

February

COMMUNITY NEWS

*Serving Northern Minnesota Communities
Hill City, Jacobson, and Swatara*

2021

Articles in this
Newsletter:

*School Board
Minutes*

**Ideas For
Parents**

*Hill City
Community News*

Community Ed
News/Classes

Lunch Calendar

**Activity
Calendar**

~ Seniors

2021



Hunter Lou Ahonen



Matthew Clarke



Hunter Gerber



* More Seniors to Come over the next few months

Hill City School Board

Jay Zapzalka, Chairman 67880 353rd Ave Hill City, MN 55748	Joell Miranda, Clerk PO Box 253 Hill City, MN 55748	Bambi Lange, Treasurer 505 Ione Ave Hill City, MN 55748
Sarah Kingsley, Vice Chair 67767 Hwy 169 Hill City, MN 55748	Mark Meyer PO Box 42 Hill City, MN 55748	Rich Kingsley 67889 353rd Ave Hill City, MN 55748

Committee Assignments for 2021

Committee

Representative

MSHSL
 Negotiations Committee

Curriculum Committee
 Community Education Advisory Council
 Meet and Confer

Staff Development
 School and Community Health Team
 Recertification Committee

ARCC
 Comparable Worth
 Safety/Transportation Committee
 Athletic Advisory Committee

Itasca Area Schools Collaborative
 Policy Committee

Mark Meyer
 Jay Zapzalka, Mark Meyer,
 Rich Kingsley (Sarah Kingsley, Alt.)
 Joell Miranda (Bambi Lange, Alt.)
 Mark Meyer (Bambi Lange, Alt.)
 Bambi Lange and Joell Miranda
 (Sarah Kingsley, Alt.)
 Joell Miranda (Sarah Kingsley, Alt.)
 Joell Miranda and Sarah Kingsley
 Bambi Lange
 Sue Kaslow
 Jay Zapzalka
 Mark Meyer
 Jay Zapzalka and Mark Meyer
 (Rich Kingsley, Alt.)
 Bambi Lange (Mark Meyer, Alt.)
 Sarah Kingsley and Bambi Lange

For School Closings and Emergency Information Broadcasts

RADIO STATIONS

RADIO USA	99.9 FM
KOZY Grand Rapids	1320 AM
	93.1 FM
KMFY Grand Rapids	96.9 FM
WTBX Grand Rapids	93.9 FM
KAXE Grand Rapids	91.7 FM
KBAJ	105.5 FM

INSTANT ALERT

**Infinite Campus' Voice
 Messenger system will
 call parents between
 5:00 - 6:00 a.m. for
 school closings.**

TV STATIONS

WDIO/WIRT
 KDLH
 KBJR
 WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are usually sent out around the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:

Call 218-326-5008 or 1-866-747-5008

MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER COUNSELING COMMUNITY REFERRALS & EDUCATION

INDEPENDENT SCHOOL DISTRICT NO.2
HILL CITY, MINNESOTA

The Special Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 6:02 p.m. on Thursday, November 12, 2020.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Sarah Kingsley, Jay Zapzalka, Mark Meyer and Bambi Lange. Board Members absent: None.

1. Adopted the Resolution Canvassing Returns of Votes of School District Election of November 3, 2020. Attached to the Official Minutes and made a part thereof.
2. Did NOT Adopt Resolution Issuance of the Certificate of Election to determine proof of Residency for Tanya Grimsbo. Attached to the Official Minutes and made a part thereof.
3. Approved to Adjourn at 6:27 p.m.

Respectfully submitted by:
Joell Miranda, Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

INDEPENDENT SCHOOL DISTRICT NO.2
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 6:00 p.m. on Monday, November 16, 2020.

The Pledge of Allegiance was recited. Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Sarah

Kingsley, Jay Zapzalka, Mark Meyer and Bambi Lange. Board Members absent: None.

