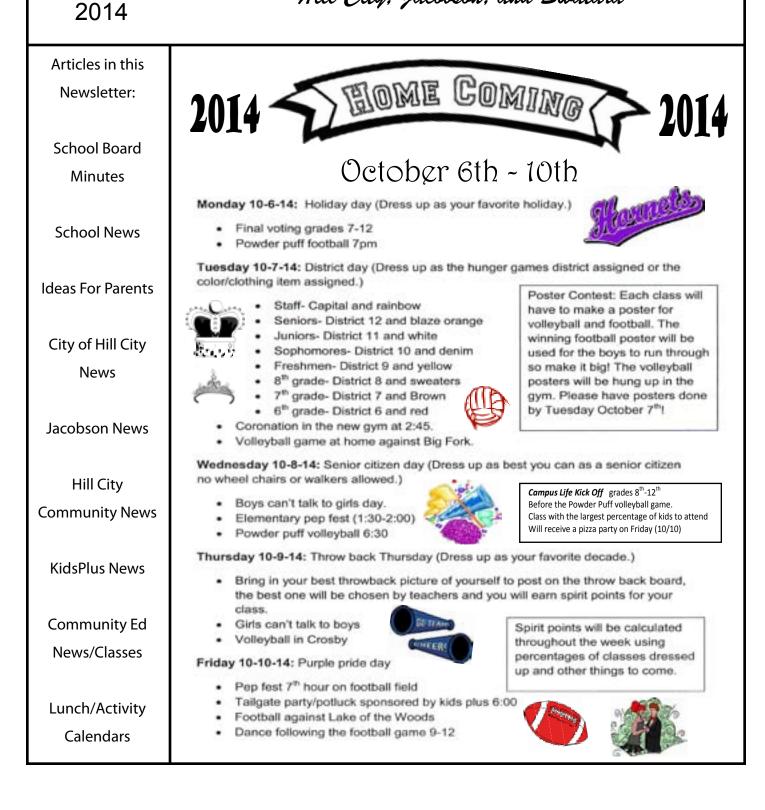
October



COMMUNITY NEWS

Serving Northern Minnesota Communities Hill City, Jacobson, and Swatara



Hill City School Board

Tom Fasteland, Chairman 66641 345th Place Hill City, MN 55748

Mark Meyer PO Box 42 Hill City, MN 55748

Sue Kaslow, Clerk PO Box 165 Hill City, MN 55748

Brent Welk 62612 Osprey Ave Swatara, MN 55785 Martha Lentz, Treasurer 41188 650th St Swatara, MN 55785 697-8214 zzzahtram@northlc.com

Committee Assignments for 2014

Committee

MSHSL **Negotiations Committee**

System Accountability Committee **Community Education Advisory Council** Meet and Confer

Staff Development School and Community Health Team **Recertification Committee** ARCC Comparable Worth NESC Board Safety/Transportation Committee Athletic Advisory Committee Itasca Area Schools Collaborative

Representative

Mark Meyer Sue Kaslow, Tom Fasteland, and Martha Lentz (Brent Welk, Alt.) (Martha Lentz, Alt.) Mark Meyer (Tom Fasteland, Alt.) Tom Fasteland and Mark Meyer (Brent Welk, Alt.) Martha Lentz Tom Fasteland and Martha Lentz

Sue Kaslow Brent Welk Sue Kaslow Tom Fasteland Brent Welk, Tom Fasteland Sue Kaslow (Mark Meyer, Alt.)

For School Closings and Emergency Information Broadcasts **RADIO STATIONS TV STATIONS**

RADIO	USA	99.9 FM
KOZY	Grand Rapids	1320 AM
KMFY	Grand Rapids	96.9 FM
WTBX	Grand Rapids	93.9 FM
KAXE	Grand Rapids	91.7 FM

INSTANT ALERT

Infinite Campus' Voice Messenger system will call parents between 5:00 - 6:00 a.m. for school closings.

WDIO/WIRT KDLH KBJR WCCO

Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 27th of the month. If you have any questions regarding this, please feel free to contact Brandi at (218) 697-2394, ext. 160.

Itasca Alliance Against Sexual Assault Now Serving Aitkin County OUR MISSION To educate the community about sexual violence and provide support for survivors Free and Confidential emotional support groups 24-hour Assistance medical/legal advocacy short-term counseling • 218-326-5008 community referrals • 218-927-6226 public education 866-747-5008

INDEPENDENT SCHOOL DISTRICT NO. 2 HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Tom Fasteland at 7:00 p.m. on Monday, August 25, 2014.

