



# COMMUNITY NEWS

2021



*Serving Northern Minnesota Communities  
Hill City, Jacobson, and Swatara*

Articles  
in this  
Newsletter:

School Board  
Minutes

School News

Ideas For  
Parents

Hill City  
Community  
News

Community Ed  
News/Classes

Lunch  
Calendar

Activity  
Calendar



Seth St. Martin



**Avangeline Solie**



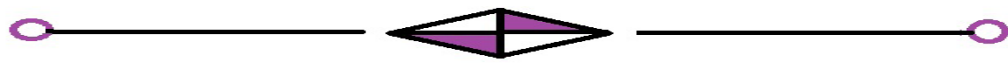
~ Seniors

**2021**



**Shyan Yanez**

# Congratulations, Graduates of 2021



Hunter Ahonen

Mathew Clarke

Hunter Gerber

Tucker Holm

Maycee Lathrop

Andrew Major

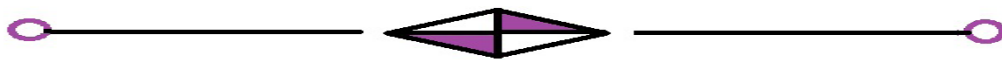
Colton McManigle

Jaxon O'Brien

Avangeline Solie

Seth St. Martin

Shyan Yanez



The Graduating [Class of 2021](#) will be completing  
this part of their journey on

Friday, May 28th at 7:00 pm.

The ceremony will be held in the  
Hill City High School Gymnasium.

At this time, Restrictions allow only a certain number of Invitations  
per each Graduate for the Ceremony in the Gym.

## Hill City School Board

Jay Zapzalka, Chairman  
67880 353rd Ave  
Hill City, MN 55748

Joell Miranda, Clerk  
PO Box 253  
Hill City, MN 55748

Bambi Lange, Treasurer  
505 Ione Ave  
Hill City, MN 55748

Sarah Kingsley, Vice Chair  
67767 Hwy 169  
Hill City, MN 55748

Mark Meyer  
PO Box 42  
Hill City, MN 55748

Rich Kingsley  
67889 353rd Ave  
Hill City, MN 55748

### **Committee Assignments for 2021**

**Committee**

MSHSL

Negotiations Committee

Curriculum Committee

Community Education Advisory Council  
Meet and Confer

Staff Development

School and Community Health Team  
Recertification Committee

ARCC

Comparable Worth

Safety/Transportation Committee

Athletic Advisory Committee

Itasca Area Schools Collaborative

Policy Committee

**Representative**

Mark Meyer

Jay Zapzalka, Mark Meyer,  
Rich Kingsley (Sarah Kingsley, Alt.)

Joell Miranda (Bambi Lange, Alt.)

Mark Meyer (Bambi Lange, Alt.)

Bambi Lange and Joell Miranda  
(Sarah Kingsley, Alt.)

Joell Miranda (Sarah Kingsley, Alt.)

Joell Miranda and Sarah Kingsley

Bambi Lange

Sue Kaslow

Jay Zapzalka

Mark Meyer

Jay Zapzalka and Mark Meyer  
(Rich Kingsley, Alt.)

Bambi Lange (Mark Meyer, Alt.)

Sarah Kingsley and Bambi Lange



## **For School Closings and Emergency Information Broadcasts**

**RADIO STATIONS**

RADIO USA	99.9 FM
KOZY Grand Rapids	1320 AM
	93.1 FM
KMFY Grand Rapids	96.9 FM
WTBX Grand Rapids	93.9 FM
KAXE Grand Rapids	91.7 FM
KBAJ	105.5 FM

**INSTANT ALERT**

Infinite Campus' Voice  
Messenger system will  
call parents between  
**5:00 - 6:00 a.m. for  
school closings.**

**TV STATIONS**

WDIO/WIRT  
KDLH  
KBJR  
WCCO

### **Community Newsletter Deadline**

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are usually sent out around the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:

**Call 218-326-5008 or 1-866-747-5008**

MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER COUNSELING COMMUNITY REFERRALS & EDUCATION

# HILL CITY SCHOOL HONOR ROLL

## Third Quarter 2020-2021

### Grade 12

#### A

Hunter Lou Ahonen  
 Matthew Clarke  
 Hunter Gerber  
 Tucker Holm  
 Andrew Major  
 Avangeline Solie  
 Shyan Yanez

### Grade 11

#### A

Ruby Booth  
 MacKenzie Casper  
 Ava Klennert  
 Julia Nordquist  
 Dari Okerstrom  
 Cayleb Shelby  
 Savanna Wheeler

### Grade 10

#### A

Saige Ahonen  
 Emma Finke  
 Riley Holm  
 Raven Miranda  
 Kira Schuety  
 Randi Wilson  
 Ally Zapzalka