1. Approved the Agenda as presented.
2. Correction and Approval of the Regular Meeting of October 26, 2020.
3. Correction and Approval of the Special Meeting of November 12, 2020.
4. Approved the October 2020 bills as Presented.
5. Approved the Current Bills through November 2020.
6. There was no change in investments and No wire Transfers.
7. Approved October 2020 Receipts.
8. First Reading of Annual Mandatory Policies:
410- Family and Medical Leave
413- Harassment and Viloence
414- Mandated Reporting of Child Neglect or Physical or Sexual Abuse
415- Mandated Reporting of Maltreatment of Vulnerable Adults
506- Student Discipline
514- Bullying Prohibition Policy
522- Title IX Sex Nondiscrimination Policy, Grievance Procedure and Process
524- Internet Acceptable Use and Safety Policy
616- School Districts System Accountability
806- Crisis Management Policy
9. There was No Report from the School Attorney.
10. There was No Transportation Report.
11. Curriculum Committee: No Report
12. Policy Committee: First Reading of Annual Mandatory Policies
13. School and Community Health Committee: No Report
14. Safety/Transportation Committee: No Report
15. Negotiations Committee: No Report
16. Community Education Report: None to Report.
17. Early Childhood Report: No Report

18. Building & Grounds Report: Director Report
19. Principal's Report: Working on starting up Committees that were shut down when COVID restrictions came last March. Virtual Conferences. 150 Jackets and Snow Pants were donated to the school. More Hot Spots have been ordered and are here for use. Working on three Grants. Numbers for COVID going up around the state. Not impacting Hill City as of yet.
20. Superintendent's Report: Discussion around COVID and in school learning. Parents are screening kids at home and not sending them to school. Parents are going the extra step by calling when non-school aged children in the home are sick. Everyone is getting tested when symptoms appear. Community has been kind, graceful and patient. We also have very good plans that implements strategies ensuring that large numbers of students are exposed. It has been a community effort.
21. Pat spoke with Kathleen to help us with ensuring we are in Compliance with an outside firm for Comparable Worth. Action to proceed.
22. Approved to issue the Certificate of Elections for a full Four Year Term for Mark Meyer and Jay Zapzalka.
23. Approved Maternity Leave for Cassandra DeLung.
24. Meetings to be attended and Meetings attended: Regular Board Meeting on December 14, 2020 at 6:00 p.m. Bambi attended the Policy Meeting. Truth and Taxation Meeting is to be held on December 1, 2020.
25. Virtual MSBA Phase I and II Workshops: Registration is closing soon.
26. Approved to Adjourn the Meeting at 6:33 p.m.

Respectfully submitted by: Joell Miranda, Clerk
 Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

MR.

Some great things are happening at Hill City Schools!

J

First, we have started a new Speech team for Hill City High! Coach Nix-Vroman and the team participated in their first event on January 16th. It is not too late to join, so if you have any questions, please reach out to Coach Nix-Vroman.

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H

Elementary, varsity boys, and varsity girls are all up and running with a limited number of fans again. At Hill City, we are excited for sports to be back and hope we can continue on and finish the season.

N

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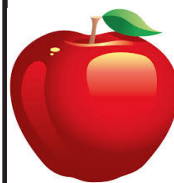
Semester one ends on January 25th. Students and parents, please check Infinite Campus and stay up to date on your grades. The staff continues to do everything they can to work with and help students and will continue the amazing job they have done so far this year.

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We appreciate all the work everyone in the community is doing to stay safe and keep our students in school. It is awesome we have been able to keep students in school as much as we have and we hope to continue this for the rest of the year, so thank you again for helping us with this goal!

'S



MINUTE...

ideas for parents

Practical Suggestions for Building Assets in Your Child

FAST FACTS

**ASSET #13:
Neighborhood
Boundaries**

Youth are more likely to grow up healthy when neighbors take responsibility for monitoring young people's behavior.

46%

*of youth surveyed by Search Institute have this asset in their lives.**

What Are Assets?

Assets are 40 key building blocks to help kids succeed. "Neighborhood boundaries" is one of six boundaries and expectations assets.

* Based on Search Institute surveys of almost 100,000 6th- to 12th-grade youth throughout the United States.

Reclaiming the Neighborhood

"Banana Kelly," which refers to the banana-curved Kelly Street in the South Bronx of New York, was probably one of the last neighborhoods anyone wanted to live in. Vacant buildings lined the rubble-strewn streets. The city considered it a hopeless neighborhood and the private sector refused to invest in it. At times people in the neighborhood would have to fill buckets from the fire hydrant because their water lines would get cut off.

