				76
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Banana Chocolate Loaf Cheese Stick	Mini Pancakes	Breakfast Pizza	Apple Frudel	Chocolate Chocolate Chip Muffin
Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Cheese Stick Choice of Cereal
Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Orange Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Grape Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice
10	11	12	13	14
Chocolate Chip Brekkie	Mini Eggo Waffles	Breakfast Pizza	Pancake on a Stick	Blueberry Muffin Cheese Stick
Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers
Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Orange Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Fruit Punch Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Canned Fruit Bar Fresh Fruit Cup 100% Apple Juice Choice of Milk
17	18	19	20	21
		Breakfast Pizza  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Fruit Punch Juice Choice of Milk	Pancake on a Stick  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Chocolate Chocolate Chip Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice
24	25	26	27	28
Banana Chocolate Loaf Cheese Stick  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Mini Pancakes  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Orange Juice Choice of Milk	Breakfast Pizza  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Grape Juice Choice of Milk	Choice of Frudel Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk	Blueberry Muffin Cheese Stick  Choice of Cereal Fun with D&J Crackers  Canned Fruit Bar Fresh Fruit Bar 100% Apple Juice Choice of Milk

Free For Students Adult Meal Premium Adult Meal

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462



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