Roll Call showed the following members present: Sue Kaslow, Martha Lentz, Tom Fasteland, Brent Welk, Mark Meyer, and Jessica Lathrop. Board Members absent: None. Also present was Superintendent/Principal Dean Yocum, Business Manager Ellie Hill, Maintenance Supervisor Eric Hill, and Jay and Amanda Zapzalka.

- 1. Approved the Agenda with additions.
- Approved the following:
 *Minutes of the Regular Meeting of July 28, 2014;
 *July 2014 bills presented for payment;
 - *Current bills through 08/11/14;
 - *Investments and wire transfers;
 - *Reviewed the Activity Fund Statement;
 - *Reviewed Cash Receipts including donations.
- 3. No comments or requests from visitors.
- 4. There was no report from the School Attorney.
- 5. Transportation Report: Buses are out and about and ready to roll.
- 6. Student Council: None to report.
- 7. System Accountability Committee: No meeting.
- 8. School and Community Health Committee: No meeting.
- 9. Safety/Transportation Committee: No meeting.
- 10. Negotiation Committee: None to report.
- 11. Community Education Report: Jessica Lathrop will meet with the Lion's Club on Wednesday, August 27, 2014 to discuss the Disc Golf Course. Four trees that died were replaced under warranty. She is finishing up the grant report for Northland Foundation.
- 12. Maintenance Supervisor report: Maintenance Supervisor Eric Hill reported that the sidewalk replacement is finished and the roof damage that occurred due to the wind storm will be repaired within the next two weeks.
- 13. Superintendent/Principal Yocum stated that Larry Baker, Eric Hill and he met with Rod Bibeau and went over our network. Superintendent/Principal Yocum informed the Board that there would be a public meeting regarding the Local Optional Levy during National Night Out which is on September 7, 2014 from 4-7 p.m.
- 14. Approved hiring Laurie Holm as 67% time Dean of Students/Curriculum and 33% English Teacher with a salary to be set according to the HCUE Master Agreement.
- 15. There will be five regular bus routes this school year and no special education routes.
- 16. Set the salary for athletic supervisors for all athletic events for the 2014-2015 school year at \$15.00 per hour.

- 17. Approved hiring the following for the 2014-2015 school year with a salary of \$25.00 per night: Tami Meyer and Patty Valley as ticket takers for fall athletic events, Jeanie Crandall as Volleyball Score Bookkeeper, Alan Olson as Volleyball Scoreboard Operator, Laurie Holm as Libero Tracker, Jim Lamke as Football Timekeeper/PA, Clark Bailey as Football Scorekeeper, Dave Olson, Alan Olson, and Dave Lange as Field Down/Yard Judges, Tiffany Hocking and Adam Johnson as Volleyball Linesmen.
- 18. Approved hiring Jessica Lathrop as cook's helper/ dishwasher for 5 hours per day while school is in session starting the 2014-2015 school year with a salary to be set according to the current AFSCME contract.
- 19. Accepted resignation from Jessica Lathrop as School Board member with regrets.
- 20. Approved posting a notice for accepting a letter of interest for appointing a board member at the September regular board meeting. The letters must be received by noon on September 15, 2014.
- 21. No action was taken on hiring a lunchroom/playground monitor for the 2014-2015 school year.
- 22. Approved hiring Jessie Ahonen as Assistant Girls' Volleyball Coach for the 2014-2015 school year with a salary to be set according to the HCUE Master Agreement.
- 23. Approved hiring John Weyer as Junior High Girls' Volleyball Coach for the 2014-2015 school year with a salary to be set according to the HCUE Master Agreement.
- 24. Approved hiring Jodi Perrington as full time English/ Social Studies Teacher starting the 2014-2015 school year with a salary to be set according to the HCUE Master Agreement.
- 25. Approved the Assurance of Compliance with State and Federal Law Prohibiting Discrimination.
- 26. Set the rate of pay for substitute instructors for the 2014-2015 school year at \$100.00 per day for short term substitutes and \$115.00 per day for long-term substitutes.
- 27. Reviewed the preliminary substitute instructor list for the 2014-2015 school year.
- 28. Approved the Licensed School Psychologist contract for services for the 2014-2015 school year.
- 29. Approved hiring Marc Olig, Adam Johnson, and Patti Schmidt as Junior Class Advisors.
- 30. Approved moving the Regular September Board Meeting from September 22 to September 29, 2014 at 7:00 p.m.
- 31. Meeting adjourned at 8:08 p.m.

