October



COMMUNITY NEWS

2016

Serving Northern Minnesota Communities Hill City, Jacobson, and Swatara

Articles in this

Newsletter:

School News

School Board Minutes

City of Hill City News

Ideas for Parents

Community Ed.
News/Classes

Jacobson News

Hill City
Community News

Lunch Menu

Activity Calendar

# FALL HOMECOMING 2016



OCTOBER 3rd - 7th

MONDAY I Woke Up Like This
Powder Puff Football Game 7:00



TUESDAY NEON COLOR DAY!!!!!

Coronation 2:30 High School Gym Volleyball Game vs. Bigfork (Home) 7:00 pm

WEDNESDAY WACKY WEdNeSdAy
Elementary Pep Fest 2:30

Powder Puff Volleyball Game 7:00 pm

THURSDAY
Volleyball Game vs. NE Range (Home) 7:00 pm

FRIDAY Black Out Day
PeP fe/T 2:00 pm

FOOTBALL GAME 7:00 PM

VS. NEVIS (HILL CITY FIELD)

Half-Time Parade around the track

Dance 9:00 pm (after the Football game)

## **Hill City School Board**

Sue Kaslow, Chairman	Joell Miranda, Clerk	Bambi Lange, Treasurer
PO Box 165	PO Box 253	505 Ione Ave
Hill City, MN 55748	Hill City, MN 55748	Hill City, MN 55748
Jay Zapzalka, Vice Chair	Mark Meyer	Brent Welk
67880 353rd Ave	PO Box 42	62612 Osprey Ave
Hill City, MN 55748	Hill City, MN 55748	Swatara, MN 55785

### **Committee Assignments for 2016**

<u>Committee</u>	Representative
MSHSL	Mark Meyer
Negotiations Committee	Sue Kaslow, Jay Zapzalka, and
	Mark Meyer (Brent Welk, Alt.)
System Accountability Committee	Joell Miranda (Bambi Lange, Alt.)
Community Education Advisory Council	Mark Meyer (Joell Miranda, Alt.)
Meet and Confer	Mark Meyer and Bambi Lange
	(Joell Miranda, Alt.)
Staff Development	Joell Miranda (Bambi Lange, Alt.)
School and Community Health Team	Joell Miranda and Mark Meyer
Recertification Committee	Brent Welk
ARCC	Sue Kaslow
Comparable Worth	Brent Welk
NESC Board	Sue Kaslow
Safety/Transportation Committee	Jay Zapzalka
Athletic Advisory Committee	Brent Welk, Jay Zapzalka, and Mark Meyer
Itasca Area Schools Collaborative	Sue Kaslow (Bambi Lange, Alt.)

#### For School Closings and Emergency Information Broadcasts **RADIO STATIONS** INSTANT ALFRT **2MOITAT2 VT**

	INGIVILI VEFILL	ITOINIO
99.9 FM	<b>Infinite Campus' Voice</b>	WDIO/WIRT
1320 AM	Messenger system will	KDLH
	<b>.</b>	KBJR
	•	WCCO
91.7 FM		
	99.9 FM	99.9 FM 1320 AM 96.9 FM 93.9 FM  5:00 - 6:00 a.m. for

## **Community Newsletter Deadline**

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally ready to be posted by the 27th of the month. If you have any questions regarding this, please feel free to contact Jessica Lathrop at (218) 697-2394, ext. 101.

## Itasca Alliance Against Sexual Assault **Now Serving Aitkin County**

**OUR MISSION** To educate the community about sexual violence and provide support for survivors

Free and Confidential

- 24-hour Assistance
  - 218-326-5008 218-927-6226
  - 866-747-5008
- emotional support groups
- medical/legal advocacy
- short-term counseling
- community referrals
- public education

# INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 7:00 p.m. on Monday, August 22, 2016.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Bambi Lange, Mark Meyer, Brent Welk, and Jay Zapzalka. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Assistant Principal Andy Dokken, Maintenance Supervisor Eric Hill, Business Manager Ellie Hill, Mark Schjenken, Kathy Carroll, Paula Nix-Vroman, Community Ed. Programmer Tami Meyer, and Technology Coordinator Larry Baker.

- 1. Approved the Agenda with an addition.
- 2. Approved the following:
  - \*Approved the Minutes of the Regular Meeting of July 25,

2016.

\*Approved the Minutes of the Special Board Meeting of

August 10, 2016.

- \*Approved the Minutes of the Board Workshop Meeting of August 10, 2016.
- \*July 2016 bills presented for payment;
- \*Current bills through 08/10/16;
- \*Investments and wire transfers;
- \*Reviewed the Activity Fund Statement;
- \*Reviewed Cash Receipts including donations.
- 3. No comments or requests from visitors.
- 4. There was no report from the School Attorney.
- 5. Transportation Report: Mark Schjenken from Nor-Tran gave an update on the up-coming year. They have four new buses, they are reviewing the routes for football game transportation and there is a family in Jacobson that needs bus service to and from school.
- 6. Approved out of district transportation to include the Hannula family in Jacobson.
- 7. Swarm Student Leadership: None to report.
- 8. Curriculum Committee: None to report.
- 9. School and Community Health Committee: None to Report.
- 10. Safety/Transportation Committee: None to Report.
- 11. Negotiation Committee: None to Report.
- 12. Community Education Report: Elementary

- basketball will start on September 21,2016, archery practice starts in early November. Looking into getting Just for Kix started, AARP class will be November 10, 2016, and elementary volleyball is getting organized. Kathy Carroll reported that she has been busy with ECFE. She will be attending training with three other staff. They received \$1000 from Northland Foundation for training. They will hold two events this year for math and literacy. She met with Blandin Foundation on programs, training, and busing options.
- 13. Technology Coordinator Report: Technology Coordinator Larry Baker reported that the copiers are and running. Training for office staff is this Thursday and staff seem to love them.
- 14. Maintenance Supervisor report: Maintenance Supervisor Eric Hill reported that they are wrapping up projects before school starts. Numbers are starting to come back from the insurance company for the storm damage. They are repairing the damage dugouts in both fields, removing old tennis courts and putting in new water fountains with bottle fillers.
- 15. Motion to accept quotes for the removal of the tennis courts to be paid out of Long Term Facility Maintenance.
- 16. Motion to repair dugout and replace water fountains to be paid out of Long Term Facility Maintenance.
- 17. Superintendent/Principal Report: IASC update: None to report.
- 18. Superintendent/Principal Pat Rendle reported he went to the MSBA Conference. He will discuss the new legislation at the next meeting.
- 19. A huge thank you to Blandin Foundation for the \$1000.00 and Moose Willow Sportsman Club for the \$500.00 donation for Farm to School.
- 20. Set the salary for athletic supervisors for all athletic events for the 201-2017 school year at \$15.00 per hour.
- 21. Approved hiring Maria Nickels as cook's helper/dishwasher for 5 hours per day while school is in session starting the 2016-2017 school year with a salary to be set according to the current AFSCME contract.
- 22. Approved hiring Adam Johnson as Head Swarm Advisor for the 2016-2017 school year with a salary to be set according to the current HCUE Agreement.
- 23. Approved hiring Laurie Holm as Concession Swarm Advisor for the 2016-2017 school year with

- a salary to be set according to the current HCUE Agreement.
- 24. Approved to accept the quotation from Lange's Nursery and Landscaping for snow plowing services for the 2016-2017 school year at the rate of \$120.00 per hour for each piece of equipment.
- 25. A copy of said snow plowing quotes are attached to the official Minutes and made a part of thereof.
- 26. Reviewed the preliminary substitute instructor list for the 2016-2017 school year.
- 27. Approved the Professional Service Agreement with Children's Mental Health Services/REACH for the 2016-2017 school year.
- 28. A copy of the Professional Service Agreement with Children's Mental Health Services/REACH for the 2016-2017 school year is attached to the official Minutes and made a part of thereof.
- 29. First reading of Policy 2014-A assistant principal job description.
- 30. The MSBA advocacy tour will be held on September 21,2016 from 5:00 to 7:30 p.m.
- 31. Motion to set the School Board Workshop on August 29, 2016 at 7:00 p.m.
- 32. Motion to set the Veteran's athletic season pass rate to \$15.00 for the 2016-2017 school year.
- 33. Meeting adjourned at 8:21 p.m.

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

# INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Workshop Session of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 7:01 pm on Monday, August 29, 2016.

Roll Call showed the following members present: Sue Kaslow, Jay Zapzalka, Bambi Lange, Mark Meyer, Joell Miranda, and Brent Welk. Board Members absent: None. Also present was Superintendent/Principal Pat Rendle, Business Manager Ellie Hill, and Building & Grounds Director Eric Hill.

Superintendent/Principal Pat Rendle, Business Manager Ellie Hill. and Building & Grounds Director Eric Hill gave a presentation on long range facility planning and a tour of the school.

Discussion was held on the information presented.

The Workshop adjourned at 9:05 p.m.

Respectfully submitted, Joell Miranda, Clerk

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.





# deas for varen Practical Suggestions for Building Assets in Your Child

#### FAST FACTS

## ASSET **TYPE #3: Boundaries** and Expectations

The more your child has clear, consistent boundaries and high expectations, the more likely he or she will grow up healthy.

51% of youth ourveyed by Search Institute experience or least three of the six boundories and expectations assets.

#### What Are Assets?

Assets are 40 key building blocks to help kids succeed.

\* Based on Search Institute correge of obsect 100,000 6th to 12th-grade goath throughout the United States.



## The Importance of Boundaries and Expectations

earch Institute researchers found that young people have fewer boundaries as they get older. While it's normal and healthy for teenagers to take more responsibility for themselves as

they grow, the problem is that not enough young people have clear boundaries in the first place. Positive peer influence is one boundary asset (see 6 Key Areas of Boundaries and Expectations below) that can help youth make good decisions for themselves. But while 82% of 6th graders report that their best friends model responsible behavior, only 49%

Watch the next six newsletters for more ideas on building boundaries and expectations assets!

## Helpful Hints

Tips that make boundaries easier:

- Discuss boundaries with teachers, coaches, employers, clergy, and adults in other places where your child goes so that all boundaries are consistent.
- · When you're unsure about setting and enforcing boundaries, seek advice from another parent or a teacher.
- Involve your children in family meetings to discuss boundaries and what happens when boundaries are violated.
- Think of boundaries as something positive rather than something negative!

of 12th graders do.

But why are boundaries important? Sometimes a life without limits—eating, sleeping, playing, and working whenever we want—sounds appealing. Most of us realize. however, that this type of life would be chaotic. No one would know what to expect, no one would seem to care (except about themselves), and we would probably end up feeling frustrated most of the time

Boundaries are important to our children because they give clear messages about what's expected. Every day young people face many options and choices. Without boundaries to guide them, they may feel unsure and confused—and make unhealthy decisions. With boundaries, they have the supports that help them choose wisely and grow up healthy.

#### 6 Key Areas of **Boundaries and** Expectations

Search Institute researchers have identified six assets in the area of boundaries and expectations that are crucial for helping young people grow up healthy. Check your family's areas of strength:

- Family boundaries—Family has clear rules and consequences, and monitors the young person's whereabouts.
- School boundaries—School provides clear rules and consequences.
- Neighborhood boundaries—Neighbors take responsibility for monitoring young people's behavior.
- Adult role models—Parent(s) and other adults model responsible behavior.
- Positive peer influence—Young person's best friends model responsible behavior.
- ☐ High expectations—Both parent(s) and teachers encourage the young person to do

Newsletter Sponsors:
Aitkin Lions Club, Hill City Lions Club,
McGregor Lions Club, Palisade Lions Club,
& Aitkin County Family Collaborative: (Aitkin
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille
Lacs Band District II, Aitkin County Corrections.
Aitkin County Health & Human Services)

### **Boundaries Through** the **Years**

Age Ways to Set and Uphold Boundaries for Your Child

- Know that children at this age don't intentionally violate standards.
  - Distract your child from inappropriate behaviors and draw attention to appropriate ones.
- 2-3 Enforce boundaries consistently so children learn them more easily.
  - Give simple, understandable boundaries, such as "Don't bite" or "Be quiet."
- 4-5 Don't just tell your child what and what not to do. Demonstrate appropriate ways of behaving.
  - · Be calm when your child acts out in highly emotional ways.
- 6-10 Be firm about safety boundaries.
- Be consistent with the consequences for violating boundaries.
- 11-15 Negotiate new boundaries as your child grows older.
  - Be patient, calm, and consistent as young adolescents test the boundaries you set.
- 16-18 Respect growing privacy needs while still showing interest in your teenager's activities and friends.
  - Help your teenager think about future goals, and the discipline and boundaries required to reach them.

