

October



2015

COMMUNITY NEWS

*Serving Northern Minnesota Communities
Hill City, Jacobson, and Swatara*

Articles in this
Newsletter:

School News

School Board
Minutes

City of Hill City
News

Ideas for Parents

Community Ed.
News/Classes

Jacobson News

Hill City
Community News

Lunch Menu

Activity Calendar

FALL HOMECOMING 2015



OCTOBER 5 - 9



MONDAY CLASS COLOR DAY

Powder Puff Volleyball Game 7:00

TUESDAY AMERICA DAY
-Boys Can't talk to Girls



Coronation 2:45 High School Gym

WEDNESDAY TIN FOIL / DUCT TAPE DAY
Elementary Pep fest 1:45

Powder Puff Football Game 6:00 pm

THURSDAY Disney or Character Day
-Girls Can't talk to Boys

FRIDAY Purple Pride Day
Pep fest 2:20 pm

FOOTBALL GAME 7:00 PM

Dance 9:00 pm
(after the Football game)



MONDAY October 12th

Black Out Day (all day) for the



HOME VOLLEYBALL GAME 7:00 PM

The **SWARM** will be selling Homecoming T-shirts for \$10.00

Hill City School Board

Sue Kaslow, Chairman
PO Box 165
Hill City, MN 55748

Joell Miranda, Clerk
PO Box 253
Hill City, MN 55748

Bambi Lange, Treasurer
505 Ione Ave
Hill City, MN 55748

Jay Zapzalka, Vice Chair
67880 353rd Ave
Hill City, MN 55748

Mark Meyer
PO Box 42
Hill City, MN 55748

Brent Welk
62612 Osprey Ave
Swatara, MN 55785

Committee Assignments for 2015

Committee

MSHSL
Negotiations Committee

System Accountability Committee
Community Education Advisory Council
Meet and Confer

Staff Development
School and Community Health Team
Recertification Committee
ARCC
Comparable Worth
NESC Board
Safety/Transportation Committee
Athletic Advisory Committee
Itasca Area Schools Collaborative

Representative

Mark Meyer
Sue Kaslow, Jay Zapzalka, and
Mark Meyer (Brent Welk, Alt.)
Joell Miranda (Bambi Lange, Alt.)
Mark Meyer (Joell Miranda, Alt.)
Mark Meyer and Bambi Lange
(Joell Miranda, Alt.)
Joell Miranda (Bambi Lange, Alt.)
Joell Miranda and Mark Meyer
Brent Welk
Sue Kaslow
Brent Welk
Sue Kaslow
Jay Zapzalka
Brent Welk, Jay Zapzalka, and Mark Meyer
Sue Kaslow (Bambi Lange, Alt.)

For School Closings and Emergency Information Broadcasts

RADIO STATIONS

| | |
|-------------------|---------|
| RADIO USA | 99.9 FM |
| KOZY Grand Rapids | 1320 AM |
| KMFY Grand Rapids | 96.9 FM |
| WTBX Grand Rapids | 93.9 FM |
| KAXE Grand Rapids | 91.7 FM |

INSTANT ALERT

**Infinite Campus' Voice
Messenger system will
call parents between
5:00 - 6:00 a.m. for
school closings.**

TV STATIONS

WDIO/WIRT
KDLH
KBJR
WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 27th of the month. If you have any questions regarding this, please feel free to contact Jessica Lathrop at (218) 697-2394, ext. 101.

Itasca Alliance Against Sexual Assault Now Serving Aitkin County



OUR MISSION
To educate the community about sexual violence
and provide support for survivors

Free and Confidential
24-hour Assistance
218-326-5008
218-927-6226
866-747-5008

- emotional support groups
- medical/legal advocacy
- short-term counseling
- community referrals
- public education

INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Sue Kaslow at 7:00 p.m. on Monday, August 24, 2015.

Roll Call showed the following members present: Sue Kaslow, Joell Miranda, Bambi Lange, Mark Meyer, and Jay Zapzalka. Board Members absent: Brent Welk. Also present was Superintendent/Principal Dean Yocum, Maintenance Supervisor Eric Hill, Business Manager Ellie Hill, Mark Schjenken, Kathy Carroll, Paula Nix-Vroman, and Mendy Oukrop.

1. Approved the Agenda with an addition.
2. Approved the following:
 - *Minutes of the Regular Meeting of July 23, 2015;
 - *July 2015 bills presented for payment;
 - *Current bills through 07/13/15;
 - *Investments and wire transfers;
 - *Reviewed the Activity Fund Statement;
 - *Reviewed Cash Receipts including donations.
3. No comments or requests from visitors.
4. There was no report from the School Attorney.
5. Transportation Report: Nor-Tran is still working on routes. Drivers: there were two new ones last year and currently there is one local applicant.
6. Swarm Student Leadership: None to report.
7. Curriculum Committee: None to report.
8. School and Community Health Committee: They are working with Amy Wyant on the School Open House/Health and Wellness Expo that will take place on September 1st.
9. Safety/Transportation Committee: A meeting is planned for early October.
10. Negotiation Committee: They met twice with HCUE and once with AFSCME. The next meeting is set for September 16, 2015.
11. Community Education Report: None to report.
12. Maintenance Supervisor report: Maintenance Supervisor Eric Hill reported that the catch basin in the parking lot near the flag was repaired, the front parking lot has been re-faced, and the phones in the school have been replaced. The phones will now work with the school network. Building and grounds are now ready for the school year.
13. Superintendent/Principal Report: IASC update: There will be a meeting on September 15, 2015 at 6:00 p.m.
14. Marie Washburn has requested bus route pick up for her children. Discussion was held regarding this.
15. Motion was made to continue the bus route to Smith Road to pick up the students, pending no changes in the current route. Motion failed 2-3. Sue Kaslow suggested the Board needs a policy written that would specify how far the buses would go. She would like to see a policy written by the November Board meeting.
16. Set the salary for athletic supervisors for all athletic events for the 2015-2016 school year at \$15.00 per hour.
17. Approved hiring Laurie Holm as Libero Tracker and Gerard Valley as Volleyball Linesman for the 2015-2016 school year with a salary of \$30.00 per night. Tabled Tami Meyer as ticket taker and David Lange as Field Down/Yard Judge until the September Board meeting.
18. Approved hiring Katherine Bullock as cook's helper/dishwasher for 5 hours per day while school is in session starting the 2015-2016 school year with a salary to be set according to the current AFSCME contract.
19. Approved hiring Theresa Landrus as assistant cook for 6.5 hours per day while school is in session starting the 2015-2016 school year with pay as per current AFSCME contract.
20. Approved hiring Holly Bray as part time teacher aide for 5.5 hours per day while school is in session starting the 2015-2016 school year with pay as per current AFSCME contract.
21. Approved hiring Tina Olander as lunchroom/playground/library aide for 6.5 hours per day while school is in session starting the 2015-2016 school year with pay as per current AFSCME contract.
22. Approved hiring Scott Larson as Dean of Students/Athletic Director starting with the 2015-2016 school year with an indefinite medical leave of absence.
23. No action needed on the Assurance of Compliance with State and Federal Law Prohibiting Discrimination.
24. Set the rate of pay for substitute instructors, "guest teachers," for the 2015-2016 school year at \$100.00 per day for short term substitutes, except retired teachers will be compensated at \$120.00 per day, and \$115.00 per day for long-term substitutes. There will be an incentive bonus of \$10.00 per day to all Guest Teachers who accept a minimum of 100 jobs throughout the school year with all IASC school districts combined. Grand Rapids district will figure these out at the end of the school year and inform us what our district payments will be to those guest teachers.
25. Reviewed the preliminary substitute instructor list for the 2015-2016 school year.
26. Approved the lease agreement for GE/Apple.
27. Approved the lease agreement for CSI/CDI..
28. Approved the Long Term Facility Maintenance Revenue and Expenditures.
29. Approved the FMLA leave request for Ann McDonald through January 31, 2016.
30. Accepted the resignation from Dale Majerus as Head Girls' Basketball Coach for the 2015-2016 school year and to post for all Girls' Basketball Coach positions.
31. Approved the Physical and Other Health Impaired Service Agreement with Greenway School ISD #316 for the 2015-2016 school year.
32. Approved the Autism Service Agreement with Greenway School ISD #316 for the 2015-2016 school year.
33. Approved the Licensed Hearing, Physical and Other Health Disability Service Agreement with Greenway School ISD #316 for the 2015-2016 school year.
34. Accepted resignation from Missy Gray as ECFE teacher and post to hire.
35. The regional IASC meeting will be held on September 15, 2015 with Sue Kaslow, Bambi Lange, Joell Miranda, and Mark Meyer attending.
36. There will be a MSBA meeting on September 23, 2015 at 5:00 p.m. and Sue Kaslow, Bambi Lange, and Joell Miranda will be attending.
35. Meeting adjourned at 8:27 p.m.

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

**City of Hill City
Public Hearing
September 8, 2015**

Pursuant to due call and notice thereof, a Public Hearing was held in the Community Room in regard to the Wellhead Protection Plan.

Mayor Baker called the meeting to order at 5:41 p.m. Members present: Larry Baker, Audrey Baratto and Dave Lange. Tina Haugen and Nate Rollins were absent. Diana McManigle and Jeremy Nelson were the employees present, George Minerich from the Minnesota Department of Health was present and the public that was present were Lin Benson and Loren Solberg.

George Minerich from the MN Department of Health explained that wellhead protection plans are State and Federally required for all wells that have 15 or more people using them for more than two consecutive weeks.

The MN Department of Health (MDH) developed Part 1 of the wellhead protection (WHP) plan at the request of the City of Hill City. Mr. Minerich passed out copies of the wellhead protection plan report. This report presents the delineations of the wellhead protection area (WHPA) and drinking water supply management area (DWSMA), and the vulnerability assessments for the public water supply wells and DWSMA. MDH was able to do Part 1 of this plan for Hill City at no cost due to the city's size. If the city would have had to get this Part 1 done by a consultant it would have cost around \$25,000.00. The MDH is unable to do the Part 2 of the plan as the City of Hill City is over 500 in population, this will need to be done by a consultant. The City has decided to hire Teri Osterman from Minnesota Rural Water to do Part 2 of the plan.

Employee George Casper arrived at 5:46 p.m.

Council member Tina Haugen arrived at 5:49 p.m.

George Minerich explained that a "Scoping Meeting" will be planned for some time in October to get Part 2 of the wellhead protection plan started.

Police Chief Madsen arrived at 5:54 p.m.

Motion made by Lange to approve Part 1 of the wellhead protection plan and to continue with Part 2 of the plan, second by Haugen. Motion carried with all members present voting in favor.

The Public Hearing was closed at 5:59 p.m.

Respectfully Submitted by Diana McManigle

**Office of the School Nurse
Hill City School**

**In Office Monday, Wednesday, Friday
Phone: (218)- 697-2394 ext 102 Fax: (218)-697-2594**

Dear Parent/Guardian:

This letter is to inform all parents regarding medications at the school and the specifics to how we accept medications. It is just to inform you of the process that goes on here at Hill City school so you know what to expect and can be better prepared if your child needs a medication to be administered during the day.

Here are a few things to remember before bringing medication to the school.

- We can only accept medications from Parents.
- We can only accept medications whether over the counter Tylenol or a prescription medication such as an Epi-pen, from the parents or guardians themselves. The student cannot bring this to the office, only the parent can.
- If it is a prescription medication we need to have a Doctor's order to administer it and have the parent sign a consent stating it is okay to administer prescription medications. This includes Epi-pens for severe allergies and all inhalers.
- All medications need to be in their original bottles. Tylenol, Ibuprofen, Tums, and Benadryl are the only over the counter medication we give out at the school as needed that does not need a doctor's order. Tylenol, Ibuprofen, Tums, and Benadryl will be administered only if parents have given written consent and only on an as needed basis.

Thank you for your time and helping keep the students of Hill City School safe. If you have any questions, please feel free to call at the above number! I am in the office every Monday, Wednesday, and Friday.