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.

Parent's Corner:

As most of you know, the term "bullying" has become a hot button topic. Between media attention and different definitions and perception, many parents are left feeling frustrated about the issue. Hill City School has been been teaching our students about respect, kindness and using anti-bullying curriculum for many years. Research on bullying and how to stop it shows that discipline or punishment is not the most effective way to stop bullying. In fact, education and empathy instruction are far better tools to stop bullying in our schools. In an effort to educate parents about what is in place already, here is a brief summary of Hill City School's Bullying Prohibition Policy.

Our Anti Bullying and Harassment policy:

A. "Bullying" means intimidating, threatening, abusive, or harming conduct that is objectively offensive and:

1. an actual or perceived imbalance of power exists between the student engaging in the prohibited conduct and the target of the prohibited conduct, and the conduct is repeated or forms a pattern; or

2. materially and substantially interferes with a student's educational opportunities or performance or ability to participate in school functions or activities or receive school benefits, services, or privileges.

**The term, "bullying," specifically includes cyberbullying, which is also defined in our policy. What we have in place now :

- Bullying education (teaching kindness, respect, etc) is in place in all elementary classrooms, as well as Junior High Health classes. Two programs we use are Second Steps and Steps to Respect.
- Early Childhood students and families are offered lessons on respect. (Second Steps is just one of the curriculum tools used).
- The Ramp Up to Readiness program teaches respect and social skills to students in grades 6-12.

Referral Process:

- When a student reports being bullied or witnessing bullying, that report is documented and referred to the Principal, Dean of Students and Counselor.
- An investigation into the incident is opened.
- All witnesses are interviewed.
- Parent notification-being very sensitive to issues of confidentiality.
- The team makes a determination on the incident, and appropriate disciplinary action is taken.
- Whether disciplinary action is taken or not, the victim and aggressor both receive direct instruction on respect, kindness, what to do in these tough situations.
- If it seems to be an ongoing problem with a particular grade, whole class guidance instruction is provided.

HORNET LEADERSHIP GROUP

In an effort to streamline our fundraising and get our students working toward goals that will be beneficial to our entire school, we have joined the following groups together: grades 9-12, HC Club and Student Council. The students have named their new group The Swarm. The Swarm is in the earliest stages, but we did want to give parents a heads up on where we are now, our goals and our plans for the future of this group.

Objectives:

- Reduce the number of fundraisers going out into the community
- Bring students together to work on goals for the common good of the school
- Organize the staff and parents more efficiently and effectively to work with our students

Fundraising:

- Classes will no longer fundraise individually. There will be one common "pot of money" that a student governing board will manage
- Students and parents in grades 9-12 will run concessions, rather than it being the sole responsibility of the Junior class
- The student body as a whole will do a select few (maybe two or three) fundraisers that we know have been successful and well received by the community and families

Activities (to plan and raise funds for):

- Homecoming
- Winterfest
- Frosty Fling
- Prom

Apparel:

We are currently offering embroidered Hornet apparel items through our concession stand. The items available can be ordered through Tina Harcey, an HCHS parent, and alumnus who will be doing the embroidery. Samples of the products as well as order forms and prices are at the concession stand. In the near future we will also have screen-printed t-shirts and a few other products available.

Please keep your eyes open for more information in the Community Newsletter or in the announcements. If any parents have the time and would be willing to volunteer for dates in concessions, please email Laurie Holm at https://www.holm.com

We'll be looking for parent and community help in planning this year's Homecoming week starting next week. Talk to your students about how you can get involved! Homecoming is October 6-10.

Awards Banquet

Other school improvement ideas (new

sound system, new Hornet, etc.)

Newsletter #14



Practical Suggestions for Building Assets in Your Child

FAST FACTS

ASSET TYPE #3: Boundaries and Expectations

The more your child has clear consistent boundaries and high expectations, the more likely he or she will grow up healthy.

51% of youth curorged by Bearch Institute organiance or land three of ehr six boundunios and expect tations assets.

What Are Assets? Assets are 40 key building blocks to help kids succeed.

