

March



2013

# COMMUNITY NEWS

*Serving Northern Minnesota Communities  
Hill City, Jacobson, and Swatara*

ARTICLES IN THIS  
NEWSLETTER:

SCHOOL BOARD  
MINUTES

SCHOOL NEWS

IDEAS FOR PARENTS

JACOBSON NEWS

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NEWS

HILL CITY  
COMMUNITY NEWS

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NEWS/CLASSES

LUNCH/ACTIVITY  
CALENDARS

## HILL CITY STUDENTS ARE REGIONAL WINNERS AT BUSINESS PROFESSIONALS OF AMERICA COMPETITION IN GRAND RAPIDS

Fourteen Hill City Students competed on January 24th and 25th at the Timberlake Lodge in Grand Rapids, for the BPA Region 5 Competition. Hill City had a great showing as 6 will be going to the BPA state competition in Minneapolis on March 6th-9th. The following students have placed: **Caitlin Crandall** - 2nd in Fundamental Accounting & 2nd in Medical Office Procedures, **Emily Bounds** - 1st in Fundamental Desktop Publishing, **Taylor Becker** - 2nd in Fundamental Desktop Publishing, **Jenna Ihle** - 3rd in Fundamental Desktop Publishing, **Jessica Ihle** - 4th in Fundamental Desktop Publishing, and **Tess Hatfield** - 2nd in Extemporaneous Speech & 5th in Legal Office Procedures.

Competing with all of these schools was a great experience and we can't wait for state! People who place in state level advance to Nationals in Orlando, Florida in May. Wish us all luck!



Pictured above sitting in the front row: Courtney Welk, Caitlin Crandall, Monika Olson, Tess Hatfield, Emily Bounds, and Mandi McNeil. Standing in back: Mr. Hedlund, Advisor, Haylee Smith, Jenna Ihle, Miranda James-Smith, Jessica Ihle, Phil Niesen, and Taylor Becker. Not pictured: Tyler Klennert and Chantel Huff.



Pictured above from left to right are winners going on to State: Caitlin Crandall, Jenna Ihle, Emily Bounds, Taylor Becker, Tess Hatfield, and Jessica Ihle.

## Hill City School Board

Tom Fasteland  
66641 345th Place  
Hill City, MN 55748

Sue Kaslow, Clerk  
PO Box 165  
Hill City, MN 55748

Martha Lentz, Treasurer  
41188 650th St  
Swatara, MN 55785  
697-8214  
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Jessica Lathrop, Vice-Chairman  
PO Box 35  
Hill City, MN 55748

Mark Meyer  
PO Box 42  
Hill City, MN 55748

Brent Welk  
62612 Osprey Ave  
Swatara, MN 55785

### Committee Assignments for 2013

#### Committee

MSHSL  
Legislative Representative  
Negotiations Committee  
  
System Accountability Committee  
Community Education Advisory Council  
Meet and Confer  
  
Staff Development  
School and Community Health Team  
Recertification Committee  
ARCC  
Comparable Worth  
NESC Board  
Safety/Transportation Committee  
Athletic Advisory Committee  
Itasca Area Schools Collaborative

#### Representative

Mark Meyer  
Sue Kaslow (Tom Fasteland, Alt.)  
Sue Kaslow, Tom Fasteland, and  
Martha Lentz (Brent Welk, Alt.)  
Jessica Lathrop (Martha Lentz, Alt.)  
Mark Meyer (Tom Fasteland, Alt.)  
Tom Fasteland and Mark Meyer  
(Brent Welk, Alt.)  
Martha Lentz (Jessica Lathrop, Alt.)  
Tom Fasteland and Martha Lentz  
Brent Welk  
Sue Kaslow  
Brent Welk  
Sue Kaslow  
Tom Fasteland  
Brent Welk, Tom Fasteland  
Sue Kaslow (Mark Meyer, Alt.)

## For School Closings and Emergency Information Broadcasts

#### RADIO STATIONS

KKIN Aitkin 930 AM or 94.3 FM  
RADIO USA 99.9 FM  
KOZY Grand Rapids 1320 AM  
KMFY Grand Rapids 96.9 FM  
WTBX Grand Rapids 93.9 FM  
KAXE Grand Rapids 91.7 FM

#### INSTANT ALERT

Infinite Campus' Voice  
Messenger system will  
call parents between  
5:00 - 6:00 a.m. for  
school closings.

#### TV STATIONS

WDIO/WIRT  
KDLH  
KBJR  
WCCO

### Community Newsletter Deadline

Just a reminder, if you would like an article put in the Community Newsletter, it must be turned in to the school office by the 15th of the month to be put in the following months' newsletter. Newsletters are generally sent out by the 27th of the month. If you have any questions regarding this, please feel free to contact Patty at (218) 697-2394, ext. 104

### Itasca Alliance Against Sexual Assault Now Serving Aitkin County



OUR MISSION  
To educate the community about sexual violence  
and provide support for survivors

**Free and Confidential**  
**24-hour Assistance**  
**218-326-5008**  
**218-927-6226**  
**866-747-5008**

- emotional support groups
- medical/legal advocacy
- short-term counseling
- community referrals
- public education

INDEPENDENT SCHOOL DISTRICT NO. 2  
HILL CITY, MINNESOTA

The Regular Meeting of the Board of Education of Independent School District No. 2, Hill City, Minnesota, was called to order by Chairman Tom Fasteland at 7:00 p.m. on Monday, January 28, 2013.

Roll Call showed the following members present: Tom Fasteland, Martha Lentz, Jessica Lathrop, Brent Welk, and Mark Meyer. Board Members absent: Sue Kaslow. Also present was Superintendent/Principal Dean Yocum, Business Manager Ellie Hill, Maintenance Supervisor Eric Hill, Community Education Programmer Stacey Johnson, and Stanley Mikles.

1. Approved the Agenda as presented.
2. Approved the following:
  - \*Minutes of the Regular Meeting of December 17, 2012;
  - \*Minutes of the Organizational Meeting of January 10, 2013 with correction;
  - \*December 2012 bills presented for payment;
  - \*Current bills through 01/24/13;
  - \*Investments and wire transfers;
  - \*Reviewed the Activity Fund Statement;
  - \*Reviewed Cash Receipts including donations.
3. No comments or requests from visitors.
4. There was no report from the School Attorney.
5. There was no transportation report.
6. Student Council: Superintendent/Principal Dean Yocum reported that the Student Council met with a Grand Rapids Police Department Investigating Officer who is the organizer of the Polar Plunge and he was encouraging student participation/interest. Student Council approved spending \$300 for books for the 4th of July parade.
7. System Accountability Committee: Jessica Lathrop reported they had discussion on the first draft of the school calendar and IASC Common Calendar; area principals met on January 23 regarding evaluations; multi-district day will be February 19; and progress on Improvement Plans will be due in March/April.
8. Martha Lentz reported on the School and Community Health Committee meeting of January 4, 2013. The Health Fair date was finalized for March 21, 2013 in the commons and they will give away some of the Wellness Bingo t-shirts, possibly by drawings. They discussed Hornet Hustle for May 4 (details in the February Newsletter). Wellness grant funds will go for water and possibly an after school yoga class. Safety/crisis concerns will be discussed at the Safety Committee meeting on January 16 and the lockdown drill is set for January 9. The next meeting is set for February 15, 2013.

9. Tom Fasteland reported on the Safety/Transportation Committee meeting. They discussed McNeil Environmental's visit, lock down procedures, two "soft" drills are coming up and a full lock down with evacuation in the spring. Door locks and times: only door one and four will be open, only until 8:30 a.m., and then only the front door. They are still checking options and prices. All emergency lights were updated. Officer Madsen is working with other area law personnel to familiarize all area buildings.
10. Negotiations Committee: HCUE has requested to negotiate. The committee will look at start dates soon.
11. Community Education Programmer Stacey Johnson reviewed the handout of upcoming classes and mentioned the expanded hours for the cardio room.
12. Maintenance Supervisor Eric Hill stated all is status quo. The boilers have been tuned up.
13. No Technology Coordinator update.
14. First reading of the 2013-2014 School Calendar. Superintendent/Principal Dean Yocum stated he will have discussion with the staff regarding the common calendar, but so far it seems well received.
15. First reading of Policy 903. The question was raised about MSBA format with summer and weekend visitors.
16. Discussion was held on technology. The District is looking at what needs upgrading. Twelve computers were recently purchased to put in the computer lab.
17. Approved the School Liaison Officer Agreement for the 2012-2013 school year with the City of Hill City.
18. Accepted the letter of retirement from Sheldon Hedlund effective May 31, 2013 and approved to post for a secondary business teacher, yearbook advisor, and BPA advisor.
19. Accepted letter of retirement from Margaret Gally effective April 24, 2013.
20. Discussion was held on preliminary staffing needs for the 2013-2014 school year. Superintendent/Principal Yocum stated he is working on the 2013-2014 class schedule. There will be a need for business education and industrial arts teachers.
21. Adopted the Resolution Directing the Administration to Make Recommendation for Reductions in Programs and Positions.
22. Approved the request from Linda Ellis for unpaid medical leave.
23. Tom Fasteland attended the 2013 MSBA Leadership Conference on January 17-18, 2013. He stated it was a great conference with many good workshops.
24. Upcoming workshops are Officers Workshop on February 22 and Negotiation Workshop on February 12.
25. Meeting adjourned at 8:08 p.m.

Complete Minutes of the above Board Meetings and all Board Meetings are on file in the administration office and may be viewed at any time during regular business hours.



# LETTER FROM THE SUPERINTENDENT/PRINCIPAL

As many of you are aware, we were unable to fill our industrial arts teaching position for the 2012-13 school year. It has been a frustration for me and the students. Industrial Arts classes teach students valuable skills for post-secondary education, work, and life in general.

We have been aggressive in our efforts to fill the position. It has been offered to two different individuals; one declined and another had accepted and even moved some of his materials into the shop but at the last minute was unable to accept the position. A third candidate was very interested in the position for the second semester. He even made the trip up from Iowa to be interviewed but had to withdraw for personal reasons. There have been a few other candidates whose qualifications did not fit our needs.

We are continuing the search for an industrial arts teacher. We have the position posted on Ed-Post (the main education job search site in Minnesota). I have also made personal contact with teachers in other districts to get the word out that we are searching for an industrial arts teacher. In addition, I have researched alternative licensure procedures for non-licensed teachers. We will continue to work hard to provide elective options for our students.

Dean Yocum  
Superintendent / Principal  
Hill City School

		<p><b>2013 Hill City Fast-Pitch Softball FUND RAISER Giovanni's Pizza</b></p>					
12" - Thin & Crispy							
<b>Cheese</b> \$8.00	<b>Double Pepperoni</b> \$8.50	<b>Double Sausage</b> \$8.50	<b>Chicken Alfredo</b> \$9.00	<b>Super Deluxe</b> \$9.00	<b>4-Meat</b> \$9.00	<b>Pep, Saus w X-Cheese</b> \$9.00	<b>Buffalo Chicken</b> \$9.00
<b>March 1<sup>st</sup> - March 11<sup>th</sup></b> <b>Delivery: March 20<sup>th</sup></b> Pre payment is required.							
Thank you for supporting Hill City Fast-Pitch Softball All Softball players will have order forms.							

# Wayne Vernon Weller

Interviewed by Hallie Bishop and Brittany Benson on February 5, 2013 at Hill City High School.  
Mr. Weller served in World War II in the U.S. Navy.



**Hallie and Brittany (H & B):** Did you enlist or were you drafted?

**Wayne Weller (WW):** I enlisted.

**H & B:** Where were you living at the time you enlisted?

**WW:** I was working on a farm just outside of Rockford, which is south of Hill City and 50 miles from Minneapolis. I worked there for about a year and a half before I enlisted.

**H & B:** Why did you join the Navy?

**WW:** I hated the Army and was rejected from the Air Force, so what was left was the Navy or the Merchant Marines. I really did want to be in the Navy, because they handled things differently. In the Navy they listed everyone as an individual, whereas in the Army soldiers were listed as groups. All of my orders were for me alone.

**H & B:** Do you remember what it was like arriving overseas?

**WW:** Sure. Before I went over seas I had four months at Northwestern University, training for Morse code. Then I went from Chicago to Treasure Island, in the San Francisco Bay. I spent about a week there and headed overseas in a ship big enough to carry 15,000 people, but we had about 7,500 when we went overseas. The ship was fast and only took 6 days to make it to New Caledonia, which is usually a month's trip. There were Japanese there when we landed and the war was still going on in Guadalcanal.

