October



COMMUNITY NEWS

Serving Northern Minnesota Communities Hill City, Jacobson, and Swatara

2018

Articles in this
Newsletter:

School News

School Board Minutes

Ideas for Parents

Community Ed.
News/Classes

Hill City
Community
News

Lunch Menu

Activity

Calendar

October 10-17

WEDNESDAY.....

TWIN DAY

Thursday - - - - tHrOw bAcK tHuRsDaY





<u>friday =====</u>===

White Out Day

Game vs Nevis 7:00 p.m.

MONDAY ::::::

HOLIDAY DAY

Tuesday~~~~~ Character Day

WEDNESDAY ********



PURPLE & GOLD

Game vs Northome 7:00 p.m.

Hill City School Board

Sue Kaslow, Chairman Joell Miranda, Clerk Bambi Lange, Treasurer PO Box 165 PO Box 253 505 Ione Ave Hill City, MN 55748 Hill City, MN 55748 Hill City, MN 55748 **Dorie Barnes** Jay Zapzalka, Vice Chair Mark Meyer 67880 353rd Ave PO Box 42 35990 678th Street Hill City, MN 55748 Hill City, MN 55748 Hill City, MN 55748

Committee Assignments for 2018

Committee Representative MSHSL Mark Meyer **Negotiations Committee** Jay Zapzalka, Dorie Barnes and Mark Meyer (Sue Kaslow, Alt.) Joell Miranda (Bambi Lange, Alt.) Curriculum Committee Community Education Advisory Council Mark Meyer (Joell Miranda, Alt.) Meet and Confer Dorie Barnes and Joell Miranda (Bambi Lange, Alt.) Joell Miranda (Bambi Lange, Alt.) Staff Development School and Community Health Team Joell Miranda and Dorie Barnes Recertification Committee Bambi Lange ARCC Sue Kaslow Comparable Worth **Dorie Barnes NESC Board** Sue Kaslow Safety/Transportation Committee Jay Zapzalka Athletic Advisory Committee Jay Zapzalka and Mark Meyer (Dorie Barnes, Alt.)

For School Closings and Emergency Information Broadcasts

KADIU STATIUN	12	I INSIANI ALEKI	TV STATIONS
RADIO USA	99.9 FM	Infinite Campus' Voice	WDIO/WIRT
KOZY Grand Rapids	1320 AM	Messenger system will	KDLH
KMFY Grand Rapids	96.9 FM	call parents between	KBJR
WTBX Grand Rapids	93.9 FM	5:00 - 6:00 a.m. for	WCCO
KAXE Grand Rapids	91.7 FM	school closings	WCCO
*		I SCHOOLCIOSINGS.	

Community Newsletter Deadline

Itasca Area Schools Collaborative

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally prepared and presented by the 27th of the month. If you have any questions regarding this, please feel free to contact Jessica Lathrop at (218) 697-2394, ext. 101 or jlathrop@isd002.org

SUPPORT within Reach research Violence Resource Center

Support Within Reach serves Aitkin county residents. Our mission: To reduce the impact and harm of sexual violence in

the communities we serve. Free and confidential 24 hour Crisis Line:

Bambi Lange (Mark Meyer, Alt.)

Call 218-326-5008 or 1-866-747-5008

MEDICAL/LEGAL SUPPORT & FOLLOW-UP PEER COUNSELING COMMUNITY REFERRALS & EDUCATION

INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 7:00 p.m. on Monday, August 27, 2018.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Bambi Lange, Mark Meyer, Dorie Barnes, and Jay Zapzalka. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Assistant Principal Andy Dokken, Building & Grounds Director Eric Hill, Business Manager Ellie Hill, CTI, some staff and other visitors.

