November 2017

COMMUNITY NEWS

Serving Northern Minnesota Communities Hill City, Jacobson, and Swatara

Articles in this Newsletter:

School News

School Board Minutes

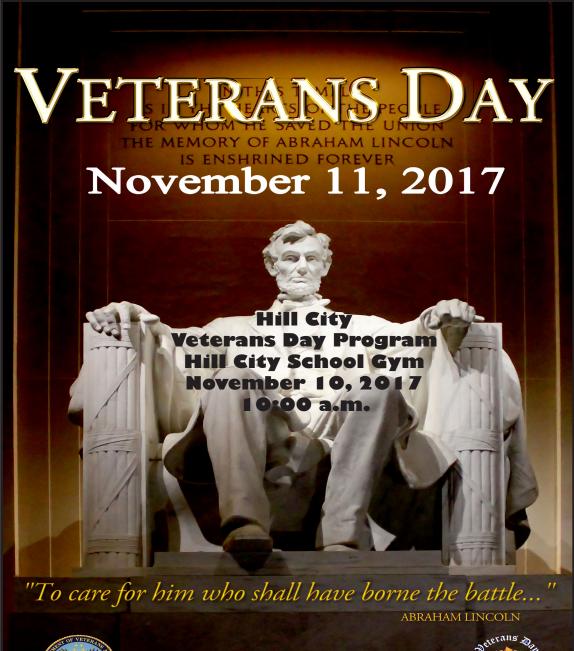
> Ideas For Parents

Community Ed. News/Classes

Jacobson News

Lunch Calendar

Activity Calendar



www.va.gov



Sue Kaslow, Chairman PO Box 165 Hill City, MN 55748

Jay Zapzalka, Vice Chair 67880 353rd Ave Hill City, MN 55748 Joell Miranda, Clerk PO Box 253 Hill City, MN 55748

Mark Meyer PO Box 42 Hill City, MN 55748 Bambi Lange, Treasurer 505 Ione Ave Hill City, MN 55748

Dorie Barnes 35990 678th Street Hill City, MN 55748

Committee Assignments for 2017

Committee

MSHSL Negotiations Committee

Curriculum Committee Community Education Advisory Council Meet and Confer

Staff Development School and Community Health Team Recertification Committee ARCC Comparable Worth NESC Board Safety/Transportation Committee Athletic Advisory Committee

Representative

Mark Meyer Sue Kaslow, Jay Zapzalka, and Mark Meyer (Dorie Barnes, Alt.) Joell Miranda (Bambi Lange, Alt.) Mark Meyer (Joell Miranda, Alt.) Dorie Barnes and Joell Miranda (Bambi Lange, Alt.) Joell Miranda (Bambi Lange, Alt.) Joell Miranda and Dorie Barnes Bambi Lange Sue Kaslow Sue Kaslow Sue Kaslow Jay Zapzalka Jay Zapzalka and Mark Meyer (Dorie Barnes, Alt.) Bambi Lange (Mark Meyer, Alt.) HAPPY THANKSGIVIN

Itasca Area Schools Collaborative

For School Closings and Emergency Information Broadcasts
INSTANT ALERTRADIO STATIONSINSTANT ALERTTV STATIONS

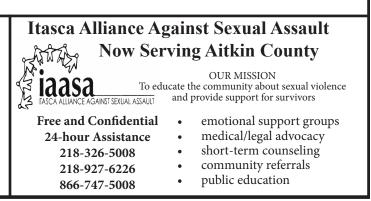
RADIO USA99.9 FMKOZY Grand Rapids1320 AMKMFY Grand Rapids96.9 FMWTBX Grand Rapids93.9 FMKAXE Grand Rapids91.7 FM

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 25th of the month. If you have any questions regarding this, please feel free to contact Jessica at (218) 697-2394, ext. 101.

