

October



2019

COMMUNITY NEWS

*Serving Northern Minnesota Communities
Hill City, Jacobson, and Swatara*



Articles in this Newsletter:

School News

School Board
Minutes

Ideas for
Parents

Community Ed.
News/Classes

Hill City
Community
News

Lunch Menu

Activity
Calendar

September 30

October 4



2019



Monday ~
Neon Day

Wednesday --
YeeHaw Day

Coronation
Hill City School Gym

Tuesday --
Duo Day

Thursday
Character Day



FRIDAY ==

PURPLE PRIDE

DAY

PeP Fest



Hill City School Board

Sue Kaslow, Chairman PO Box 165 Hill City, MN 55748	Joell Miranda, Clerk PO Box 253 Hill City, MN 55748	Bambi Lange, Treasurer 505 Ione Ave Hill City, MN 55748
Dorie Barnes, Vice Chair 35990 678th Street Hill City, MN 55748	Mark Meyer PO Box 42 Hill City, MN 55748	Sarah Kingsley 67767 Hwy 169 Hill City, MN 55748

Committee Assignments for 2019

Committee

MSHSL
Negotiations Committee

Curriculum Committee
Community Education Advisory Council
Meet and Confer

Staff Development
School and Community Health Team
Recertification Committee
ARCC
Comparable Worth
NESC Board
Safety/Transportation Committee
Athletic Advisory Committee

Itasca Area Schools Collaborative

Representative

Mark Meyer
Sue Kaslow, Mark Meyer and
Dorie Barnes (Sarah Kingsley, Alt.)
Joell Miranda (Bambi Lange, Alt.)
Mark Meyer (Joell Miranda, Alt.)
Dorie Barnes and Joell Miranda
(Bambi Lange, Alt.)
Joell Miranda (Bambi Lange, Alt.)
Joell Miranda and Dorie Barnes
Bambi Lange
Sue Kaslow
Sue Kalsow
Sue Kaslow
Sarah Kingsley
Dorie Barnes and Mark Meyer
(Sarah Kingsley, Alt.)
Bambi Lange (Mark Meyer, Alt.)

For School Closings and Emergency Information Broadcasts

RADIO STATIONS	INSTANT ALERT	TV STATIONS
RADIO USA 99.9 FM KOZY Grand Rapids 1320 AM KMFY Grand Rapids 96.9 FM WTBX Grand Rapids 93.9 FM KAXE Grand Rapids 91.7 FM	Infinite Campus' Voice Messenger system will call parents between 5:00 - 6:00 a.m. for school closings.	WDIO/WIRT KDLH KBJR WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.



Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in the communities we serve. Free and confidential 24 hour Crisis Line:

Call 218-326-5008 or 1-866-747-5008
 MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER
 COUNSELING COMMUNITY REFERRALS & EDUCATION

INDEPENDENT SCHOOL DISTRICT NO. 2
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 6:01 p.m. on Tuesday, July 30, 2019.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Bambi Lange, Mark Meyer, Doris Barnes, and Sarah Kingsley. Board Members absent: Joell Miranda. Also present was Superintendent Pat Rendle, Principal Adam Johnson and Administrative Secretary/Payroll Clerk Lynn Major and other staff.

1. Approved the Agenda as presented.
2. Approved the following:
 - *Approved the Minutes of the Regular Board Meeting on June 24, 2019.
 - *June 2019 bills presented for payment;
 - *Current bills through 07/11/2019;
 - *Investments and wire transfers;
 - *Reviewed the Activity Fund Statement;
 - *Reviewed Cash Receipts including donations.
3. No Comments from visitors.
4. There was no report from the School Attorney.
5. Transportation Report: Superintendent Pat Rendle gave an update that the out of district Southern route (Palisade) is to be shortened because the amount of students has decreased in that area to be picked up. Northern route to Nine Mile will be reviewed next year. Route will be discussed next month (August) with

approval of but route.

