

District 5 1A District Track and Field Meet  
Friday May 22, 2026

Running Event Order

3:00 pm      Girls 4 x 200 Relay  
3:05 pm      Girls 3200 Run  
3:25 pm      Boys 110 Hurdles  
3:35 pm      Girls 100 Hurdles  
3:45 pm      Boys 100 Dash  
3:55 pm      Girls 100 Dash  
4:05 pm      Boys 1600 Run  
4:15 pm      Girls 1600 Run  
4:30 pm      Boys 4 x 100 Relay  
4:40 pm      Girls 4 x 100 Relay  
4:50 pm      Boys 400 Dash  
5:00 pm      Girls 400 Dash  
5:10 pm      Boys 300 Hurdles  
5:20 pm      Girls 300 Hurdles  
5:30 pm      Boys 800 Run  
5:40 pm      Girls 800 Run  
5:50 pm      Boys 200 Dash  
6:00 pm      Girls 200 Dash  
6:10 pm      Boys 3200 Run  
6:30 pm      Girls 4 x 400 Relay  
6:40 pm      Boys 4 x 400 Relay

Field Event Order

Upper Field - 2:00 pm  
Pole Vault:    Boys then Girls  
Shot Put:      Boys then Girls  
High Jump:    Girls then Boys  
Long Jump:    Boys: West Pit  
                    Girls: East Pit  
Triple Jump follows long jump.  
  
(Long jump and triple jump **finals**  
may be competed in a different pit  
with games committee permission)  
  
Lower Field - 2:00 pm  
Discus:        Girls then Boys  
Javelin:       Boys then Girls