### Grade 9

#### A

Emmett Bray  
 Taleigha Cook  
 Brooklyn Harcey  
 Loren James  
 Easton Kingsley  
 Jax Neary  
 Shaley Pearson  
 Annika Spangler  
 Lainee Spangler

#### B

Maycee Lathrop  
 Jaxon O'Brien

#### B

Thorin Dunham  
 Mackenzie Finke  
 Payden Gould  
 Brenden Humphrey  
 Zavier James  
 Joie Koran  
 Tyrell Lego  
 Logan Maaskant  
 Ava Smith  
 Jack Taylor  
 Taylor Wagner

#### B

Kyle Grimsbo  
 Tanner Harcey  
 Hayden Passig  
 Michelle Smith  
 Niyelle Solie  
 Kyla Villiard

#### B

Cheyenne Brinson  
 Morgan Humphrey  
 Adrianna Leverty-Taylor  
 Jesse Porter

### Grade 8

#### A

Bellona Dunham  
 Adrianna Harcey  
 Steven Meyer  
 Kaija Neary  
 Kaylee Roberts  
 Abby Zapzalka

### Grade 7

#### A

Madison Barnes  
 Callee Gerber  
 Jasmine Kingsley

### Grade 6

#### A

#### B

Payton Arimborgo

#### B

Destiny Hobson  
 Kennedy James  
 Trevor Kingsley  
 Imani Richey  
 Jacob Roper  
 Matthew Washburn

#### B

Mackenzie Benson  
 Reese Boleman  
 Jackson Kingsley  
 Bailey Porter



*Congratulations!*

# ideas for parents

## Practical Suggestions for Building Assets in Your Child

### FAST FACTS

#### ASSET #16: High Expectations

*Youth are more likely to grow up healthy when both parents and teachers encourage young people to do well.*

**41%**  
of youth surveyed by Search Institute have this asset in their lives.\*

#### What Are Assets?

Assets are 40 key building blocks to help kids succeed. "High expectations" is one of six boundaries and expectations assets.

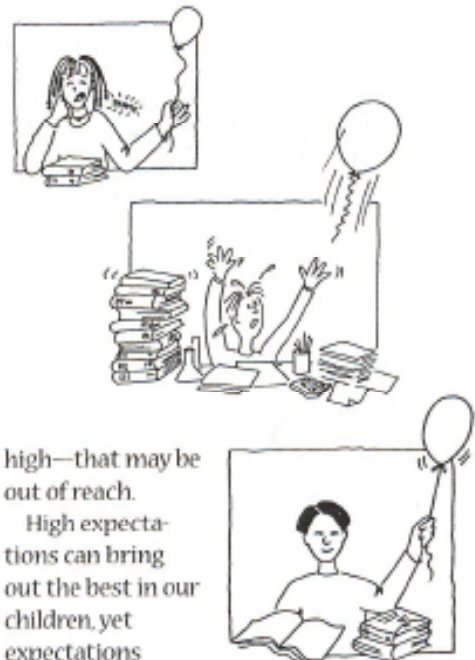
\* Based on Search Institute survey of almost 100,000 6th- to 12th-grade youth throughout the United States.

## Expecting the Best

**W**hen you give a child a helium-filled balloon, it brings great joy. But if the balloon is losing air and gradually deflates, the child becomes frustrated. If the balloon is difficult to hang on to and floats away, the child cries.

A balloon is like expectations. If they're too low or too high, they're not helpful. But if the expectations are high—yet still within reach—the child holds the taut string of the balloon with an arm extended up. Expectations should make our children stretch but also still be able to see what they're stretching toward.

Expectations should differ based on each child's temperament, abilities, gifts, and talents. A natural-born athlete who is bored in physical education, goofs around most of the time, and still gets an "A," doesn't have high enough expectations set on her. The dyslexic child who struggles to keep up with the state standards of reading for his age has expectations placed upon him that are too



high—that may be out of reach.

High expectations can bring out the best in our children, yet expectations constantly need to be evaluated and revamped so that they encourage our children without discouraging them, and so that they challenge our children without frustrating them. What do you expect of your child?

### Helpful Hints

**Tips that make setting high expectations with your child easier:**

- Educate yourself on child development so you know what's realistic.
- Continue to look for creative and new ways to stimulate your child.
- Periodically check out your expectations with your child.
- Allow your child to make mistakes and learn from them.

### time together

Three ways to set high but reasonable expectations with your child:

1. Talk about inspirational stories of people who overcame the odds or did surprising things.
  - people who overcame the odds or did surprising things.
2. Encourage your child to tackle subjects and hobbies that are difficult. Work together.
3. Model how you're currently stretching yourself.

