

April

2019

COMMUNITY NEWS

*Serving Northern Minnesota Communities
Hill City, Jacobson, and Swatara*

Articles in this
Newsletter:

School Board
Minutes

School News

Ideas For
Parents

Hill City
Community
News

Lunch
Calendars

Activity
Calendars

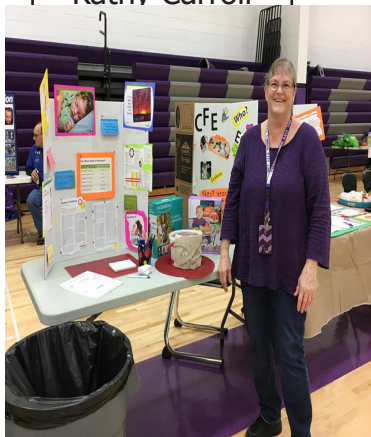
2019 HEALTH FAIR

Thank you all so very much for coming out & making the Hill City School & Community Health Fair a HUGE SUCCESS!!

I would also like to send a big THANK YOU out to the following:

Our wonderful exhibitors for all the fantastic information & also the great door prizes, the amazing volunteers for all your invaluable help, the Hill City Area Chamber of Commerce for the delicious fundraiser meal

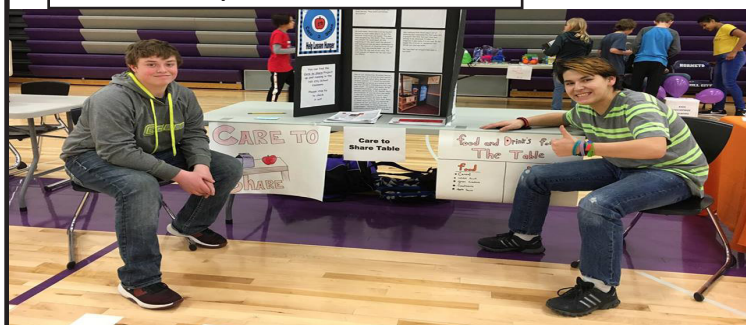
Kathy Carroll



Early Childhood

Jax Neary

Eli Jenkins



Cassie DeLung School Nurse



Donna Doege Martha Lentz

& of course the Hill City School Maintenance Staff for all your help before & after the fair!!
Hope to see you all at the fair next year!! ~



Hill City School Board

Sue Kaslow, Chairman
PO Box 165
Hill City, MN 55748

Joell Miranda, Clerk
PO Box 253
Hill City, MN 55748

Bambi Lange, Treasurer
505 Ione Ave
Hill City, MN 55748

Dorie Barnes, Vice Chair
35990 678th Street
Hill City, MN 55748

Mark Meyer
PO Box 42
Hill City, MN 55748

Sarah Kingsley
67767 Hwy 169
Hill City, MN 55748

Committee Assignments for 2018

Committee

MSHSL

Negotiations Committee

Curriculum Committee

Community Education Advisory Council
Meet and Confer

Staff Development

School and Community Health Team

Recertification Committee

ARCC

Comparable Worth

NESC Board

Safety/Transportation Committee

Athletic Advisory Committee

Itasca Area Schools Collaborative

Representative

Mark Meyer

Sue Kaslow, Mark Meyer and
Dorie Barnes (Sarah Kingsley, Alt.)

Joell Miranda (Bambi Lange, Alt.)

Mark Meyer (Joell Miranda, Alt.)

Dorie Barnes and Joell Miranda
(Bambi Lange, Alt.)

Joell Miranda (Bambi Lange, Alt.)

Joell Miranda and Dorie Barnes

Bambi Lange

Sue Kaslow

Sue Kalsow

Sue Kaslow

Sarah Kingsley

Dorie Barnes and Mark Meyer
(Sarah Kingsley, Alt.)

Bambi Lange (Mark Meyer, Alt.)