6. Technology Report: Superintendent Pat Rendle gave an update that all teacher's lap tops that were ordered are in, along with the student's Chrome Books and all the technology in the classrooms have been updated.
7. Swarm Student Leadership: Superintendent Pat Rendle and Principal Adam Johnson gave an update that there is still no advisor and homecoming is the week of September 30, 2019 we will be playing MIB.
8. Curriculum Committee: No Report.
9. School and Community Health Committee: No meeting this month.
10. Safety/Transportation Committee: Superintendent Rendle reported there is a meeting in Palisade. Superintendents, Principals and Building & Grounds from McGregor, Aitkin and Hill City along with Law Enforcement in reference to Protocols with all three districts.
11. Negotiation Committee: Superintendent Pat Rendle reported that he asked the HCUE and AFSCME unions to wait until September for meetings.
12. Community Education Report: Minutes were attached to the agenda. Tami Meyer reported that as of Monday, July 29th, there were 29 students in Driver's Training and only 6 students registered for Pony League Football. Approved the updated Fitness Center Contract. A copy of the Fitness Center Contract has been attached to the Minutes and made a part thereof.
13. Early Childhood Report: Report attached to the agenda. Early Childhood Coordinator Brandon Otway reported that he is very excited with the Staffing Engagement Model that will be applied

- this coming year.
14. Building & Grounds Director Report: Superintendent Pat Rendle reported there will be auctioning equipment off on Do Bid July 31st. Reminder that at this time last year there was a jackhammer taking up the tile in the commons area.
 15. Principal's Report: Principal Adam Johnson reported that we have interviewed a qualified applicant for the 1.0 FTE Middle School Language Art/K-12 Visual Arts Teacher. We have a strong staff for this year and he is excited with the new changes. Lisa Cannella will be teaching a 3M class involving Media. Victoria Vanderschaaf will be teaching a World Culture Class. Our new Language Arts Teacher will be teaching a Creative Writing Class and Cassie DeLung will be offering a CNA class to be offered this year with Deer River school.
 16. Superintendent's Report: Superintendent Pat Rendle reported with Principal Adam Johnson
 17. Approval of IEA has been tabled until August meeting.
 18. Approved agreement for Provisions of Health and Safety Services has been tabled until August meeting.
 19. Approved to post for Quote Forms for garbage hauling, propane and snow plowing for the 2019-2020 school year.
 20. Approved the request for Kay Koerber to move from 1st grade Teacher to K-12 Counselor for the 2019-2020 school year per the HCUE contract.
 21. Accepted the resignation of Joni Tobeck as 1.0 FTE Teacher for the 2019-2020 school year.
 22. Approved hiring Joni Tobeck 1st grade Teacher for the 2019-2020 school year per the HCUE contract.
 23. Accepted the resignation of Carly Anderson as the FTE .92 FTE Early Childhood Teacher for the 2019-2020 school year.
 24. Approved hiring Carly Anderson as the 1.0 FTE EC/ECFE teacher for the 2019-2020 school year.
 25. Accepted the resignation of Jaime Ryan as EC Paraprofessional for the 2019-2020 school year.
 26. Approved hiring Jaime Ryan as 1.0 EC/ECFE Teacher for the 2019-2020 school year.
 27. Approved hiring Arlen Jensen as Athletic Director for the 2019-2020 school year with a stipend of \$7,727.20.
 28. Approved hiring Katherine Vanderport as 1.0 FTE Middle School Language Art/K-12 Visual Art Teacher for the 2019-2020 school year per the HCUE contract.
 29. Approved hiring Sam Sparen as the Head Baseball Coach for the 2019-2020 school year per the HCUE contract.
 30. Approved sharing the Early Childhood Coordinator with Northland Independent School District No. 118.
 31. Approved the Athletic Rates for the 2019-2020 school year. Adult Yearly Pass (up to 62): \$35.00; Senior Citizen Pass (age 62+): \$15.00; Veteran Pass: \$15.00; College Student Yearly Pass: \$25.00; Family Yearly Pass: \$60.00; Senior Citizen Couple Pass: \$25.00; Adult Ticket: \$5.00; Senior Citizen Ticket: \$3.00; Veteran Ticket: \$3.00; College Student Ticket: \$3.00; Student: FREE.
 32. Approved the Official District Publication with Grand Rapids Herald Review, with the summary of the minutes to be published in District Newsletter each month.