Yet Harold DeRienzo had hope for the neighborhood. In fact, as everyone else was moving out, he moved in.

Harold began organizing the neighbors who were left. They learned each other's names and started doing things together. They held street cleanups and block parties, and started planting flowers. Slowly, the neighborhood began to change for the better. "Banana Kelly needs to be viewed as a vehicle for local empowerment," Harold says. "To retain a sense of community, people have to have a sense that they're affecting their own lives."

Helpful Hints

Four steps that make neighborhood boundaries easier:

1. **Get together with other parents on your block. Discuss neighborhood boundaries.**
2. **Find three neighborhood boundaries that everyone agrees on.**
3. **Hold a neighborhood party to report your findings. Get other's reactions.**
4. **Publish the boundaries in a one-page newsletter for everyone in the neighborhood.**



What does this have to do with neighborhood boundaries? Everything. When you ask people why they don't take responsibility for monitoring young people's behavior in the neighborhood, they point to fear. They're afraid of the kids. They're afraid of the kids' parents. In essence, they're afraid of their neighbors.

It's easier to have neighborhood boundaries when people perceive their neighborhoods as caring communities. You don't need to be a community organizer to help create a neighborhood where neighbors monitor young people's behavior. All you need to do is to start getting to know the people who live near you. Start with the ones who seem friendly. Get to know the children. Talk with their parents about boundaries they would like for their children in the neighborhood. Then together you can start building this asset.

Ideas for Neighborhood Boundaries

What are some neighborhood boundaries that you might want to consider?

- Respect each other's property.
- Report any suspicious activity.
- Supervise children younger than 16.
- End parties by 11:00 p.m.
- Talk to neighbors directly about concerns.

Connect, Then Decide

Before you decide on appropriate boundaries for your neighborhood, connect with other neighbors to get to know them. Try these simple ideas:

- **Hold a front-yard, neighborhood barbecue.**
- **Organize all the dog owners to take a walk together (with the dogs) once a week.**
- **Suggest a parent get-together. Ask older youth to supervise and play with the younger children.**
- **Contact your local police department and ask for help in having a block meeting to discuss safety.**

Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,
McGregor Lions Club, Palisade Lions Club,
& Aitkin County Family Collaborative: (Aitkin
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille
Lacs Band District II, Aitkin County Corrections,
Aitkin County Health & Human Services)

Quick Tip:
Notice daily what happens
in your neighborhood.

More Stuff You Can Use

The Neighborhood Works. This bi-monthly magazine presents articles on creating effective, caring neighborhoods. (Available from The Neighborhood Works, 2125 West North Avenue, Chicago, IL 60647; 773-278-4800 ext. 140)

talk together

Questions to discuss with your child:

- What are the boundaries of our neighborhood? How do you know?
- Which neighbors seem to notice what you do? How do you feel about that?
- How well do neighbors monitor children and youth in our neighborhood?

Tips for Monitoring

Once neighbors agree on some common boundaries, encourage each other to:

- **Point out boundaries to youth. For example, if a neighbor hears young people swearing, everyone should support the neighbor saying, "We don't use that kind of language in our neighborhood."**
- **Call other neighbors about concerns or questions. Distribute a neighborhood directory with names, phone numbers, and addresses of neighbors interested in participating.**

FINAL WORD

"Participation in shaping the larger world beyond family and friends is a deep human need."

—Frances Moore Lappé, coauthor of *The Quenching of America*

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828. Copyright © 1997 by Search Institute. Major support for Search Institute's Healthy Communities • Healthy Youth initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.

Aitkin County CARE - caring for our seniors.

Aitkin County CARE is a local non-profit that facilitates care to seniors in Aitkin County to allow them to stay at home in a comfortable environment. Providing a number of services to a rapidly growing number of clients served.

Why is CARE needed? Here are the numbers.

Aitkin County remains the "oldest" county in Minnesota, with the median age being 55.5 years of age. According to census data, 32.5% of the people in the county are over 65 years of age, in comparison to 16.4% statewide. By the year 2030, the number of Aitkin County residents over the age of 60 is expected to be 47%.