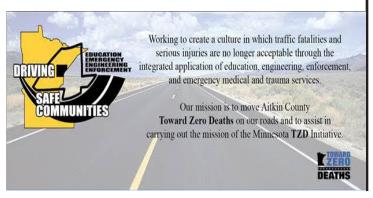
- 1. Approved the Agenda with an addition.
- 2. Approved the following:
 - *Approved the Minutes of the Regular Board Meeting of July 23, 2018 with the correction to approve salary for all Athletic Game workers at \$40.00 for the night.
 - *August 2018 bills presented for payment;
 - *Current bills through o8/10/18;
 - *Investments and wire transfers;
 - *Reviewed the Activity Fund Statement;
 - *Reviewed Cash Receipts including donations.
- 3. Brandon and Justin reported on ICS construction updates.
- 4. Ellie and Eric reported for the Financial Planning Review.
- Approved the request from Roxanne Jenkins with Spang 4H to put boxes out for donations of used colored markers to send in for a 4H recycling project they will do through the Crayola Company.
- 6. There was no report from the School Attorney.
- 7. There was no Transportation Report.
- 8. Swarm Student Leadership Committee: None to Report.
- 9. Curriculum Committee: None to Report.
- 10. School and Community Health Committee: Joell Miranda gave an overview of the August 24, 2018 meeting. The next meeting will be on September 11, 2018.
- 11. Safety/Transportation Committee: None to Report.

- 12. Negotiation Committee: None to Report.
- 13. Community Education Report: Tami Meyer stated the Pony League only had 12 kids sign up for an 11 man team, will check with Remer. Increase Community Ed fees from \$5.00 to \$10.00. Hire someone for Open Gym Basketball and Volleyball with a pay of \$40.00 a night. Looking to start a Family movie night and need license for the year at \$155.00 to come out of Community Ed budget. Next Community Ed Activities Planning meeting is on September 19, 2018 at 7 p.m. Upcoming Activities: Elementary Volleyball, Elementary Basketball, Walk to School October 10th and Beginning Archery in October.
- 14. Early Childhood Report: None to Report.
- 15. Building & Grounds Director Report: Building & Grounds Director Eric Hill reported everything is ready for school to begin. Everything is going well and staff did a great job.
- 16. Superintendent/Principal Report: IASC update: None to Report. Superintendent/Principal Pat Rendle reported that the September board meeting will be held in the new Community Room and Board Book will be rolling out by Administrative Secretary/Payroll Clerk Lynn Major and Pat Rendle. Open House is August 27, 2018, ALICE Committee met on August 26, 2018 and a letter will be sent home with parents about this. And would also add that he would like Administrative Secretary/Payroll Clerk Lynn Major to do the minutes for Board Meetings starting in September.
- 17. Approved to update the Student Handbook.
- 18. Accepted the letter of resignation of Stacy Moren, Paraprofessional for the 2018-2019 school year. A copy of said resignation is attached to the Minutes and made part thereof.
- 19. Accepted the letter of resignation of Chris Nelson, Paraprofessional for the 2018-2019 school year. A copy of said resignation is attached to the Minutes and made a part thereof.
- 20. Approved hiring Brandi Caverly as a Paraprofessional for the 2018-2019 school year.
- 21. Approved hiring Lisa Hannula as Paraprofessional for the 2018-2019 school year.
- 22. Approved hiring Lindsy Skrbec as 1.0 FTE Early Childhood Special Ed Teacher for the 2018-2019 school year with a pay as per current HCUE Master Agreement.

- 23. Approved hiring Marie Kleinschmidt as 1.0 FTE Special Education LD Teacher (grades 7-12) for the 2018-2019 school year with pay as per current HCUE Master Agreement.
- 24. Approved hiring Tina Harcey as Assistant Cook for 7.5 hours a day for the 2018-2019 school year with pay as per the AFSCME Master Agreement.
- 25. Approved to set the salary for Athletic Supervisors for all athletic events for the 2018-2019 school year as \$60.00 per night.
- 26. Approved the resignation of Chris Nelson as Boys Junior Varsity Basketball coach for the 2018-2019 school year, a copy of said resignation is attached to the Minutes and made a part thereof, and approved to post for Boys Junior Varsity Basketball coach for the 2018-2019 school year.
- 27. Approved paying sports officials per the negotiated rate of their associations plus the federal rate of mileage.
- 28. Approved the resignation for Kristen Smith as Paraprofessional for the 2018-2019 school year, a copy of said resignation is attached to the Minutes and made a part thereof and to post for the Paraprofessional position for the 2018-2019 school year.
- 29. Business Manager Ellie Hill added SRBA Reap Grant around \$22,000.00
- 30. Meetings attended and to be attended: Joell Miranda and Superintendent/Principal Rendle attended the MSBA Summer Session. MSBA Advocacy meeting is September 11, 2018 at 5:30 in Grand Rapids Board Room.
- 31. Meeting adjourned at 8:21 p.m.