* Based on Dearch Austrian errys of obset 100,000 lish to 12th-grade yearth troughout the United States



earch Institute researchers found that young people have fewer boundaries as they get older. While it's normal and healthy for teenagers to take more responsibility for themselves as

leas for no

they grow, the problem is that not enough young people have clear boundaries in the first place. Positive peer influence is one boundary asset (see 6 Key Areas of Boundaries and Expectations below) that can help youth make good decisions for themselves. But while 82% of 6th graders report that their best friends model responsible behavior only 49%.

Watch the next six newsletters for more ideas on building boundaries and expectations assets!

Helpful Hints

- Tips that make boundaries easier:
- Discuss boundaries with teachers, coaches. employers, clergy, and adults in other places where your child goes so that all boundaries are consistent.
- When you're unsure about setting and enforcing boundaries, seek advice from another parent or a teacher.
- Involve your children in family meetings to discuss boundaries and what happens when houndaries are violated.
- Think of houndaries as something positive rather than something negative!

The Importance of Boundaries and Expectations

of 12th graders do.

Dut why are boundaries important? Sometimes a life without limits-eating, sleeping, playing, and working whenever we want-sounds appealing. Most of us realize. however, that this type of life would be chaotic. No one would know what to expect. no one would seem to care (except about themselves), and we would probably end up feeling frustrated most of the time.

Boundaries are important to our children because they give clear messages about what's expected. Every day young people face many options and choices Without boundaries to guide them, they may feel unsure and confused-and make unhealthy decisions With boundaries, they have the supports that help them choose wisely and grow up healthy.

6 Key Areas of Boundaries and Expectations

Search Institute researchers have identified six assets in the area of boundaries and expectations that are crucial for helping young people grow up healthy. Check your family's areas of ot anyth:

- Family boundaries—Family has elear rules and concernences, and manitors the young person's whereabouts.
- School boundaries—School provides clear rules and consequences.
- Iteighborhood boundaries—Reighbors take responsibility for menitoring young people's *behavior*
- Adult role models—Parent(a) and other adulta model responsible behaviar.
- Acaitive peer influence Young person's beet friende model responsible behavior
- High expectations-Ooth porent(s) and teachers encourage the young person to do well.

Boundaries Through The 4 Cs of Boundaries and the Years Expectations Ways to Set and Uphold Boundaries for Your Child Age Clear-Everyone should - Know that children at this age don't intentionally violate 01 . know what to expect. standards Concise-The shorter the Distract your child from inappropriate behaviors and draw explanation, the better. attention to appropriate ones McGregor Lions Club, Palisade Lions Club, & Aitkin County Family Collaborative: (Aitkin ISD #1, Hill City ISD #2, McGregor ISD #4, Mille Lacs Band District II, Aitkin County Corrections, Aitkin County Health & Human Services) Enforce boundaries consistently so children learn them more 23 Creative-Kids respond easily hetter when boundaries - Give simple, understandable boundaries, such as 'Don't bite' or are clever and creative. 'Be owiet.' Consistent-Standards - Don't just tell your child what and what not to do Demonstrate are more likely to be appropriate ways of behaving. honored when you - Be calm when your child acts out in highly emotional ways. consistently uphold them. 6-10 - Be firm about safety boundaries. Be consistent with the consequences for violating boundaries 11-15 - Negotiate new boundaries as your child grows older. . Be patient, calm, and consistent as young adolescents test the More Stuff You boundaries you set. Can Use 10.10 - Respect growing privacy needs while still showing interest in Discipline That Works. This book helps your teenager's activities and friends. adults help children and youth become - Help your teenager think about future goals and the discipline self-reliant, make positive decisions, and and boundaries required to reach them control their own behavior. (Available Quick Tip: from Penguin Books, 175 Hudson Street. Set clear boundaries New York, NY 10014 1-800-331 4624.) and expect the best. -iNal Word

> "Children need a consistent, positive approach to become emotionally mature. Be clear about what behaviors are acceptable and what behaviors are unacceptable."—Atice S. Bonig, author of Lore & Learn, a parenting book

This revealables and other eased researchs are produced by Search Institute. THE South Third Street, Sore 210, Mexempties. NOI 59475: 1-500-896-24078. Copyright © 1997 by Search Institute. Major support to Search Institute: / Asathy Commartize - Meality Parth Institute to provided by Latheren Besterional, a featured bands society that specializes in inserance, assetties, and investment products.

Fresh Fruit & Vegetable Snack Program for Schools

Aitkin Lions Club, Hill City Lions Club,

Newsletter Sponsors:

Helping school children learn more about healthful eating habits and introducing them to a variety of produce.