Sincerely,
Deborah Peterson RN
School Nurse
Hill City School

Dean Yocum
Superintendent/Principal
Hill City School

ideas for parents

Practical Suggestions for Building Assets in Your Child

FAST FACTS

ASSET TYPE #3: Boundaries and Expectations

The more your child has clear, consistent boundaries and high expectations, the more likely he or she will grow up healthy.

51%
of youth surveyed by Search Institute experience at least three of the six boundaries and expectations assets.*

What Are Assets?

Assets are 40 key building blocks to help kids succeed.

* Based on Search Institute survey of almost 100,000 6th- to 12th-grade youth throughout the United States.



The Importance of Boundaries and Expectations

Search Institute researchers found that young people have fewer boundaries as they get older. While it's normal and healthy for teenagers to take more responsibility for themselves as

they grow, the problem is that not enough young people have clear boundaries in the first place. Positive peer influence is one boundary asset (see 6 Key Areas of Boundaries and Expectations below) that can help youth make good decisions for themselves. But while 82% of 6th graders report that their best friends model responsible behavior, only 49%

of 12th graders do.

But why are boundaries important? Sometimes a life without limits—eating, sleeping, playing, and working whenever we want—sounds appealing. Most of us realize, however, that this type of life would be chaotic. No one would know what to expect, no one would seem to care (except about themselves), and we would probably end up feeling frustrated most of the time.

Boundaries are important to our children because they give clear messages about what's expected. Every day young people face many options and choices. Without boundaries to guide them, they may feel unsure and confused—and make unhealthy decisions. With boundaries, they have the supports that help them choose wisely and grow up healthy.

6 Key Areas of Boundaries and Expectations

Search Institute researchers have identified six assets in the area of boundaries and expectations that are crucial for helping young people grow up healthy. Check your family's areas of strength:

- Family boundaries**—Family has clear rules and consequences, and monitors the young person's whereabouts.
- School boundaries**—School provides clear rules and consequences.
- Neighborhood boundaries**—Neighbors take responsibility for monitoring young people's behavior.
- Adult role models**—Parent(a) and other adults model responsible behavior.
- Positive peer influence**—Young person's best friends model responsible behavior.
- High expectations**—Both parent(a) and teachers encourage the young person to do well.

Watch the next six newsletters for more ideas on building boundaries and expectations assets!

Helpful Hints

Tips that make boundaries easier:

- **Discuss boundaries with teachers, coaches, employers, clergy, and adults in other places where your child goes so that all boundaries are consistent.**
- **When you're unsure about setting and enforcing boundaries, seek advice from another parent or a teacher.**
- **Involve your children in family meetings to discuss boundaries and what happens when boundaries are violated.**
- **Think of boundaries as something positive rather than something negative!**



Moose-Willow Sportsman Club
~Range Fun Day~



Annie Oakley

&



Archery Events

Everyone Welcome!

Saturday, October 3rd

Starts at 10:00 a.m.

We will have a lunch break at noon (donations appreciated)

Pulled pork sandwiches will be provided

Feel free to bring chips or a dessert item to share

Please bring your own beverage

Shells will be available for sale for the Annie Oakley Events

Enjoy the day at the Range

FUN FOR EVERYONE!!!

(Do not need to be a MWSC member to attend or participate)

The Moose-Willow Sportsman Club Range is located
off of Hwy 169, approximately 2 miles West of The Corner Club, on County Rd. 7
Call Mary Lou at 218-256-1550 with any questions

**Thank
you**

Successful Blood Drive

Thank you to all who helped make the blood drive a success. Thank you to the people that donated, Margie Gillson for recruiting all the donors, the "cookie" ladies, and all the other volunteers. A special thank you goes out to first time donor Mark Meyer and to Selket and Chanay for trying! All of the help is greatly appreciated and I couldn't do it without YOU!! Next drive is January 12, 2016 at the Assembly of God Church .

Anne Bjerkness



**American
Red Cross**

**HUNTER'S
SUPPER**

Swatara Community Club

Saturday, November 7th

5:00 pm - 8:00 pm

Turkey plus All the Trimmings
with

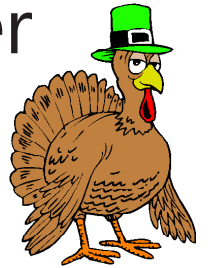
Homemade Pie



Adults \$9.00
Kids 6-10 \$4.00
Under 6 FREE

Proceeds go for Community
Club upkeep.

