

KENTON INVITATIONAL POWERLIFTING MEET

2026

DATE: Saturday - January 31, 2026

FOR: Middle School and High School Athletes

PLACE: Central Office Gym 200 Harding Ave (Old KHS Gym)

WEIGH INS: No Weigh-in on Site - Please register by Mon. Jan 26

TIME: 9:30 Start Time

BOY DIVISIONS: Lightweight, Middleweight, and Heavyweight

WT. CLASSES: 125, 135, 145, 155, 165, 175, 185, 195, 210, 225, 250, Unl.

GIRL DIVISIONS: Lightweight and Heavyweight

WT. CLASSES: 115, 125, 135, 145, 155, 175, 195, 225, Unlimited

EVENTS: Bench/Squat/Deadlift - Three attempts at each event

ENTRY FEE: \$15

RULES: Ohio High School Powerlifting Meet Rules

REQUIREMENT: Permission Slip Signed by Parent or Guardian

AWARDS: Medals in Each Weight Class for 1st - 6th Place (Girls)

Medals in Each Weight Class for 1st - 6th Place (Boys)

TEAM AWARDS: Trophies to the Top Four Boy Teams

Trophies to the Top Three Girl Teams

ADMISSION: Adults \$ 6 Students \$ 4

CONCESSIONS: Available at Meet

T-SHIRTS: Available at Meet

MEET DIRECTOR: Brent Fackler 419-673-0775

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email to let us know you are coming and questions