Respectfully Submitted : Joell Miranda, Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours. Ssdfasd



MOCK CRASH OCTOBER 12 12:30 P.M. Sponsered By: TZD of Aitkin

Toward Zero Death

A Crash will be staged for Grades 7-12 in one of the back Parking lots.

Parents be on the look out for more information from the school.



Fall LEGACY Event

A seasonal luncheon will be served.

Thursday, October 4th, at 12noon At Hill City Assembly of God

All area Seniors are welcome.

Please call 218.697.2662 with any questions.



deas for varen Practical Suggestions for Building Assets in Your Child

FAST FACTS

ASSET **TYPE #3: Boundaries** and Expectations

The more your child has clear, consistent boundaries and high expectations, the more likely he or she will grow up healthy.

51% of youth ourveyed by Search Institute experience or least three of the six boundories and expectations assets.

What Are Assets?

Assets are 40 key building blocks to help kids succeed.

* Based on Search Institute correge of obsect 100,000 6th to 12th-grade goath throughout the United States.



The Importance of Boundaries and Expectations

earch Institute researchers found that young people have fewer boundaries as they get older. While it's normal and healthy for teenagers to take more responsibility for themselves as

they grow, the problem is that not enough young people have clear boundaries in the first place. Positive peer influence is one boundary asset (see 6 Key Areas of Boundaries and Expectations below) that can help youth make good decisions for themselves. But while 82% of 6th graders report that their best friends model responsible behavior, only 49%

Watch the next six newsletters for more ideas on building boundaries and expectations assets!

Helpful Hints

Tips that make boundaries easier:

- Discuss boundaries with teachers, coaches, employers, clergy, and adults in other places where your child goes so that all boundaries are consistent.
- · When you're unsure about setting and enforcing boundaries, seek advice from another parent or a teacher.
- Involve your children in family meetings to discuss boundaries and what happens when boundaries are violated.
- Think of boundaries as something positive rather than something negative!

of 12th graders do.

But why are boundaries important? Sometimes a life without limits—eating, sleeping, playing, and working whenever we want—sounds appealing. Most of us realize. however, that this type of life would be chaotic. No one would know what to expect, no one would seem to care (except about themselves), and we would probably end up feeling frustrated most of the time

Boundaries are important to our children because they give clear messages about what's expected. Every day young people face many options and choices. Without boundaries to guide them, they may feel unsure and confused—and make unhealthy decisions. With boundaries, they have the supports that help them choose wisely and grow up healthy.

6 Key Areas of **Boundaries and** Expectations

Search Institute researchers have identified six assets in the area of boundaries and expectations that are crucial for helping young people grow up healthy. Check your family's areas of strength:

- Family boundaries—Family has clear rules and consequences, and monitors the young person's whereabouts.
- School boundaries—School provides clear rules and consequences.
- Neighborhood boundaries—Neighbors take responsibility for monitoring young people's behavior.
- Adult role models—Parent(s) and other adults model responsible behavior.
- Positive peer influence—Young person's best friends model responsible behavior.
- ☐ High expectations—Both parent(s) and teachers encourage the young person to do

Aitkin Lions Club, Hill City Lions Club, McGregor Lions Club, Palisade Lions Club, & Aitkin County Family Collaborative: (Aitkin ISD #1, Hill City ISD #2, McGregor ISD #4, Mille Lacs Band District II, Aitkin County Corrections, Aitkin County Health & Human Services)

Newsletter Sponsors:

Boundaries Through the **Years**

Age Ways to Set and Uphold Boundaries for Your Child

- Know that children at this age don't intentionally violate standards.
 - Distract your child from inappropriate behaviors and draw attention to appropriate ones.
- 2-3 Enforce boundaries consistently so children learn them more easily.
 - Give simple, understandable boundaries, such as "Don't bite" or "Be quiet."
- 4-5 Don't just tell your child what and what not to do. Demonstrate appropriate ways of behaving.
 - Be calm when your child acts out in highly emotional ways.
- 6-10 Be firm about safety boundaries.
- Be consistent with the consequences for violating boundaries.
- 11-15 Negotiate new boundaries as your child grows older.
 - Be patient, calm, and consistent as young adolescents test the boundaries you set.
- 16-18 Respect growing privacy needs while still showing interest in your teenager's activities and friends.
 - Help your teenager think about future goals, and the discipline and boundaries required to reach them.

Quick Tip: Set clear boundaries and expect the best.

The 4 Cs of Boundaries and Expectations



, Clear—Everyone should . know what to expect.

Concise—The shorter the explanation, the better

Creative—Kids respond better when boundaries are clever and creative.

Consistent—Standards are more likely to be honored when you consistently uphold them.

More Stuff You Can Use

Discipline That Works. This book helps adults help children and youth become self-reliant, make positive decisions, and control their own behavior. (Available from Penguin Books, 375 Hudson Street, New York, NY 10014: 1-800-331-4624.)

FINAL WORD

"Children need a consistent, positive approach to become emotionally mature. Be clear about what behaviors are acceptable and what behaviors are unacceptable."—Alice S. Honig, author of Love & Learn, a parenting book

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828.

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Intro

To Archery

National Archery in School Program (NASP) Introduction to Archery- first time shooters

Want to learn how to shoot a bow in a safe, supervised setting? Here's Your chance! No experience is needed. First class will be safety and technique with string bows. The remaining sessions will be practicing the same principals with Genisis Bow.

Try out the Intro to Archery session and decide whether or not you would like to join the HC Archery Team and compete locally, regionally, state and possibly beyond starting in January.

Session dates will be October 2, 4, 9, 11, 16, and 23 From 6:15 pm - 7:15 pm in the Elementary Gym

Must be in 4th Grade and up. Contact: Coach Mark Meyer 218-251-2738 or Tami Meyer, Community Ed Programmer 218-697-2394 ext 172

Parents are welcome to observe, but must remain on the bleachers at all times. We respectfully request that you make arrangements for younger siblings not to be in the gym during practice. If you are interested in training to be a NASP Volunteer Instructor, please contact Mark.



Basketball Open Gym

Join us every Sunday evening from 6:00 pm - 8:00 pm in the Hill City School Gym

\$1 per night or \$25 for the year.

> September 16, 2018 – April 28, 2019 There will be NO open gym on the following dates

Nov. 25th, Dec. 23th and 30th, Feb 17th and April 21st

For more information please contact Tami at 697-2394 ext. 172 or tmeyer@isdoo2.org



Join us every Wednesday evenings from 7:00 pm 9:00pm in the Hill City School Gym

NO OPEN GYM OCTOBER 17

For more information please contact Tami at: 697-2394 ext. 172 or tmeyer@isd002.org



Vendor Eventl

Treasures at Trinity

Nancy Fixmer 218 697-2648 67119 348th Place Hill City MN 55748

Trinity Lutheran Church will host a vendor 's marketolace event on

Saturday, December 1st from 9 a.m. until 2 p.m.

The church will be open for set-up on Friday evening from 5 until 7 p.m. and Saturday at 7 a.m. Cost for each vendor is \$20.00 Vendors do not need to be present on Saturday.

Tags at least 1 inch long must be attached to each item offered for sale (no stickers) Information on the front of each tag must include

Your Crafter Sale number, circled Price of the item

Tags from sold items will be returned to you one hour after the close of the event, along with your proceeds-

please don't expect to converse with Nancy during that hour!