33. Set the pay for substitute instructors for the 2019-2020 school year. \$105.00 per day for short term; \$115.00 per day for long term; \$120.00 for retired teachers; An additional bonus of \$10.00 per day at the end of the school year for those that sub more than 100 days total with IASC districts and that pay will be prorated across the IASC Districts.
34. Approved that salary for athletic ticket taker at \$40.00 per night for the 2019-2020 school year.
35. Approved to set the lunch and breakfast prices for the 2019-2020 school year. Breakfast Prices: K, FREE; 1-5, \$1.85; 6-12, \$1.95; Adults, \$2.35; Extra Serving, \$1.95; Extra Milk, \$.55; Lunch Prices: K-5, \$2.40; 6-12, \$2.60; Adults, \$3.95; Extra Serving, \$2.60; Extra Milk, \$.55; Kindergarten milk: \$19.00.
36. Approved the Motion to Adopt the Resolution Calling for a Special Election on November 5, 2019. A copy of the Resolution Calling for a Special Election on November 5, 2019 has been attached to the Minutes and made a part thereof.
37. Approved the Coaching list/Activity Coaches for the 2019-2020 School Year.
38. Superintendent Pat Rendle reported that he will be attending the upcoming MSBA and MDE meetings in the month of August.
39. Meeting adjourned at 6:55 p.m.

Respectfully Submitted - Lynn Major,
Administrative Secretary/Payroll Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

- Attention -

HILL CITY BAND ALUMNI

The Homecoming
Football Game is
October 4th!

What do ya say..
you wanna join this years Pep Band
for a few songs at the game?

Get a hold of Miss Pierce at
697-2394 Ext. 186 or
jpierce@isd002.org
to join in on all the Fun!!!

City of Hill City
2018 Audit Review and Work Session Minutes
September 10, 2019

Deputy Mayor Terry Christensen called the 2018 Audit Review to order at 5:35 pm and took roll call. Present were Deputy Mayor Terry Christensen, Lin Benson, Nathan Rollins and Wayne Lindquist. Mayor Dan Kingsley was absent.

Chris Clausen from Justin, Clausen, & Company gave a review of the 2018 Audit. They found the City's records to be in good order with no compliance issues. They suggest that we adopt a formal internal control policy since we are a small city, segregation of duties is difficult. They encourage that we do mid-year budget reviews. Consolidating all the bank accounts to 1 checking and 1 or 2 money market/CDs.

Motion made by Rollins to adjourn the meeting at 6:20 pm second by Lindquist. MPU

Deputy Mayor Terry Christensen called the Work Session to order at 6:24 pm and took roll call. Present were Deputy Mayor Terry Christensen, Lin Benson, Nathan Rollins and Wayne Lindquist. Mayor Dan Kingsley was absent

Old Business

Review changes to Job Descriptions – Clerk/Treasurer, Deputy Clerk and Chief of Police
Deputy Clerk Meyer went over the changes to each of the job descriptions. Approval of the job descriptions will be at the Regular Council Meeting on September 24th.

Council Member Rollins informed the Council that the website was live and we need a logo for the site. Deputy Clerk Meyer would like all the council to look at it and inform her of any changes they see need to be made. She plans on starting the updates this week.

New Business

Approve Claims for monthly bills
Motion made by Lindquist to approve the bills as presented second by Rollins. MPU

Who is attending the League of Minnesota Cities 2019 Regional Meeting in Chisholm on October 3, 2019 (\$55/person)

Council Member Benson will be attending this meeting.

Review Personnel Policy

The personnel policy was handed out for review.

Need to set up meetings to make any necessary changes, possible at the future work session.

Approve Washing Machine Grant for Fire Dept.
Motion made by Rollins to approve the Fire Department to apply for the washing machine grant second by Lindquist. MPU

Who is attending BEACON meeting at Long Lake Conservation Center on October 3rd?

No one can attend this meeting.