Infinite Campus' Voice Messenger system will call parents between 5:00 - 6:00 a.m. for school closings. TV STATIONS WDIO/WIRT KDLH

KBJR WCCO



Mark your Calendar! 2017 FALL CONFERENCES AT HILL CITY SCHOOL

Tuesday, November 14 4:00 to 7:00 PM Thursday, November 16 4:00 to 7:00 PM

Visit Elementary and Secondary Teachers in their classrooms

Mr.Hack, Phy Ed Teacher and Ms. Benson, Science Teacher, will be here only on Tuesday, November 14. Mrs.Vanderschaaf, Spanish teacher will be in room 206 via telepresence on Thursday, November 16.

NO CHILDCARE EITHER NIGHTS

Please call the school at 218-697-2394, if you have questions or would like a special appointment.

INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 7:00 p.m. on Monday, September 25, 2017.

The Pledge of Allegiance was recited.

Roll Call showed the following members present: Sue Kaslow, Dorie Barnes, Joell Miranda, Bambi Lange, Mark Meyer, and Jay Zapzalka. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Assistant Principal Andy Dokken, Business Manager Ellie Hill, Building & Grounds Director Eric Hill, and other staff and visitors.

- 1. Approved the Agenda with as Presented.
- 2. Approved the following:
 - *Approved the Minutes of the Regular Meeting of August 28, 2017.
 - *August 2017 bills presented for payment;
 - *Current bills through 09/11/17;
 - *Investments and wire transfers;
 - *Reviewed the Activity Fund Statement;
 - *Reviewed Cash Receipts including donations.
- 3. No comments or requests from visitors.
- 4. There was no report from the School Attorney.
- 5. Transportation Report: No report.
- 6. Swarm Student Leadership: None to report.
- 7. Curriculum Committee: None to report.
- 8. School and Community Health Committee: None to Report.
- 9. School & Community Health Committee: Joell Miranda reported on the September 11, 2017 meeting.
- 10. Safety/Transportation Committee: The committee met on September 21, 2017. Fire Marshall Update: they signed off on the report so all is good. Insurance company will be going over refresher courses.
- 11. Negotiation Committee: Approved the Nurse Contract for the 2017-2019 school years.
- 12. Community Education Report: Community Education Programmer Tami Meyer reported on pony league football, elementary volleyball, open gym and elementary basketball. The archery planning meeting was on September 16, 2017.
- 13. Approved the Community Education Annual

Report for 2016-2017. A copy of the said report is attached to the Minutes and made a part thereof.

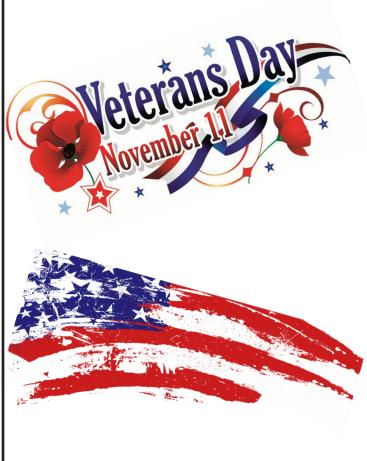
- 14. Early Childhood Report: Preschool screening was on Friday, September 22, 2017
- 15. Building & Grounds Report: Brandon from FJJ gave an overview of the project and construction bids.
- 16. Approved the motion to award 03.00 Concrete to Hawk Construction for the total of \$166,200.00.
- 17. Approved the motion to award 4.00 Masonary to Harbor City Masonary for ta total of \$138,315.00.
- Approved the motion to award 6.15 General Construction to Eagle Construction Co. for \$1,127,000.00 with Alt. No. 3- flooring in music room for \$3,000.00 for a total of \$1,130,000.00.
- 19. Approved the motion to award 7.5 Roofing to Range Cornice & Roofing Co. for \$567,675.00 with Alt. No. 5- Ballasted Roof deduct for (\$89,885.00) for a total of \$477,790.00.
- 20. Approved the motion to award 8.00 Aluminum Entrances, Windows & Glazing to Mesabi Glass for a total of \$242,400.00.
- 21. Approved the motion to award 9.01.06 Flooring to Dorholt Tile & Home Center, Inc. for \$74,480.00 and Alt. No. 3- Flooring in Music Room for \$13,502.00 for a total of \$87,982.00.
- 22. Approved the motion to award 9.01.9 Painting to Steinbrecher Painting Co. for a total of \$75,400.00.
- 23. Approved the motion to award 21.00 Fire Protection Construction Services for a total of \$29,000.00.
- 24. Approved the motion to award 22.05 & 23.05 Plumbing & Heating & Ventalation Combined to Climate Makers, Inc. for a total of \$353,000.00.
- 25. Approved the motion to award 26.05 Electrical to Hopkins Electric, LLC for a total of \$289,000.00.
- 26. Copy of said construction bids are attached to the Minutes and made a part thereof.
- 27. Superintendent/Principal's Report: No IASC update.
- 28.Superintendent/Principal Rendle reported that Homecoming week will be Oct. 9-13, 2017. Wednesday afternoon there is going to be a color run.
- 29. Superintendent/Principal Rendle presented information on direct and indirect benefits via EIP. They met on Friday, September 22, 2017 and