Pricing must be set in \$0.25 increments, any price not conforming to that schedule will be rounded to the next

mail registration form to Nancy Fixmer

67119 348th Place Hill City MN 55748 or phone 218 697-2648

Registration

Treasures at Trinity

Trinity Lutheran Church

113 Ione Avenue Hill City MN 55748 Saturday, December 1st, 2018 9:00 a.m. - 2:00 p.m.

Name	
Address	_
Telephone number	
Alternate telephone number	
CL	

Minnesota sales tax payment is your responsibility

Vendor number ___



Come see our new fall displays

October - 50% off Kids Clothes

Hours: Thursday 9am-4pm 9am-5pm Friday Saturday 9am-5pm



100% Volunteer Proceeds go back to community needs.

> Neighbors helping Neighbors



Oct. 6th

Hill City United Methodist Church



Fall Harvest Turkey
Dinner with all the
trimmings including
Real Mashed Potatoes and
Homemade Pie.
The dinner will be held at
the church from
5 - 7 p.m.

The cost is a Free Will offering - donation.



Hill City Methodist Church
Age 3 years to Grade 12
Sundays 10-11AM
October 7 - May 5

Contact: Roxane @ 218-244-6789 or Barb @ 218-697-2628









Dear Parents,

I'm excited to tell you about a very special program that the Spang 4-H club and Hill City school are partaking in, in conjunction with Crayola. It's called Crayola ColorCycle—an amazing new program devised to turn used markers into energy!

All around Hill City school, students and teachers will be collecting used markers that are ready to be discarded. The markers will be sent to a facility where they will be converted into clean fuel. This fuel can be used to power vehicles, heat homes, cook meals and more!

Please help support our efforts by sending your kids in with any used markers you may have around the house – even non-Crayola brands. Drop-off boxes will be located in all Pre-K through 5th grade rooms, and Mrs. Nelson's room.

Thank you in advance for participating! With the help of parents fice you across the country, the Crayola ColorCycle program can keep tons of plastic out of landfills each year.

Remember, don't throw out that used marker—ColorCycle it!

Sincerely,

Dorie Barnes

Fare For All November Holiday Box

The Thanksgiving Holiday box will be available to order for the October 31 pick-up date.

Last year's box contained a 10-12 lb.

Turkey (Jenny-O, if I remember correctly), 1 lb. of sage pork sausage, a pork tenderloin, a turkey tenderloin, a pkg. of chicken drumsticks, 2 bags of frozen green beans and a frozen apple pie.

This year should be similar. The cost is \$30, plus \$1 to help with the costs of doing this.

If interested in taking part in this, contact Barb Hartnell by 10/24/18.

My number is 651-399-0204.

Payments may be by cash or check. Checks are to be made out to Barb Hartnell.

My address is 35101 630th Ln, Hill City, MN 55748. The food will be available on 10/31 at the

Community Room at City Hall, from 4:30 – 6pm.



ISD #2 Breakfast Menu October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Cereal, Graham Cracker, Trix Yogurt	2 Maple Pancakes Cereal, Graham Cracker	3 Cereal, Graham Cracker, Trix Yogurt	4 Oatmeal, Cereal, Graham Cracker, Trix Yogurt	5 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	6
7	8 Cereal, Graham Cracker, Trix Yogurt	9 Muffin, Cereal, Graham Cracker, Cheese Stick	10 Breakfast Pizza, Cereal, Graham Cracker	11 Oatmeal, Cereal, Graham Cracker, Trix Yogurt	12 Cinnamon Roll, Hard Boild Egg, Cereal, Graham Cracker	Fruit, Juice and Milk served Daily
Menu subject to change at anytime	Cereal, Graham Cracker, Trix Yogurt	16 Oatmeal, Cereal, Graham Cracker, Cheese Stick	17 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	NO SCHOOL	NO SCHOOL	20
21	NO SCHOOL	23 Cereal, Graham Cracker, Trix Yogurt	24 Breakfast Pizza, Cereal, Graham Cracker	25 Cereal, Graham Cracker, Trix Yogurt	26 Cinnamon Roll, Cheese Stick, Cereal, Graham Cracker	27
28	29 Cereal, Graham Cracker, Trix Yogurt	30 Strawberry Pancakes, Cereal, Graham Cracker	Muffin, Cereal, Graham Cracker, Cheese Stick			