2020 Proposed Budget Review

There was discussion on the Police Departments budget. A couple of the Council members had some questions. Chief Kimball was not in attendance so Council Member Christensen will talk to him.

There will be a Work Session at 5:30 pm on September 24, 2019. With the Regular Council Meeting to follow.

Motion made by Rollins to adjourn the work session at 7:10 pm second by Benson. MPU

Respectfully,
Tami Meyer
Deputy Clerk

Hill City School
Food Service
would like
to say.....



Hill City Lion's Club
Donated \$500.00 for the
Farm 2 School Program!!
&
Moosewillow Club Donated
\$500.00 to the
Angel Fund!!

ideas for parents

Practical Suggestions for Building Assets in Your Child

FAST FACTS

**ASSET
TYPE #3:
Boundaries
and
Expectations**

The more your child has clear, consistent boundaries and high expectations, the more likely he or she will grow up healthy.

51%
of youth surveyed by Search Institute experience at least three of the six boundaries and expectations assets.*

What Are Assets?

Assets are 40 key building blocks to help kids succeed.

* Based on Search Institute survey of almost 100,000 6th- to 12th-grade youth throughout the United States.



The Importance of Boundaries and Expectations

Search Institute researchers found that young people have fewer boundaries as they get older. While it's normal and healthy for teenagers to take more responsibility for themselves as

they grow, the problem is that not enough young people have clear boundaries in the first place. Positive peer influence is one boundary asset (see 6 Key Areas of Boundaries and Expectations below) that can help youth make good decisions for themselves. But while 82% of 6th graders report that their best friends model responsible behavior, only 49%

of 12th graders do.

But why are boundaries important? Sometimes a life without limits—eating, sleeping, playing, and working whenever we want—sounds appealing. Most of us realize, however, that this type of life would be chaotic. No one would know what to expect, no one would seem to care (except about themselves), and we would probably end up feeling frustrated most of the time.

Boundaries are important to our children because they give clear messages about what's expected. Every day young people face many options and choices. Without boundaries to guide them, they may feel unsure and confused—and make unhealthy decisions. With boundaries, they have the supports that help them choose wisely and grow up healthy.

Watch the next six newsletters for more ideas on building boundaries and expectations assets!

Helpful Hints

Tips that make boundaries easier:

- **Discuss boundaries with teachers, coaches, employers, clergy, and adults in other places where your child goes so that all boundaries are consistent.**
- **When you're unsure about setting and enforcing boundaries, seek advice from another parent or a teacher.**
- **Involve your children in family meetings to discuss boundaries and what happens when boundaries are violated.**
- **Think of boundaries as something positive rather than something negative!**

6 Key Areas of Boundaries and Expectations

Search Institute researchers have identified six assets in the area of boundaries and expectations that are crucial for helping young people grow up healthy. Check your family's areas of strength:

- Family boundaries**—Family has clear rules and consequences, and monitors the young person's whereabouts.
- School boundaries**—School provides clear rules and consequences.
- Neighborhood boundaries**—Neighbors take responsibility for monitoring young people's behavior.
- Adult role models**—Parent(a) and other adults model responsible behavior.
- Positive peer influence**—Young person's best friends model responsible behavior.
- High expectations**—Both parent(a) and teachers encourage the young person to do well.

Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,
McGregor Lions Club, Palisade Lions Club,
& Aitkin County Family Collaborative: (Aitkin
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille
Lacs Band District II, Aitkin County Corrections,
Aitkin County Health & Human Services)

Boundaries Through the Years

Age Ways to Set and Uphold Boundaries for Your Child

- 0-1 · Know that children at this age don't intentionally violate standards.
· Distract your child from inappropriate behaviors and draw attention to appropriate ones.
- 2-3 · Enforce boundaries consistently so children learn them more easily.
· Give simple, understandable boundaries, such as "Don't bite" or "Be quiet."
- 4-5 · Don't just tell your child what and what not to do. Demonstrate appropriate ways of behaving.
· Be calm when your child acts out in highly emotional ways.
- 6-10 · Be firm about safety boundaries.
· Be consistent with the consequences for violating boundaries.
- 11-15 · Negotiate new boundaries as your child grows older.
· Be patient, calm, and consistent as young adolescents test the boundaries you set.
- 16-18 · Respect growing privacy needs while still showing interest in your teenager's activities and friends.
· Help your teenager think about future goals, and the discipline and boundaries required to reach them.