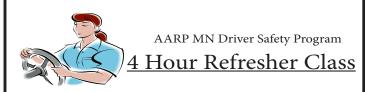
the next date will be October 13, 2017.

- 30. Superintendent/Principal Rendle did some research on Board Book. It would be more effective and also save money. It would cost \$2,100.00 per year.
- 31. Approved to purchase the Board Book program and use it for a year trial.
- 32. Approved hiring Sarah Marshall as Nurse Substitute for the 2017-2018 school year with a salary of \$50.00 per hour as needed.
- 33. Approved hiring Cassandra DeLung as Nurse starting the 2017-2018 school year with a salary to be set per the current Nurse Contract.
- 34. Approved Policy 102 Equal Education Opportunity, to change the Student Handbook with this correction and approve Policy 401 Equal Employment Opportunity as presented.
- 35. No action was taken on the 2017-2018 Preliminary Seniority List tabled until the next Board meeting.
- 36. Approved to set the Proposed Levy Limitation and Certification 2017 Payable 2018 at the maximum. A copy of said Proposed Levy is attached to the Minutes and made a part thereof.
- 37. Public Announcement was made that the Truth and Taxation meeting will be held December 18, 2017 at 6:30 p.m. in the Community Room at which time the budget and levy will be discussed and the public will be allowed to speak.
- 38. Approved hiring Mendy Oukrop as Math Credit Recovery Teacher Aide for 1.5 hours per day while school is in session on Tuesdays starting September 19, 2017 through January 19, 2018 with pay of \$14.85 per hour.
- 39. Approved the Professional Services Agreement for Nurse service with ISD #118 Northland Community Schools for the 2017-2018 school year.
- 40. Approved to set the Regular December Board Meeting on December 18, 2017 at 6:30 p.m.
- 41. Approved to set the Board Workshop Sessions on November 14, 2017 and December 13, 2017 at 7:00 p.m.
- 42. Superintendent/Principal Rendle and Sue Kaslow attended the advocacy meeting on September 13, 2017.
- 43. Meeting adjourned at 8:04 p.m.

Respectfully submitted by Joell Miranda, Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.





Taking this class is an easy and sure way to reduce your motor vehicle insurance premiums. State law requires all auto insurance providers to reduce premiums by 10% for policyholders who are 55 or older, when a certificate of class completion is provided to them. If you have never taken the class before, you need to take the initial 8-hour class first, and then every three years the 4-hour refresher is taken. No tests are given. All participants will be issued a certificate at the end of the class. You must have a valid driver's license with you at the beginning of the class so that a certificate can be issued.

4 hr Refresher Class: November 30, 2017 5-9pm Location: Hill City School, Room 250 Min. # Required: 8 Max. #: 20 Cost: \$15 for members \$20 for non members

Register by calling the Community Ed. office, but you should bring your payment to the class. For questions concerning this class, please contact Tami Meyer Hill City Comunity Ed. at 697-2394 X172.

Newsletter #15



leas for na

Practical Suggestions for Building Assets in Your Child

FAST FACTS

ASSET #11: Family **Boundaries**

Youth are more likely to grow up healthy when families have clear rules and consequences, and monitor young people's whereabouts.

