MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Banana Chocolate Loaf Cheese Stick	Pancake on a Stick	Apple Frudel	Breakfast Pizza	Plain Long John
Choice of Cereal Fun with D&J Crackers Applesauce 100% Apple Juice Choice of Milk	Choice of Cereal Fun with D&J Crackers Diced Peaches Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Banana Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Mixed Fruit Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Apple Slices 100% Apple Juice Choice of Milk
9	10	11	12	13
Banana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Applesauce 100% Orange Juice Choice of Milk	Breakfast sandwich Choice of Cereal Fun with D&J Crackers Apple 100% Orange Juice Choice of Milk	Cinnamon Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Banana 100% Orange Juice Choice of Milk	Breakfast Pizza Choice of Cereal Fun with D&J Crackers Diced Pears 100% Orange Juice Choice of Milk	Chocoalte Chocolate Chip Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Diced Peaches 100% Orange Juice Choice of Milk
16	17	18	19	20
Chanana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Cranberries 100% Apple Juice Choice of Milk	Pancake on a Stick Choice of Cereal Fun with D&J Crackers Pineapple Tidbits 100% Apple Juice Choice of Milk	Apple Frudel Choice of Cereal Fun with D&J Crackers Cranberries 100% Apple Juice Choice of Milk	Breakfast Pizza Fun with D&J Crackers Choice of Cereal Applesauce 100% Apple Juice Choice of Milk	Chocoalte Chocolate Chip Muffin Choice of Cereal Fun with D&J Crackers Cranberries 100% Apple Juice Choice of Milk

Free For Students Adult Meal Premium Adult Meal

Milk choice of 1% or chocolate, is included with

your Lunch.
For any questions or comments contact Vicky
Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462



Your MENUS plus more Information on our app Taher Food4Life®