Quick Tip:
Set clear boundaries and expect the best.

FINAL WORD

"Children need a consistent, positive approach to become emotionally mature. Be clear about what behaviors are acceptable and what behaviors are unacceptable."—Alice S. Honig, author of *Love & Learn*, a parenting book

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828. Copyright © 1997 by Search Institute. Major support for Search Institute's Healthy Communities • Healthy Youth initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.

The 4 Cs of Boundaries and Expectations



Clear—Everyone should know what to expect.

Concise—The shorter the explanation, the better.

Creative—Kids respond better when boundaries are clever and creative.

Consistent—Standards are more likely to be honored when you consistently uphold them.

More Stuff You Can Use

Discipline That Works. This book helps adults help children and youth become self-reliant, make positive decisions, and control their own behavior. (Available from Penguin Books, 375 Hudson Street, New York, NY 10014; 1-800-331-4624.)

The Hill City Fare For All

site will be offering our Thanksgiving Pack for the October 30 pick-up date. Last year it contained a

8-10# turkey, sage pork sausage, turkey breast strips, chicken breasts, pork sausage patties, 2 bags frozen green beans & an apple pie.

I assume this year will be similar. \$31, including delivery. I will know the exact contents after 10/2.

If interested, contact Barb Hartnell at 651-399-0204, or on the Hill City Fare For All Facebook page. Checks can be made out to me & mailed to 35101 630th Ln, Hill City.

HUNGER'S SUPPER

Swatara Community Club

Saturday, November 9th
5:00 pm - 8:00 pm

Turkey plus All the Trimmings
with

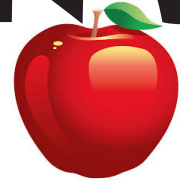
Homemade Pie



Adults \$12.00
Kids 6-10 \$5.00
Under 6 FREE

Proceeds go for Community Club upkeep.

MR. JOHNSON'S MINUTE...



It has been a great first few weeks of school for students and staff. It has been fun seeing new students and getting to know everyone. I am very lucky to get to work with all these students and staff everyday.

Here are a few things that are coming up and some reminders:

Homecoming week is *September 30th through October 4th*, with the annual football game taking place on the 4th against Mountain Iron-Buhl and the girls volleyball team at home against Northland on September 30th. We would like to invite all community members and past graduates to these games to see the new changes and see some familiar faces. The week will be busy with plenty of events and it will be a great time for students and staff!

Every Wednesday, classes start at 8:57 for all students. This allows our entire staff to work together to help make our school even better. (PLC) Attendance is a concern of the Minnesota Department of Education. MDE wants us to focus on keeping students in school as much as possible. We understand everyone gets sick and if this does happen, call the school to notify Mendy.

I am extremely proud to be a part of this school and this community. It has been a great few weeks and looking forward to a great year! **Go Storm and Go Hornets!!!**

Jacobson Halloween Party Sat., Oct. 26th Jacobson Community Center

Haunted House
Haunted Hayride
Fortune Teller
Decorate your own cookie
Costume Contest & Parade
Scary Pictures and Treats

Bonfire
Glow sticks

Schedule of Events

5:30—7:30 Free hot dog meal
5:30—6:00 Costume registration
6:00—7:00 Costume Parade

All other events to follow the costume parade

To volunteer to help with kitchen, to be an actor in the haunted house or to sponsor or adopt a haunted hayride scene (advertise your business), contact Shelly 244-9719

Event Sponsors: Jacobson Community Center and Jacobson Landing Recreation Area
Funding support provided by: Lake Country Power—Operation Round Up

Vendor Event!

Treasures at Trinity

Nancy Fixmer 218 697-2648
67119 348th Place Hill City MN 55748

Trinity Lutheran Church will host a vendor's marketplace event on
Saturday, December 7th
from 9 a.m. until 2 p.m.