Harvest Dinner



Hill City Methodist
Church

Saturday October 3rd

5:00 pm - 7:00 pm

Adults : \$10.00

Kids ages 4-12 : \$5.00

3 and Under FREE

**Join us for Turkey
and all the trimmings!**

Organizations and Events

Jacobson Halloween Party

Sat. October 24
5:00 p.m.

Pumpkin contest
Costume parade
Hot Dog meal

Spook House, Haunted Hayride and much more!

Jacobson Seniors

Seniors regularly meet every Thursday from 10:00 a.m. to 2:00 p.m. with a potluck at noon. Come for the cards, coffee and conversation

Jacobson Civic Club

Will meet at 12:00 at the Jacobson Community Center to carpool to the Gilbert House on Monday, October 12. Want to join us? Make a reservation with Marsha 326-6865.

Ball Bluff Township

Ball Bluff Board Meeting Thursday, October 8, 2015, at the Jacobson Community Center for the Board meeting at 7:00 p.m. All residents are encouraged to come and participate.

Jacobson Community Center Hall and Kitchen is available for rental. Call Karen at 752-6555.

ECR Library Outreach Program will be meeting every other Thursday at 9:00 to 9:30 a.m. at the Jacobson Community Center October 8 and 22, November 5 and 19, Dec 3 and 17. Want to join the book club? It meets the third Wednesday of the month at the Community Center. Call Harriet for more information, 752-6699.

Jacobson Food Shelf

Donations can be sent to Jacobson Food Shelf, P. O. Box 616, Jacobson, MN 55752 or brought to Carmel Church on Sundays between 10:30 and 1:30. Anyone with excess garden produce is encouraged to donate it to the food shelf. On **October 1 and 15**, the food shelf will be open from 4 to 6 p.m. at Carmel Lutheran Church. For further information or help, call 218-426-4799 or 752-1062 or 752-6618.



Jacobson Fire & Rescue

Interested in Joining the Jacobson Volunteer Fire and Rescue?

Call Chief Dale Thompson 752-6560
Meetings are at the Fire Hall at 7:00
1st Thursday monthly: Business Meeting
3rd Thursday monthly: 1st Responder & Fire Training

Jacobson Churches

Jacobson Community Church

The public is invited to the "little white church in downtown Jacobson."

Sunday mornings:

9:30 a.m. to 10:20 Sunday School for all ages
10:30 to 11:30 a.m. Worship

Bible study on Wed. nights at 7:00 to 8:00 PM.
More details will be posted later on our Face book page or on the Jacobson News website.

Carmel Lutheran Church

Everyone welcome.

Sunday mornings:

11:00-Worship, 12:00-Fellowship

WELCA meets the 1st Wednesday of the month @ 9:30. Council meets 2nd Thurs. of the month @ 6:30 p.m.

Pastor Mark Wagner, 218-246-3179

The WELCA Annual Harvest Bazaar Saturday, October 3rd from 10 a.m. to 2 p.m. At Carmel Lutheran Church.

Lunch, consisting of chicken salad croissants, sloppy Joes, cheesy broccoli soup, and gooey desserts, will be available.

There will be baked goods, canned goods, garden produce, craft and gift items, quilts, rugs, embroidered dish towels, be dish cloths, jewelry, hand-made bar soap, Christmas items and white elephant items.

PTO Meeting Minutes
September 2, 2015

Parents and Teachers present were: Amanda Zapzalka, Dean Yocum, Paula Vorman, Diane Wagner, Tara Mattson, Kathy Carroll, Joell Miranda and Tami Meyer. Tami called the meeting to order at 4:03 pm.

Diane talked about the new math curriculum that the teachers had training on today. There is a parent newsletter that goes with it. There was discussion as to how to get this information to the parents. Facebook, the school website, and the school newsletter were a few of the ways discussed.

Dean reported that there are 65 new I pads for the elementary students and 2 new carts with 30 I pads each for the secondary students. The teachers did QPR training (suicide training) yesterday.

