Other Vegetable Pineapple Tidbits Other Vegetable Mixed Fruit Fresh Banana Fresh Banana Choice of Milk Choice of Milk

Other Vegetable Applesauce Fresh Banana Choice of Milk

Diced Pears Fresh Banana Choice of Milk

19 22 **United Tastes of America** 

> Macaroni & Cheese Chicken Fried Steak Walking Taco Lettuce. Tomato and Cheese Rip Stick Breadstick Whole Grain Dinner Roll Black Beans Cherry Tomato Baby Carrots Salsa Mixed Fruit

Red/Orange Vegetable Pineapple Tidbits Fresh Pear Choice of Milk

Cheesy Mashed Potatoes Steamed Corn Red/Orange Vegetable Applesauce Fresh Pear

Choice of Milk

Roast Turkey & Gravy Dinner Roll Mashed Potatoes **Bread Stuffing** Steamed Green Beans Red/Orange Vegetable Diced Pears Fresh Pear Choice of Milk

25 26 27 28 29 **HOM - Sweet Potato** 

Cheese Bosco Stick Bacon, Egg & Cheese on Bagel Marinara Sauce

2

Sweet Potato Fries Other Vegetable Mixed Fruit Fresh Grapes Choice of Milk

Fresh Pear

Choice of Milk

Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462



Your MENUS plus more information on our app Taher Food4Life®



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Fresh Banana

Choice of Milk

Italian Pasta Bake

Collard Greens

Diced Peaches

Choice of Milk

Steamed Peas

Other Vegetable

**Diced Peaches** 

Fresh Grapes

Choice of Milk

Fresh Pear

Whole Grain Dinner Roll

Red/Orange Vegetable

18