**H & B:** What was your job when you got to your location?

**WW:** I had learned Morse code and had become a radioman at Northwestern University. I had the rating of radiomen at 3<sup>rd</sup> class. The first couple months at

Guadalcanal I handled a voice radio circuit to the ships in the immediate area. After that we moved to the radio station NGK, which had communication by Morse code, from Hawaii to California and from Singapore to the West coast of the United States. We had big headphones that we had to listen to while turning the dials, you listen to the Morse code and typed back what you heard. It's a lot like a telephone operator. We had to learn how to be a fast typist and also learn Morse code.

**H & B:** What was your average day like?

**WW:** We had what we called watches for six hours at a time, four times a day. We also had four groups of radiomen. We had receivers and the transmitters were twenty miles away because of bombers. Any planes flying overhead could pick up signals that we were hearing from the ground and drop a bomb over us, that's why they put the transmitters several miles away. We had radio communication between other stations. Sometimes you had the midnight watch, from midnight to six in the morning, then you would go off duty for six hours and then back on for six more hours. We only had one day off out of four days. We didn't have cooking or dining facilities attached to our camp. We were just a bunch of radiomen so we had to go to another camp in the area for our meals.

**H & B:** Were the other camps very far?

**WW:** We went to the Marine camp where we got good food and they had more service people. There were mostly Marines and Army men. For a good three months, we had nothing but Spam; Spam three times a day and we would get sick of it. But we would go swipe some local bread and jelly and bring it back to the station and make sandwiches and that would be our dinner. For bathing and washing facilities, there was a river right by our camp. At the start of the day, one of the men in our group would let us know if it was midnight.

**H & B:** Did you have any other free time activities?

**WW:** When we got the twelve hours off, there would be time. There would be some Marines and Army men but they were so far away that we couldn't keep in contact with them.

**H & B:** Are there any experiences that you would like to share with us?

**WW:** It was very hot while we were in Guadalcanal, so none of us could sleep, so we took a tent and put it on top of the other to make space for air, so we could sleep during the day time. The temperature went between seventy and ninety degrees. It would be so hot out that a couple of us would take off running from the tent and

(continued on next page)



Wayne Weller Interview (continued)

into the river. The air would be the same temperature as the water.

**H & B:** Did you keep in contact with your family a lot?

**WW:** We wrote v-mails and the letters were exposed to anyone who came in contact with them. They were censored; every one that was received and sent was censored. My sister, who is a year or two younger than I am, sent me one every day. Every once in a while I would get a letter from my mother and that was all the mail. People always wanted to send cakes and cookies, but all the packages were put into a Quonset hut so they never received them like they were sent, they were most likely flatter than a pancake. We wouldn't get much out of the cake, we used to have to laugh at that.

**H & B:** What was it like coming home, what do you remember from the first day you got home?

**WW:** When I got back home, I didn't know what to expect. My family had moved while I was in the service. My grandmother had died and the Red Cross didn't notify me. Irene's (his wife) family had moved to Grand Rapids. She and my sister became really close friends in high school, so the two of them met me as I got off the bus. I didn't know what to expect, I didn't

know where my family would be, I didn't have any knowledge of my family. When I got off the bus, I took that first step down and looked; there were two of the most beautiful smiling faces smiling at me as I got down.

**H & B:** What kinds of jobs did you do when you got back from the war?

**WW:** I went to Dunwoody Industrial Institute under the GI bill. I went there to be a carpenter. The classes were all full, I couldn't get in for a month, and I didn't want to wait that long. But there were classes open in Architecture, so I joined that. After I finished there, I started planning and designing houses, I even planned and designed a house for Cedric Adams. I never saw it afterwards.

Thank you very much for the interview!

\*\*Mr. Weller was on the Honor Flight Northland in September and has kindly shared his posters with us. They will be on display in the trophy case through March, so stop by and take a look!





# Hill City Hornet Hustle For Hunger 5K Walk/Run!



**Saturday, May 4th, 2013**

**Starting Point will be Beerbower Park**

**8:30-9:45 Registration**

**There will be an awards ceremony and kids races too.  
Register online on the School webpage (under community tab),  
in the Hill City School office or at the health fair (March 21 in the  
school commons)**

**\*Pre-register before April 20 to get a t-shirt!**

**Pre-registration cost \$15.00**

**Cost on race day \$20.00**

**\*Proceeds will be donated to the local food shelf.**

Hill City School  
Health Fair

**March 21, 2013**

**1:30-3:00**

**School Commons Area**

- ✓ Blood Pressure Checks
- ✓ Nutrition Information
- ✓ Healthy Snack Ideas & Samples
- ✓ Smoking Cessation Information
- ✓ Stress Management Information

**Please come and join us!**

## **JUMP ROPE FOR HEART**

Thank you to the twenty-six students in grades K-6 who raised money for the American Heart Association during Jump Rope for Heart and to the community members that donated to the cause. \$1,964.51 was raised for the American Heart Association. There was a tie for the top money raiser. The two students raising the most were Raven Miranda in second grade and Cole Miranda in fifth grade. The class raising the most money was Fifth Grade with only five students raising money for their class for a total of \$590.00.

**Again, thank you students  
and community members for  
a job well done!!**

# ideas for parents

**Practical Suggestions for Building Assets in Your Child**

**FAST FACTS**

**ASSETS:  
40 Keys to  
Effective  
Parenting**

*Assets are 40 key building blocks that help youth grow up healthy. The more assets youth have, the more likely they are to succeed.*

**62%**

*of youth surveyed by Search Institute have just 20 or fewer of these assets in their lives.\**

**What Are Assets?**

*Assets are 40 key building blocks to help kids succeed.*

\* Based on Search Institute surveys of almost 100,000 kids to 12th-grade youth throughout the United States.

## Building Assets: A Powerful Parenting Approach

**I**t's easy to get scared as a parent. Watching the news, we see crime, drinking and driving, teen pregnancy, gang warfare, suicide. We wonder what's going to happen to our children.

In our fear, we may end up scaring our kids so that they live in fear as well. Or we may look the other way, thinking that these things would never affect our families.

Whatever the approach, most parents feel uncertain at times. We would like to know the secrets of healthy parenting in a world that often seems very unhealthy.

The idea of "developmental assets," introduced by Search Institute in Minneapolis, gives a new sense of hope and practical direction for parents. Researchers at the

Institute have identified 40 assets that have a powerful, positive impact on young people. Children and teenagers who have a lot of assets get involved in very few at-risk behaviors—the kinds of problems we worry about. And when young people have a lot of assets, they are much more likely to do the positive things we value.

