



COMMUNITY NEWS

2019



*Serving Northern Minnesota Communities
Hill City, Jacobson, and Swatara*

Articles
in this
Newsletter:

School Board
Minutes

School News

Ideas For
Parents

Hill City
Community
News

Community Ed
News/Classes

Lunch
Calendar

Activity
Calendar

HILL CITY SCHOOL HONOR ROLL Third Quarter 2018-2019

Grade 12

A
Athena Dunham
Taya Gilmer
Sigrid Jewett
KC Martin
Jessica Ruff
Raelynn Schuety

B
Austin Bramer
Bailey Broussard
Caitlyn Dunham
Thomas Eisenmenger
Kailee Hannula
Christian Haugen
Joshua Hron

Grade 9

A
Bailey Blackwood
MacKenzie Casper
Angel Holm
Sarah James
Ava Klennert

B
Ruby Booth
Sprey Caverly
Tabytha Caverly
Mackenzie Finke
Hunter Johnson
Dari Okerstrom
Taylor Wagner

Grade 11

A
Luke Ahonen
Johnathan Gowell
Hannah James
Molly Johnson
Kaitlin Klennert
Christina Midkiff
Cole Miranda
Isabelle Schuety
Amber St.Martin

B
Nathaniel Berg-Moore
Yarisa Boswell
Jacinda Butler
Asher Grigsby
Megan Lucas
Leena Solie
Paige Valley

Grade 8

A
Saige Ahonen
Cassandra Ashton
Emma Finke
Riley Holm
Raven Miranda
Kira Schuety
Ally Zapzalka

B
Nelly Boyd
Kyle Grimsbo
Tanner Harcey
Andrew St. Martin
Randi Wilson

Grade 10

A
Hunter Lou Ahonen
Hunter Gerber
Tucker Holm

B
Matthew Clarke
Endonnis Crow-Ghost
Maycee Lathrop
Andrew Major

Grade 7

A
Jax Neary
Shaley Pearson

B
Emmett Bray
Emily Grimsbo
Brooklyn Harcey



Congratulations!

Grade 6

A
Bellona Dunham
Kaija Neary
Abby Zapzalka

B
Adrianna Harcey
Kennidy James
Trevor Kingsley
Steven Meyer

Hill City School Board

Sue Kaslow, Chairman
PO Box 165
Hill City, MN 55748

Joell Miranda, Clerk
PO Box 253
Hill City, MN 55748

Bambi Lange, Treasurer
505 Ione Ave
Hill City, MN 55748

Dorie Barnes, Vice Chair
35990 678th Street
Hill City, MN 55748

Mark Meyer
PO Box 42
Hill City, MN 55748

Sarah Kingsley
67767 Hwy 169
Hill City, MN 55748

Committee Assignments for 2018

Committee

MSHSL

Negotiations Committee

Curriculum Committee

Community Education Advisory Council
Meet and Confer

Staff Development

School and Community Health Team

Recertification Committee

ARCC

Comparable Worth

NESC Board

Safety/Transportation Committee

Athletic Advisory Committee

Itasca Area Schools Collaborative

Representative

Mark Meyer

Sue Kaslow, Mark Meyer and
Dorie Barnes (Sarah Kingsley, Alt.)

Joell Miranda (Bambi Lange, Alt.)

Mark Meyer (Joell Miranda, Alt.)

Dorie Barnes and Joell Miranda
(Bambi Lange, Alt.)

Joell Miranda (Bambi Lange, Alt.)

Joell Miranda and Dorie Barnes

Bambi Lange

Sue Kaslow

Sue Kalsow

Sue Kaslow

Sarah Kingsley

Dorie Barnes and Mark Meyer
(Sarah Kingsley, Alt.)

Bambi Lange (Mark Meyer, Alt.)



For School Closings and Emergency Information Broadcasts

RADIO STATIONS

RADIO USA	99.9 FM
KOZY Grand Rapids	1320 AM
KMFY Grand Rapids	96.9 FM
WTBX Grand Rapids	93.9 FM
KAXE Grand Rapids	91.7 FM

INSTANT ALERT

**Infinite Campus' Voice
Messenger system will
call parents between
5:00 - 6:00 a.m. for
school closings.**

TV STATIONS

WDIO/WIRT
KDLH
KBJR
WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:

Call 218-326-5008 or 1-866-747-5008

MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER
COUNSELING COMMUNITY REFERRALS & EDUCATION

INDEPENDENT SCHOOL DISTRICT NO. 2
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chair Sue Kaslow at 6:00 p.m. on Monday February 25, 2019.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Dorie Barnes, Bambi Lange, Sarah Kingsley and Mark Meyer. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Business Manager Ellie Hill, Building & Grounds Director Eric Hill, Administrative Secretary/Payroll Clerk Lynn Major and other staff and visitors.

1. Approved the Agenda as presented.
2. Approved the following:
 - * Approved the Minutes of the Regular Meeting of January 28, 2019
 - * Approved the January 2019 bills presented for payment;
 - * Current bills through 02/11/2019;
 - * Investments and wire transfers;
 - * Reviewed the Activity Fund Statement;
 - * Reviewed Cash Receipts including donations.
3. There was no report from the School Attorney.
4. Transportation Report: No Report.
5. Swarm Student Leadership: Adam Johnson SWARM advisor commented on Winterfest Week, Dance and Lock-In. A lot of prizes were donated and given out to the kids. The National Guard was at the Lock-In with an obstacle course for the kids to run through. The Lion's Club donated pizzas from Harry's, which the kids had plenty to snack on the whole night. The kids had a blast and it was a great time. The Senior class will be going to Nickelodeon Universe and dinner at Benihana's. There will be an Academic Pepfest held this Spring, honoring the Outstanding Students.
6. Curriculum Committee: None.
7. School and Community Health Committee: Hannah reported on Farm2School, Shawn will create menu for 2019-2020 with kitchen staff instead of with Hannah. Discussion was on the upcoming Health Fair, coming March 7th. Many stands with great food ideas and fun games for the kids. The Hill City Chamber has committed to doing a fund raiser dinner during the fair to raise money for the 4th of July. Subcommittees will meet every Wednesday at 3 p.m. until the fair. Also discussed changing meeting date to Mondays at 8 a.m. March 12, 2019 @ 8 a.m. is the next meeting.
8. Safety/Transportation Committee: Building & Grounds Director Eric Hill reported preliminary emergency maps have come in and they look really nice. The next meeting is scheduled for March 14, 2019 at 7:30 a.m.
9. Negotiation Committee: Board Chair Sue Kaslow reported that the committee met Assistant Principal Andy Dokken regarding the Principals contract and he did not accept it. He would like to meet with the committee again next

week March 5, 2019 at 5:00 p.m. Letter received from the HCUE Union on intent to negotiate will set a time in April with the Union representatives.

10. Community Education Report: Community Education Programmer Tami Meyer gave a written report. Current programs are: Movie Night March 8, 2019, Archery Bulls Eye Tournament is in Duluth on March 29 & 30, 2019. JO Volleyball practice has started, State Tournament will start in March. Upcoming programs are Leapin' Leprechauns on March 15, 2019, AARP April 18, 2019 from 5-9 p.m. and looking for summer baseball coaches.
11. Early Childhood Report: Early Childhood Coordinator Kathy Carroll reported VPK application is in, Pathway II application is in today. CEM application is in and we should know in March if we get it. EC teacher asked for 3 days a week and to start earlier in the year next year. We will be changing next year some. The day without children will be Wednesday instead of Friday, so that all of the staff can join PLC's.
12. Building & Grounds Director Report: Building & Grounds Director Eric Hill reported snow removal a priority and finding a place to put the snow is becoming a challenge. Preventative maintenance list is being looked at. Structure of current staff schedules have made snow removal a priority.
13. Superintendent/Principal's Report: No IASC update: Superintendent Rendle reported on the Strategic Plan update, Listening Session is on March 5, 2019 at 6:00 p.m. He would like a vision, mission and clear direction for the upcoming 10 year outlook from the Community, Board, Staff and Students. Board appreciation week was the week of Spring Break, so students made posters. Administration made plaques and provided cupcakes for the Board Members, thanking them for their services.
14. Scheduled a Special Board meeting March 18, 2019 at 6:00 p.m. to go over the June financial plan for the district.
15. Approved the 2019-2020 School Calendar. A copy of that Calendar is attached to the Minutes and made a part thereof.
16. Approved the change to the 2018-2019 School Calendar by adding March 29, 2019 as a school day. A copy of that Calendar is attached to the Minutes and made a part thereof.
17. Superintendent/Principal Pat Rendle discussed the .5 Science Teacher position that is shared with Northland Community Schools. We're looking at possibly not renewing the contract.
18. Superintendent/Principal Pat Rendle and Mark Meyer attended the Negotiations Seminar February 22, 2019 in Mt. Iron. Both stated it was a good Seminar.
19. Meeting adjourned at 7:13 p.m.