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted 2 day a week program providing free fresh fruits and vegetables to students in grades K-4 in participating elementary schools during the school day. The FFVP helps schools create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, and increasing children's fruit and vegetable consumption. The Hill City School would like to thank the Carmel Lutheran Church Quilter's Club, the Hill City Thrift Shop, Woodland Bank and all of the individuals and other businesses who took part in the collecting of and donating of school supplies to our students. Your generosity is very much appreciated!

HANK VOI

3

5

JACOBSON COMMUNITY NEWS

OCTOBER 2014

www.jacobsonnews.com

Organizations and Events

Jacobson Halloween Party

Sat. October 25 5:00 p.m. Pumpkin contest Costume parade Hot Dog meal Spook House, Haunted Hayride and much more!

Jacobson Seniors

Seniors regularly meet every Thursday from 10:00 a.m. to 2:00 p.m. with a potluck at noon. Come for the cards, coffee and conversation

Jacobson Civic Club

Will meet at 1:00 at the home of Sandy Brown on Monday, October 13. Want to join us? Call Marsha 326-6865.

Ball Bluff Township

Ball Bluff Board Meeting Thursday, October 9, 2014, at the Jacobson Community Center for the Board meeting at 7:00 p.m. All residents are encouraged to come and participate.

Jacobson Community Center Hall and

Kitchen is available for rental. Call Vickie Herman 752-1511.

ECR Library Outreach Program will be

meeting every other Thursday at 9:00 a.m. at the Jacobson Community Center October 16 and 23, and every other Thursday. Want to join the book club? It meets the third Wednesday of the month at the Community Center. Call Harriet for more information, 752-6699.

Jacobson Food Shelf

Donations can be sent to Jacobson Food Shelf, P. O. Box 616, Jacobson, MN 55752 or brought to Carmel Church on Sundays between 10:30 and 1:30.

On **October 2 and 16**, the food shelf will be open from 4 to 6 p.m. at Carmel Lutheran Church. For further information or help, call 218-426-4799 or 752-1062 or 752-6618.



Jacobson Fire & Rescue

Interested in Joining the Jacobson Volunteer Fire and Rescue?

Call Chief Dale Thompson 752-6560 Meetings are at the Fire Hall at 7:00 1st Thursday monthly: Business Meeting 3rd Thursday monthly: 1st Responder & Fire Training

Jacobson Churches

Jacobson Community Church

The public is invited to the "little white church in downtown Jacobson." Sunday mornings: 9:30 a.m. to 10:20 Sunday School for all ages 10:30 to 11:30 a.m. Worship Bible study on Wed. nights at 7:00 to 8:00 PM. More details will be posted later on our Face book page or on the Jacobson News website.

Carmel Lutheran Church Everyone welcome. Sunday mornings:

11:00-Worship, 12:00-Fellowship WELCA meets the 1st Wednesday of the month @ 9:30.Council meets 2nd Thurs. of the month@ 6:30 p.m. Intern Pastor Mark Wagner,218-246-3179

The WELCA Annual Harvest Bazaar Saturday, October 4th from 10 a.m. to 2 p.m. At Carmel Lutheran Church

Lunch, which includes chicken salad croissant sandwiches, sloppy Joe sandwiches, cheesy-broccoli soup, desserts, and beverages, will be available.

There will be baked goods, canned goods, garden produce, craft and gift items, quilts, rugs, embroidered dish towels, Christmas items. and white elephant items.



Successful Blood Drive

Thank you to all who helped make the blood drive a success. Thank you to the people that donated, Margie Gillson for recruiting all the donors, the "cookie" ladies, and all the other volunteers. A special thank you goes out to first time donors Shaila Holm, Aurora Schuety, Alexandra Knapp and Josh Biskey! All of the help is greatly appreciated and I

couldn't do it without YOU!!

Anne Bjerkness



American Red Cross

Saturday

November 8th, 2014 5:00 PM to 8:00 PM

Turkey plus trímmíngs *Homemade Ti*e

Adults	\$9.00
Ages 6-10	\$4.00
Under 6	Free

Proceeds go to club upkeep.







SPONSORED BY HILL CITY ASSEMBLY OF GOD.

