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Football

| | | | | | | | |
|------|-----------------|------|-----------------|-----|------|-----------------------|-----|
| 1981 | State Champions | 1989 | Tom Mathis | RB | 2013 | Jay Brandis | DT |
| 1986 | State Runner-Up | 1989 | Mark Schramm | OT | 2013 | Kray Krolikowski | DE |
| 1987 | State Champions | 1990 | Chad Pokorny | RB | 2013 | Trace Meyer | FB |
| 1989 | State Champions | 1990 | Derrick Nedved | OT | 2014 | Brendan Harter | DE |
| 1990 | State Runner-Up | 1991 | Thayne Nagel | DL | 2014 | Sam Naasz | SP |
| 1992 | State Runner-Up | 1991 | Jon Brozik | LB | 2014 | Tyrel Haley | LB |
| 1993 | State Runner-Up | 1992 | Dustin Schramm | LB | 2015 | Drew DeMers | QB |
| 1995 | State Runner-Up | 1992 | Brad Schroeder | DL | 2015 | Windsor Barry | RB |
| 1998 | State Runner-Up | 1993 | Branden Nielsen | RB | 2015 | Riley Frazier | FB |
| 2008 | State Runner-Up | 1993 | Brady Stocklin | OT | 2015 | Krockett Krolikowski | OT |
| 2009 | State Champions | 1993 | Travis Kuil | DB | 2015 | Jayden Schroeder | G |
| 2012 | State Champions | 1994 | Brady Stocklin | OT | 2015 | Isaac Naasz | DE |
| 2015 | State Champions | 1994 | Dan Pravecek | DL | 2016 | Drew DeMers | QB |
| 2016 | State Champions | 1995 | Dan Pravecek | OT | 2016 | Cameron Kuil | RB |
| 2019 | State Runner-Up | 1995 | Clint Assman | LB | 2016 | Jayden Schroeder | FB |
| 2020 | State Champions | 1995 | Russ Neyens | DB | 2016 | Wyatt Ewing | C |
| 2021 | State Champions | 1996 | Kevin Keiser | DB | 2016 | Jordan Turgeon | T |
| 2022 | State Runner-Up | 1997 | Ryan Littau | LB | 2016 | Krockett Krowlikowski | DT |
| 2024 | State Champions | 1997 | Mike Hockett | P | 2016 | Isaac Naasz | DE |
| | | 1998 | Sam Donovan | OT | 2016 | Chase Kingsbury | LB |
| | | 1998 | Ben Pravecek | LB | 2016 | Kayleb Brozik | DB |
| | | 1998 | Mike Hockett | P | 2017 | Levi McClanahan | LB |
| | | 2000 | Barry Schramm | FB | 2017 | Riley Calhoon | DB |
| | | 2000 | Royce Robbins | OG | 2018 | Shea Connot | LB |
| | | 2000 | Devin Koskan | SPT | 2018 | Oscar Pravecek | G |
| | | 2001 | Tyler Kucera | DE | 2018 | Trevor Peters | DB |
| | | 2001 | Chris Haynes | DB | 2019 | Trevor Peters | RB |
| | | 2002 | Brandon Bell | RB | 2019 | Phillip Jorgensen | FB |
| | | 2003 | Zach Anderson | C | 2019 | Oscar Pravecek | OL |
| | | 2003 | Nathan Curtis | DE | 2019 | Joren Bruun | DB |
| | | 2003 | Nick Sabol | DB | 2020 | Brady Fritz | DB |
| | | 2004 | Nick Sabol | DB | 2020 | Charley Pravecek | DT |
| | | 2005 | Myles Ulmer | OT | 2020 | Bosten Morehart | OL |
| | | 2006 | Chas DeMers | QB | 2020 | Preston Norrid | OL |
| | | 2006 | Jared Donahue | RB | 2020 | Sam Kruger | RB |
| | | 2006 | Andrew Farley | DE | 2020 | Kaden Keiser | ATH |
| | | 2007 | Seth Daughters | TE | 2021 | Charley Pravecek | OL |
| | | 2007 | Jeff Weidner | G | 2021 | Achilles Willuweit | OL |
| | | 2008 | Braden Gardner | RB | 2021 | Joey Cole | DL |
| | | 2008 | Jack Kerner | DT | 2021 | Jackson Vesely | DL |
| | | 2008 | John Farner | DB | 2021 | Riley Orel | RB |
| | | 2009 | Jayd Docken | OT | 2021 | Kaden Keiser | DB |
| | | 2009 | Jayd Knodell | LB | 2022 | Aiden Barfuss | FB |
| | | 2009 | Ted Wonnenberg | DB | 2022 | Ethan Bartels | DL |
| | | 2009 | Eric Schueth | SP | 2022 | Jack Kruger | OL |
| | | 2010 | Dylan Donahue | OT | 2022 | Riley Orel | RB |
| | | 2011 | Taylor Haley | OT | 2022 | Jack Peters | LB |
| | | 2011 | Austin Richey | LB | 2022 | Blake Volmer | DB |
| | | 2011 | Ben Connot | DB | 2023 | Noah Best | OL |
| | | 2012 | Ben Connot | DB | 2023 | