

Middle School

Lunch

November

2024

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

FRIDAY

EXTRA INFO

Chef's House Classics Chicken Crispito, Firenze Corn Salad

Happy Belly Deli Ham Deli Sub Sandwich

Grab & Go Crispy Chicken Salad

The Patch Salsa, Black Beans, LCR Lettuce, Diced Pears, Fresh Pear, Choice of Milk

Harvest of the Month



Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

Menus are subject to change without notice. This institution is an equal opportunity provider.

TAHER
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4 MONDAY

Chef's House Classics Chicken Bacon Ranch Melt

HOM Garlic Rosemary Potatoes

Good Eats Diner Chicken Patty Sandwich

Happy Belly Deli Turkey Ham Deli Sub Sandwich

Grab & Go Mex-a-Munchie, Crispy Chicken Salad

7 THURSDAY

Chef's House Classics Sloppy Joe on a Bun, Kettle Potato Chips

Happy Belly Deli Turkey Ham Deli Sub Sandwich

Upper Crust Pizza Cheese Pizza, Pepperoni Pizza

Grab & Go Mex-a--Munchie, Crispy Chicken Salad

The Patch Roasted Broccoli, Red/Orange Vegetable, Applesauce, Fresh Grapes, Choice of Milk

5 TUESDAY

Chef's House Classics Cheese Bosco Stick, Marinara Sauce

Happy Belly Deli Turkey Ham Deli Sandwich

Upper Crust Pizza Sausage Pizza

Grab & Go Mex-a-Munchie

The Patch Broccoli Salad, Red/Orange Vegetable, Mixed Fruit, Fresh Grapes, Choice of Milk

8 FRIDAY

Chef's House Classics United Tastes of America, Country Fried Chicken and Gravy

Good Eats Diner BBQ Rib Sandwich

Happy Belly Deli Turkey Ham Deli Sandwich

Grab & Go Crispy Chicken Salad

The Patch Mashed Potatoes, Glazed Carrots, Red/Orange Vegetable, Diced Pears, Fresh Grapes, Choice of Milk

6 WEDNESDAY

Chef's House Classics Walking Taco, Lettuce, Tomato and Cheese

Good Eats Diner Hamburger on a Bun

Grab & Go Turkey Ham Deli Sandwich, Crispy Chicken Salad

The Patch Mex-a-Munchie, Refried Beans, Red/Orange Vegetable, Pineapple Tidbits, Fresh Grapes, Choice of Milk

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MONDAY

11

- The Patch** Italian Pasta Bake, Rip Stick Breadstick, Other Vegetable, Diced Peaches, Fresh Banana, Choice of M
- Good Eats Diner** Chicken Patty Sandwich
- Happy Belly Deli** Turkey Deli Sub Sandwich
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad

THURSDAY

14

- Chef's House Classics** Chicken Fried Rice, Chicken Potstickers
- Happy Belly Deli** Turkey Ham Deli Sub Sandwich
- Upper Crust Pizza** Sausage Pizza
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad
- The Patch** Kung Fu Carrots, Other Vegetable, Applesauce, Fresh Banana, Choice of Milk

12

TUESDAY

- Chef's House Classics** Southwestern Burger Quesadilla
- Good Eats Diner** Cheeseburger on WG Bun, Spicy Chicken Patty on Bun
- Happy Belly Deli** Turkey Ham Deli Sub Sandwich
- Upper Crust Pizza** Cheese Pizza
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad

15

FRIDAY

- Chef's House Classics** Lasagna, Garlic Toast
- Good Eats Diner** BBQ Rib Sandwich
- Happy Belly Deli** Turkey Ham Deli Sandwich
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad
- The Patch** Roasted Broccoli, Other Vegetable, Diced Pears, Fresh Banana, Choice of Milk

13

WEDNESDAY

- Chef's House Classics** Meatballs and Gravy, Whole Grain Dinner Roll
- Good Eats Diner** Hamburger on a Bun
- Happy Belly Deli** Turkey Ham Deli Sub Sandwich
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad
- The Patch** Mashed Potatoes, Other Vegetable, Pineapple Tidbits, Fresh Banana, Choice of Milk

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MONDAY

Chef's House Classics Macaroni & Cheese, Whole Grain Dinner Roll

Good Eats Diner Chicken Patty Sandwich

Turkey Ham Deli Sub Sandwich

Grab & Go Mex-a-Munchie, Turkey BLT Salad

The Patch Collard Greens, Red/Orange Vegetable, Diced Peaches, Fresh Pear, Choice of Milk

21

THURSDAY

Chef's House Classics Soft Beef Tacos, Lettuce, Tomato and Cheese

Happy Belly Deli Turkey Ham Deli Sandwich

Upper Crust Pizza Pepperoni Pizza

Grab & Go Chef Salad

The Patch Steamed Corn, Red/Orange Vegetable, Applesauce, Fresh Pear, Choice of Milk

19

TUESDAY

Chef's House Classics Ham, Egg & Cheese on Biscuit

The Patch Tri Tater, Red/Orange Vegetable, Mixed Fruit, Fresh Pear, Choice of Milk

Happy Belly Deli Turkey Ham Deli Sub Sandwich

Upper Crust Pizza Cheese Pizza

Grab & Go Mex-a-Munchie, Turkey BLT Salad

22

FRIDAY

Chef's House Classics Roast Turkey & Gravy, Whole Grain Dinner Roll, Mashed Potatoes

Good Eats Diner Bread Stuffing, BBQ Rib Sandwich

Happy Belly Deli Turkey Ham Deli Sandwich

The Patch Steamed Green Beans, Red/Orange Vegetable, Diced Pears, Fresh Pear, Choice of Milk

20

WEDNESDAY

Chef's House Classics Corn Dog

The Patch French Fries, Baby Carrots, Steamed Corn, Red/Orange Vegetable, Pineapple Tidbits, Fresh Pear, Choic

Good Eats Diner Hamburger on a Bun

Happy Belly Deli Turkey Ham Deli Sandwich

Grab & Go Chef Salad

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Chef's House Classics Philly Flatbread, Cucumber Ranch Salad

Good Eats Diner Chicken Patty Sandwich

Happy Belly Deli Turkey Ham Deli Sub Sandwich

Grab & Go Crispy Chicken Salad

The Patch Steamed Peas, Celery Sticks, Diced Peaches, Fresh Grapes, Choice of Milk

28

THURSDAY

No School

26

TUESDAY

Chef's House Classics Pancakes, Sausage Patty

Happy Belly Deli Turkey Ham Deli Sub Sandwich

Upper Crust Pizza Pepperoni Pizza

Grab & Go Crispy Chicken Salad

The Patch HOM - Sweet Potato Puffs, Other Vegetable, Mixed Fruit, Fresh Grapes, Choice of Milk

29

FRIDAY

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