

Kasson Mantorville Middle School

November
2024

Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 28 | 29 | 30 | 31 | 1 Plain Long John Cinnamon Toast Crunch Goldfish Graham Crackers Canned Fruit Bar 100% Apple Juice Choice of Milk |
| 4 Chocolate Chip Brekkie Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk | 5 Banana Chocolate Loaf Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Orange Juice Choice of Milk | 6 Breakfast Pizza Goldfish Graham Crackers Choice of Cereal Fruit Selection Juice Selection Choice of Milk | 7 Apple Frudel Choice of Cereal Goldfish Graham Crackers Fresh Banana 100% Apple Juice Choice of Milk | 8 Plain Long John Choice of Cereal Goldfish Graham Crackers Applesauce 100% Apple Juice Choice of Milk |
| 11 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Goldfish Graham Crackers Diced Peaches 100% Apple Juice Choice of Milk | 12 Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Fruit Selection Juice Selection Choice of Milk | 13 Egg& Cheese Sandwich Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Grape Juice Choice of Milk | 14 Cocoa Puffs Cereal Bar Goldfish Graham Crackers Choice of Cereal Fruit Selection 100% Apple Juice Choice of Milk | 15 Plain Long John Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk |
| 18 Brekkie Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk | 19 Banana Chocolate Loaf Cheese Stick Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Orange Juice Choice of Milk | 20 Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Fruit Punch Juice Choice of Milk | 21 Apple Frudel Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk | 22 Plain Long John Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk |
| 25 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Apple Juice Choice of Milk | 26 Pancake on a Stick Choice of Cereal Goldfish Graham Crackers Fruit Selection 100% Orange Juice Choice of Milk | 27 | 28 | 29 |

PRICES

| | |
|--------------------|--------|
| Regular | Free |
| Adult Meal | \$5.00 |
| Premium Adult Meal | \$5.25 |

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

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