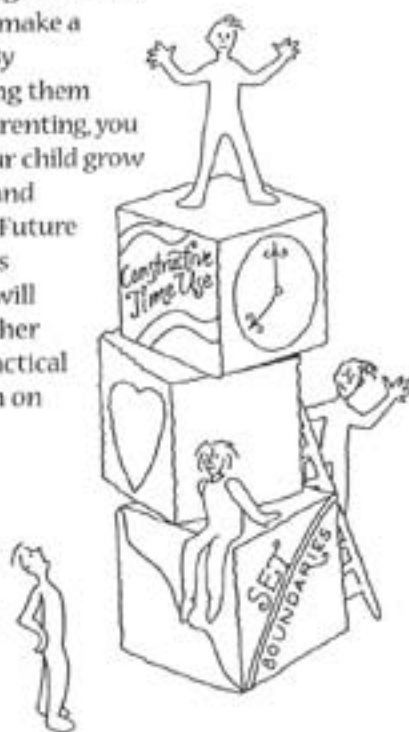
Assets do make a difference. By incorporating them into your parenting, you can help your child grow up healthy and competent. Future issues of this newsletter will explain further and give practical information on each asset.

### How to Start

*Search Institute has identified eight types of assets that are crucial for helping young people grow up healthy:*

- *Supporting and loving your child.*
- *Empowering your child.*
- *Setting clear and realistic boundaries and expectations.*
- *Helping your child use her or his time in meaningful, constructive ways.*
- *Encouraging your child to develop a commitment to learning.*
- *Instilling in your child positive values.*
- *Developing social competencies in your child.*
- *Encouraging your child to form a positive identity.*

*Each area involves several specific assets. See the "asset quiz" for a list of all 40.*



**Quick Tip:**  
Focus on the positive and your children will, too.



# Assets: How Does Your Child Rate?

**T**ake this quiz to see how many assets you think your child has. Check each statement that you feel is true.

- 1. My child receives high levels of love and support from family members.
- 2. My child and I communicate positively, and my child is willing to seek me out for advice and counsel.
- 3. My child receives support from three or more non-parent adults.
- 4. My child experiences caring neighbors.
- 5. My child's school provides a caring, encouraging environment for my child.
- 6. I am actively involved in helping my child succeed in school.
- 7. My child perceives that adults in the community value youth and children.
- 8. My child is given useful roles in the community.
- 9. My child serves in the community one hour or more per week.
- 10. My child feels safe at home, at school, and in the neighborhood.
- 11. Our family has clear rules and consequences, and monitors our child's whereabouts.
- 12. My child's school provides clear rules and consequences.
- 13. Our neighbors take responsibility for monitoring my child's behavior.
- 14. I and other adults model positive, responsible behavior.
- 15. My child's best friends model responsible behavior.
- 16. I and my child's teachers encourage my child to do well.
- 17. My child spends three or more hours per week in lessons or practice in music, theater, or other arts.
- 18. My child spends three or more hours per week in sports, clubs, or organizations at school and/or in community organizations.
- 19. My child spends one or more hours per week in activities in a religious institution.
- 20. My child is out with friends with nothing special to do two or fewer nights per week.
- 21. My child is motivated to do well in school.
- 22. My child is actively engaged in learning.
- 23. My child does at least one hour of homework every school day.
- 24. My child cares about her or his school.
- 25. My child reads for pleasure three or more hours per week.
- 26. My child places high value on helping other people.
- 27. My child places high value on promoting equality and reducing hunger and poverty.
- 28. My child acts on convictions and stands up for her or his beliefs.
- 29. My child tells the truth even when it is not easy.
- 30. My child accepts and takes personal responsibility.
- 31. My child believes it is important not to be sexually active or to use alcohol or other drugs.
- 32. My child knows how to plan ahead and make choices.
- 33. My child has empathy, sensitivity, and friendship skills.
- 34. My child has knowledge of and comfort with people of different cultural, racial, and ethnic backgrounds.
- 35. My child can resist negative peer pressure and dangerous situations.
- 36. My child seeks to resolve conflict nonviolently.
- 37. My child feels he or she has control over "things that happen to her or him."
- 38. My child has a high self-esteem.
- 39. My child reports that "her or his life has a purpose."
- 40. My child is optimistic about her or his personal future.

Scoring: Give yourself one point for each "true." Total up the number of points. This is the number of assets you think your child has. Now ask your child how he or she would answer.

This checklist is an educational, awareness-raising tool. It is not intended nor appropriate as a scientific measurement of developmental assets of individuals.

## Newsletter Sponsors:

Aitkin Lions Club, Hill City Lions Club,  
McGregor Lions Club, Palisade Lions Club,  
& Aitkin County Family Collaborative: (Aitkin  
ISD #1, Hill City ISD #2, McGregor ISD #4, Mille  
Lacs Band District II, Aitkin County Corrections,  
Aitkin County Health & Human Services)

## FINAL WORD

**"Assets inoculate young people against a wide range of risk-taking behavior."**

—Peter L. Benson, Ph.D., president of Search Institute

This newsletter and other asset resources are produced by Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415; 1-800-898-7808. Copyright © 1997 by Search Institute. Major support for Search Institute's Healthy Communities • Healthy Youth initiative is provided by Lutheran Brotherhood, a fraternal benefit society that specializes in insurance, annuities, and investment products.

## March 2013

## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Better in School—Try a New Idea Every Day!

