

HILL CITY HIGH SCHOOL

ACTIVITIES HANDBOOK 2020/2021

Rules and Regulations

HOME OF THE HORNETS

SPORTSMANSHIP IS #1

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***These items must be completed and turned in to the school office.
For a complete list see page 6.**

HILL CITY SCHOOL ACTIVITY RULES AND REGULATIONS

In addition to the Minnesota State High School League rules, the following rules and regulations will apply to all students who participate (grades 6-12) on teams and/or activities. These rules and regulations will be effective throughout the calendar year.

Violations will start on the first day of participation and will accumulate throughout attendance at Hill City School. Multiple violations will be served consecutively. Students must practice, abide by all team rules/consequences, and complete the season to fulfill the violation requirements. If the student quits, is cut or asked to leave the team, the violation starts over and is continued to the next activity of participation. If a student is in more than one activity the violation will encompass all areas.

POLICIES

A Review of Rules

Each coach/advisor will review the Minnesota State High School League rules and regulations that directly affect a student's participation and eligibility. The coach/advisor will also review the Hill City School Extra-Curricular Rules and Policy Handbook and explain their own team/group rules. **This should be done within the first week of practice or participation.**

Coaches/Advisors may have rules/consequences that are greater than the MSHSL or Hill City Extra-Curricular Rules. If so, students must abide by the rules set forth by the coach/advisor.

B School Attendance

Students must be in attendance **the entire day** on the day of competition, contest or practice.

Students must be in attendance at the beginning of the next school day following the event, contest or game.

Any deviation of this rule must be cleared in advance by the parent through the Coach, Athletic Director, or the Principal. Those students not in compliance with either/or condition, will not be eligible to participate in the event following the infraction.

SCHOOL SUSPENSIONS

Students in grades 6-12 will not be permitted to participate in any practice, event or performance during the time they are suspended from attending school due to a rule violation according to the Hill City student handbook.

EQUIPMENT (Policy adopted by the Board of Education July 2001)

Students are responsible for all school district materials and equipment that they receive each year for educational or co-curricular purposes. The school district understands that normal wear and tear will take place with any equipment or supplies over the course of their cycle. Students are supplied locks and lockers to prevent theft and are always encouraged to take responsibility for their own belongings as well as the school districts. The school district must protect against abuse and lack of responsibility that does take place with district property.

The District takes a firm position in regards to obligated fee payments for all lost, stolen, or abused school district property.

It is school district policy that:

1. Written notification of outstanding debt will be served upon the parent/guardian by school district administration.
2. Failure to respond to written notification with full payment or return of supplies/equipment will result in the district taking the following action:
 - a. Student(s) will be prohibited from participating in all co-curricular activities, until the payment or return is complete.
 - b. Student(s) will be prohibited from attending school sponsored dances, until the payment or return is complete.
 - c. Student(s) will be prohibited from participating in school clubs, organizations, & activities as listed in the student handbook, until the payment or return is complete.

****Administration of the Hill City School District will actively advocate where appropriate. The Administration will enforce this policy where appropriate, and the Hill City staff will implement the restrictions deemed appropriate.**

HARASSMENT

No student will violate the racial/religious/sexual harassment and racial/religious/sexual violence or Hazing bylaws of the MSHSL and ISD #002.

ACADEMIC STANDARDS

Students must be passing all subjects. Students who are failing any class at mid-quarter reports will be ineligible until they are passing all subjects. Students who are failing at quarter end reports will be ineligible for a minimum of one contest. The student will remain ineligible until they are passing all of their classes. The student will be responsible to turn in a progress report so that proof of eligibility can be documented and the student can be readmitted into athletic competition. Progress reports are to be submitted to the Principal, the Athletic Director, and the Coach. Students must continue to practice and attend games during the period of ineligibility.

Incomplete (I) grade will be treated as a failure until it is made up to a passing grade. The student will be ineligible until that date.

Band and choir students do not fall under this policy, however they will be held accountable for all other MSHSL policies. Students must continue to practice during the period of ineligibility.

MOOD-ALTERING CHEMICALS

During the calendar year, regardless of quantity, a student shall not: (1) use, consume or have in possession a beverage containing alcohol; (2) use or have in possession tobacco; (3) use or have in possession any nicotine delivery system; or (4) use or consume, have in possession, buy, sell or give away any other controlled substance. Students shall not be in possession or use drug paraphernalia.

