

November



2020

# COMMUNITY NEWS

*Serving Northern Minnesota Communities  
Hill City, Jacobson, and Swatara*

Articles in this  
Newsletter:

School News

School Board  
Minutes

Ideas For  
Parents

Community Ed.  
News/Classes

Lunch Calendar

Activity  
Calendar

## Homecoming 20-20



**October  
20th - 23rd**

*Your Court:*



Tuesday

Country vs  
Country Club



Virtual Pajama Day

Wednesday



Hunter

Seth

Tucker

Andy

Maycee

Monochrome



Thursday



vs Northland  
3-0 for the "W"

The Master Mind  
&  
Advisor of this "SWARM"  
Jessie Johnson



Taste Buds



Say WHAT???



Know or Go  
Trivia



"Oh Ship"



Purple Pride



Friday



vs L of W  
56-0 for the  
BIG WIN!!!



*Your King and Queen:  
Tucker Holm  
&  
Hunter Ahonen*

Sue Kaslow, Chairman  
 PO Box 165  
 Hill City, MN 55748

Joell Miranda, Clerk  
 PO Box 253  
 Hill City, MN 55748

Bambi Lange, Treasurer  
 505 Ione Ave  
 Hill City, MN 55748

Jay Zapzalka, Vice Chair  
 67880 353rd Ave  
 Hill City, MN 55748

Mark Meyer  
 PO Box 42  
 Hill City, MN 55748

Sarah Kingsley  
 67767 Hwy 169  
 Hill City, MN 55748

### Committee Assignments for 2020

**Committee**

**Representative**

MSHSL  
 Negotiations Committee  
  
 Curriculum Committee  
 Community Education Advisory Council  
 Meet and Confer  
  
 Staff Development  
 School and Community Health Team  
 Recertification Committee  
 ARCC  
 Comparable Worth  
 NESB Board  
 Safety/Transportation Committee  
 Athletic Advisory Committee  
  
 Itasca Area Schools Collaborative  
 Policy Committee

Mark Meyer  
 Sue Kaslow, Mark Meyer and  
 Jay Zapzalka (Sarah Kingsley, Alt.)  
 Joell Miranda (Bambi Lange, Alt.)  
 Mark Meyer (Bambi Lange, Alt.)  
 Bambi Lange and Joell Miranda  
 (Sarah Kingsley, Alt.)  
 Joell Miranda (Sarah Kingsley, Alt.)  
 Joell Miranda and Sarah Kingsley  
 Bambi Lange  
 Sue Kaslow  
 Sue Kalsow  
 Sue Kaslow  
 Mark Meyer  
 Jay Zapzalkz and Mark Meyer  
 (Sarah Kingsley, Alt.)  
 Bambi Lange (Mark Meyer, Alt.)  
 Sarah Kingsley and Bambi Lange



## For School Closings and Emergency Information Broadcasts

**RADIO STATIONS**

**INSTANT ALERT**

**TV STATIONS**

RADIO USA 99.9 FM  
 KOZY Grand Rapids 1320 AM  
 93.1 FM  
 KMFY Grand Rapids 96.9 FM  
 WTBX Grand Rapids 93.9 FM  
 KAXE Grand Rapids 91.7 FM  
 KBAJ 105.5 FM

Infinite Campus' Voice  
 Messenger system will  
 call parents between  
 5:00 - 6:00 a.m. for  
 school closings.

WDIO/WIRT  
 KDLH  
 KBJR  
 WCCO

### Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:  
**Call 218-326-5008 or 1-866-747-5008**  
 MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER COUNSELING COMMUNITY REFERRALS & EDUCATION



INDEPENDENT SCHOOL DISTRICT NO. 2  
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 6:00 p.m. on Monday, August 24, 2020.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Bambi Lange, Mark Meyer, Sarah Kingsley and Jay Zapzalka. Board Members absent: None.

1. Approved the Agenda as Presented.
2. Approved the following:
  - \*Corrected and Approved the Minutes of the Regular Meeting of July 27, 2020.
  - \*July 2020 bills presented for payment;
  - \*Current bills through 08/10/2020;
  - \*Investments and wire transfers;
  - \*Reviewed Cash Receipts including donations.
3. No comments or requests from visitors.
4. There was no report from the School Attorney.
5. Transportation Report: A month ago they talked about reducing bus transportation. They have worked with NorTran at about 50% capacity with 5 buses. Now with the amount of distance learners, it's about 1/2 of that. Will revisit this in about 3 weeks to see what the rest of the quarter will look like, possibly reduce to 4 buses.
6. Curriculum Committee: None to report.
7. Policy Committee: No Report
8. School and Community Health Committee:

None to Report.

9. Safety/Transportation Committee: No Report
10. Negotiation Committee: Set date to Negotiate with Early Childhood Coordinator for the 2020-2021 School Year. Sept. 9th @ 6:00 p.m.
11. Community Education Report: Report is attached
12. Early Childhood Report: CEM Training took place in August.
13. Building & Grounds Report: Getting Classroom layouts put together, final touches on cleaning, new playground mulch, school auction closed yesterday appears to have went well. Product availability is holding up some projects. Salt and sand shed product availability is scarce.
14. Principal's Report: 50 kids are distance learning out of 235, working with NorTran for transportation, teachers have been building trying to get prepared, working on grants and a lot of meetings. Conferences for elementary for the first Tuesday.
15. Superintendent's Report: Current data cam out on Thursday from MDE. 10.72 would be that in theory, elementary would be face to face and high school hybrid. Last Thursday admin met with Aitkin Co. to see how the data will be used to determine what teaching scenario will be used. Regional support team, MDH, Us, the County and NESC. A lot of resources will be helping us and is required by MDE. Sat in the Region 7A Meeting.
16. Approved the updated Early Childhood Coordinator's job description.
17. Approved hiring Dawn Fairchild as the Girls & Boys Cross Country Running Coach for the 20-21 School Year for the Fall Coaches HCUE Contract pay at .085.
18. Approved corrections made to the 20-21 School Year Calendar.
19. Approved kindergarten milk prices for the 20-21 School Year at \$17.20 per student.
20. Approved posting for JH VB Coach for the 20-21 School Year per the HCUE Contract.



21. Approved posting for one Paraprofessional for the 20-21 School Year per the AFSCME Contract.
  22. Approved resignation of Early Childhood Paraprofessional, Marci Holm.
  23. Approve posting for an Early Childhood Paraprofessional starting the 20-21 School year per the AFSCME Contract.
  24. Approve hiring Lisa Cannella as .41 FTE Middle School Technology Teacher for the 20-21 School year per the HCUE Contract.
  25. Approved hiring Matt Alleva as the .41 FTE Science Teacher for the 20-21 School year per the HCUE Contract.
  26. Approved hiring Katherine Vanderport as the .41 FTE Visual Arts Teacher for the 20-21 School Year per the HCUE Contract.
  27. Approved the preliminary Substitute Instructor list of the 20-21 School year.
  28. In the First reading of the COVID-19 Face Covering Face Covering Policy Sue does not like the Section 4, the exceptions and Alternatives, b: Face Shield. MDE and MDH does not allow face shields, no mention of the exceptions. Face shield may be used as alternative to face covering. See Adam Johnson for other changes and will have policy ready for Approval and the second reading for the September Board Meeting. Also delete calling Police for back up and reinforcement.
  29. Meeting to be Attended and Meeting Attended: the next Regular Board Meeting is September 28, 2020.
  30. Meeting adjourned at 6:52 p.m.
- Respectfully submitted by Joell Miranda, Clerk

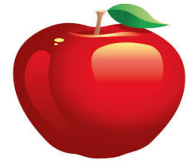
Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.



**MR.**

**JOHNSON'S**

**MINUTE...**



Happy Halloween everyone!

It has been a very busy month here at Hill City Schools. The week of October 20th through the 23rd, Hill City held a homecoming week with dress up days and games. Coronation was also held, with Tucker Holm being crowned King and Hunter Ahonen being crowned Queen. Along with this, the Hornets team hosted a home game on Tuesday and won in Remer on Thursday. Also, the HCN football team played in Remer on Friday and came away with the win! The seniors were able to win the spirit points competition, while the 7th graders won the "Game of Games" tournament. This was a great week at Hill City, congratulations to all involved in this year's homecoming!

On the sports side, as I write this on October 26th, the Hill City volleyball team is sitting at 3-1, with the team playing very well so far. The HCN football team is sitting at 3-0. The football team has also not allowed any points so far. The Hill City cross country team traveled to the section tournament, where the team did an awesome job in year 1. Congratulations to all our students that are participating in extracurriculars!

At Hill City Schools, our goal is to keep everyone coming into the building safe. For this, our guidelines put in place by MDH and MDE are something we look at every day. This is a huge reason we have been fortunate enough to stay in person. Another, even bigger reason, is because of what our community is doing. Students and staff are staying home when sick and following the guidelines. I want to thank everyone in the community for their continued efforts with this, another reason that working and living in the Hill City area is a wonderful experience! Moving forward, we are working on the best plan for fall conferences. We should have information coming out soon about these.

During this time, we are also going to begin picking up in town students to bring to school. As of 10-26, we are still fine tuning the details and will hopefully have this figured out soon.

In the building, our staff is having to do more for all students and helping everyone stay safe, along with the students having to learn in a different environment than ever before. I can not express how proud of the entire building and everyone in it, along with the communities that surround it.

***Thank you again to everyone around Hill City  
for all that you do!***

# ideas for parents

**Practical Suggestions for Building Assets in Your Child**

**FAST FACTS**

**ASSET #11:  
Family  
Boundaries**

*Youth are more likely to grow up healthy when families have clear rules and consequences, and monitor young people's whereabouts.*

**43%**  
of youth surveyed by Search Institute have this asset in their lives.\*

**What Are Assets?**

Assets are 40 key building blocks to help kids succeed. "Family boundaries" is one of six boundaries and expectations assets.

\* Based on Search Institute surveys of almost 100,000 kids in 12th-grade youth throughout the United States.

## Clear, Concise Boundaries

**A**uthor Stephen Covey knows about the importance of setting and talking about boundaries and expectations. At a family meeting to discuss who would do which chores, Covey's seven-year-old son volunteered to care for the lawn.

Dad gave the boy a tour of the yard and pointed out which neighbor's yard he wanted the lawn to most look like. He and his son then agreed on two concise, clear expectations: clean and green.

After two weeks, Dad asked his son about the lawn. "It's fine," the boy replied, even though his dad knew he had done nothing to take care of it.

"Let's walk around the yard together and you can show me how it's going," Dad replied.

So they walked around the yard. It was obviously in bad shape, and the boy became upset. "It's so hard, Dad," he said. Dad didn't respond but wondered, "How hard is it not to do something?"

Dad then reminded his son that he—not Dad—was in charge of the yard, but he had a



few minutes to help out if the boy wanted it. The two then cleaned up the yard. When they were done, the yard was clean and green.

Over the summer, the son only asked his dad to help him a few more times and did the rest himself. The boundaries were clear. The expectations were clear, and the seven-year-old succeeded at keeping the yard clean and green.

## time together

Three ways to set boundaries together with your child:

1. Observe the boundaries of other families (neighbors, television families, etc.). Discuss what's appropriate and what's not for your family and why.
2. Post your family boundaries on the refrigerator. Have only five or six. Make sure they are concise and clear, and apply to everyone—not just kids.
3. Meet monthly to discuss boundaries. Are they fair? Do they still fit? Do they reflect the values and principles you have? Adjust them if you need to.

## Helpful Hints

**Tips that make setting boundaries easier:**

- **Make them positive. Say what you expect along with what you don't want.**
- **Strive for concise standards. Have each boundary be five words or less.**
- **Adjust boundaries as your child becomes older, but know that even 18-year-olds need guidelines.**
- **Set and follow boundaries for yourself. Be a role model. Admit when you fail.**

# Dos and Don'ts of Discipline

## Do

- Notice and comment when your child does something well. Be specific.
- Give your child your full attention, be affectionate, and calmly state how your child violated a boundary.
- Respond as quickly as you notice a violation.
- Respond consistently.
- Be firm about discipline and suggest better behavior.
- Be consistent by setting the same standards for boys as for girls.

## Don't

- Only notice your child when he or she violates a standard.
- Use threats.
- Use physical punishment.
- Attack or ridicule your child.
- Manipulate your child with shame, humiliation, or guilt.
- Use labels, such as 'You're lazy' or 'You're such a slob.'
- Notice the violated rule sometimes and not others.

**Quick Tip:**  
Tell your children  
why you chose the  
boundaries you  
have.

### Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,  
McGregor Lions Club, Palisade Lions Club,  
& Aitkin County Family Collaborative: (Aitkin  
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille  
Lacs Band District II, Aitkin County Corrections,  
Aitkin County Health & Human Services)

## More Stuff You Can Use

Parenting Toward Solutions gives practical ways to create and enforce family boundaries to bring out the best in your child. (Available from Prentice Hall, Order Processing Center, P.O. Box 11071, Des Moines, IA 50336-1071; 1-800-947-7700.)

## talk together

Questions to discuss with your child:

- Is our family too lenient, too harsh, or just right in enforcing boundaries? Why?
- What important lesson have you learned after violating a boundary?
- When has discipline felt more like punishment than teaching?

## FINAL WORD

**"The external structure parents provide for their children ... helps children develop their own internal structure of self-discipline for taking care of themselves and other people."**

—Jean Illsley Clarke and Connie Dawson, authors of *Growing Up Again*

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828.  
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# ISD #2 Breakfast Menu November 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 CC Muffins Orange Slices	3 Cereal Graham Bites	4 Cereal Bar Orange	5 French Toast Banana	6 Cinnamon Roll Cheese Stick	<u>Offer-vs-Serve</u> Build a healthy Meal. Select a full or 1/2 serving of
8	9 NO SCHOOL	10 Cereal Bar	11 Cereal Graham, Apple	12 Cinnamon Bagel Raisins	13 Breakfast Pizza Orange	fruit or veggie & a minimum of 2 other full meal components
Menu subject to change at anytime	16 Maple Pancakes Raisins	17 Cereal Grahams	18 Muffin Cheese Stick	19 Nutrigrain Bar Applesauce	20 Cinnamon Roll Cheese Stick	4 meal compo- nents are offered daily. Students must select a
22	23 French Toast Bites, Banana	24 Breakfast Pizza	25 Cereal Bar Apple	26 NO SCHOOL	27 NO SCHOOL	One of the components must be a fruit or veggie.
Fruit, Juice and Milk served Daily	30 Strawberry Pancakes, Craisins					30

# ISD #2 Lunch Menu November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Offer-vs-Serve</u> Build a healthy Meal. Select a full or 1/2 serving of	2 French Bread, Pizza Sauce, Carrots, Peas, Mixed Fruit	3 Chicken Fajita w/ Fixings, Pineapple, Mandarin Oranges	4 Turkey Ham and Cheese Sandwich	5 Chili, Corn Bread, Veggie Sticks w/ Ranch Peaches	6 Hot Dog or Brat, Potato Salad, Coleslaw, Fruit	7
fruit or veggie & a minimum of 2 other full meal components.	9 NO SCHOOL	10 Beef Taco w/ Fixings, Corn Refried Beans, Apples Slices	11 Ham & Cheese Sandwich, Chex Mix, Apple, Pear Cup	12 Turkey w/ Gravy Mashed Potato Corn, Roll, Blueberries	13 BBQ Pork on a Bun, Tater Tots, Green Beans, St. Applesauce	Fruit & Milk Served Daily with Lunch
5 meal compo- nents are offered daily. Students must select a	16 Chicken Strips, Cali Veggie Blend, Wild Rice, Mixed Fruit	17 Fish Sticks, Tarter Sauce, Potato Salad, Coleslaw	18 Turkey/Salami & Cheese Sandwich Veggies w/ Ranch, Fruit	19 FARM 2 SCHOOL	20 Stuffed Crust Pizza, Salad, Kiwi, Pineapple	Menu subject to change at anytime
One of the components must be a fruit or veggie.	23 Tomato Soup, Grilled Cheese, Goldfish Cracker Veggies & Ranch	24 Unbreaded Chicken Patty, Bun, L.T.O. Fries Mandarin Oranges	25 Uncrustables, Veggies and Dip, Apple	26 NO SCHOOL	27 NO SCHOOL	
29	30 Corn Dog, Sweet Potato Tots, Corn, Pears					

**This institution is an equal opportunity provider.**

For the Full Non-Discrimination statement see: <http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413>

Independent School District No. 2  
500 Ione Avenue  
Hill City, MN 55748

Hill City, MN 55748  
U.S. Postage Paid  
Permit No. 3

**Local Boxholder**  
**Hill City MN, 55748**

HEY SENIOR PARENTS -

IT'S THAT TIME OF THE YEAR!!! FAFSA TIME...

WE WILL BE HAVING A ZOOM MEETING

PRESENTED BY:

ITASCA COMMUNITY COLLEGE

ON NOVEMBER 17TH @ 6:00 P.M.

TO DISCUSS TOGETHER HOW TO SIGN UP YOUR FUTURE  
COLLEGE STUDENT FOR FALL 2021! YOUR SENIOR SON OR  
DAUGHTER WAS ALREADY EMAILED THE LINK TO JOIN THE  
MEETING. IF YOU WISH FOR THE LINK TO BE GIVEN TO YOU

DIRECTLY, EMAIL MRS. KOERBER @

[kkoerber@isd002.org](mailto:kkoerber@isd002.org)

AND SHE WILL GET YOU THAT LINK! WE LOOK FORWARD  
TO HEARING FROM YOU SOON!!

Veterans Day  
is  
November 11th