- 1. If your child had a magic wand, what would she change about the world?
- 2. Have everyone write down two positive things about each member of the family. Read your lists aloud at dinner.
- 3. Let your child cut off the top of a carrot and put it in a shallow saucer of water. Watch the top sprout.
- 4. At bedtime, ask your child about the hardest and best parts of his day.
- 5. Pay your child a compliment today.
- 6. Review spelling words with your child tonight.
- 7. Ask your child to put on a talent show with her friends.
- 8. Dedicate a day to helping the environment.
- 9. Start a family library. Let your child choose his own shelf for books.
- 10. Ask your child to put dry beans between damp paper towels. Keep moist. In a few days, check to see if they've sprouted.
- 11. Start a change collection in a jar. Brainstorm together about how to use the money when the jar is full.
- 12. Ask your child to figure out how many miles your car goes on one gallon of gas.
- 13. Use math to give your child instructions. For example, ask your child to pick up  $3 + 2 + 1$  toys.
- 14. Make up a short question. Ask your child to answer with a sentence that rhymes.
- 15. Ask your child to write down the items you need before you go to the grocery store.
- 16. Take your child to the library today.
- 17. Watch a TV show with your child. Keep track of how much time the commercials take up.
- 18. Ask your child to draw a picture about her day.
- 19. Go on a walk with your child.
- 20. Call your local fire station to set up an upcoming tour for your child.
- 21. Talk about the Golden Rule with your child.
- 22. Write a nice note and tuck it into your child's backpack.
- 23. Have each member of your family make a "me" paper bag puppet. Let the puppets discuss good things about family members.
- 24. Have your child teach you something he's learning.
- 25. Have your child write directions for making her favorite sandwich, then follow them together.
- 26. Let your child read you the directions for a recipe.
- 27. Count the days until a special event. Link that number of paper strips to make a chain. Remove one link each day leading up to the event.
- 28. Practice counting to 10 in another language with your child.
- 29. Talk about tricky pairs of letters. Help your child distinguish between *w* and *se*, *n* and *u*, *b* and *d*, *i* and *l*.
- 30. Tie a string between two chairs. Use a balloon and play indoor volleyball with your child.
- 31. When grocery shopping with your child, teach him to look at the expiration dates.



**Helping Children Learn**  
The Families Can Use to Help Children Do Better in School

# Helping Children Learn

Tips Families Can Use to Help Children Do Better in School

Hill City Elementary School  
Go Hornets!



March 2013

## Use creative questions to improve your child's thinking skills

One of the best ways to boost your child's comprehension and critical thinking is to ask questions. The trick is to seek the right kinds of information—and make it interesting! A well-known classification system, called Bloom's Taxonomy, describes six human thinking skills. Parents should ask questions that focus on each of these skills:

- 1. Knowledge.** Talk about facts. Focus on basics, such as *who*, *what*, *when* and *where*. "When did the war start?" The answers are clearly right or wrong.
- 2. Comprehension.** Test how well your child understands the subject. She might describe, explain or predict something. "If we were a family of tadpoles, where would we live?"
- 3. Application.** Have your child connect previous learning to new experiences. "Chickens hatch from eggs. What happens with ostriches?"
- 4. Analysis.** Discuss how things work or how they're organized. "If you had to build a house, what parts would you need?"
- 5. Synthesis.** This involves thinking about old information in new ways. "Where could Christopher Columbus explore if he lived today?"
- 6. Evaluation.** Help your child make a judgment or decision about the information she learns without worrying about *right* or *wrong*. "If you could go back in time, what would you do during the Civil War?"



Source: "Improving Your Child's Thinking Skills," FamilyEducation.com, <http://school.familyeducation.com/gifted-education/cognitive-psychology/38660.html>.



## Early absences have a big impact

When a child misses school in the early grades, it can greatly impact his education throughout the rest of his school years. Studies show that early absences create a cascading effect from which students seldom recover.

Students learn and master basic information and skills in the early grades. Kindergartners who miss just one day of school every two weeks score lower in reading, math and other knowledge at the end of first grade.

Early absences also set a pattern. Kids who get in the habit of missing school continue that pattern, which leads to missing even more learning. Studies show that missing school is one of the strongest predictors of dropping out of high school.

To learn at school, children must be at school. Make sure attendance is a priority for your family!

Source: S.D. Sparks, "Early Grades Become the New Front in Absenteeism Wars," Education Week, <http://tinyurl.com/9fju5ov>.

## Teach these test-taking tips

As standardized testing season approaches, review these tips with your child:

- **Look over** the entire test before beginning.
- **Answer** what you know first.
- **Ask** if there's a penalty for incorrect answers.



Source: G. Gruber, *Gruber's Essential Guide to Test Taking, Grades 3-5*, Sourcebooks, Inc.

## Tackle the most difficult homework first

Your child has math homework, a book report and his least favorite, spelling. Have him do the spelling first. Here's the reason:

- **Hard tasks are inevitable.** We all have to do things we don't like. Talk about jobs you dislike but have to do anyway.
- **All it takes is a push.** Have him set a timer for 15 minutes and start his spelling. A short amount of time may make it less painful.
- **Finishing that dreaded task** will feel great. Encourage your child to focus on how he'll feel when the job is finished.



Source: R. Emmett, *The Procrastinating Child: A Handbook for Adults to Help Children Stop Putting Things Off*, Walker & Company.

## Respect builds character

Help your child understand that being respectful of others is character-building. When she respects her teacher, classmates and herself, she is learning important traits that will help her in school and in life.

Encourage her to:

- **Practice** the Golden Rule.
- **Speak** politely.
- **Appreciate** diversity.
- **Discuss** important values, like honesty.

Source: "My Child's Academic Success: What Does 'Strong Character' Mean? II—Helping Your Child Become a Responsible Citizen," ED.gov, [www2.ed.gov/parents/academic/help/citizen/part5.html](http://www2.ed.gov/parents/academic/help/citizen/part5.html).

# Helping Children Learn

Tips Families Can Use to Help Children Do Better in School



March 2013

## Q&A How can I keep asthma from affecting my child's learning?

**Q:** My son was just diagnosed with asthma. He does not want anyone at school to know because he still wants to "have fun with his friends" at recess. How can I work with his teacher without having my son singled out—and make sure it doesn't affect his schoolwork?

**A:** Asthma is a serious health problem. It's the biggest reason children miss school. Asthma causes nearly 14 million absences a year. For safety reasons, you need to work with your child's teacher to create plans that will protect his health and safety while making sure that he stays focused on doing well in school.

First, check about rules for medicine at school. See the school nurse or talk to someone in the office. Be sure that your son knows how to take his medication.

Plan with his teacher for times when your son may be at risk. Recess is often a time that can trigger an attack. Teach your son to self-monitor so he avoids situations that bring on an attack.

Pay attention to times of the year with more frequent asthma attacks. Allergies, for example may trigger attacks. At these times, your son will need to pay extra attention to how he feels.

Asthma should not prevent your son from having fun at recess—or from learning. But he needs to learn his own limits so he can stay healthy.



## Parent Quiz

### Are you teaching your child to be a good decision-maker?

We all want our children to make wise choices. When the time comes, we hope they'll say *no* to peer pressure and *yes* to positive things, which will help them achieve in school. Are you doing all you can now to teach your child to make these wise choices? Answer *yes* or *no*:

\_\_\_ 1. Do you give your child opportunities to make choices every day?