Dean has the teacher sign-up sheet (he will leave it on the counter in the office) and will send out an email to the teachers asking them to sign-up.

Put elections on the agenda for the next meeting.

The Back to School Health and Wellness Expo went really well. We handed out 36 of the 50 passport that were made up.

There were about 20 families present for the 6th grade transition. There was a suggestion to do an instant alert next year for the meeting.

We discussed what to do for monthly subjects. In October Tara Mattson will talk about Title 1 and November's discussion will be on Marzono. Dean will be talking about what "Why Treaties Matter" is in March or April. We will have the "Why Treaties Matter" display at our school in May for 2 weeks.

Some of the upcoming events that the PTO will help out with this year are as follows:

- Make and Take for Pre-K thru 3rd Grade will be on December 3rd
- The Winter Carnival in January – we can use the new indoor recess equipment
- Leapin Leprechaun's on March 14th
- Spring Expo in April or May – Dean will talk with the teachers to see what is better.

Some other ideas are:

- An athletic contest – 1 on 1 basketball, 3 on 3 basketball, horse or something like this.
- An art night

Tami asked about the website and if it would be updated this year as it is not user friendly when using a mobile device. Dean said he had someone who was to work on it last year but that it didn't get done so he is going to have someone else work on it this year.

Kathy stated that Love and Logic starts on September 22nd. It will be Tuesday's starting at 4:30.

The meeting was adjourned at 5:00 pm

Respectfully Submitted,

Tami Meyer, Secretary PTO



Hill City Hunt House 2015
Dates
Oct 23, 24, 25, 26
29, 30, 31
6PM - 9PM
Cost \$2.00 or
\$1.00 w/ Food Shelf Donation
Kids Hour 5 pm - 6 pm
Location
pass School on left
look for signs

INTRO TO ARCHERY & BASIC/
ADVANCED ARCHERY CLASSES

Intro to Archery classes are for students who are in 4th grade or older who have never participated in Archery in the past. You will learn proper range safety, form and technique to properly shoot a bow.

Basic Archery classes will take you back to the basics, retouching on the 11 steps of archery success.

Try out the Intro to Archery or Basic/Advanced Archery sessions and decide whether or not you would like to join the Hill City Archery Team and compete locally, regionally, at state and possibly beyond starting in January!

There is an additional fee to join the team to cover your team shirt and competition fees. Team forms, fee information and the team schedules will be available at practice.

DEADLINE TO JOIN THE TEAM IS DEC. 1

We provided the equipment. Parents may attend, but must remain in the bleachers at all times. It is strongly encouraged to keep younger siblings at home. Parent Meeting and Registration Night

Tuesday October 20th 6:00-7:00 pm Room 227

Intro to Archery classes will be held from 6:15 - 7:15 and Basic Archery will be held from 7:15 - 8:30

\$5.00 for all sessions (team fee separate)

October 20, 22, 27, 29

November 3

Sunday Fun Day

Shooting for all 4:00-5:30

November 1



ISD #2 Breakfast Menu October 2015



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|--------------------------------------|
| Breakfast - Offer-vs-Serve Build a healthy Meal. Select a | | | | 1 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 2 Cinnamon Roll Cheese Stick Fruit Juice Milk | 3 |
| 4) full or 1/2 serving of fruit or veggie & a minimum of 2 | 5 Muffins Trix Yogurt Cereal & Graham Cracker, Fruit Juice Milk | 6 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 7 WG Pancakes Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 8 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 9 Cinnamon Roll Cheese Stick Fruit Juice Milk | 10 |
| 11) other full meal components. 5 meal comp. are offered | 12 Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 13 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 14 WG French Toast Sticks, Cereal & Graham Cracker Trix Yogurt Fruit Juice Milk | 15 NO SCHOOL | 16 NO SCHOOL | 17 |
| 18) daily. Students must select a min. of 3. One of the meal | 19 Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 20 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 21 WG Pancakes Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 22 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 23 Cinnamon Roll Cheese Stick Fruit Juice or Milk | 24 |
| 25) components must be a fruit or veggie. | 26 Muffins Trix Yogurt Cereal & Graham Cracker, Fruit Juice Milk | 27 Oatmeal Cereal & Graham Cracker, Trix Yogurt, Fruit Juice Milk | 28 WG French Toast Sticks, Cereal & Graham Cracker Trix Yogurt Fruit Juice Milk | 29 Oatmeal Cereal & Graham Cracker, Trix Yogurt Fruit Juice Milk | 30 Cinnamon Roll Cheese Stick Fruit Juice or Milk | 31 Menu subject to change at anytime |