For School Closings and Emergency Information Broadcasts

RADIO STATIONS

RADIO USA	99.9 FM
KOZY Grand Rapids	1320 AM
KMFY Grand Rapids	96.9 FM
WTBX Grand Rapids	93.9 FM
KAXE Grand Rapids	91.7 FM

INSTANT ALERT

**Infinite Campus' Voice
Messenger system will
call parents between
5:00 - 6:00 a.m. for
school closings.**

TV STATIONS

WDIO/WIRT
KDLH
KBJR
WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:

Call 218-326-5008 or 1-866-747-5008
MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER
COUNSELING COMMUNITY REFERRALS & EDUCATION

INDEPENDENT SCHOOL DISTRICT NO. 2
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order Chair Sue Kaslow at 6:00 p.m. on Monday, January 28, 2019.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Bambi Lange, Mark Meyer, Sarah Kingsley and Dorie Barnes. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Assistant Principal Andy Dokken, Administrative Secretary/Payroll Clerk Lynn Major, and other staff.

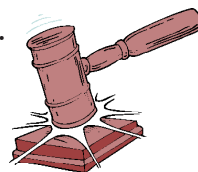
1. Approved the Agenda with corrections.
2. Approved the following:
 - *Minutes of the Regular Meeting of December 17, 2018
 - *Minutes of the Organizational Meeting of January 10, 2019
 - *Bills presented for payment in December 2018.
 - *Investments and wire transfers
 - *Reviewed the Activity Fund Statement
 - *Reviewed Cash Receipts including donations.
3. There were no comments from visitors.
4. There was no report from the School Attorney.
5. Transportation Report: No report.
6. Swarm Student Leadership: None to Report
7. Curriculum Committee: None.
8. School and Community Health Committee: Joell Miranda gave an update on the January 8, 2019 meeting. School Nurse Cassie DeLung discussed the sealant dental program that comes to visit the schools. Also

looking into CPR Training. Discussion on the Health Fair that is on March 7, 2019, they're looking for ways to advertise better in the community. Looking to change the date for the meetings so that it will be better for Hannah Colby to attend. The next meeting is scheduled for February 12, 2019 at 8:00 am in room 100A.

9. Safety/Transportation Committee: No report.
10. Negotiation Committee: Set up dates in March for AFSCME and HCUE negotiations all Board member to attend. Approved the Superintendent Contract. Set date for Negotiation on K-12 Principal contract for 2019-2020 school year with Andy Dokken for February 11, 2019 at 5:00 pm in room 100A.
11. Community Education Report: Community Education Programmer Tami Meyer gave a written report on the current activities: elementary basketball, open gym, homework help, archery, beginning band and JO Volleyball. All are going very well. Upcoming activities are AARP class on January 25, 2019 and Winter Carnival on January 31, 2019 from 5:30 to 7:00 pm.
12. Early Childhood Report: CEM Grant is ready to submit, VPK Grant submitted, revised budget is almost ready and P3 Team went to our 2nd meeting where we discussed curriculum.
13. Building & Grounds Director Report: None to Report
14. Principal's Report: Assistant Principal Andy Dokken discussed the Northeast Principal's meeting that was held at the Hill City School. All were impressed with the new additions and updates, it was suggested to looking into having the Hill City School as a "School of Excellence". PLC's are rockin', we are focusing on Standards. Last Workshop day we had

training with Sue Akre, and the teachers were happy to attend and very impressed. Our Teachers are putting in a great effort!

15. Superintendent/Principal Report: Superintendent/Principal Rendle went over the "Introduce Strategic Plan" Process. There will be a meeting with Northland Community School at a later date to discuss with them. Superintendent/Principal Pat Rendle reported on the School Closure protocols and there is not really any to follow. It is up to the Superintendents and a general rule is -40 degrees and/or windchill -50 degrees range.
16. Accepted the "Letter of Retirement" from Stanley Mikles, Full Time Science Teacher, as of June 28, 2019. With regrets and wish him the best in retirement and hope he comes back to Sub.
17. Approved to Post for a Full Time Science Teacher for the 2019-2020 school year.
18. Officer's Workshop in Mt. Iron at the Northeast Coop Building on February 8th at 9:00 am to 3:30 pm. Superintendent/Principal has registered. Negotiations Seminar in Mt. Iron at the Northeast Coop Building on February 22, 2019 from 8:30 to 5:45 pm. Sue Kaslow and Mark Meyer to attend so far.
19. Chair Sue Kaslow informed the Board that she was told that we need to wait to hold the Special Election to the last date. Legislation my change and the School District may not have to hold the Special Election and Sarah Kingsley would be on the Board for two years until the next General Election.
20. Meeting adjourned at 6:45 pm.