CATEGORY I

Football
Volleyball
Basketball
Baseball
Softball
Cross Country

CATEGORY II

Drama
Choir
Band
BPA
Knowledge Bowl
Baton Twirlers
Tech Club
Math Counts

CATEGORY I RULES AND REGULATIONS

All Category I activities are governed by the Minnesota State High School League and the Hill City School's rules and regulations.

CATEGORY II RULES AND REGULATIONS

All category II activities are governed by the policies of ISD #002. In order to determine the period of ineligibility, the following activities and their events are defined.

BAND

All pep band Performances
District Contest
State Contest

CHOIR

District Contest
State Contest

DRAMA

BPA

KNOWLEDGE BOWL

BATON TWIRLERS

TECH. CLUB

MATH COUNTS

PEER HELPERS

All public presentations/performances/competitions/activities

VIOLATIONS AND CONSEQUENCES

CATEGORY I

1. First Violation: After confirmation of the first violation, the student will lose eligibility for the next two (2) events/performances/contests or two (2) weeks of a season in which a student is a participant, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program. Guilt by association results in one (1) week or event, whichever is greater.
2. Second Violation: After confirmation of the second violation, the student will lose eligibility for the next six (6) consecutive events/performances/contests in which the student is a participant or three (3) weeks, whichever is greater. No exception is permitted for a student who becomes a participant in a treatment program. Guilt by association results in two (2) weeks or three (3) events, whichever is greater.
3. Third and Subsequent Violations: After confirmation of the third or subsequent violations, the student will lose eligibility for the next twelve (12) consecutive events/performances/contests in which the student is a participant or four (4) weeks, whichever is greater. If, after the third or subsequent violations, the student on her/his own volition, becomes a participant and successfully completes a chemical dependency program or treatment program, then the student may be certified for reinstatement in MSHSL and/or school events after a minimum period of six (6) weeks. Such certification must be issued by the director or a counselor of a chemical dependency treatment center. Guilt by association results in three (3) weeks or six (6) events, whichever is greater.

4. Denial Disqualification: A student will be disqualified from all events/performances/contests for the rest of the year or nine (9) additional weeks, whichever is greater, when the student denies violation of the rule, and is allowed to participate and then is subsequently found guilty of the violation.
5. Fair Hearing Procedure: See the MSHSL Eligibility Information bulletin; General Rule #8.

CATEGORY II

1. First Violation: Two events. Guilt by association results in one (1) event.
2. Second Violation: Three events. Guilt by association results in two (2) events.
3. Third & Subsequent Violation: Four events. The student may voluntarily enter into a chemical dependence program, and can be reinstated as per the MSHSL bylaws. Guilt by association results in two (2) events.
4. Fair Hearing Procedure: Hill City School provides a Fair Hearing Procedure for the student or parent contesting the schools failure to certify the eligibility of a student. The student has **10 calendar days** in which to appeal the school's decision. The appeals process includes an appeal before a school board hearing panel (consisting of one administrator; one school board member, one faculty representative). The findings of the Hearing Panel shall be final. A complete listing of the Fair Hearing procedure may be obtained from the athletic director or principal.

GUILT BY ASSOCIATION

Any law enforcement confirmation in the association with illegal consumption of alcohol is defined as guilt by association and carries no less than one-half of the violation consequences defined in Category I and Category II.

STUDENT ATHLETE CHECKLIST

The following checklist was prepared to help guide you in preparation for participation in ISD #002 athletic activities.

Students must have all aspects of this checklist complete before participation in practice or competition may begin. Your coach and the office staff will assist you in completion/documentation of all tasks. The following items are required:

- _____ 1. Uniform protection fee paid (see page 7)
- _____ 2. Athletic fee paid (see page 7)
- _____ 3. Hill City School Activity Rules and Regulation signature form (page 8 – complete and return to the main office)
- _____ 4. Emergency Information form (page 9 – complete and return to the main office)
- _____ 5. Physical on file in school office. Physicals will be valid for 3 years. Upon expiration of a physical, a follow-up physical will be needed as per MSHSL. (Physical exam clearance form page 12)
- _____ 6. MSHSL Eligibility form and Health Questionnaire. (Last page of this handbook; both sides must be completed and signed and returned to the main office)
- _____ 7. Student must have no outstanding debt with ISD #002 (Coaches will be notified of those in debt with the school)
- _____ 8. Transportation Release (if needed)

Policy Governing Athletic Fee & Equipment Protection

- ✓ Fees will be required for participation in the following athletics:

Boys Football	Girls Basketball
Girls Volleyball	Boys Baseball
Boys Basketball	Girls Softball

*No athlete may participate in practice or contest until all financial obligations are fulfilled.