> 43% of youth surveyed by Search Institute have this asset in their lives.

What Are Assets?

Assets are 40 key building blocks to help kids succeed, 'Family boundaries" is one of six boundaries and expectations assets.

" Based on Search Inetitute soroigs of electro 100,000 bib in 12th-grade grath throughout the United States.

Clear, Concise Boundaries

uthor Stephen Covey knows about the importance of setting and talking about boundaries and expectations. At a family meeting to discuss who would do which chores, Covey's seven-year-old son volunteered to care for the lawn.

Dad gave the boy a tour of the yard and pointed out which neighbor's yard he wanted the lawn to most look like. He and his son then agreed on two concise, clear expectations: clean and green.

After two weeks, Dad asked his son about the lawn. 'It's fine,' the boy replied, even though his dad knew he had done nothing to take care of it.

'Let's walk around the yard together and you can show me how it's going,' Dad replied.

So they walked around the yard. It was obviously in bad shape, and the boy became upset. 'It's so hard, Dad,' he said. Dad didn't respond but wondered, 'How hard is it not to do something?

Dad then reminded his son that he-not Dad—was in charge of the yard, but he had a

Helpful Hints

Tips that make setting boundaries easier:

- Make them positive. Say what you expect along with what you don't want.
- Strive for concise standards. Have each boundary be five words or less.
- Adjust boundaries as your child becomes older, but know that even 18year-olds need guidelines.
- Set and follow boundaries for yourself. Be a role model. Admit when you fail.



few minutes to help out if the boy wanted it. The two then cleaned up the yard. When they were done, the yard was clean and green.

Over the summer, the son only asked his dad to help him a few more times and did the rest himself. The boundaries were clear. The expectations were clear, and the seven-year-old succeeded at keeping the yard clean and green.

time together

Three ways to set boundaries together with your child;

- Observe the boundaries of other • families (neighbors, television families, etc.). Discuss what's appropriate and what's not for your family and why.
- Post your family boundaries on 2. the refrigerator. Have only five or six. Make sure they are concise and clear, and apply to everyone—not just kids.
- 3. Meet monthly to cheve fair? Do boundaries. Are they fair? Do they still fit? Do they reflect the values and principles you have? Adjust them if you need to.

Dos and Don'ts of Discipline

- Notice and comment when your child does something well. Be specific.
- Give your child your full attention, be affectionate, and calmly state how your child violated a boundary.
- Respond as quickly as you notice a violation.
- Respond consistently.
- Be firm about discipline and suggest better behavior.
- Be consistent by setting the same standards for boys as for girls.

- · Only notice your child when he or she violates a standard.
- Use threats.
- · Use physical punishment.
- · Attack or ridicule your child.
- Manipulate your child with shame, humiliation, or guilt.
- Use labels, such as 'You're lazy' or "You're such a slob."
- Notice the violated rule sometimes and not others.

Quick Tip: Tell your children why you chose the boundaries you have.

> Aitkin Lions Club, Hill City Lions Club, McGregor Lions Club, Palisade Lions Club, & Aitkin County Family Collaborative: (Aitkin ISD #1, Hill City ISD #2, McGregor ISD #4, Mille Lacs Band District II, Aitkin County Corrections, Aitkin County Health & Human Services) Newsletter Sponsors:

More Stuff You Can Use

Parenting Toward Solutions gives practical ways to create and enforce family boundaries to bring out the best in your child. (Available from Prentice Hall, Order Processing Center, P.O. Box 11071. Des Moines. IA 50336-1071: 1-800-947-7700.)

FINAL WORD

talk together

- Questions to discuss with your child: · le our family too lenient, too harsh, or
- just right in enforcing boundaries? Why? • What important lesson have you learned after violating a boundary?
- When has discipline felt more like punishment than teaching?

"The external structure parents provide for their children ... helps children develop their own internal structure of self-discipline for taking care of themselves and other people." -Jean Illsley Clarke and Connie Dawson, authors of Growing Up Again

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828. Copyright @ 1997 by Search Institute. Major support for Search Institute's Healthy Communities . Healthy Youth Initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.