HILL CITY ASSEMBLY OF GOD

GRAND CELEBRATION

COMMUNITY OPEN HOUSE

11am-2pm, Saturday, October 11

Everyone is welcome to come enjoy a light lunch of brats and hotdogs and check out our expanded facility. There will also be games for the kids.

BUILDING DEDICATION

10am, Sunday, October 12

Everyone is welcome.



Remember the Hill City Growing Forward Meetings? Our group started as the Multi-use Building Committee and after many meetings decided to focus on teens aged 13-18. We started the Hill City Teen Group. Our ultimate goal is to be able to bring a teen center to Hill City but need to reach out to our teens first, this is where Campus Life comes in. Campus Life is a program for high school students where the staff spends many hours with them building bridges of authentic friendships. Weekly meetings provide fun activities and lively discussions, which will be held in students' homes. We offer retreats, trips and other recreational activities. All students are welcomed regardless of race, religion, gender or background.

We are planning our Campus Life Kick Off on Wednesday October 8th, for grades 8th - 12th, before the powder puff volleyball game. The class that has the biggest percentage of their class come to the Campus Life Kick Off will win pizzas for lunch on Friday October 10th!

We are excited to start these relationships with our teens and hope to make lasting impacts on them!

Mission Statement: To care, mentor and build relationships with youth through a faith-centered approach by providing opportunities that are safe, inviting and non-judgemental.

Schedule of Events for Homecoming

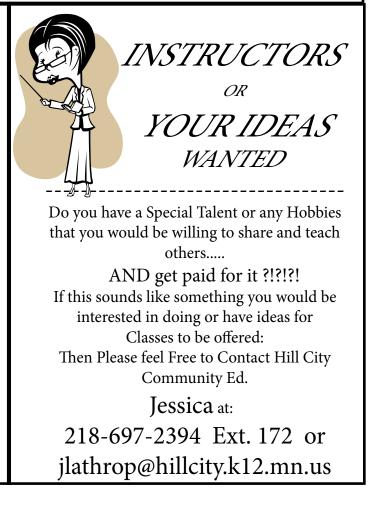
Campus Life Kick Off (Grades 8-12)

Free Food – The class that has the biggest percentage of kids come to our Kick Off wins pizza for lunch on Friday (10/10)!



6:00 pm Bring a dish to share and Cheer on your Hornet Football team to a Homecoming V *I*C*T*O*R*Y !!!

Please Continue to watch for more Kids Plus Events and if you wish to help by volunteering time with your/our kids let us know! And if your a student in 7-12 grade there's Always room for you to join us, just watch and listen for our Meeting anouncements!! *lathrop@hillcity.k12.mn.us or 218-697-2394 Ext. 172*





Taking this class is an easy and sure way to reduce your motor vehicle insurance premiums. State law requires all auto insurance providers to reduce premiums by 10% for policyholders who are 55 or older, when a certificate of class completion is provided to them. If you have never taken the class before, you need to take the initial 8-hour class first, and then every three years the 4-hour refresher is taken. No tests are given. All participants will be issued a certificate at the end of the class. You must have a valid driver's license with you at the beginning of the class so that a certificate can be issued.

4 hr Refresher Class: <u>OCTOBER 21st</u> 5-9pm

Location: Hill City School, Room 250 Min. # Required: 8 Max. #: 30 Cost: \$12 for members \$14 for non members

Register by sending in your form or calling the Community Ed. office, but you should bring your payment to the class. For questions concerning this class, please contact Jessica Lathrop Hill City Comunity Ed. at 697-2394 X172.

Intro & Basic Archery Classes

Intro to Archery classes are for students who are in 4th grade or older who have never participated in archery in the past. You will learn proper range safety, form and technique to properly shoot a bow.

Basic Archery classes will take you back to the basics, retouching on the 11 steps of archery success.

Try out the Intro to Archery or Basic Archery sessions and decide whether or not you would like to join the Hill City Archery Team and compete locally, regionally, state and possibly beyond starting in January! There is an additional fee to join the team to cover your team shirt and competition fees. Team forms, fee information and the team schedules will be available at practice.

We provide the equipment. Parents may attend, but must remain in the bleachers at all times. It is strongly encouraged to keep younger siblings at home.