These are Unofficial Minutes. Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

Kindergarten Round Up

The annual Kindergarten Round Up at the Hill City School is scheduled for April 26th 2018.

All of the children in the district who will be five years of age before September 1, 2016 are eligible to attend Kindergarten.

Parents will be contacted by letter with details about activities planned for the day. If you are new to the district, please call the school at 218-697-2394.

This is an important day in the lives of these children and their parents. The children will meet their fellow classmates and their teacher; the parents will receive information to help them get their kindergarten child off to a good start!

We are looking forward to meeting all of you!



The City of Hill City

is asking for a volunteer to serve on the **Park Improvement Committee**.

The Committee currently consists of Dan Kingsley, Wayne Lindquist, George Casper and Tami Meyer. The Committee is researching improvements for the park and campground area. A grant application will be filed in the Spring of 2020 to fund the proposed changes. Applicant need not live within City limits to be on the Committee. If you are interested please contact

City Hall, 125 Lake Ave,
218-697-2301

by **May 1, 2019.**

City of Hill City
Special Meeting
Council Candidate Interviews
March 11, 2019

A Special Meeting was held at the Fire Hall for the purpose of interviewing candidates for the vacant Council position. Mayor Dan Kingsley called the meeting to order at 6:00 p.m. members present: Mayor Dan Kingsley, Council members Terry Christensen, Nate Rollins and Wayne Lindquist.

Motion made by Rollins to approve the agenda as presented, second by Lindquist. MPU

Mayor Kingsley explained that all candidates would be asked the same interview questions and each interview would be limited to 15 minutes. After the interviews were completed the Council would then have an open discussion to select the candidate for the open Council position. If the candidate selected accepts the position, they would then be given the Oath of Office at the regular Council meeting on March 12, 2019.

Mayor Kingsley also explained that this was an open meeting, and everyone was welcome to stay for the individual interviews but for the privacy of each person being interviewed and in the fairness of the same questions being asked each candidate, it would be nice if the other candidates wait out in the other room.

The first candidate was Bryanna Blodgett. Her interview lasted from 6:05 p.m. to 6:12 p.m.

Motion made by Rollins to recess the meeting at 6:14 p.m. until the next candidate arrived, second by Christensen. MPU

Meeting was reconvened at 6:19 p.m.

The second candidate to interview was Lin Benson. Her interview was from 6:20 p.m. to 6:26 p.m. (The tape recorder's batteries went dead at 6:23 p.m. The batteries were replaced at 6:29).

The third candidate to be interviewed was Steve

Rich. His interview went from 6:30 p.m. to 6:37 p.m.

The fourth candidate was Arlen Jensen. His interview lasted from 6:39 p.m. to 6:45 p.m.

The meeting was again recessed at 6:51 p.m. until the fifth candidate arrived for his interview.

The meeting reconvened at 6:57 p.m.

The fifth candidate to be interviewed was Jeff Hanson. His interview was from 6:58 p.m. until 7:05 p.m.

It was explained by Mayor Kingsley that there was one other applicant for the vacant Council position, Dave Lange. He was unable to make the interview. The Council was informed by Mayor Kingsley, Dave had chosen to fulfill his duty to attend a County meeting at Long Lake Conservation Center. It was decided not to prolong the process of making a selection for the Council position due to the fact that Dave Lange was not being interviewed.

Mayor Kingsley asked each of the Council present to write down their first and second choice for the position and then they discussed the candidates.

