

**WINNER SCHOOL DISTRICT 59-2
OFFICIAL SCHOOL BOARD POLICY**



PRESENCE OF BLOOD DURING INTERSCHOLASTIC OR PRACTICE

A national concern for the health and safety of all athletes dictates the need to develop policies that relate to infectious diseases such as HIV (Human Immuno-deficiency Virus) and/or HBV (Hepatitis B Virus). The Winner Board of Education shares this concern.

Doctors, coaches, athletic trainers and student trainers, who care for student athletes should employ the universal precautions currently recommended by the Center for Disease Control, since medical history and examination cannot reliably identify patients infected with HIV.

The Winner Board of Education, therefore, requires that the following precautions apply to all practices and interscholastic athletics/activities.

1. Prior to competition, a student/athlete must cover any open wound on their body. This will reduce the risk of transmission of a blood-borne pathogen from the open wound to the open wound or mucous membrane of another individual.
2. A student athlete should render first aid to herself/himself and cover any of their own wounds whenever possible.
3. When giving first aid to others, an individual should wear protective gloves (such as latex surgical gloves) any time blood, open wounds or mucous membranes are involved. The person should wear clean gloves for each student athlete treated or when treating the same individual more than once.
4. If an individual gets someone's blood on their skin, they should wear protective gloves and wipe off the blood with a disposable towel using an improved disinfectant such as hibstat towelettes. If any blood gets on a uniform during competition or during practice, it is necessary to clean the uniform immediately with soap and hot water before further participation. If possible, the uniform should be removed during the cleaning process.
5. If a student athlete begins to bleed during practice and/or competition, play must be stopped immediately, the person who is injured shall be removed and any potentially contaminated surfaces (e.g. basketball court, wrestling mat, etc.) should be cleaned before the competition/practice continues. In wrestling the mat should be rinsed with clean water to avoid participants getting disinfectant in their eyes. The individual conducting the cleanup should always wear protective gloves. NOTE: The most appropriate and cost-effective disinfectant used in the case of wrestling mats and basketball courts is sodium hypo chlorite-commonly known as household bleach. It must be diluted by water 1:10.
6. A student athlete who removed for an athletic practice or contest due to bleeding must have his/her bleeding stopped and any wound covered before resuming practice/competition.
7. A person who has treated an injury where blood is present or has cleaned a potentially contaminated surface, should wash his/her hands with soap and hot

**WINNER SCHOOL DISTRICT 59-2
OFFICIAL SCHOOL BOARD POLICY**



- water or an approved disinfectant such as hibstat towelettes. In every instance, hands must be thoroughly washed after gloves are removed.
8. Towels which will be utilized for any purpose by student athletes, coaches or officials should NOT be used to clean off blood from any potentially contaminated surface. Neither should towels be shared by any two individuals. NOTE: Disposable towels should be used in all cleanup. Towels, protective gloves and other materials used in cleanup, as well as any cotton used to stem bleeding, should be, placed in a sealed container lined with a plastic bag. The plastic bag shall be closed and discarded on a daily basis.
 9. If an official or coach should get blood on himself/herself, they should follow identical procedures to those outlined above.
 10. All coaches, officials, and student athletes should practice good hygiene. Towels, cups and water bottles should not be shared.
 11. Wash all soiled uniforms, towels, and other dirty linen in warm or hot soapy water. Use a normal laundry cycle and follow the washer and detergent manufacturer's guidelines.
 12. Officials should refrain from cleaning blood spills, since this is the responsibility of the home school district.