Respectfully submitted,
Joell Miranda, Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

ideas for parents

Practical Suggestions for Building Assets in Your Child

FAST FACTS

ASSET #16: High Expectations

Youth are more likely to grow up healthy when both parents and teachers encourage young people to do well.

41%
of youth surveyed by Search Institute have this asset in their lives.*

What Are Assets?

Assets are 40 key building blocks to help kids succeed. "High expectations" is one of six boundaries and expectations assets.

* Based on Search Institute surveys of almost 100,000 6th- to 12th-grade youth throughout the United States.

Expecting the Best

When you give a child a helium-filled balloon, it brings great joy. But if the balloon is losing air and gradually deflates, the child becomes frustrated. If the balloon is difficult to hang on to and floats away, the child cries.

A balloon is like expectations. If they're too low or too high, they're not helpful. But if the expectations are high—yet still within reach—the child holds the taut string of the balloon with an arm extended up. Expectations should make our children stretch but also still be able to see what they're stretching toward.

Expectations should differ based on each child's temperament, abilities, gifts, and talents. A natural-born athlete who is bored in physical education, goofs around most of the time, and still gets an "A," doesn't have high enough expectations set on her. The dyslexic child who struggles to keep up with the state standards of reading for his age has expectations placed upon him that are too



high—that may be out of reach.

High expectations can bring out the best in our children, yet expectations constantly need to be evaluated and revamped so that they encourage our children without discouraging them, and so that they challenge our children without frustrating them. What do you expect of your child?

Helpful Hints

Tips that make setting high expectations with your child easier:

- Educate yourself on child development so you know what's realistic.
- Continue to look for creative and new ways to stimulate your child.
- Periodically check out your expectations with your child.
- Allow your child to make mistakes and learn from them.

time together

Three ways to set high but reasonable expectations with your child:

1. Talk about inspirational stories of people who overcame the odds or did surprising things.
 - people who overcame the odds or did surprising things.
2. Encourage your child to tackle subjects and hobbies that are difficult. Work together.
3. Model how you're currently stretching yourself.

A Progress Report

Examine your expectations of your child in each of the following areas:



EXPECTATION	Child seems stretched	Child seems bored	Child seems overwhelmed
Social skills	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Academics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hobbies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Extracurricular activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Quick Tip:
High expectations enhance a child's sense of being capable.

Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,
McGregor Lions Club, Palisade Lions Club,
& Aitkin County Family Collaborative: (Aitkin
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille
Lacs Band District II, Aitkin County Corrections,
Aitkin County Health & Human Services)

talk together

Questions to discuss with your child:

- What do you think we expect of you—at home, at school, in the community? Are those expectations realistic? Why or why not?
- Where do you feel bored? Where do you feel defeated? Why?
- How can we set high expectations together that are realistic, yet challenging?

What About You?

Our expectations of our children often come from the expectations we as parents received when we were children. What did your parents expect of you as a child? As a teenager? How realistic were those expectations? How are those expectations affecting your parenting?

More Stuff You Can Use

Awaken Your Child's Natural Genius. This book suggests creative ways to enhance your child's learning ability, curiosity, and creativity. (Available from Jeremy P. Tarcher Books, Penguin Putnam Publishing Group, 390 Murray Hill Parkway, East Rutherford, NJ 07073; 1-800-631-8571.)

FINAL WORD

"Have high expectations. But make them realistic."

—Thomas Armstrong, author of *Awakening Your Child's Natural Genius*

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HILL CITY MEMORIAL DAY SERVICES

May 27th

**HILL LAKE CEMETARY
10:00 AM**

**MACVILLE CEMETARY
10:45 AM**

**VETERANS PARK
11:30 AM**

The Hill City School & Community Health Committee would like to send a big THANK YOU out to all our community members that came to the 2019 Hill City School & Community Health Fair! You helped to make our fair a big success and for that we are very grateful! We hope you all had a fantastic time and received great information from our wonderful exhibitors. Congratulations to our many Door Prize Winners and a big CONGRATS to our BINGO Prize Winners!