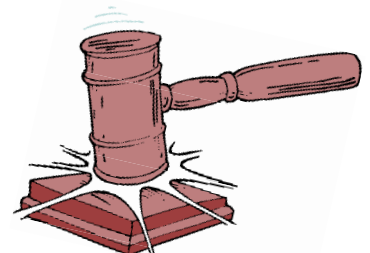
Motion made by Christensen to offer the open Council position to Lin Benson, second by Lindquist. MPU

Clerk McManigle called Lin Benson and she accepted the appointment.

Motion made by Rollins to adjourn the meeting at 7:34 p.m., second by Christensen.

Respectfully submitted,

Diana McManigle, Clerk/Treasurer
Daniel Kingsley, Mayor



ideas for parents

Practical Suggestions for Building Assets in Your Child

FAST FACTS

**ASSET #15:
Positive
Peer
Influence**

Youth are more likely to grow up healthy when their best friends model responsible behavior.

60%
*of youth surveyed by Search Institute have this asset in their lives.**

What Are Assets?

Assets are 40 key building blocks to help kids succeed. "Positive peer influence" is one of six boundaries and expectations assets.

* Based on Search Institute surveys of almost 100,000 6th- to 12th-grade youth throughout the United States.

Photos of Friends: Snapshots of Responsibility

The best way to encourage children to choose positive, healthy relationships is to model them ourselves. Take out an old yearbook or photo album. Look at pictures of the friends you had as a teenager.

Think about the friends who acted in ways you admired. Most people can remember at least one person who always sensed when things weren't going well and called, sent a note, or showed up to find out what was wrong. Often, these are the people who turned out to be lifelong friends.

How about people who weren't such true friends? Was there someone who spread rumors about you, or talked behind your back? Did you ever have a friend who tried to get you to do things you didn't want to do? The pain of these kinds of experiences often teaches young people a lot about how they want to be treated by others.

No one forced you to like people who were



good to you, or feel angry at people who hurt you. You had to make your own choices about who your friends were. In the same way, we can't control who our children choose as friends. They are exploring their world, themselves, and the people around them. Sometimes they're attracted to people we don't approve of (and that, deep inside, they probably don't approve of either). Other times they say the 'good' kids are boring. However, if we model responsible relationships, talk to our children about how others act, and are involved in their lives, gradually they'll see that friends who act, talk, and think in positive ways will bring out the best in them.

Helpful Hints

Tips that encourage your child to choose responsible friendships:

- **Get to know your child's friends and their families. Point out what you like about them.**
- **Get to know the parents of your children's friends. Share your values and rules with them and ask them about theirs.**
- **Don't jump to conclusions based on what friends look like.**
- **Be honest with your child when you're concerned about a relationship.**

time together

Three ways to help your child choose responsible friends:

- 1** *Make sure your kids get to know your friends. The best way to teach is to be a role model.*
- 2** *Include your child's friends in some family activities. Get to know them.*
- 3** *Talk about your childhood friends and why some friendships ended.*



Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,
McGregor Lions Club, Palisade Lions Club,
& Aitkin County Family Collaborative: (Aitkin
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille
Lacs Band District II, Aitkin County Corrections,
Aitkin County Health & Human Services)



What's Responsible?

Our children may need our guidance in choosing friends who model responsible behavior. Use this "responsible" checklist with your child to evaluate each friend. Discuss with your child what each word means:

- Reliable**
- Equal**
- Self-controlled**
- Principled**
- Open-minded**
- Nurturing**
- Sensible**
- Intuitive**
- Brave**
- Lovable**
- Ethical**

talk together

Questions to discuss with your child:

- Which of your friends do you most want to be like? Why?
- What bothers you about your friends? Why?
- How do you feel when you're with your friends? Do they bring out the best in you?

More Stuff You Can Use

Positive Peer Groups gives information on how to help youth work together to solve their own challenges. (Available from Johnson Institute, 7205 Ohms Lane, Minneapolis, MN 55439-2159; 1-800-231-5165.)

Quick Tip:
Examine your own friendships before you examine your child's.

