How to Apply

Complete the application form and your essay by March 15, 2016. Go to www.masms.org and select RESOURCES on the left hand side, then select "Scholarships" to download the form. All information will be reviewed by the MASMS Scholarship Selection Committee. Awards will be announced by letter in early May 2016. *(Please note that all information is confidential.)* Checks will be issued after proof of school enrollment has been received.

Scholarship Awards

The number of scholarships awarded will be based on available funds. Awards will range from \$250 to \$2000 per person. Last year MASMS awarded \$15,000 to twenty applicants. We expect to be able to award the same amount this year!

Check out the job opportunities:

Go to www.masms.org and select "Job Postings" on the left hand side of the window!

MASMS 2016 DAY ON THE HILL

Mark your calendar.
April 12, 2016

Watch for details.

We would like a record number of
members this year—

we want to be heard!



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Health & Safety Section

The MASMS Health & Safety Committee supplies information for this section each month.

If you have a specific topic you would like to see covered, just let the MASMS office know (ruth@masms.org).

WHAT'S YOUR NEW YEAR'S SAFETY RESOLUTION PLAN?

Submitted by: Senior Associate Editor Kyle W. Morrison covers occupational safety and workplace safety regulation, and writes the [On Safety](#) blog.

It's that time of year again. How are you going to resolve to make the workplace safer, and what will you do to ensure your resolution sticks? The vast majority of Americans fail to achieve their resolutions, according to various studies, and many of them fail before the end of January. The reasons vary, but often it comes down to unrealistic goalsetting or trying to do too much.

"Setting small, attainable goals throughout the year, instead of a singular, overwhelming goal on Jan.

1, can help you reach whatever it is you strive for," Lynn Bufka, an associate executive director for the American Psychological Association (APA), said in an APA resolution guide.

With that in mind, here are some tips from APA on setting New Year's resolutions, and my thoughts on how to apply them to workplace safety:

Start small. Rather than simply trying to make the entire worksite safer, focus on one particular hazard of concern.

Change one behavior at a time. Similar to the previous tip, you can't change behavior or safety culture overnight. Instead, focus on the actions that most likely contribute to the hazard.

Talk about it. A goal set in a vacuum won't be achieved. Effectively communicate both the goal and the plan to achieve it. Don't forget to include input from employees as much as possible throughout the development of this process.

Don't beat yourself up. Mistakes may happen, but that doesn't mean the resolution is blown.

Figure out why an incident occurred, and take the appropriate steps to correct it.

Ask for support. Safety can't improve without support from management. Sell safety to employers to get support for your resolution.



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Some thoughts for the New Year!

10 Don'ts of Positive People

Keep in mind that people who have positive attitudes most of the time are mentally strong. Here is a list of the 10 Don'ts of positive people.

Positive people:

1. **Don't Feel Sorry for Themselves** – positive people don't sit around feeling sorry about their circumstances. Instead, they take responsibility for their role in life and get up off their butt and do something.
2. **Don't Give Away Their Power** – positive people understand that they are in control of their life and have a choice on what they do and how they respond to situations and people.
3. **Don't Shy Away from Change** – positive people don't avoid change. Instead, they welcome it. They understand that change is inevitable and believe in their ability to adapt.
4. **Don't Worry About Things They Can't Control** – positive people focus on what they can control in their lives and recognize that sometimes, the only thing they can control is their attitude.
5. **Don't Worry About Pleasing Everyone** – positive people realize that they don't need to please everyone all the time. They're not afraid to say no or speak up when necessary. They strive to be kind and fair, but can handle other people being upset if they didn't make them happy.
6. **Don't Dwell on the Past** – positive people don't waste time dwelling on the past and wishing things could be different. They acknowledge their past and can say what they've learned from it. However, they don't constantly relive bad experiences or fantasize about the glory days.
7. **Don't Make the Same Mistakes Over and Over** – positive people accept responsibility for their behavior and mistakes. As a result, they don't keep repeating those mistakes over and over. Instead, they move on and make better decisions in the future.
8. **Don't Resent Other People's Success** – positive people appreciate and celebrate other people's success in life. They don't grow jealous or feel cheated when others surpass them. Instead, they recognize that success comes with hard work, and they are willing to work hard for their own chance at success.
9. **Don't Give Up** – positive people don't view failure as a reason to give up. Instead, they use failure as an opportunity to grow and improve. They are willing to keep trying until they get it right.
10. **Don't Feel Entitled** – positive people don't feel like the world owes them something. They understand that life isn't always easy or fair and look for opportunities based on their own merits.





PaintCare Inc. is a non-profit 501(c)(3) organization established to help people recycle paint. They help paint manufacturers plan and operate paint stewardship programs in the United States in those states that pass paint stewardship laws. PaintCare was created by the American Coatings Association, a membership-based trade association of the paint manufacturing industry.

It is more convenient than ever to recycle paint in Minnesota. Since the start of the Minnesota paint stewardship program on November 1, 2014, PaintCare has set up 228 drop-off sites where the public can take unwanted, leftover paint for recycling. These sites are at paint retailers (paint and hardware stores) and county household hazardous waste facilities that have volunteered to take back paint, and they are available to any household and most businesses in Minnesota. These locations accept paint whenever they are open for business.

For more info: <http://www.paintcare.org>

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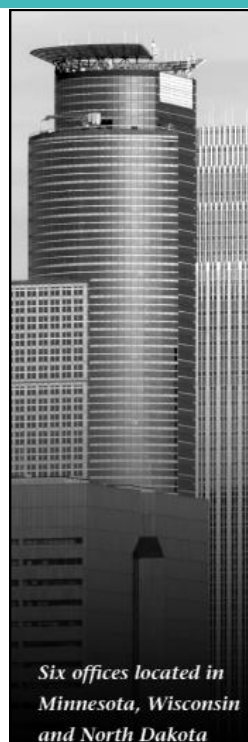
Educational Members & Business Members Thoughts? Ideas? Information?

If you want to reach MASMS members, consider writing an article for this newsletter.

Article should be no more than one page in length, generic in nature (no specific brands/services/companies) and informational and/or educational. You will receive the by-line with your name and school or company!

We truly want to hear from our members—and we know members have great information to share. This newsletter is a wonderful place to do that!

Just contact the MASMS office for more information or to submit an article!



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MASMS CALENDAR

January 21, 2016, Northern Chapter Meeting – Brainerd MN

February 9, 2016, Metro Chapter Meeting

February 17, 2016, Southern Chapter Meeting - Mankato SCSC

February 18, 2016, Northern Chapter Meeting – Brainerd MN

February 25, 2016, Northwest Chapter Meeting – Thief River Falls MN

March 8, 2016, Metro Chapter Meeting

March 17, 2016, Northern Chapter Meeting – Brainerd MN

April 12, 2016, Metro Chapter Meeting

April 13, 2016, Southern Chapter Meeting - Marshall SWSC

April 21, 2016, Northern Chapter Meeting – Brainerd MN

April 27, 2016, Northwest Chapter Meeting – Thief River Falls MN

May 10, 2016, State Meeting—Location TBA

MASMS OFFICE

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