# A Progress Report

Examine your expectations of your child in each of the following areas:



EXPECTATION	Child seems stretched	Child seems bored	Child seems overwhelmed
Social skills	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Academics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hobbies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Extracurricular activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Quick Tip:**  
High expectations enhance a child's sense of being capable.

### Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,  
McGregor Lions Club, Palisade Lions Club,  
& Aitkin County Family Collaborative: (Aitkin  
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille  
Lacs Band District II, Aitkin County Corrections,  
Aitkin County Health & Human Services)

## talk together

Questions to discuss with your child:

- What do you think we expect of you—of home, at school, in the community? Are those expectations realistic? Why or why not?
- Where do you feel bored? Where do you feel defeated? Why?
- How can we set high expectations together that are realistic, yet challenging?

### What About You?

Our expectations of our children often come from the expectations we as parents received when we were children. What did your parents expect of you as a child? As a teenager? How realistic were those expectations? How are those expectations affecting your parenting?

### More Stuff You Can Use

**Awaken Your Child's Natural Genius.** This book suggests creative ways to enhance your child's learning ability, curiosity, and creativity. (Available from Jeremy P. Tarcher Books, Penguin Putnam Publishing Group, 390 Murray Hill Parkway, East Rutherford, NJ 07073; 1-800-631-8571.)

## FINAL WORD

**"Have high expectations. But make them realistic."**

—Thomas Armstrong, author of *Awakening Your Child's Natural Genius*

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828. Copyright © 1997 by Search Institute. Major support for Search Institute's Healthy Communities • Healthy Youth initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.



## Memorial Day Services

Hill Lake Cemetery  
10:00 a.m.

Macville Cemetery  
10:45 a.m.

Veterans Memorial Park  
11:30 a.m.



### Graduation Word Search

A	G	W	Q	N	O	Z	L	N	W	O	G	V	E	E	F	D	X	Z	B
R	U	L	F	O	R	E	R	C	C	U	Z	R	M	Q	E	K	F	P	T
D	D	E	Z	I	A	Z	R	U	R	U	L	A	A	R	C	R	O	P	R
L	O	D	T	T	A	M	X	V	V	D	G	K	F	D	S	K	G	F	R
Y	H	M	T	A	K	L	O	P	L	J	E	S	Z	P	E	Z	K	E	F
R	V	Q	Y	C	U	U	W	L	I	A	M	T	G	C	C	S	H	O	D
Z	J	A	A	U	R	D	Q	Y	P	G	J	N	F	X	H	C	S	Q	J
D	L	I	L	D	O	J	A	A	X	I	A	E	I	Z	A	B	L	K	A
H	G	M	H	E	S	S	I	R	O	F	D	D	B	E	J	N	P	O	R
X	S	J	P	T	D	I	P	V	G	T	V	U	T	O	F	Z	H	D	L
A	K	V	Q	U	N	I	V	E	R	S	I	T	Y	I	R	M	O	O	Y
X	E	G	E	L	L	O	C	A	E	P	Q	S	O	F	K	F	D	S	E
L	J	N	K	D	I	W	R	T	R	C	A	Q	S	M	K	T	C	F	U
S	U	D	R	I	L	N	A	J	O	I	H	C	G	M	S	I	I	H	I
J	K	O	N	Y	K	M	G	J	Z	R	H	E	Q	T	M	T	R	T	X
N	H	O	Z	V	S	Z	K	K	Z	O	I	L	S	E	U	R	F	T	M
H	I	G	H	S	C	H	O	O	L	H	L	A	D	K	T	I	C	L	G
R	K	X	A	E	J	Y	S	A	E	O	O	A	N	C	N	J	X	S	A
B	L	L	L	Q	O	I	R	C	O	T	C	P	Y	U	W	Y	P	P	N
H	C	T	K	S	P	H	L	W	O	A	R	H	L	Z	E	L	K	Y	V

#### Word List

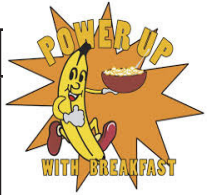
Cap  
Gown  
Robe  
Diploma  
June  
Teacher  
Degree