Quick Tip: Set clear boundaries and expect the best.

#### The 4 Cs of Boundaries and Expectations



Clear—Everyone should know what to expect.

Concise—The shorter the explanation, the better.

Creative—Kids respond better when boundaries are clever and creative.

Consistent—Standards are more likely to be honored when you consistently uphold them.

#### More Stuff You Can Use

Discipline That Works. This book helps adults help children and youth become self-reliant, make positive decisions, and control their own behavior. (Available from Penguin Books, 375 Hudson Street, New York, NY 10014; 1-800-331-4624.)

## FINAL WORD

"Children need a consistent, positive approach to become emotionally mature. Be clear about what behaviors are acceptable and what behaviors are unacceptable."—Alice S. Honig, author of Love & Learn, a parenting book

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-888-7828.

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# <u>HUNTER'S</u> SUPPER

Swatara Community Club

Saturday, November 5th 5:00 pm - 8:00 pm

Turkey plus All the Trimmings with

## Homemade Pie



Adults \$10.00 Kids 6-10 \$5.00 Under 6 FREE

Proceeds go for Community Club upkeep.

### **JACOBSON COMMUNITY NEWS**

## **OCTOBER 2016**

www.jacobsonnews.com

## **Organizations and Events**

CARMEL Lutheran Church

Once a year....BAZAAR.....

## Saturday, Oct 1st, 2016 10:00 am to 2:00 pm

- \*HANDCRAFTED Items \*Dishtowels,
- \*Pillowcases, and many hand made gifts.
- \*Baked Goods & Home canned goods
- \*QUILTS, RUGS & Afghans
- \*Lunch & Coffee Served,
- \* Chicken Salad Croissants,

Sloppy Joes, 2 SOUPS, and yummy Desserts!!

3 miles South of Jacobson on

## Jacobson Halloween Party

Saturday, Oct 29, 2016
Jacobson Community Center
Costume Contest Registration 5:00-5:30
Costume Parade 5:30 p.m.
Hot dog meal served all night free
Haunted Hayride and Spook House
All are Welcome

#### **NCMnFAA-farm and Antique Association**

Blackberry meeting Oct 3rd at 7pm, Brunch at Blackberry on Oct 9th 9am

#### **Ball Bluff Township**

Ball Bluff Board Meeting is the second Thursday of the month October 13 at the Jacobson Community Center for the Board meeting at 7:00 p.m. All residents are encouraged to come and participate.

#### **ECR Library Outreach Program**

ECR Library Outreach will be at the Jacobson Community Center every other Thursday at 9:00. Dates are October 6th and 20th: November 3rd and 17th; and December 1st, 16th, and 29th.

Book Club meets the 3rd Wednesday of the month at 2:00 at the Community Center.

If you are interested in joining our book club call Harriet at 752-6699.

# FLU SHOTS Jacobson Community Center

October 13, 10:45-11:30

#### **Jacobson Civic Club**

Will meet on October 10 at Jacobson Community Center, hostess Kar4en Mlaker at 1:00 p.m. Want to join us? Call Sandy Brown 752-1070

#### **Jacobson Fire & Rescue**

Interested in Joining the Jacobson Volunteer Fire and Rescue? Call Chief Dale Thompson 752-6560.

1<sup>st</sup> Thursday monthly: Business Meeting 3<sup>rd</sup> Thursday monthly: 1<sup>st</sup> Responder & Fire Training. Meetings are at the Fire Hall at 7:00

#### **Jacobson Food Shelf**

The Jacobson Food Shelf will be open in October on the 6th and 20th from 4 to 6 p.m. at Carmel Lutheran Church.