ISD #2 Lunch Menu October 2018

		Г	Υ		Υ	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of	1 Pork Patty on WG Bun, Sweet Potato Tots, Green Beans Apple Sauce Cups	2 Chicken Noddle Soup, Ham & Cheese Sandwich, Veggies & Dip	3 Shrimp Poppers, Tarter Sauce, Rice Broccoli Breadstick	4 Beef Gravy, Mashed Potatoes, Corn or Peas, Dinner Roll, Apples or Peaches	5 Quesadilla w/ fixings, Mixed Fruit, Strawberry Cup	6
fruit or veggie & a minimum of 2 other full meal components.	8 Chicken Patty, WG Bun, Lettuce, Cali Blend Veggies, Oranges, Pears	9 Cheese Breadstick w/ Meat Sauce, Coleslaw, Corn	10 HOMECOMING Chicken Taco Soup, Tortilla Chips Cheese, Salad Bar	11 HOMECOMING Sloppy Joes on WG Bun, French Fries, Calico Beans Peaches or Oranges	12 HOMECOMING Chicken Wrap w/ Fixings, Corn, Salsa, Pineapple Applesauce.	Fruit & Milk Served Daily with Lunch
5 meal compo- nents are offered daily. Students must select a	15 <u>HOMECOMING</u> Chicken Nuggets, Broccoli and Rice Breadstick, Salad Bar, Pineapple	16 HOMECOMING Stuffed Crust Pizza Salad Bar, Carrots, Strawberry Cups, Oranges	17 HOMECOMING Cheese Burger WG Bun, Tater Tots, Green Beans, Peaches, Apple	NO SCHOOL	NO SCHOOL	20
One of the components must be a fruit or veggie.	NO SCHOOL	23 Chicken Strips, Creamy Garlic Pasta, Salad, Carrots, Applesauce	24 Turkey Taco w/ Fixings, Black Bean Corn Salsa, Pineapple, Mixed Fruit	25 FARM 2 SCHOOL Ham Dinner	26 Pepperoni Pizza, Salad bar, Oranges	Menu subject to change at anytime
28	Chili, Grilled Cheese Sand- wich, Salad Bar, Peaches or Apple	30 Hot Dog or Brat on a WG Bun Baked Beans, Potato Salad Blueberries or Pear	31 Turkey Ham Sub w/ Fixings, Pickle Slices, Carrot Slices			

This institution is an equal opportunity provider.

Hill City, MN 55748 U.S. Postage Paid Permit No. 3

Local Boxholder Hill City, MN 55748



ISD #2 Activities October 2018

	_					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN GYM 6-8	JVFB vs Cherry 5:00 Away VB vs Northland AB JH Away 5:30	VB vs Bigfork ABJH Home 5:30	OPEN GYM 7-9	4 JHFB vs Cromwell 5:00 Home VB vs NE Range AB Away 5:45	FB vs Silver Bay 7:00 Away	6
OPEN GYM 6-8	8	JHFB vs Bigfork 5:00 Home VB ABJH vs PR-B Home 5:45	10 HOMECOMING OPEN GYM 7-9	11 HOMECOMING JHFB vs Floodwood 5:00 Away	12 HOMECOMING FB vs LFBF 7:00 Away VB vs Nevis ABJH Home 5:30	13 13 13 13 13 13 13 13 13 13 13 13 13 1
OPEN GYM 6-8	15 HOMECOMING VB vs Cromwell ABJH Away 5:30	16 HOMECOMING JHFB vs LaPorte 5:00 Home (Northland)	17 HOMECOMING FB vs Northome 7:00 Home NO OPEN GYM	JVVB Tourney 9:00 Grand Rapids Q	19 ON SCHOOL	Schedule is Subject to Change at any time.
OPEN GYM 6-8	22	23	OPEN GYM 7-9	25	26	27
OPEN GYM 6-8	29	30	31	Review Activity Calendar daily on our Website: isd002.org Activities Calendar OR	There is an option for you to be notified of any changes and have reminders sent to your phone!	