Graduate  
Scholar  
Academics  
Education  
Grades  
Students  
Classmates

Valedictorian  
Speeches  
Toasts  
Gifts  
College  
High School  
University



# ISD #2 Breakfast Menu May 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Menu subject to change at anytime		1
2 <b>Offer-vs-Serve</b> Build a healthy Meal. Select a full or 1/2 serving of	3 Breakfast Pizza	4 Cereal, Graham Cracker, Oatmeal	5 Cereal Bar	6 Cinnamon Bagel	7 Cinnamon Roll, Yogurt	8 Fruit, Juice and Milk served Daily
9 fruit or veggie & a minimum of 2 other full meal components.	10 Maple Pancakes	11 Cereal, Graham Cracker, Oatmeal	12 Muffin	13 Strawberry Bagel	14 Cinnamon Roll, Cheese Stick	15
16 meal components are offered daily. Students must select a	17 Breakfast Pizza	18 Cereal, Graham Cracker, Oatmeal	19 Cereal Bar	20 Cinnamon Bagel	21 Cinnamon Roll, Yogurt, Cheese Stick	<i>JUNE 1-3 COOKS CHOICE MENU FOR BREAKFAST</i>
23 One of the components must be a fruit or veggie.	24 Maple Pancakes 31 NO SCHOOL	25 Cereal, Graham Cracker, Oatmeal	26 Muffin	27 Apple Strudel	28 Cinnamon Roll, Cheese Stick	

# ISD #2 Lunch Menu May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Offer-vs-Serve</b> Build a healthy Meal. Select a full or 1/2 serving of						1
fruit or veggie & a minimum of 2 other full meal components.	3 Hamburger Gravy Mashed Potatoes Corn, Green Beans, Roll	4 Chicken Pasta Salad, Ham & Cheese on a Bagel, Carrots	5 Uncrustable, Carrot Sticks, Ranch, Apple	6 Pizza, Broccoli & Ranch, Kiwi, Applesauce	7 Hot Dog or Brat, Baked Beans, Potato Salad	8 Fruit & Milk Served Daily with Lunch
meal components are offered daily. Students must select a	10 Chicken Nuggets Rice, Roll, Mixed Veggies	11 Chilli, Corn Bread, Veggies & Dip	12 Ham & Cheese Sandwich, Chex Mix, Veggies & Dip	13 Turkey & Salami Sub, Coleslaw	14 Cheese Burger on a Bun, Tater Tots, Green Beans	15
One of the components must be a fruit or veggie.	17 Chicken Patty on a Bun, LTO, Potato Wedges, Carrots	18 Chicken Taco Soup, Chips, Veggies & Dip	19 Salami & Cheese Sandwich, Baked Chips, Celery Sticks	20 Chicken Wrap w/ Rice & Veggies	21 Sloppy Joe on a Bun, Potato Salad, Veggies & Dip	Menu subject to change at anytime
23	24 Macaroni Hotdish, Green Beans, Roll 31 NO SCHOOL	25 Chicken Veggie Soup, Ham & Cheese Sandwich, Veggies & Dip	26 Turkey & Cheese Sandwich, Carrot Sticks & Ranch	27 FARM 2 SCHOOL	28 Pizza, Veggies & Dip, Coleslaw	<i>JUNE 1-3 COOKS CHOICE MENU FOR LUNCHES</i>

**This institution is an equal opportunity provider.**

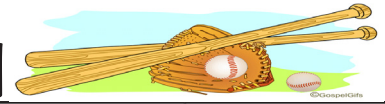
For the Full Non-Discrimination statement see: <http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413>



Independent School District No. 2  
 500 Ione Avenue  
 Hill City, MN 55748

Hill City, MN 55748  
 U.S. Postage Paid  
 Permit No. 3  
 ECRWSS

**Local Boxholder  
 Hill City MN, 55748**

**ISD #2 Activities May 2021**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This information and more is also available on our Website : <b>isd002.org</b>						1 
2	3 SB V & JH vs LaPorte HOME 4:30 BB V vs Wreshall AWAY 4:00	4 BB V & JH vs Cass Lake-Bena HOME 4:30	5	6 BB V & JH vs Deer River AWAY 4:30	7 BB V & JH vs Pine River AWAY 4:30	8 SB V Games HOME Time TBD
9	10 SB V, JV & JH vs Pine River AWAY 4:30	11 SB V & JH vs LFBF HOME 4:30 BB V & JH vs Chisholm AWAY 4:30	12	13 BB V & JH vs LFBF HOME 4:30	14 SB V, JV & JH vs Crosby-Ironton AWAY 4:30 BB V vs Hinkley AWAY 1:00	15
	17 SB V & JH vs Ogilvie AWAY 4:30 BB V vs MIB AWAY 4:30	18 SB V & JH vs WAH HOME 4:30 BB V & JH vs WAH HOME 4:30	19	20 SB V, JV & JH vs Hinkley-Fin HOME 4:30 BB V vs Ogilvie AWAY 4:30	21	22
	24 SB V & JH vs Blackduck AWAY 4:30 BB V & JH vs Laporte AWAY 4:30	25 SB V vs Floodwood HOME (HC) 4:30	26	27 SB V & JV vs Chisholm HOME (R) 4:30	28	29 All games are subject to change at any time
	<b>No School</b>					

**This Schedule is Very Tentative, and will most likely require changes and corrections. Please view the Activity Calendar on our website, which is kept as up to date as we are able. Thank You for your Patience.**