Aitkin County is also largely rural, making the delivery of services to isolated areas more complex. This is especially important when you consider that 15.2% of Aitkin County residents over the age of 65 are living alone.

What CARE does for its clients.

The work of Aitkin County CARE starts with its CARE Consultants who meet with clients and their caregivers to discuss their needs in order to maintain and extend independent living. It is from this assessment that we align the care needed of the individual. One challenge could be health related, like proper nutrition. Our NAPS (Nutritional Assistance Program for Seniors) program offers free food for seniors 60 and older who meet income guidelines and Meals on Wheels deliver frozen meals to those who need access to healthy prepared meals.

Our Senior Companion program provides transportation and companionship on an ongoing basis to isolated seniors. Being in such a rural community, there is a tremendous need for this type of assistance. During Covid these have been reduced to phone call check ins but hopefully it won't be long for the social visits.

Our Care network provides assistance with light housekeeping, minor home maintenance, seasonal chores, transportation and friendly visits. With this help, seniors are able to stay in their homes longer and manage their daily activities. Housekeeping, outside chores, and Rides for Health continue with precautions in place for Covid-19. CARE is looking for volunteers for transportation in the Hill City area. (Reimbursement is available).

CARE has trained volunteers to help seniors strengthening their body, reduce the risk of falling, increase strength and improve balance at no cost through our Juniper classes: Tai Ji Quan moving for Better Balance, SAIL - Staying Active and Independent for Life, and Matter of Balance - Learning how to improve balance and reduce the risk of falling.

CARE's work doesn't end with the client, we also have respite services to help the caregiver. We supply trained respite workers to stay with a loved one and provide a well-deserved break for caregivers. Workers are available days, evenings, weekend or overnights.

We also provide support groups for caregivers with respect to memory loss. Family, friends, and caregivers meet for mutual emotional support, to gain knowledge about memory loss, and to exchange coping skills with one another. Currently classes are being held virtually, and we do look forward to the day that we can meet in person.

Aitkin County CARE currently has a staff of 3 dedicated professionals, 10 trained respite workers and over 40 volunteers, but with our established growth, we need your help. If you would like to volunteer your time to facilitate our mission, please contact Mike, Program Director, at 218-927-1383. It takes a village to help our seniors too!

Lynne Jacobs
Executive Director

REMINDER
Elementary Conferences
February 12th
NO SCHOOL for
Kindergarten - 5th Grade





*Adult
Basketball
Open Gym*

**Join us every
Sunday evening from
6:30 pm - 7:30 pm in
the
Hill City School Gym**

**\$1 per night or \$20 for
the year.**

For more information please contact Tami at 218-697-2394 ext. 172 or tmeyer@isd002.org



*Elementary
Basketball*

Practice for Boys in Grades 3 - 6 will be the following Saturday's from 1:00 - 3:30 pm

January 30th, February 6th, 20th and 27th and March 6th and 13th

Fee: \$25.00

For any questions or if you need assistance with fees please contact Tami Meyer at tmeyer@isd002.org or 218-697-2394 Ext. 172

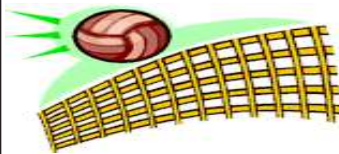


*Youth
Basketball
Open Gym*

**Join us every
Sunday evening from
5:00 pm - 6:00 pm in
the
Hill City School Gym**

**\$1 per night or \$20 for
the year.**

For more information please contact Tami at 218-697-2394 ext. 172 or tmeyer@isd002.org



*Adult
Volleyball
Open Gym*

*Join us every
Wednesday evenings from
7:00 pm 9:00pm in the
Hill City School Gym*

\$1 per night or \$20 for the year

For more information please contact Tami at: 218-697-2394 ext. 172 or tmeyer@isd002.org

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



Open Gym Softball and Baseball

**Wednesday's 7:00 - 8:00 am
and Sunday's 9:00 - 10:00 am**

If you have any
questions contact Tami with Community Ed
at 697-2394 ext. 172
tmeyer@isd002.org