Worth a Cheer



We often think of "peer pressure" only as a negative influence, but we can also think of time spent with friends who model healthy behavior as peer pressure. Of youth surveyed by Search Institute, 60% say they experience positive peer pressure, reporting that their best friends do well in school, don't use alcohol or other drugs, and don't get in trouble at school.

Final Word

"A friend is an extension of yourself, without which you are not complete."—Susan Polis Schutz, poet

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828. Copyright © 1997 by Search Institute. Major support for Search Institute's Healthy Communities • Healthy Youth initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.



Hill City Baton



Bring your baton and a smile.
Parents are welcome to attend the first class for a short informational session.

Grades: K-12
Cost: \$30

Start Date: April 24, 2019
Time: 3:15 pm - 4:15 pm

Instructors: Jessie Ahonen
Contact #: 244-4259

FOR ASSISTANCE WITH CLASS FEES OR QUESTIONS CONCERNING THIS CLASS,
CALL TAMI AT COMM ED 697-2394 X172 OR
EMAIL AT tmeyer@isd002.org

BATON

FEE: \$30

Students Name: _____

Age: _____ Grade: _____

Contact info: _____

Home Ph: _____

Work Ph: _____

Cell Ph: _____

Email: _____

_____ has my
permission to participate in the Baton
Class.

Parent or Guardian Signature _____ Date _____

Return this form with fee, made payable to Hill City Community Education or contact Tami @ tmeyer@isd002.org 697-2394 Ext. 172

HILL CITY FIRE RELIEF ASSOC. ANNUAL FISH FRY

April 6, 2019

5:00 pm – 7:00 pm

Fire Hall

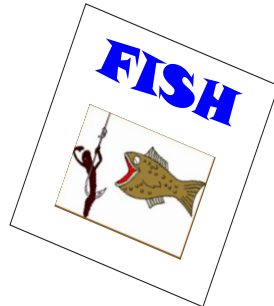


Requested Donations

Adults - \$8.00

Children (6 - 12) - \$4.00

5 & under - Free



**Includes: Potato Salad, Coleslaw, Beans,
Buns and a Beverage**

A background image of numerous colorful balloons in shades of blue, pink, yellow, and purple, hanging from above.

Everyone is invited to the
*HILL CITY
COMMUNITY
EASTER
EVENT*

Saturday, April 6
at 1pm
at Hill City
Assembly of God

The event will conclude with an Easter Egg Hunt for ages 2 yrs-5th grade.
Please call 218.697.2662 with any questions.

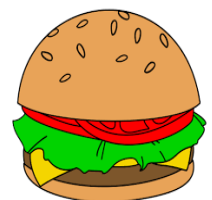


Burger Mania

Come support your Hill City
Supermileage team.

April 17th From 4:00-7:00 P.M.
At the Hill Lake Café

\$7 Build Your **\$7**
Own Burger!!!





ISD #2 Lunch Menu April 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Unbreaded Chicken w/ Honey Mustard, Cali Veggies, Rice Pilaf	2 Stuffed Crust Pizza, Mixed Veggies	3 Spaghetti & Meatballs, Beans, Garlic Breadstick	4 Turkey Sub Sandwich w/ fixing Baked Chips, Beans	5 Fish Patty on a Bun, Lettuce & Tomato, Carrots	
7	8 French Bread Pizza, Marinara Sauce, Cucumbers & Tomatoes	9 Chicken Noodle Soup, Ham on a Bun, Lettuce & Tomato	10 Chicken Fajita with Fixings, Peas	11 Hamburger Gravy on Mashed Potatoes, Corn Roll	12 Fish Sticks, Coleslaw, Tater Tots	13 Fruit & Milk Served Daily with Lunch
14	15 Tomato Soup, Grilled Cheese, Goldfish Crackers, Veggie Cups	16 Crispy Chicken Wrap w/ Fixings, Black Beans, Corn, Salsa	17 Pepperoni Pizza, Salad, Carrots	18 FARM 2 SCHOOL Chicken Alfredo Twist, Salad, Garlic Breadstick, Blueberry Bar	19 NO SCHOOL	20
21	22 NO SCHOOL	23 Corn Dogs, Baked Beans, Coleslaw	24 Beef Tacos w/ Fixings, Black Beans, Corn	25 Macaroni Hot Dish Butter Bread, Beans	26 Chicken Quesadilla w/ Fixings, Corn	27
28	29 Chicken Nuggets, Rice, Veggie Cups	30 Sloppy Joes, WG Bun, French Fries, Carrots				Menu subject to change at anytime



