



BRIAR WOODS VOLLEYBALL

2026-2027 SEASON

WHAT YOU NEED TO KNOW BEFORE TRYOUTS

WE DO NOT RECRUIT TEAMS. WE SELECT TEAMS. EVERY ATHLETE STARTS WITH THE SAME OPPORTUNITY.



WHO CAN TRY OUT?

- Students entering grades 9–12
- Current VHSL physical required
- All athletic paperwork must be completed



TRYOUTS

- Tryouts are open to all grade levels
- Tryouts will start on **August 3–6, 2026**
- Times and schedule will be posted on @bwhsfalconsathletics and the Briar Woods Athletic Website



TEAM SELECTION

We evaluate athletes based on:

- Technical skill
- Athletic ability
- Volleyball IQ
- Coachability
- Competitiveness
- Communication
- Consistency & effort

**TALENT MATTERS. CHARACTER MATTERS.
COMPETITIVENESS MATTERS.**



FRESHMAN, JV & VARSITY

- One evaluation process
- No predetermined number of freshmen on JV or Varsity
- Placement is based on readiness, performance, and what is best for the team

WHAT SEPARATES PLAYERS AT TRYOUTS?



Compete for every ball



Communicate constantly



Respond positively to coaching



Stay composed after mistakes



Show toughness when tired



Put team success above individual recognition



BEFORE TRYOUTS

All athletes must:

- ☒ Have a current VHSL physical
- ☒ Complete the Athletic Department Registration
- ☒ Complete required LCPS paperwork
- ☒ Complete the **New Athlete Form** before tryouts.



New Athlete Form (Required)
<https://forms.gle/MBZJt337aWr3nWx58>

The New Athlete Form is separate from the Athletic Department Registration.

Questions regarding registration and physicals contact
Lucia.Curry@lcps.org.

NO EXCEPTIONS.



SUMMER PREPARATION

The best way to prepare for tryouts:

- 1 Improve first-ball skills.
- 2 Improve serving consistency.
- 3 Improve movement and athleticism.
- 4 Compete against strong players.
- 5 Develop strength and conditioning habits.

**SHOWING UP IS NOT PREPARATION.
PREPARATION HAPPENS BEFORE
TRYOUTS BEGIN.**

PROGRAM STANDARDS



TEAM FIRST



WORK ETHIC



COACHABILITY



ACCOUNTABILITY



COMPETITIVE
EXCELLENCE



PROGRAM MOTTO

EARNED. NOT GIVEN.

Every role.
Every rep.
Every opportunity.



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INFORMATION WILL BE UPDATED ON:
@bwhsfalconsathletics and the
Briar Woods Athletic Website <https://www.bwhsfalcons.com>