We hope to see you all at next year's School & Community Health Fair!

2019 Health Fair BINGO Prize Winners

Mountain Bike—Dave Lange
Ninja Blender—Amanda Zapalka
Air Fryer—Tashanna Martinetz
Pizzaz Pizza Oven w/Crate of goodies—Becky Moore
Weber Grill—Shannon Mieszanitee
Slow Cooker—Rosemary Amundson
Cooler/Picnic Set—Bonnie Hidde
Baking Set—Allison Hernesman
BBQ Set—Sherry Wright
LED Spotlight—Lin Benson
Lighted Mirror—Mark Meyer
Fitness Center Pass (1 month) - Kate Amundson
Fitness Center Pass (1 month) - Sue Ellis
Fitness Center Pass (1 year) - Jan Lawson
Fitness Center Pass (1 year) - Betty Beier
No Touch Thermometer—Diane Hetletvedt
Oil Diffuser—Nikki Pearson
Digital Fish Scale—Diana Finke



COMMUNICATION ACROSS THE LIFESPAN

Better Hearing & Speech Month

MAY is BETTER SPEECH & HEARING MONTH!

Speech & Language Services are available to children in the Hill City community.

At Hill City School, the Speech Clinician screens, assesses, and treats communication disorders related to articulation, language, fluency, and voice. Children as young as infants may be eligible for school based services. Services are provided in the home or school setting depending on age and needs.

I'm worried about my child. What do I do? Contact your child's teacher or the Speech Clinician. A screening may need to be conducted. A referral process must take place prior to an evaluation. Your doctor may refer your child for an assessment, as well.

For more information on speech and language services through the school, please visit <http://nix-vroman002.weebly.com/>. To learn more about communication disorders, visit <http://IdentifytheSigns.org>. For information about BHSM, visit www.asha.org/bhsm.

2019 Hill City Hornet Hustle For Hunger Walk/Run

Benefitting the Hill City Area Food Shelf

Saturday May 4, 2019

This event brought to you through Hill City Community Education & the Hill City School & Community Health Team

- 9:00 - 9:45am - Race day registration at Beerbower Memorial Park
 - 10:00am - Race Begins
 - 11:00am - Award Ceremony
- All times are approximate

Registration Information

Pre-Registration Fee \$20

Race Day Registration \$25

Pre-Register by 4/19 to be guaranteed a T-Shirt on race day!



Please contact Joell Miranda with any questions: 218/259-6026

Make checks payable to: Hill City Area Food Shelf



Please bring a non perishable food item to be donated to the local food shelf

Please mail pre-race registration to:

Hustle for Hunger 5K
C/O Joell Miranda
PO Box 253
Hill City MN 55748

2019 Hill City Hornet Hustle For Hunger Walk/Run

Name _____
 Address _____
 City _____
 State _____ Zip _____
 Email _____
 Phone _____

T-Shirt Information
 T-Shirt Size (circle one):
 S M L XL 2X 3X 4X No Shirt
 Female Male
 12 and under 13 - 17
 18 - 39 40 & up

ALL NEW SPORT-TEK SHIRTS THIS YEAR!

Waiver:

I release the directors, Hill City School, City of Hill City, sponsors and all associated with the race of any and all liability that may result from being part of the race/event. I realize that running or walking may cause adverse health conditions if I am not in proper physical condition and that I should check with my doctor before participating in this event.

Signature: _____ Date: _____

Has your child **Lost** something and it seems no where to be **Found**?



Check out our LOST & FOUND

area down by the

Elementary Class Rooms

Before school gets out for the Summer.

Anything left over will be

Donated to the local Thrift Store or the Salvation Army

SAVE THE DATE!