The church will be open for set-up on Friday evening from 5 until 7 p.m. and Saturday at 7 a.m.
Cost for each vendor is \$20.00. Vendors do not need to be present on Saturday.

Tags at least 1 inch long must be attached to each item offered for sale (no stickers)
Information on the front of each tag must include
Your Crafter Sale number, circled
Price of the item

Tags from sold items will be returned to you one hour after the close of the event, along with your proceeds—
please don't expect to converse with Nancy during that hour!
Pricing must be set in \$0.25 increments, any price not conforming to that schedule will be rounded to the next dollar.

mail registration form to Nancy Fixmer 67119 348th Place Hill City MN 55748 or phone 218 697-2648

Registration Treasures at Trinity

Trinity Lutheran Church
113 Lone Avenue Hill City MN 55748
Saturday, December 7, 2019 9:00 a.m. - 2:00 p.m.

Name _____
Address _____
Telephone number _____
Alternate telephone number _____
Charge per vendor \$20.00
Minnesota sales tax payment is your responsibility
Vendor number _____

Intro To Archery



National Archery in School Program (NASP)
Introduction to Archery- first time shooters

Want to learn how to shoot a bow in a safe, supervised setting? Here's Your chance! No experience is needed. First class will be safety and technique with string bows. The remaining sessions will be practicing the same principals with Genisis Bow.

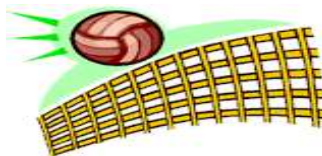
Try out the Intro to Archery session and decide whether or not you would like to join the HC Archery Team and compete locally, regionally, state and possibly beyond starting in January.

Session dates will be October 1, 3, 8, 9 and 15
From 6 pm - 7 pm in the Elementary Gym

Must be in 4th Grade and up.

Contact : Coach Mark Meyer 218-251-2738 or Tami Meyer,
Community Ed Programmer 218-697-2394 ext 172

Parents are welcome to observe, but must remain on the bleachers at all times. We respectfully request that you make arrangements for younger siblings not to be in the gym during practice. If you are interested in training to be a NASP Volunteer Instructor, please contact Mark.



Adult Volleyball Open Gym

Join us every
Wednesday evenings from
7:00 pm 9:00pm in the
Hill City School Gym

There will be NO OPEN GYM
on the following dates:
October 2, 2019

For more information please contact Tami at:
697-2394 ext. 172 or tmeyer@isd002.org



Basketball Open Gym

Join us every
Sunday evening from
6:00 pm - 8:00 pm in
the
Hill City School Gym

**\$1 per night or \$25 for
the year.**

For more information please contact Tami at
697-2394 ext. 172 or tmeyer@isd002.org



Elementary Basketball Coaches Needed

Looking for something to do this winter?

Why not volunteer your time to Coach our
Elementary Boys or Girls Basketball Team...

I am looking for 2 coaches for each team-
Its only 1 to 2 days a week for a couple of
months, so if you are interested -

Please contact Tami Meyer at
tmeyer@isd002.org or 218-697-2394
Ext. 172



ISD #2 Breakfast Menu October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oatmeal, Cereal Raisins, Graham Cracker	2 Sausage Breakfast Pizza	3 Cereal, Yogurt, Graham Cracker	4 Cinnamon Roll, Cheese Stick	5
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving o	7 Assorted Muffins	8 Oatmeal, Cereal, Graham Cracker Dried Cranberries	9 Maple Burst Pancakes,	10 Cereal, Yogurt, Graham Cracker	11 Cinnamon Roll, Yogurt	Fruit, Juice and Milk served Daily
fruit or veggie & a minimum of 2 other full meal components.	14 Cereal, Yogurt, Graham Cracker	15 Oatmeal, Cereal, Graham Cracker Raisins	16 Cinnamon Rolls Cheese Stick	17 NO SCHOOL	18 NO SCHOOL	Cereal & Graham Cracker offered daily as alternative
4 meal components are offered daily. Students must select a	21 NO SCHOOL	22 Oatmeal, Cereal, Graham Cracker Dried Cranberries	23 Cinnamon Toast Crunch Bar, Cheese Stick	24 Cereal, Yogurt, Graham Cracker	25 Cinnamon Roll, Yogurt	26
One of the components must be a fruit or veggie.	28 Cereal, Graham Cracker	29 Oatmeal, Cereal, Graham Cracker	30 Strawberry Mini Pancakes	31 Chocolate Muffin Orange Juice, Cheese Stick, Raisins	Menu subject to change at anytime	