Open Gym Basketball Supervisor

I am looking for a couple of people who would like to volunteer to supervise open gym basketball on Sunday evenings. It wouldn't be every Sunday. I'm just looking for someone to help me out.

If you are interested please contact Tami Meyer at tmeyer@isd002.org or 218-697-2394 Ext. 172

HOMEWORK HELP



Before and After School HELP Is now available for students in 6th – 12th Grades

Monday BEFORE school 7:20 am – 8:20 am Room 215 Mrs. Nelson

Tuesday and Thursday BEFORE school 7:20 am – 8:20 am Room 211 Mr. Johnson and Room 209 Mrs. Murphy

Tuesday AFTER school 3:15 pm – 4:30 pm Room 203 Mrs. Pearson and Room 215 Mrs. Nelson



JACOBSON COMMUNITY NEWS

NOVEMBER 2017

Organizations and Events

Harvest Dinner

Carmel Lutheran Church 4:30-8:00 p.m. Saturday, November 4, 2017 Turkey with all the trimmings. \$10.00.

HUNTERS' SPAGHETTI SUPPER

SATURDAY, NOV 11, 2017 JACOBSON COMMUNITY CENTER 4:30 - 8:00 P.M. TAKE OUT AVAILABLE \$9.00 (Youth and childrens' prices)

All you can eat Spaghetti and meatballs Served with Garlic bread, coleslaw, beverage and dessert

Jacobson Civic Club will be sponsoring a BAKE SALE and WHITE ELEPHANT SALE upstairs. Lots of home baked items: breads, pies, sweets and treats.

NCMnFAA-farm and Antique Association

Brunch at Blackberry on Nov 12, 9 am 'til noon.

Ball Bluff Township

Ball Bluff Board Meeting is the second Thursday of the month November 9 at the Jacobson Community Center for the Board meeting at 7:00 p.m. All residents are encouraged to come and participate.

Jacobson Landing Recreation Area

Board Meetings at 7:00 p.m. November 1 at Jacobson Fire Hall

Jacobson Seniors

Meets every Thursday for fun and fellowship. 10:00-2:00 with a potluck at noon. We will not meet on Thanksgiving

Jacobson Civic Club

Will meet on Monday, November 13 at Jacobson Community Center, work projects at 1:00 p.m. Want to join us? Call Sandy Brown 752-1070

ECR Library Outreach Program

East Central Regional Library Outreach will be at the Jacobson Community Center every other Thursday at 9:00. Dates are: November 2 November 16 November 30 December 14 December 28

Book Club meets the 3rd Wednesday of the month at 2:00 at the Community Center. If you are interested in joining our book club call Harriet at 752-6699.

Jacobson Fire & Rescue

Interested in Joining the Jacobson Volunteer Fire and Rescue? Call Chief Dale Thompson 752-6560.

1st Thursday monthly: Business Meeting 3rd Thursday monthly: 1st Responder & Fire Training. Meetings are at the Fire Hall at 7:00

Jacobson Food Shelf

The Jacobson Food Shelf will be open in November on the 2nd and 16th from 4 to 6 p.m. at Carmel Lutheran Church.

For more information, call 218-426-4799, 218-752-1062, or 218-752-6618.

Jacobson Churches

Jacobson Community Church

The public is invited to the "little white church in downtown Jacobson." Sunday mornings: 9:30 a.m. to 10:20 Sunday School for all ages 10:30 to 11:30 a.m. Worship Bible study on Wed. evenings at 7:00 to 8:00

Carmel Lutheran Church

Everyone welcome. Sunday mornings: 10:00 children's Sunday School (1st & 3rd Sun) 11:00-Worship, 12:00-Fellowship WELCA meets the 1st Wednesday of the month @ 9:30 Pastor Mark Wagner 218-246-3179