Parent Meeting and Registration Night

Thurs., Oct 2 6:00 - 7:00 Where: Community Room # 250 Intro to Archery classes will be held from 6:15 - 7:15 Basic Archery will be held from 7:15-8:30

\$5.00 for all sessions (team fee separate)

Oct. 6, Oct. 20, Oct. 23, Oct. 27, Oct. 30

Nov. 3, Nov. 6, Nov. 25,

Dec. 2, Dec. 5, Dec. 8, Dec. 11, Dec. 18 Sunday Fun Day Shooting (for all) 4:00 pm - 6:00 pm

Oct. 12, Oct. 26,

Dec. 7 & Dec. 14

Protecting Your Financial Identity Tuesday



October 14th

@ 6:30 PM in Room 225

There will be a class offered for *all ages* to educate you on the ways that criminals are currently getting your personal information from places like Facebook and others and using it in **Identity Theft** or **Scams**. Alycia Holter will also be presenting a few ways to protect yourself and your loved ones from

these crimes.

Don't be a Victim.

Fee: \$2.00 send in ahead of time or bring to the class Payable to Hill City Community Ed.

500 Ione Ave Hill City MN 55748 attn: Jessica Lathrop You may just call **697-2394 Ext. 172** to register ahead or if you have any questions.

Also e-mail jlathrop@hillcity.k12.mn.us

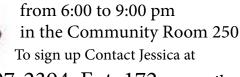
Have you ever wanted to learn to Sew or Quilt? To make beautiful gifts for your friends or loved ones? Then please join Angie Ulseth in her Back to Basics Class where she will get you started and you will

be creating a fantastic Table Runner. There will be a maximum of 10 people for her class and a minimum of 3.

So sign up now to save your spot!

Cost: \$ 12.00 Checks made payable to Comm. Ed. this fee will include most supplies

Date: October 23rd



697-2394 Ext. 172 or email jlathrop@hillcity.k12.mn.us

There will be a few additional items you will be asked to bring along, just ask Jessica for that list.

You *will* need to bring a sewing machine

If you wish to Purchase an Open Gym Season Pass.. Which includes: <u>OPEN GYM</u> SUNDAY 6-8pm (Basketball) WEDNESDAY 7-9pm (Volleyballl) and (Excluding Holidays) <u>CARDIO ROOM</u> **Times are still to be determined** They will be posted and announced as soon

as we have them.

Students:\$10.00/session \$15.00/Year

Community:\$20.00/session \$30.00/Year

<u>Family:</u> \$30.00/session \$40.00/Year

Return or Send Payment and this Form to the

School Once you've turned in your \$ and slip your name will be added to the Season Pass List NAME:

PHONE NUMBER:

to: 500 Ione Ave. Hill City MN, 55748



Basketball Open Gym

You will now be able to purchase a Season Pass for each session of Open Gym or the Whole Year.

Session 1 begins September 7th

You may purchase your Season Pass for the Year or the Session, it is up to you. Each session will be:

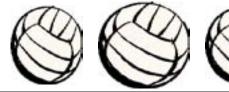
<u>Students</u>:\$10.00 & <u>Community</u>:\$20.00 (or \$15.00/year) (or \$30.00/year)

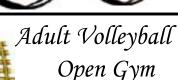
<u>Family:</u> \$30.00 (or \$40.00/ Year) Purchase your Season Pass Today from Jessica Lathrop or See the <u>Season Pass Ad</u> for mail-in instructions.

Join us every Sunday evening from 6:00 pm - 8:00 pm in the Hill City School Gym

For more information please contact Jessica at: 697-2394 ext. 172 or jlathrop@hillcity.k12.mn.us







You will now be able to purchase a Season Pass for each session of Open Gym. <u>Session 1</u> will begin September 3rd You may purchase a Whole Year or by each session, whichever you choose.

Students:\$10.00 & Community:\$20.00

(or \$15.00/year) (or \$40.00/year)

Family: \$30.00 or \$40.00/year Purchase your Season Pass Today from Jessica Lathrop or See the *Season Pass Ad* for mail-in Instructions.