\_\_\_ 2. Do you talk about family decisions together?

\_\_\_ 3. Do you think out loud when you are making a decision and talk about how you are making the choice?

\_\_\_ 4. Do you encourage your child to ask questions? Questions build his critical thinking skills and encourage him to evaluate choices.

\_\_\_ 5. Do you teach your child that every choice he makes has consequences?

**How did you score?** Each *yes* means you're helping your child make better choices today and in the future.

"The purpose of education is to replace an empty mind with an open one."  
—Malcolm Forbes

## Tickle your child's funny bone to encourage reading

Enjoy the lighter side of reading by having a Funny Reading night. Here are two activities to try:

- **Take turns reading** jokes and riddles.
- **Have your child write** a variety of words on small pieces of paper, then place them in a row on the floor. Help her arrange the words into a funny sentence. Fill in words like *a*, *to*, *of* and *the*.

## Effort leads to success

Students who believe they can get smarter—particularly through effort—are more likely to:

- **Tackle challenges** enthusiastically.
- **Enjoy learning.**
- **Undertand** that everyone makes mistakes.
- **See mistakes** as opportunities to improve.
- **Respond to failure** by trying new approaches.

Send the message that hard work and persistence build intelligence. And remember that effort counts more than the final result.

Source: D. Stipek, Ph.D. and K. Seal, *Motivated Minds: Raising Children to Love Learning*, Henry Holt and Company.

## Chores build responsibility

Help your child develop a sense of responsibility through chores. Even simple tasks have a big impact. Chores:

- **Teach** life skills.
- **Build** a sense of investment.
- **Help** children feel pride in their work.
- **Help** children improve in school.
- **Remind** children that they're needed.



Source: W. Sears and M. Sears, *The Successful Child: What Parents Can Do to Help Kids Turn Out Well*, Hachette Book Group.

## Helping Children Learn®

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## St. Urho's Day Pancake Breakfast

Saturday March 16, 2013  
Jacobson Community Center  
7:30-10:30 a.m.  
Donation of \$7.50  
Kids under 7 eat free  
Supplement funding applied for from  
THRIVENT Central Lakes Chapter  
**See us on Face Book**

## Community Easter Party

Saturday March 23, 2012  
Jacobson Community Center  
3:00 activities  
4:00 potluck  
**See us on Face Book**



## Jacobson Seniors

Seniors regularly meet every Thursday from 10:00 a.m. to 2:00 p.m. with a potluck at noon. Come for the cards, coffee and conversation

## Jacobson Civic Club

Will meet on March 11 at 1:00 p.m. at the home of Ginny Ekstrand. Want to join us? Call Marsha 326-6865.

## Ball Bluff Township

Ball Bluff Township Board meets on the second Thursday of each month at 7:00 p.m. at the Jacobson Community Center. All residents are encouraged to come and participate.

**Jacobson Community Center Hall and Kitchen** is available for rental. Call Vickie Herman 752-1151.

**EAST CENTRAL REGIONAL LIBRARY  
OUTREACH PROGRAM  
10:00 – 10:30 A.M.  
MARCH 12 AND 26  
JACOBSON COMMUNITY CENTER**

## Jacobson Food Shelf

March is bonus month. Your donation counts twice. Jacobson Food Shelf will be open on the first and third Thursday at Carmel Lutheran from 4:00 to 6:00 p.m. February 7<sup>th</sup> and 21<sup>st</sup>. For information or emergency service, call 218-426-4799 or 218-426-4712.

## Jacobson Fire & Rescue

Call Chief Dale Thompson 752-6560  
Meetings are at the Fire Hall at 7:00  
1<sup>st</sup> Thursday monthly: Business Meeting  
3<sup>rd</sup> Thursday monthly: 1<sup>st</sup> Responder & Fire Training

## Jacobson Churches

### Jacobson Community Church

The public is invited to the "little white church in downtown Jacobson."

Sunday mornings:

9:30 a.m. to 10:20 Sunday School - all ages  
10:30 to 11:30 a.m. Worship  
Bible study on Wed. evenings at 7:00 to 8:00 PM.

### Carmel Lutheran Church

**Everyone welcome.**

Sunday mornings:

9:30-Adult Sunday School  
10:00 children's Sunday School  
(1<sup>st</sup> & 3<sup>rd</sup> Sun)  
11:00-Worship, 12:00-Fellowship  
Quilters and crafters meet every Tuesday at 9:30 a.m. WELCA meets the second Tuesday of each month at 9:30 a.m.  
Council meets 3rd Thurs. of the month @ 7:00 p.m.  
Vicar Mark Wagner & Brenda Wagner  
Home phone: 218-246-3179

Carmel Lutheran Church Soup Supper  
Wed. Mar, 20. Soup @ 6 pm. service @ 7 pm.  
Good Friday Service March 29 at 7:00 p.m.  
Everyone welcome!

Cell phone: 218-341-1832



## EASTER PARTY

Fun For all ages

At 3:00 p.m.  
Jacobson Community Center  
Pot Luck at 4:00 p.m.

**Saturday, March 23, 2013**

**Everyone Welcome  
Free Admission**



Easter Egg Hunt,  
Pictures with the Easter Bunny,  
Drawing for Girls 20" bike and Boys 20" bike  
Prizes and more!

Donations accepted



**ST. URHO'S DAY  
33RD ANNUAL  
PANCAKE BREAKFAST**

Wear purple and green to the annual Jacobson Community Center celebration of the Finnish holiday.

St. URHO'S DAY!

**NOTE NEW DAY!!**  
Date: SATURDAY,  
March 16, 2013  
Time: 7:00-11:00 AM

**\$7.50 Donation**  
Kids Under Age 7 Eat Free

The breakfast features hot cakes and sausage served with coffee and orange juice and, of course, grapes!

Funds raised are used to support the FREE Jacobson Community Center events.

The Jacobson Community Center is located three miles south of State Highway 200 on the Dewar River Road (Aitkin County Road 10) Watch for the sign!

Sponsored by the Jacobson Community Center

Connect with us on our Facebook page!  
Jacobson Community Center



TRIAD of AITKIN COUNTY INVITES YOU TO HEAR ABOUT

## “Seniors and Mental Health”

By Janet Larson

From Riverwood Healthcare Center  
Tuesday, March 19, 2013  
11:00 a.m.