ISD #2 Breakfast Menu November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		^	1 Maple Pancakes	2 Oatmeal, Cereal, Graham Cracker, Cheese Stick	3 Trix Yogurt, Cinnamon Roll	4
	6 NO SCHOOL	7 Chocolate Chip Muffin, Cereal, Cheese Stick, Graham Cracker	8 Breakfast Pizza	9 Oatmeal, Cereal, Graham Cracker	10 Cheese Stick, Cinnamon Roll	Fruit, Juice and Milk served Daily
Menu subject to change at anytime	13 Cereal, Graham Cracker, Cheese Stick	14 Oatmeal, Cereal, Trix Yogurt, Graham Cracker	15 French Toast, Cereal, Graham Cracker	16 Trix Yogurt, Cinnamon Roll	17 NO SCHOOL	18
19	20 Cereal, Graham Cracker, Trix Yogurt	21 Oatmeal, Cereal, Graham Cracker	22 Cheese Stick, Cinnamon Roll	23 NO SCHOOL	24 NO SCHOOL	25
26	27 Cereal, Graham Cracker, Muffin	28 Oatmeal, Cereal, Graham Cracker	29 Breakfast Pizza	30 Oatmeal, Cereal, Graham Cracker		Menu subject to change at anytime
ISD #	2 Lunc	h Men	u Nove	mber 2	2017	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of			1 Spaghetti w/ Meat Sauce, Green Beans, Apple Slices, Breadstick	2 Chicken Wrap w/ Fixings, Tri Taters, Mixed Fruit	3 Breakfast For Lunch	4
fruit or veggie & a minimum of 2 other full meal components.	6 NO SCHOOL	7 Chicken Nuggets Rice, Roll, Cali Veggies, Sliced Oranges	8 Tomato Soup, Grilled Cheese, Goldfish Cr. Mixed Veggies Diced Pears	9 Salisbury Steak over Noodles, Peas, Oranges, Butter Bread, Apple Slices	10 Burrito with the Fixings, Carrots	Fruit & Milk Served Daily with Lunch
5 meal compo- nents are offered daily. Students must select a	13 Italian Dunkers, Marinara Sauce, Peas & Carrots Diced Peaches	14 White Chicken Chili, Garlic Breadstick,Salad Bar, Oranges	15 Hamburgers, Bun, Tater Tots, Baked Beans	16 FARM 2 SCHOOL	17 NO SCHOOL	18
One of the components must be a fruit or veggie.	20 Chicken Strips, Carrots, Rice, Roll, Apple Slices	21 BBQ Pork on a Bun, French Fries,Green Beans, Peaches	22 Taco with Fixings, Mixed Veggies, Salsa	23 NO SCHOOL	24 NO SCHOOL	
26	27 Turkey Ham Subs, Coleslaw, Pineapple	28 Mac Hotdish, Peas, Coleslaw, Breadstick	29 Chicken Taco w/ Fixings, Corn	30 Hamburger Gravy, Mashed Potatoes, Green Beans, Dinner Roll		
				ortunity prov		- 0- 0

This institution is an equal opportunity provider.

For the FullNon-Discrimination statement see: http://education.state.mn.us/MDE/SchSup/FNS/CivilRight/048413

Independent School District No. 2 500 Ione Avenue Hill City, MN 55748 Hill City, MN 55748 U.S. Postage Paid Permit No. 3

Local Boxholder Hill City MN, 55748



and the second sec						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Elementary Basketball Practice Begins 3:15	2	3	4
5	NOSCHOOL	7	8	9	¹⁰ Veterans Day Program 10:00 a.m.	11
12	¹³ Girls Basketball Practice Begins 3:15	¹⁴ Evening Conferences 4:00 - 7:00	15	¹⁶ Evening Conferences 4:00 - 7:00	¹⁷ NO SCHOOL	18 GIRLS BASKETBALI JAMBOREE 9:00 A.M.
19	²⁰ Boys Basketball Practice Begins 3:15	21	22 Boys Basketball Annual Alumni Game 7:00 p.m.	23 TOOHOS ON	No school	25
26	27 School Board Meeting 7:00 p.m.	28	29	30 AARP 5-9 p.m.		