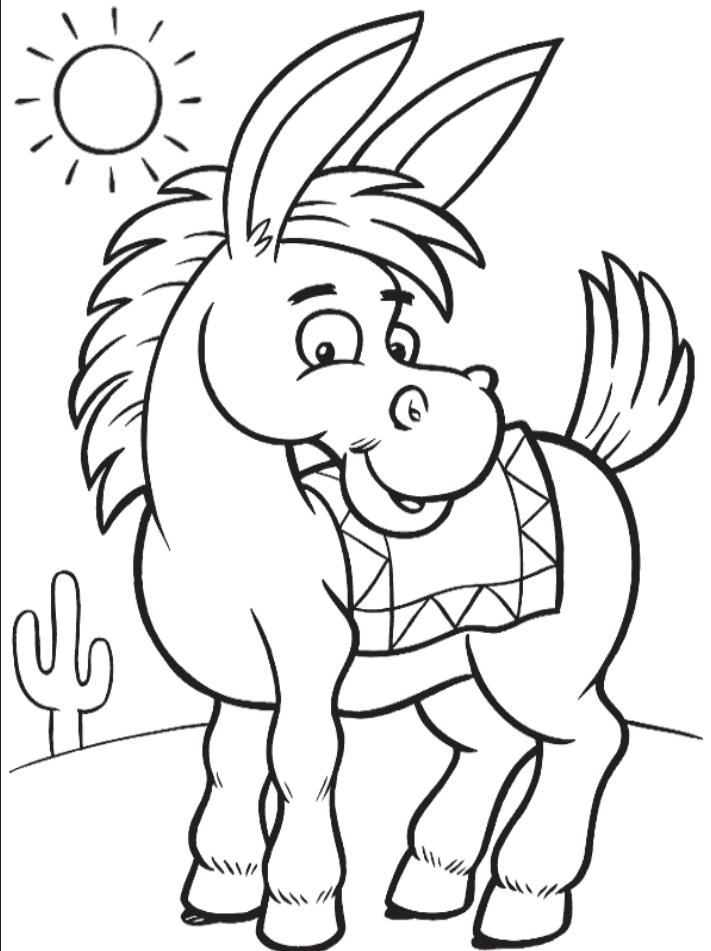
Elementary Basketball

Practice for Girls in Grades 3 - 6 will
be Saturday's from 9:00 - 11:00 am

Practice will alternate between Hill
City and Remer.

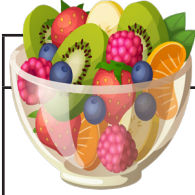
Fee: \$25.00

For any questions or if you need assistance with fees
please contact Tami Meyer at
tmeyer@isd002.org or 218-697-2394 Ext. 172



Color Me ;)

ISD #2 Breakfast Menu February 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Strawberry Pancakes, Orange	2 Oatmeal, Cereal, Graham Cracker Raisins	3 Cereal Bar	4 French Toast Loaf, Apple	5 Cinnamon Rolls, Yogurt	
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of	8 Cereal, Graham Cracker Banana	9 Cinnamon Bagel Orange	10 Muffin, Cheese Stick	11 Breakfast Pizza or Cereal and Graham Cracker	12 NO SCHOOL ELEMENTARY Cinnamon Roll Cheese Stick	13 Fruit, Juice & Milk Served Daily with Breakfast
fruit or veggie & a minimum of 2 other full meal components.	15 NO SCHOOL	16 Oatmeal, Cereal, Graham Crackers, Raisins, Orange	17 Cereal, Graham	18 Strawberry Bagel	19 Cinnamon Rolls Yogurt	20
4 meal components are offered daily. Students must select a	22 Cereal, Graham Cracker Applesauce	23 Maple Pancakes Banana	24 Muffin, Cheese Stick	25 Breakfast Pizza or Cereal & Graham Cracker	26 Cinnamon Rolls Cheese Sticks	27 Menu subject to change at anytime
One of the components must be a fruit or veggie.						