ISD #2 Lunch Menu October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of		1 Stuffed Crust Pizza Salad Bar, Green Beans	2 Sub Sandwich Pickles, Peppers, Baked Beans	3 Corn Dogs, Coleslaw, Potato Salad, Fruit Cup	4 Cheese Burgers, Tater Tots, Corn	5
fruit or veggie & a minimum of 2 other full meal components.	7 Chicken Strips, Fries, Cucumbers Carrots & Cherry Tomatoes, Ranch	8 Turkey Noodle Soup, Hot Ham & Cheese Sandwich, Fresh Veggies	9 Chicken & Peppers over Rice Pilaf, Breadstick, Pineapple, Orange	10 Turkey, Mashed Potatoes & Gravy, Corn, Roll	11 Bosco Stick, Marinara Sauce, Green Beans	Fruit & Milk Served Daily with Lunch
5 meal components are offered daily. Students must select a	14 Chicken Nuggets, Rice Pilaf, Cali Blend Veggies, Kiwi, Pineapple	15 Burrito w/ Fixings, Corn, Peaches	16 Chili, Corn Bread, Salad Bar	17 NO SCHOOL	18 NO SCHOOL	19
One of the components must be a fruit or veggie.	21 NO SCHOOL	22 Chicken Fajita, Garbanzo Beans, Black Bean Salsa	23 Wild Rice Hotdish, Dinner Roll, Broccoli & Carrots	24 Fish w/ Tarter Sauce, Coleslaw, Potato Coins	25 Chicken Alfredo, Green Beans, Garlic Bread	Menu subject to change at anytime
27	28 Chicken Patty, WG Bun, LTO, Peas	29 Chicken Taco w/ Fixings, Corn Salsa	30 Pepperoni Pizza, Salad Bar, Corn	31 FARM 2 SCHOOL		

This institution is an equal opportunity provider.

For the Full Non-Discrimination statement see: <http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413>

Local Boxholder
Hill City, MN 55748

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This information and more is also available on our Website : isd002.org rSchools		1 ----- ABJH VB vs Bigfork AWAY 5:45	2 ----- NO OPEN GYM	3 ----- JHFB vs Cromwell AWAY 5:00 ABJH VB vs NE Range AWAY	4 -----> FB vs MIB HILL CITY HOMECOMING 7:00 pm	5
6 OPEN GYM BASKETBALL 6-8	7 JVFB vs Nevis HOME (Remer) 5:00 pm	8 JHFB vs Bigfork AWAY 5:00 pm	9 OPEN GYM VOLLEYBALL 7-9	10 JHFB vs Floodwood HOME (Remer) ABJH VB vs Cromwell HOME	11 FB vs Northome/ Kelliher AWAY 7:00 pm	12
13 OPEN GYM BASKETBALL 6-8	14	15 JHFB vs LaPorte AWAY 5:00 pm ABJH VB vs Nevis AWAY 5:30	16 FB vs Silverbay HOME (Remer) 7:00 pm OPEN GYM VOLLEYBALL 7-9	17 NO SCHOOL	18 NO SCHOOL	19
20 OPEN GYM BASKETBALL 6-8	21 NO SCHOOL	22	23 OPEN GYM VOLLEYBALL 7-9	24	25	26
27 OPEN GYM BASKETBALL 6-8	28 SCHOOL BOARD MEETING 6:00 pm	29	30 OPEN GYM VOLLEYBALL 7-9	31 		