HILL CITY CHAMBER 4TH OF JULY FUNDRAISER

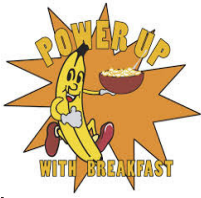
Spaghetti feed

When: **Sunday May 5th,**

4pm - 7pm

Where: **Hill Lake Cafe**





ISD #2 Breakfast Menu May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Ch. Chip Muffin, Cheese Stick, Cereal Graham Cracker	2 Cereal, Yogurt, Graham Cracker	3 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	4
5	6 Cereal Graham Cracker	7 Maple Pancakes, Cereal, Graham Cracker	8 Breakfast Pizza, Cereal, Graham Cracker	9 Cereal, Yogurt, Graham Cracker	10 Cinnamon Roll, Yogurt, Cereal, Graham Cracker	11 Fruit, Juice and Milk served Daily
12 Menu subject to change at anytime	13 Cereal Graham Cracker	14 Banana Muffin, Cereal, Graham Cracker	15 Strawberry Pancakes, Cereal, Graham Cracker	16 Cereal, Yogurt, Graham Cracker	17 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	18
19	20 Cereal Graham Cracker	21 French Toast Sticks, Cereal, Graham Cracker	22 Breakfast Pizza, Cereal, Graham Cracker	23 Cereal, Yogurt, Graham Cracker	24 Cinnamon Roll, Yogurt, Cereal, Graham Cracker	25
26	27 NO SCHOOL	28 Blueberry Muffin, Cheese Stick, Cereal, Graham Cracker	29 Maple Pancakes, Cereal, Graham Cracker	30 Cereal, Yogurt, Graham Cracker	31 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	

ISD #2 Lunch Menu May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<u>Offer-vs-Serve</u> Build a healthy Meal. Select a full or 1/2 serving of			1 Shrimp Poppers Rice Pilaf, Roll, Cheese Stick	2 Burrito with Fixings, Corn	3 Chicken Ala King on a Biscuit Peas	4
fruit or veggie & a minimum of 2 other full meal components.	6 CELEBRATION of SPANISH CULTURE TACOS	7 Fish Patty, Cheese Slices, Bun, Peas, Coleslaw	8 Stuffed Crust Pizza, Carrots	9 Chicken Strips Mashed Potatoes Corn	10 Cheese Burger on a Bun, Tater Tots Green Beans	11 Fruit & Milk Served Daily with Lunch
meal components are offered daily. Students must select a	13 Chicken Patty on a Bun, L. T. Cali Blend Veggies	14 Corn Dogs, Baked Beans, Coleslaw	15 Chicken Rice Soup, Ham & Cheese, Veggie Cup	16 Beef Tacos with Fixings, Corn	17 Breakfast for Lunch	18
One of the components must be a fruit or veggie.	20 Chicken Nuggets Tater Tots, Green Beans	21 Tomato Soup, Grilled Cheese Goldfish Crackers	22 Quesadilla with Fixings	23 FARM 2 SCHOOL	24 Hot Dogs or Brat on a Bun Baked Beans, Coleslaw	Menu subject to change at anytime
26	27 NO SCHOOL	28 Pepperoni Pizza Green Beans	29 Spaghetti, Carrots, Breadstick	30 Chicken Taco with Fixings, Corn	31 Turkey Sub Sandwich, Corn Chips, Beans	

This institution is an equal opportunity provider.

For the Full Non-Discrimination statement see: <http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413>

**Local Boxholder
 Hill City MN, 55748**

ISD #2 Activities May 2019 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This information and more is also available on our Website : isd002.org			1 Open Gym VB 7-9	2 BB vs Pequot Lakes HOME 4:30 V JH	3	4
5 Open Gym BB 6-8	6 SB vs McGregor AWAY 4:30 V JH	7 BB vs Cherry AWAY 4:30 V JH SB vs Northland HOME 4:30 V JH	8 Open Gym VB 7-9	9 BB vs Deer River HOME 4:30 V JH	10 BB vs Isle AWAY 4:30 V JH	11 BB vs Silver Bay AWAY 12:00 V SB vs Deer River AWAY 10:00 V
12 Open Gym BB 6-8	13 SB vs Chisholm AWAY 4:30 V JH	14 BB vs LFBF AWAY 4:30 V JH	15 Open Gym VB 7-9	16 SB vs Cherry HOME 4:30 V JH	17 SB vs Hibbing Tournament AWAY 4:00 V	18
	20 BB vs MIB HOME 4:30 V JH	21	22 Open Gym VB 7-9	23	24	25
	27 NO SCHOOL	28	29 Open Gym VB 7-9	30	31 GRADUATION DAY 7:00 p.m. 	All games are subject to change at any time

This Schedule is Very Tentative, and will most likely require changes and corrections. Please view the Activity Calendar on our website, which is kept as up to date as we are able. Thank You for your Patience.