ISD #2 Lunch Menu October 2015



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|--|--|--------------------------------------|
| | | | | 1 Soft Shell Turkey Taco Refried Beans Corn, Fruit, Milk | 2 Hamburger w/ WG Bun, Pickle Tater Tots, Veggie Fruit, Milk | 3 |
| 4 | 5 WG Breaded Chicken Patty, WG Bun, Lettuce Carrots, Fruit, Milk | 6 Hot Dog/ WG Bun, Pickle Potato Salad, Beans Applesauce, Milk | 7 Pepperoni Pizza Romaine & Spinach Salad, Peas Fruit, Milk | 8 Beef Tacos w/ fixings, Black Beans, Corn Fruit, Milk | 9 Hamburger w/ WG Bun, Pickle Tater Tots, Veggie Fruit, Milk | 10 |
| 11 | 12 Ch. Nuggets Rice, Spinach Salad Fresh Vegetables Fruit, Milk | 13 WG Cheese Quesadilla Green Beans Fruit, Milk | 14 Hamburger Gravy, M. Potatoes, Corn, WG Roll Pineapple, Milk | 15 NO SCHOOL | 16 NO SCHOOL | 17 |
| 18 | 19 Ch. Strips Fresh Veggie Blend WG Dinner Roll Fruit, Milk | 20 Ch. Noodle Soup Ham & Cheese Sandwich, Veggies Fruit, Milk | 21 Cheese Pizza Spinach Salad Peas and Carrots Fruit, Milk | 22 WW Pasta w/ Meat Sauce Salad Bar Fruit, Milk | 23 Fish Wedge Rice, Salad Blend Baby Carrots Diced Peaches, Milk | 24 |
| 25 | 26 Bosco Sticks Maranara Sauce Coleslaw, Corn Fruit, Milk | 27 Tomato Soup Grilled Cheese Veggie Sticks, Dip Fruit, Milk | 28 Shrimp Poppers Cheesy M. Potato Veggies w/ Dip Fresh Fruit, Milk | 29 Chicken Fajita Peppers & Onions Sh. Cheese, BBSalsa Fruit, Milk | 30 Sloppy Joes w/ WG Bun, Sweet Potato Tots, Veggie Fruit, Milk | 31 Menu subject to change at anytime |

Independent School District No. 2
 500 Ione Avenue
 Hill City, MN 55748

Hill City, MN 55748
 U.S. Postage Paid
 Permit No. 3

Local Boxholder
Hill City, MN 55748



ISD #2 Activities October 2015



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|--|--|--------------------------------|---------------------------------------|--------------------------------------|------------------------|
| | | | | 1 FB vs. Cromwell JH 4:30 Away | 2 FB vs. Ogilvie A 7:00 Away | 3 |
| 4 BB Open Gym 6-8 Gym A & B | 5 | 6 VB vs. Bigfork AB JH 5:45 Away | 7 VB Open Gym 7-9 Gym A | 8 FB vs. Floodwood JH 5:00 Home | 9 FB vs. Floodwood A 7:00 Home | 10 |
| 11 BB Open Gym 6-8 Gym A & B | 12 VB vs. Crosby AB JH 5:45 Home FB vs. Bigfork JH 5:00 Home | 13 | 14 VB Open Gym 7-9 Gym A | 15 NO SCHOOL | 16 NO SCHOOL | 17 |
| 18 BB Open Gym 6-8 Gym A & B | 19 VB vs. Isle AB JH 6:00 Away | 20 VB vs. NE Range AB 5:45 Away | 21 VB Open Gym 7-9 Gym A | 22 | 23 | 24 |
| 25 BB Open Gym 6-8 Gym A & B | 26 | 27 | 28 VB Open Gym 7-9 Gym A | 29 | 30 | 31 Halloween |