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6th-8th grade - \$35.00 per sport

6th-8th grade- equipment down payment (to be reimbursed when all equipment is handed in) \$25.00

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9th-12th grade- \$50.00 per sport

9th-12th grade- equipment down payment (to be reimbursed when all equipment is handed in) \$100.00

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*Athletic fee payments will have a family cap of \$150.00/yr

*All checks for equipment down payment would not be cashed unless a student, **fails to return their equipment within ten days from the end of their sports season,** intentionally destroys their uniform or the uniform is lost/stolen. Receipts will be given to students upon turning in their uniform. Students should turn their receipt into the office for issuance of their check, or to apply their check as a uniform down payment for the next sports season ** (No family cap on equipment)

*Checks will be returned to the athlete if all materials are handed in. **If the athletes materials are not washed a \$10.00 fee will be assessed.**

*Please Note: If the cost of the damaged or lost/stolen uniform/equipment exceeds the uniform down payment, the athlete and the parent/guardian will be responsible for any additional payments needed to replace it.

* ISD #002 administration will follow the policy governing student fee collection in the event of lost, stolen, or abuse fines that are not paid in full.

* Rate of fine starting on 10th day is \$10, \$20, \$30, etc.

Hill City School Activity Rules and Regulations

I have read and understand the rules and regulations and their amendments to the Minnesota State High School League and ISD #002 Activity Policies.

Student Signature

Date

Parent/Guardian Signature

Date

Please return this page to the Main Office.

(A copy of this signed statement will be kept on file for future reference)

EMERGENCY INFORMATION (Please Print)

Student Information:

Grade _____ Birthdate _____

Name _____ Home Phone _____

Address _____

Parent/Guardian Information:

Father's Name _____ Home Phone _____

Address _____

Email _____ Cell phone _____

Employer _____ Work Phone _____

Mother's Name _____ Home Phone _____

Address _____

Email _____ Cell phone _____

Employer _____ Work Phone _____

List at least two neighbors or nearby relatives who will assume temporary care of student if parents cannot be reached.

1. Name _____ Phone _____

2. Name _____ Phone _____

3. Name _____ Phone _____

4. Name _____ Phone _____

In case of accident or serious illness, I request the school to contact me. If the school is unable to reach me or any of the contacts listed above, I hereby authorize the school to call 911.

Parent/Guardian Signature **X** _____ Date _____

From time to time students are taken on short field trips to the school forest or local businesses during their regular class time under the supervision of the classroom teacher. Please sign below to indicate permission for your son or daughter to accompany the class on these local trips.

Parent/Guardian Signature **X** _____ Date _____

INDEPENDENT SCHOOL DISTRICT #002

Hill City, Minnesota

Release of Liability for Students Transported To or From Co-Curricular Activities

Student's name _____
(please print)

is a member of the Hill City _____ Team, and has permission to ride home from away games with any of the following adult drivers for the duration of the season.

Driver Name

Driver Phone Number

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Athletes will notify the coach before each game regarding their transportation home.

I agree to hold Independent School District 002 harmless in the event of injury to the student, including any property damages, while the student is being driven from the activity by transportation other than that provided by District 002.

In addition, I agree not to assert against the district, all current, former and future members of the school board of the district, the current, former and future employees of the district, and their heirs, executors, administrators, successors and assigns, in any court of law, any claim or claims that the student and/or the parent or legal guardian had, now have, or may have in the future, whether known or unknown, based on any injuries sustained by the student while being so transported.

I have read and voluntarily sign the release and waiver of liability, and further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made.

Signature of Parent/Guardian:

DATE: _____

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SCHOOL USE ONLY

Received by: _____ Date: _____

Copy to: Principal

Parents and Athletes,

The MSHSL Sports Qualifying Physical Exam form is in three parts. If you need a physical this year, take the following 3 pages with you to the doctor. A physical must be done once every three years and the MSHSL Sports Qualifying Physical Examination Clearance Form must be signed by the physician and returned to the school office. If you are unsure whether you need a physical, check with the office staff.

The MSHSL Annual Health Questionnaire Form and the MSHSL Athletic Eligibility Statement (last page in this handbook) must be completed, signed by parent and athlete, and returned to the school office before an athlete may participate in sports.

See the Student Athlete Checklist on page 6 to be sure you have completed all the necessary requirements for athletic participation.