ISD #2 Lunch Menu February 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Shrimp Poppers Cali Blend Veggies Garlic Breadstick Rice Medley Pineapple	2 Chicken Rice Soup, Ham Sandwich, Peppers Cucumbers, Ranch, Pears	3 Uncrustables, Mandarin Oranges, Bananas, Veggies & Dip	4 Turkey/Ham Sub Pickles, Potato Salad, Apple	5 BBQ Pork on Bun, Potato Wedges, Green Beans, Applesauce	
7 Fruit & Milk Served Daily with Lunch	8 Corn Dog, Roasted Cauliflower, Carrots, Apple Slices, Peaches	9 Beef Taco w/ Fixings, Corn, Pineapple, Mandarin Oranges	10 Ham & Cheese Sandwich, Chips, Veggies & Dip, Orange	11 White Chicken Chilli, Veggies & Dip, Corn Bread, Mixed Fruit, Apple	12 NO SCHOOL ELEMENTARY Stuffed Crust Pizza Green Beans, Pears, Orange	13 Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of
14	15 NO SCHOOL	16 Chicken Patty on a Bun, L & O, Coleslaw, Potato Salad, Peaches, Apple	17 Turkey & Cheese Sub w/ Fixings, Strawberry Applesauce, Veggies & Dip	18 Burrito w/ Fixings Corn, Carrots, Pineapple, Peaches	19 Turkey & Gravy Mashed Potatoes, Green Beans, Corn, Roll, Kiwi, Applesauce	20 fruit or veggie & a minimum of 2 other full meal components
21	22 Tomato Soup, Grille Cheese, Goldfish Crackers, Veggies & Dip, Peaches, Oranges	23 Macaroni Hotdish, Green Beans, Carrots, Breadstick, Apple, Mixed Fruit	24 Ham and Turkey Sandwich, Baked BBQ Chips, Veggies & Dip	25 Farm 2 School	26 Cheeseburger on a Bun, L & T, Tater Tots, Green Beans, Pears, Peaches	27 5 meal components are offered daily. Students must select a
28						One of the components must be a fruit or veggie.


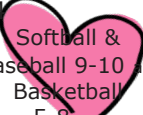

Independent School District No. 2
 500 Ione Avenue
 Hill City, MN 55748

Hill City, MN 55748
 U.S. Postage Paid
 Permit No. 3

Local Boxholder
Hill City, MN 55748



ISD #2 Activities February 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	GBB vs WRENSHALL REMER AB 5:45 & 7:00	2 BBB vs GREENWAY AWAY AB 5:45 & 7:00	3 Softball & Baseball 7-8 am Volleyball 7-9 pm OPEN GYM	4	5	6 BBB vs COOK COUNTY AWAY AB 1:00 & 3:00
7 Softball & Baseball 9-10 am Basketball 5-8 pm OPEN GYM	BBB vs Wrenshall HOME AB 5:45 & 7:00	9 GBB vs LFBF REMER AB 5:45 & 7:00	10 Softball & Baseball 7-8 am Volleyball 7-9 pm OPEN GYM	11 GBB vs DEER RIVER AWAY AB 5:45 & 7:00	12 NO SCHOOL ELEMENTARY AB BBB vs CHISHOLM AWAY 5:45 & 7:00	13 
14  Softball & Baseball 9-10 am Basketball 5-8 pm OPEN GYM	15 NO SCHOOL GBB vs FLOODWOOD AWAY AB 5:45 & 7:00	16 BBB vs SOUTH RIDGE HOME AB 5:45 & 7:00	17 Softball & Baseball 7-8 am Volleyball 7-9 pm OPEN GYM	18 GBB vs MIB AWAY AB 5:45 & 7:00	19 BBB vs FLOODWOOD AWAY AB 5:45 & 7:00	20
21 Softball & Baseball 9-10 am Basketball 5-8 pm OPEN GYM	22 GBB vs LAPORTE HILL CITY AB 5:45 & 7:00	23 BBB vs MCGREGOR AWAY AB 5:45 & 7:00	24 Softball & Baseball 7-8 am Volleyball 7-9 pm OPEN GYM	25 GBB vs GREENWAY AWAY AB 5:45 & 7:00	26 	27
28 Softball & Baseball 9-10 am Basketball 5-8 pm OPEN GYM	ANY GAME IS SUBJECT TO CHANGE AT ANY TIME		FOLLOW THE HILL CITY & NORTHLAND rSCHOOL	CALENDARS FOR ANY AND ALL CHANGES		