



**Cashmere School District  
Athletics**

## **COACHES ARE EDUCATORS - FIRST & FOREMOST**

It is very difficult to accept your child not playing as much as you hope. Coaches are educators. They make decisions based on what they believe to be best for all student-athletes and the educational goals of the Cashmere School District (CSD).

Certain concerns are appropriate to discuss with your child's coach(es). Other areas such as those listed below, must be left to the discretion of the coaches for that program and will not be open to discussion:

- 1. Playing time**
- 2. Team strategy**
- 3. Play calling**
- 4. Other student-athletes**

There are situations that may require a conference between the coach and player, or coach and parent. These conferences are encouraged. It is important all parents involved have a clear understanding of the other person's position. When a conference is necessary, the protocol outlined within should be used to help resolve any questions and or concerns

## **PARENT CODE OF CONDUCT**

- Make sure your child understands that win or lose, you love him or her.
- Be realistic about your child's athletic ability.
- Help your child set realistic goals each season/year.
- Emphasize "improved performance", not "winning".
- Don't relive your own athletic past through your child.
- Control your emotions at games and events.
- Be a positive supporter for your child and for other students on the team.
- Respect your child's coaches. Communicate with them in a positive way. Encourage others to do the same.
- Be a positive role model.
- Be sensible, responsible, and keep your priorities in order. There is a lot more at stake than a win or loss

# PARENT/COACH COMMUNICATION GUIDE

*The Cashmere School District is dedicated to creating a program that prepares students to excel in life. Co-curricular activities can teach a student life long values such as; hard work, teamwork, sportsmanship, honesty, interpersonal relationships, character, and integrity. But most of all, how to deal with success and failures as they transition into adulthood.*

## Parent/Coach Relationship

*Both parenting and coaching can be quite trying at times. By understanding and respecting the position of both parents and coaches, children are better served through their experience in athletics. We will do all we can to provide a positive experience for your child. Possibly the most important ingredient to achieve this outcome is to insure that lines of communication are developed to allow for free and easy resolution of questions before they become issues. Clear communication between parents and coaches can help all understand the position of the other and enhance the positive experience that can be gained from participation in athletics.*

### COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

- Philosophy of the coach.
- Expectations and goals the coach has for your child as well the team and season.
- Location and times of practices and games.
- Team requirements, special equipment, strength and conditioning programs, summer program info.
- Procedure if your child is injured during participation.
- Team rules, guidelines and consequences for infractions.
- Team selection process.

### COMMUNICATION COACHES EXPECT FROM PARENTS

- Concerns expressed directly to their child's coach and/or program head coach.
- Notifications of any schedule conflicts in advance.
- Notifications of any illness or injury as soon as possible.
- Notification of any absences from practice and/or games.

*As your child becomes involved in athletics in the CSD, he or she will experience some of the most rewarding moments of their lives. It is important to understand there may also be times when things do not go the way your child wishes. At these times, discussion with the coach is encouraged. Speaking to your coach is the first and most important step to understanding and resolution.*

## **APPROPRIATE CONCERNS TO ADDRESS WITH COACHES**

- The treatment of your child.
- Ways to help your child improve.
- Concerns about your child's behavior.

### **IF YOU HAVE A CONCERN TO DISCUSS WITH COACH PLEASE FOLLOW THE PROTOCOL STEPS BELOW:**

1. Your son/daughter should first talk with the coach about his/her concern.
2. Student-Athlete & Parent to Coach.
3. Student-Athlete & Parent, Coach to Athletic Director.
4. Student-Athlete & Parent, Coach, Athletic Director to Building Principal.
5. If communication needs further steps the Building Principal will inform the Superintendent.

### **KEY REMINDERS**

- ❖ If the coach cannot be reached, you can call/email the CHS/CMS Athletic Department. A meeting can be set up for you.
- ❖ The student-athlete must be present for a meeting to take place.
- ❖ If a parent does not follow the process and skips a step on the communication protocol, they will be asked to go back and follow the process before discussing it with that person.

*We hope the information provided within this pamphlet helps to make the Cashmere Athletic Programs as enjoyable and positive as possible for both you and your child.*

*Thank you for your support! Go Bulldogs!*

