

## ISD 2 Health Services

### Common Illness and School Attendance Guidelines

#### Fever:

Any Temperature greater than 100 degree F is a fever. Students must be *without a Fever for 24 hours with out using fever reducing drugs in order to return to school*, this applies even if the underlying cause of fever is non-infectious.

#### Infections:

Any student who has been on antibiotics for 24 hours is no longer considered infectious and may return to school. *EXCEPTION is Pink Eye* (not all Dr's treat this) so the Dr or Nurse will decide if exclusion is necessary to protect others from exposure.

#### Colds:

Students with upper respiratory infection (URI) without fever may attend school if they feel well enough to do so. Remember prevention by covering coughs, frequent hand washing.

#### Diarrhea:

Students with Diarrhea need to *remain home until they are symptom free for 24 hours*. The only exception is if the diarrhea is a chronic condition then a doctor's note is needed.

#### Vomiting:

Students who experience vomiting and fever the night before or in the morning before school should *remain home for 24 hours* after last episode to prevent the spread of illness.

#### Common Childhood Disease:

If a child has chickenpox, measles, or any other known untreatable contagious disease, they must be kept at home until they are no longer contagious. *Most childhood diseases the contagious time frames are variable*, please consult your medical provider.

# Nurse's Office Rules

- ✚ Class pass must be received to present to nurses office
- ✚ Fever, Vomiting, Diarrhea, or signs of Contagious Disease they will be sent home as soon as possible.
- ✚ No Fever, Vomiting, Obvious Distress student may rest for 1 hour. After 1 hour student must either return to class or go home.
- ✚ No medications can be given without parent consent.
- ✚ Student needs 30 minutes to rest after vigorous activity before presenting to nurses office for illness.
- ✚ Medical reason is needed to stay for extended time for sleep.