For more information, call 218-426-4799, 218-752-1062, or 218-752-6618.

#### **Jacobson Churches**

#### **Jacobson Community Church**

The public is invited to the "little white church in downtown Jacobson."

Sunday mornings:

9:30 a.m. to 10:20 Sunday School for all ages

10:30 to 11:30 a.m. Worship

Bible study on Wed. evenings at 7:00 to 8:00

# Carmel Lutheran Church Everyone welcome.

Sunday mornings:
10:00 children's Sunday School
(1st & 3rd Sun)
11:00-Worship, 12:00-Fellowship
WELCA meets the 1st Wednesday of the month
@ 9:30.Council meets 2nd Thurs. of the
month@ 6:30 p.m.
Pastor Mark Wagner
218-246-3179

# Jacobson Landing Recreation Area

Board Meetings at 7:00 p.m.

#### **Jacobson Seniors**

Meets every Thursday for fun and fellowship. 10:00-2:00 with a potluck at noon.



# 2016 - 2017

# Farm2School

# Lunch Menu



Public Welcome!

# Come enjoy a delicious farm fresh lunch with your child for only \$3.70!

- <u>September 22, 2016</u> Farm Fresh Chicken Fajitas! Chicken from Mighty Mini Farm-McGregor, Peppers from Oles Acres-Aitkin, Zestar Apples from Lavalier's Berry Patch & Orchard-Grand Rapids.
- October 27, 2016 Farm Fresh Baked Cheesy Chicken Spuds! Potatoes from Gun Lake Farm-Palisade, Chicken from Willow Sedge Farm-Palisade, Carrots & Kohlrabi from Kent Lorentzen Farm-Jacobson, Honey Crisp Apples form Lavalier's Berry Patch & Orchard-Grand Rapids.
- November 17, 2016 Farm Fresh Gyros! Ground Lamb from Chengwatana Farm-Palisade.
- <u>December 15, 2016</u> Farm Fresh Turkey Gravy & Mashed Potatoes! Turkey from Willow Sedge Farm-Palisade, Potatoes from Gun Lake Farm-Palisade.
- January 19, 2017 Farm Fresh Meatballs with Gravy & Mashed Potatoes! Ground Beef from Oles Acres-Aitkin, Ground Pork from Willow Sedge Farm-Palisade, Potatoes from Gun Lake Farm-Palisade.
- <u>February 16, 2017</u> Farm Fresh Turkey Rice Soup (with sandwich)! Turkey from Mighty Mini Farm-McGregor.
- March 16, 2017 Farm Fresh Breakfast4Lunch! Breakfast Sausage from Willow Sedge Farm-Palisade, Farm Fresh Eggs from Mighty Mini Farm-McGregor.
- April 20, 2017 Farm Fresh Ham Lunch! Smoked Ham from Willow Sedge Farm-Palisade.
- <u>May 18, 2017</u> Farm Fresh BBQ Slider Lunch! Pork Roasts from Willow Sedge Farm-Palisade,
   Fresh Baked Buns from Maple Ridge Farms-Aitkin.

<sup>\*</sup>Other sides will be included with all meals. Free/reduced & regular student lunch fees apply to all Farm2School meals. All meals subject to change.

# ISD #2 Breakfast Menu October 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Trix Yogurt, WG Muffin, Cereal Graham Cracker	4 Trix Yogurt, WG Muffin, Cereal Graham Cracker HORNET	5 WG Breakfast Bagel, Cereal, Graham Cracker <b>HOMECOMING</b>	6 Trix Yogurt, WG Muffin, Cereal Graham Cracker <b>WEEK</b>	7 WG Cinnamon Roll, Cheese Stick, Cereal Graham Cracker	
	10 Trix Yogurt, WG Muffin, Cereal Graham Cracker	11 Trix Yogurt, WG Muffin, Cereal Graham Cracker	12 Breakfast Pizza, Cereal, Graham Cracker	13 Trix Yogurt, WG Muffin, Cereal Graham Cracker	14 WG Cinnamon Roll, Cheese Stick, Cereal Graham Cracker	Fruit, Juice and Milk served Daily
Menu subject to change at anytime	17 Trix Yogurt, WG Muffin, Cereal Graham Cracker	18 Trix Yogurt, WG Muffin, Cereal Graham Cracker	19 WG Cinnamon Roll, Cheese Stick, Cereal Graham Cracker	20 NO SCHOOL	NO SCHOOL	
	24 Trix Yogurt, WG Muffin, Cereal Graham Cracker	25 Trix Yogurt, WG Muffin, Cereal Graham Cracker	26 French Toast Sticks, Cereal, Graham Cracker	27 Trix Yogurt, WG Muffin, Cereal Graham Cracker	28 WG Cinnamon Roll, Cheese Stick, Cereal Graham Cracker	
	31 Trix Cherry Yogurt, WG Chocolate Muffin, Cereal, Graham Crackers					