**Fireside Restaurant in McGregor, MN**  
Free lunch served by the Fireside

Reservations required for lunch: call  
Sandy Liepins at 218-768-3355 or  
e-mail: liepins@frontiernet.net  
Reservations preferred by March 14, 2013

## City of Hill City

The City of Hill City is looking for someone to serve on the City Council to fill a vacant position. This position will run from March 2013 to December 2014.

If you are interested please submit your name to City Hall by 2:00 pm on Wednesday, March 13, 2013, as the council will be appointing someone at the Council Meeting on March 19, 2013.





Hill City Area Food Shelf

## March Campaign

**Thrivent for Lutherans is matching donations received through March 31<sup>st</sup>!**

Donations received during March will be supplemented by Minnesota Food Share

Donations received during March and April will also be supplemented by Feinstein Foundation



Your neighbors appreciate your help!

Questions? Glen Harcey 697-8263

## What does God, air hoses, and the colors blue and pink have to do with marriage?

Come and discover the answer to this and more at the Love and Respect Marriage Conference at Hill City Assembly of God.

**Friday night 6:30pm-9:40pm; Saturday 9:00am-2:00pm**  
**The cost is \$10 per person or \$15 per couple.\***  
 This fee includes snacks, beverages and a meal (Saturday).

Pre-register at [218.697.2662](tel:2186972662) or by e-mail at [info@hillcityag.org](mailto:info@hillcityag.org).  
 Registration by March 3rd will be greatly appreciated.



The Love and Respect Marriage Conference is a Christ-centered, video-based teaching designed to strengthen and nurture marriages.

\*(Scholarships available upon request)

### AARP MN Driver Safety Program (formerly 55 Alive) Register by: May 14th

Taking this class is an easy and sure way to reduce your motor vehicle insurance premiums. State law requires all auto insurance providers to reduce premiums by 10% for policyholders who are 55 or older, when a certificate of class completion is provided to them. If you have never taken the class before, you need to take the initial 8-hour class first, and then every three years the 4-hour refresher is taken. No tests are given. All participants will be issued a certificate at the end of the class. You must have a valid driver's license with you at the beginning of the class so that a certificate can be issued. (Contact Stacey for a full schedule of local classes if needed)

**4 Hour Refresher: May, 15th 5-9pm**  
**Location:** Hill City School, Room 227  
**Min. # Required:** 8  
**Max. #: 30**  
**Cost:** \$12 for members  
 \$14 for non members  
 (payable at the door to AARP)



For questions concerning this class, please contact Stacey @ Hill City Comm. Education at 697-2394 X172.

### AARP Driver's Safety Class May 15th

**Register by: May 14th**  
**\$12 for members**  
**\$14 for non members**  
 (payable at the door to AARP)

Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_


Contact info:  
 \_\_\_\_\_  
 Home Phone  
 \_\_\_\_\_  
 Work Phone  
 \_\_\_\_\_  
 Cell Phone  
 \_\_\_\_\_  
 Email



\_\_\_\_\_  
 Signature Date

**Send Registration forms to:**  
**Hill City School Comm. Ed.,**  
**500 Ione Ave, Hill City, MN 55748**  
 For questions concerning this class, please contact Stacey @ Hill City Community Education at 697-2394 X172.

# PUNCH CARDS

New policy requires the purchase of a punch card for the use of the cardio room and participation in open gym volleyball and basketball. 

You no longer have to remember a \$1 you just need to bring your punch card!

Punch cards can be purchased in \$10, \$25 or \$50 punch quantity.

Student punch cards are \$5

Get your punch card today from Stacey Johnson.

Any questions or you would like to purchase a card please contact Stacey Johnson at [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us) or 697-2394 ext. 172

# BASKETBALL OPEN GYM



Every Sunday Night  
6 - 8 pm

New policy requires the purchase of a punch card. Punch cards can be purchased in 10, 25 or 50 punch quantity. See ad on this page regarding punch cards. Get your punch card today from Stacey Johnson.

Hill City School  
Gymnasium



## Open Cardio Room

New policy requires the purchase of a punch card.

Punch cards can be purchased in 10, 25 or 50 punch quantity. See ad on this page regarding punch cards. Get your punch card today from Stacey Johnson.

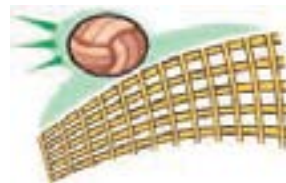
Mon-Fri 6:30 am - 8 am  
Sun. Mon. Wed. Fri.  
6 pm - 8 pm

Hill City School  
Cardio room includes:

Treadmills, Ellipticals, stationary bicycles and a flat screen tv so you won't miss your shows!



**Don't Forget Your Punch Card!**



## Adult Volleyball Open Gym

New policy requires the purchase of a punch card. Punch cards can be purchased in 10, 25 or 50 punch quantity. See ad on this page regarding punch cards. Get your punch card today from Stacey Johnson.

Join us every  
**Wednesday** evening  
from **7:00 pm 9:00 pm**  
in the  
Hill City School Gym

For more information please contact Stacey at 697-2394 ext. 172 or [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us)

# After School Art!

After School Art is being offered twice a month!

The schedule for after school art is as follows:



Feb. 28  
Mar. 14 & Mar 28  
Apr. 11 & Apr. 25  
May 9 & May 23

Who: All students are invited!

Time: 3:15-4:30pm

Cost: \$10 per month or \$50 per year

This program does not require registration but it is helpful to determine the amount of supplies needed.

If you have any questions or concerns or need assistance with fees please contact Stacey at 697-2394 x. 172 or at [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us)

# After School Art!

3:15-4:30pm

\$10 per month or \$50 per year

Name: \_\_\_\_\_



Grade: \_\_\_\_\_

Contact Info: Home Ph: \_\_\_\_\_

Cell Ph: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_ All Year

\_\_\_\_ month by month

\_\_\_\_\_ has my permission to participate in the after school art program.

\_\_\_\_\_  
Parent/Guardian Signature Date

If you have any questions or concerns please contact Stacey at 697-2394 x. 172 or at [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us)

## FIRE ARM SAFETY CLASS



Sponsored by: Moose-Willow Sportsman's Club, Hill City Lions Club and MN DNR

We're thinking ahead – let's get ready for the fall hunting season now! Mandatory MN State Firearm Safety Training is required of all 12-15 year old students who wish to purchase a Minnesota Archery or Firearms Deer License. Students must attend the full training in order to receive their safety certificate. Students must be 12 years old or older by September 1, 2013. Adults may take the course for certification as well. If you have any questions, you may contact Mark at 697-8296. Students will NOT bring guns to class.