Join us every Wednesday evening from 7:00 pm 9:00 pm in the Hill City School Gym

For more information please contact Jessica at: 697-2394 ext. 172 or jlathrop@hillcity.k12.mn.us



ISD #2 Breakfast Menu October 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pancakes, Yogurt	2 Cereal, Yogurt or Cheese Stick	3 Whole Grain Cinnamon Roll, Yogurt or Cheese Stick	4
5 Breakfast - OFFERED DAILY: Milk, Juice Fruit	6 Breakfast Burrito	7 Cereal, Yogurt or Cheese Stick	8 Blueberry Muffin, Egg Patty	9 Cereal, Yogurt or Cheese Stick	10 Whole Grain Cinnamon Roll, Yogurt or Cheese Stick	11
12 Offer-vs-Serve	13 Whole Grain Turkey Sausage Breakfast Pizza	14 Cereal, Yogurt or Cheese Stick	15 Mini Strawberry Pancakes, Cheese Stick	¹⁶ NO SCHOOL	17 NO SCHOOL	18
19	20 Mini Waffles, Yogurt or Cheese Stick	21 Cereal, Yogurt or Cheese Stick	22 WG French Toast Sticks, Sausage Links	23 Cereal, Yogurt or Cheese Stick	24 Whole Grain Cinnamon Roll, Yogurt or Cheese Stick	25
26	27 Whole Grain Bacon Scramble Breakfast	28 Cereal, Yogurt or Cheese Stick	29 Egg Patty, Muffin	30 Cereal, Yogurt or Cheese Stick	31Whole Grain Cinnamon Roll, Yogurt or Cheese Stick	Menu subject to change at anytime



ISD #2 Lunch Menu October 2014



Sunday	Monday	Tuesday	Wednesday	CThursday	Friday	Saturday
			1 Turkey Gravy, Mashed Potatoes WG Roll, Veggies	2 Chicken Fajita, Rice, Corn, Fruit Salad Bar	3 Sausage Pizza, Peas, Salad Bar Fruit	4
5 Lunch - OFFERED DAILY: Milk, Salad Bar Choice of Fruit	6 Breaded Chicken Patty/ WG Bun, Veggie Medley	7 WG Pasta Marinara W/Diced Turkey, Spinach Salad Bar	8 Build your own Taco Salad, Corn Chips	9 Sub Sandwiches w/fixings, Pickles Baby Carrots	10 Stuffed Crust Pizza, Spinach Salad Bar	11
12 Offer-vs-Serve	13 Cheese Pizza, Veggie Blend, Oranges	14 WG Pasta Chicken Marinara, Green Beans, Romaine Salad Bar	15 Build your own Chef Salad, WG Dinner Roll	¹⁶ NO SCHOOL	¹⁷ NO SCHOOL	18
19	20 Chicken Nuggets, WG Rice Blend Green Beans	21 Goulash, WG Roll, Green Beans	22 Turkey Rice Soup, Ham & Cheese Sandwich, Veggies	23 Chicken Taco, Refried Beans, Salsa	24 Shrimp Poppers, Mashed Potatoes, Veggies	25
26	27 Unbreaded Chicken Breast/ WG Bun, Broccoli and Cauliflower	28 Max Sticks, Marinara Sauce, Corn, Coleslaw	29 Tomato Soup, Grilled Cheese, Veggies	30 Burrito, Salad Bar, Carrots	31 Hot Dog/WG Bun, Calico Beans, Potato Salad, Coleslaw	Menu subject to change at anytime

Independent School District No. 2 500 Ione Avenue Hill City, MN 55748



ISD #2 Activities October 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 VB Open Gym 7-9 Gym A	2 FB vs. Cromwell C 5:00 Home	3 FB vs. Northome A 7:00 Away	4
5 VB Open Gym 4-6 Gym A BB Open Gym 6-8 Gym A & B	6 HOMECOMING	7 VB vs. Bigfork ABC 5:45 Home <i>HOMECOMING</i>	8 VB Open Gym 7-9 Gym A HOMECOMING	9 VB vs. Crosby ABC 5:45 Away FB vs. Floodwood C 5:00 Home HOMECOMING	10 FB vs. Lake of the Woods A 7:00Home HOMECOMING	11
12 VB Open Gym 4-6 Gym A BB Open Gym 6-8 Gym A & B	13 FB vs. Bigfork C 5:00 Home	14 VB vs. Isle ABC 6:00 Home	15 No Open Gym FB vs. McGregor A 7:00 Away	16 NO SCHOOL VB Sartell Trny AB Away TBD	¹⁷ NO SCHOOL	18
19 VB Open Gym 4-6 Gym A BB Open Gym 6-8 Gym A & B	20 BOOKFAIR	21 BOOKFAIR	22 VB Open Gym 7-9 Gym A BOOKFAIR	23 BOOKFAIR	24 BOOKFAIR	25
26 VB Open Gym 4-6 Gym A BB Open Gym 6-8 Gym A & B	27	28	29 VB Open Gym 7-9 Gym A	30	31	