




BALTIMORE CITY

PUBLIC SCHOOLS

**Test to Play Guidance for High School
Athletics**

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High School Athletics: Test to Play

- Vaccinations are no longer required to participate in sports.
- All athletes must participate in regularly scheduled testing and test-to-stay to remain eligible to train, practice, and play.
- Coaches and Athletic Directors will manage and maintain testing rosters and player eligibility.
- Central Office Athletics will ensure test to play rules and regulations are followed.



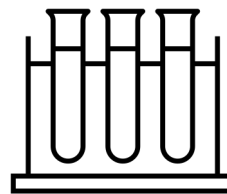
Confidentiality is Paramount

Athletic Directors will now have access to the personal health information (COVID results) for the students in their schools.

It is imperative that you keep this information confidential.

Please do not discuss test results in front of students, do not share information with coaches other than the coach whose team is impacted, and do not share information about the individual who tested positive with families!

City Schools COVID Testing Program



Screening tests for
staff and students
without symptoms



Diagnostic tests for
staff and students
with symptoms



Test to Stay for
students and staff
exposed to COVID

How often is testing?



Screening testing will be about every other week for the fall Semester. Each school will receive their fall testing schedule by late August.




Symptomatic testing and test to stay will be offered daily as needed



Prior to extended breaks including Back-to-School, Thanksgiving, Winter, and Spring Break, over the counter rapid tests will be backpacked home.

Does the 90-day rule still apply?

Individuals who have had COVID in the last 90-days should **NOT** participate in **PCR screening tests**.




HOWEVER, individuals who have had COVID in the last 90 days **SHOULD** participate in diagnostic testing and test-to stay. Rapid tests are more accurate for those who have recently recovered but may be experiencing reinfection.

Tracking your student-athletes testing

1. Development of roster to keep track of test participation
 - ADs will receive COVID positive test results via email
2. Update roster regularly and exclude those who violate policy from participation
 - If a student has not participated in testing either biweekly or due to “test to play” protocols, they are to be excluded from participation in training, practicing, or playing until they present a negative test result.
3. Exclude athletes who are isolating due to COVID from active play for 10 days.
 - Note – students may return to school after 5 days if symptoms are improving. However, they must remain masked for 5 additional days and should minimize close contact with other students.

Isolating Individuals with COVID

- Anyone who tests positive for COVID-19 must isolate for 5 days, even if they are vaccinated, have no symptoms, and/or test negative in a follow-up test. They should wear a mask for an additional 5 days after their return.
- **The day you test positive is day 0. Day 1 is the day AFTER the test.**
- While athletes can attend school, team meetings and team activities after day 5, **athletes should not return to the field of play or activities that are unsafe while masked until day 11.**
- Once an individual's isolation period is complete, no test is required to return.



Testing close contacts so they can play!

- Test to play requires close contacts to get two tests in the days after they are exposed.
- One test can be given right away, and the second test can be given 5-7 days after exposure.
- Ensuring close contact of a confirmed case on a sports team is tested will minimize COVID-related disruptions to athletics and keep students and staff safe.

Resources

- You can find all the key Health and Safety Resources on the In Person Learning Hub - <https://cityschools2013.sharepoint.com/sites/In-PersonLearningHub>
- Key resources on the hub include:
 - COVID consent form in multiple languages
 - Family friendly communication tools about COVID testing and response
 - Quarantine and Isolation guidance
 - COVID Response Letter Templates
 - Quick guides for COVID Response
 - (pending) HSC assignments, onboarding schedule, and training materials
 - (pending) Testing schedule
 - [VISUAL-PreK-8 COVID-19 Testing Model](#)