ISD #2 Lunch Menu October 2016

	<u> </u>	<u>ICH ME</u>	<u>Hu Oct</u>	<u>obel Zi</u>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
Offer-vs-Serve Build a healthy Meal. Select a full or 1/2 serving of	3 Chicken Nuggets Calico Beans, Dinner Roll Broccoli	4 Chicken Taco w/ Fixings, Black Bean Corn Salsa	5 Stuffed Crust Pizza, Corn, Salad Bar	6 Wild Rice Soup, Ham & Cheese Sandwich, Fresh Veggies	7 Hornet Burger, L,T,C WG Bun, Fries Peas	
fruit or veggie & a minimum of 2 other full meal components.	10 Cheese Pizza, Green Beans, Salad Bar	11 Chicken Burrito with fixings, Corn	Taco Soup, WG Tortillas, Apple Crisp, Pepper Sticks	13 Pork Roast Gravy, Mashed Potatoes, Peas, Cranberry	14 Sub Sandwich, Salad Bar, Tater Tots	Fruit & Milk Served Daily with Lunch
5 meal components are offered daily. Students must select a	17 Sweet & Sassy Chicken Breast L,T, WG Bun, Cali Veggi Blend	18 Quesadilla, Shredded Lettuce, Tomato Salsa	19 Chicken Rice Soup, Turkey & Ch, Hoagie Bun Veggie Sticks	NO SCHOOL	NO SCHOOL	
One of the components must be a fruit or veggie.	24 Chicken Strips, Carrots, WG Dinner Roll, Baked Beans	25 Chicken Fajita w/ Fixings, Black Bean Salsa	26 Chili, Grilled Cheese Sandwich Salad Bar	27 Farm2School Meal	28 Hot Dog, WG Bun, Potato Salad, Coleslaw	Menu subject to change at anytime
	31 Pizza, Salad Bar, Corn					

This institution is an equal opportunity provider.

# OCTOBER 2016

		Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 6-8 Gym A & B	3	4 VB vs Bigfork HOME 5:45 AB JH HOMECOMING	5 VB Open Gym 7-9 Gym A	6 VB vs NE Range HOME 5:45 AB JH HOMECOMING	7	A
Open Gym 6-8 Gym A & B	10	11	12 VB Open Gym 7-9 Gym A	VB vs Crosby -Ironton AWAY 5:45 AB JH	14	
Open Gym 6-8 Gym A & B	17 VB vs Isle HOME 5:45 AB JH	18	19 VB Open Gym 7-9 Gym A	NO SCHOOL	NO SCHOOL	
Open Gym 6-8 Gym A & B	23	24	25 VB Open Gym 7-9 Gym A	26	27	
Open Gym 6-8 Gym A & B	31					All games are subject to change at any time

# Volleyball / Football / School Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 JVFB vs Cass Lake-Bena AWAY 5:00	JHFB vs Onamia AWAY 5:00	5	G JHFB vs Cromwell HOME 5:00 (HC Field)	7 FB vs Nevis HOME 7:00 (HC Field) HOMECOMING	
	10	JHFB vs Bigfork AWAY 5:00	12	JHFB vs Floodwood AWAY 5:00	14 FB vs Isle AWAY 7:00	
	17	18	19 FB vs Bigfork AWAY 7:00	NO SCHOOL	NO SCHOOL	
	23	own	25	26	27	
10 20	ouchd	5 0 4 0				All games are subject to change at any time