ISD #2 Breakfast Menu April 2019

	Tuesday	Wednesday	Thursday	Friday	Saturday	
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of	1 Cereal, Graham Cracker	2 French Toast, Cereal, Graham Cracker	3 Muffin, Yogurt, Cereal, Graham Cracker	4 Oatmeal, Cereal, Graham Cracker	5 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	6
fruit or veggie & a minimum of 2 other full meal components.	8 Cereal, Graham Cracker	9 Maple Pancakes, Cereal, Graham Cracker	10 Breakfast Pizza Cereal, Graham Cracker	11 Oatmeal, Cereal, Graham Cracker	12 Cinnamon Roll, Yogurt, Cereal, Graham Cracker	
5 meal components are offered daily. Students must select a	15 Cereal, Graham Cracker	16 CC Muffin, Cereal, Graham Cracker	17 Strawberry Pancakes, Cereal, Graham Cracker	18 Oatmeal, Cereal, Graham Cracker	19 NO SCHOOL	20 Fruit, Juice and Milk served Daily
One of the components must be a fruit or veggie.	22 NO SCHOOL	23 Breakfast Pizza, Cereal, Graham Cracker	24 Blueberry Muffin, Cereal, Graham Cracker	25 Oatmeal, Cereal, Graham Cracker	26 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	27
28	29 Cereal, Graham Cracker	30 French Toast, Cereal, Graham Cracker				Menu subject to change at anytime

This institution is an equal opportunity provider. For the Full Non-Discrimination statement see: <http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413>

Independent School District No. 2
 500 Ione Avenue
 Hill City, MN 55748


Hill City, MN 55748
 U.S. Postage Paid
 Permit No. 3

Local Boxholder Hill City, MN 55748



ISD #2 Activities April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All games are subject to change at any time	1	2 BB vs Carlton HOME V JH 4:30	3 OPEN GYM Volleyball 7-9	4 BB vs McGregor AWAY V JH 4:30 SB vs LFBF AWAY V JH 4:30	5	6 
7 OPEN GYM Basketball 6-8	8 SB vs Cromwell HOME V JH 4:30	9 BB vs Nevis HOME V JH 4:30	10 OPEN GYM Volleyball 7-9	11 SB vs Isle HOME V JH 4:30	12 BB vs LaPorte HOME V JH 4:30 SB vs Crosby AWAY JH 4:30	13 BB vs Nevis JV Tourney AWAY 10:00
14 OPEN GYM Basketball 6-8	15 SB vs LaPorte HOME V JH 4:30	16	17 OPEN GYM Volleyball 7-9	18 BB vs PR-Backus HOME V JH 4:30 SB vs Walker HOME V JH 4:30	19	20
21 OPEN GYM Basketball 6-8	22 SB vs Ogilvie HOME V JH 4:30	23 BB vs Hinckley AWAY V JH 4:30 SB vs Nashwauk AWAY V JH 4:30	24 OPEN GYM Volleyball 7-9	25 BB vs Nevis JV Double Header AWAY 4:30	26	27 BB V Tourney HOME 10:00 SB V Tourney HOME 10:00
28 OPEN GYM Basketball 6-8	29	30 BB vs Nashwauk V JH AWAY 4:30 SB vs Deer River HOME V, JV, JH 4:30 & 6:00	Baseball Practice Schedule & HOME Field info (Hill City or Northland) available on website	----->	This information and more is also available on our Website : isd002.org	ACTIVITIES CALENDAR