Where: Hill City School Room 206

When: 7 sessions, Mon & Wed Starting April 8  
Parent or Guardian must fill out paperwork first night  
\* Test day April 25 3:30 pm-5:30 pm

Time: 5:30 pm - 8:45 pm

Ages: MUST be 11 yrs. old or older  
Adults welcome

Cost: free

Registration: Registration is REQUIRED

Fire Arm Safety  
Registration is REQUIRED



Register at the door or drop off at school office,  
Attn: Comm Ed.

Students Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_\_

Contact info: Home Ph: \_\_\_\_\_

Work Ph: \_\_\_\_\_

Cell Ph: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_\_ has my permission to participate in the Fire Arm Safety Class.

\_\_\_\_\_  
Parent or Guardian Signature Date

For questions concerning this class, please contact Stacey @ Hill City Community Education at 697-2394 x172 [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us) or Mark at 697-8296.



# ISD #2 Lunch Menu March 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Brk: Cinn Roll Fish Patty/Bun Coleslaw/Broccoli & Carrots/Peaches Fresh Fruit/Milk	2
3 <b>Breakfast -</b> <u>OFFERED DAILY:</u> Cereal Assortment Orange Juice or Fruit Cheese Slice or CheeseStick	4 Brk: Brk Pizza Corn Dogs Baked Beans Coleslaw/Diced Pears/Apple/Milk	5 Brk: Oatmeal BBQ Pork/Bun Green Beans or Peas Sweet Potato Tots Fresh Fruit/Milk	6 Brk: Fr Toast Chili Corn Bread Tossed Salad Fresh Fruit/Milk	7 Brk: Oatmeal Chicken Taco Salad Bar Peas Fresh Fruit/Milk	8 Brk: Cinn Roll Hamburger/Bun Tater Tots/Pears Green Beans Fresh Fruit/Milk	9
10 <b>Lunch-</b> <u>OFFERED DAILY:</u> Bread Offer-vs-serve for Grades 4-12	11 Brk: Brk Pizzal Chicken Strips Rice/Broccoli & Carrots/Toss Salad Roll/Fruit/Milk	12 Brk: Oatmeal White Chick Chili Tortilla Chips Spinach Salad Fresh Fruit/Milk	13 Brk: Lumberjack Spaghetti w/meat Breadsticks/Green Beans/Salad Bar Fresh Fruit/Milk	14 Brk: Oatmeal Chick Noodle Soup Ham/Cheese Sand Salad Bar Fresh Fruit/Milk	15 Brk: Cinn Roll Beef/Bean Burrito Salad Bar/Corn Fresh Fruit Pineapple/Milk	16
17	18 Brk: Brk Pizza Shrimp Poppers Coleslaw/Steamed Carrots & Broccoli Bun/Cookie/Milk	19 Brk: Oatmeal Taco Salad Bar Refried Beans Fresh Fruit/Milk	20 Brk: Fr Toast BBQ Chicken/Bun Salad Bar Peas & Carrots Fresh Fruit/Milk	21 Brk: Oatmeal Pepperoni Pizza Spinach Salad Bar Green Beans Fresh Fruit/Milk	22 <b>NO SCHOOL</b>	23
24/31	25 Brk: Brk Pizza Tomato Soup Grill Cheese Sand Spinach Salad Bar Fresh Fruit/Milk	26 Brk: Oatmeal Pork Roast Gravy Mash Potatoes/Corn or Carrots/Roll/Kiwi or Applesauce/Milk	27 Brk: Lumberjack Turkey/Ham Subs Corn Chips Salad Bar Fresh Fruit/Milk	28 Brk: Oatmeal Quesadilla Salad Bar Corn Fresh Fruit/Milk	29 <b>NO SCHOOL</b>	30 <b>Menu subject to change at anytime</b>



# ISD #2 Activities March 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BBB vs Walker ABC Home 5:45	2
3 Cardio 6:00 - 8:00 Open Gym 6:00 - 8:00	4	5	6 Cardio Room 6-8 VB Open Gym 7:00 - 9:00	7	8	9
10 Cardio 6:00 - 8:00 Open Gym 6:00 - 8:00	11	12	13 Financial Aid Night 5:30-7:30 Cardio Room 7-9 VB Open Gym 7:00 - 9:00	14	15	16
17 Cardio 6:00 - 8:00 Open Gym 6:00 - 8:00	18	19 Sys Acct Mtg 2:30	20 Cardio Room 7-9 VB Open Gym 7:00 - 9:00	21 Elem Spring Arts Program 1:30-3	22 <b>NO SCHOOL</b>	23
24/31 Cardio 6:00 - 8:00 Open Gym 6:00 - 8:00	25 School Bd Mtg 7:00 pm	26	27 Cardio Room 7-9 VB Open Gym 7:00 - 9:00	28	29 <b>NO SCHOOL</b>	30

**AFTER SCHOOL TUTORING**  
**GRADES 7 - 12**  
**FREE**

**Monday Afternoons**  
3:30 - 5:00 pm  
Mr. Olig's Room

**Tuesday Afternoons:**  
3:30 pm - 5:00 pm  
Mrs. Hulteen's Room

**Monday and Wednesday Afternoons:**  
3 pm - 5:30 pm  
Library with Dan the Math Man

**Students are highly encouraged to take  
advantage of this opportunity!**

For more information contact Stacey at Hill City Comm. Ed.,  
697-2394 X172 or [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us)

**BOOK  
CLUB**



If you enjoy reading and  
talking with friends this is the perfect  
opportunity for both!

**Come and Join us March 11th at 4pm at  
the school in room 205**

Please bring a list of books you would be  
interested in reading and a short summary of  
those books. If you don't have a list of books  
please come anyway.

**The meeting times and places will be  
discussed at this first meeting.**

If you have any questions please contact Stacey Johnson at  
[sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us) or 697-2394 ext. 172



**T-BALL**

**Ages: 5-8 yrs**

**Starting Soon!**

**Coaches Needed for:**

**T-Ball (5-6yrs)**

**&**

**Coaches Pitch (7-8yrs)**

**Schedules will be once or  
twice a week  
practice or game**



**The more help we can get, the  
better the program is!**

If you are interested in coaching contact Stacey Johnson at  
697-2394 ext. 172 or [sjohnson@hillcity.k12.mn.us](mailto:sjohnson@hillcity.k12.mn.us)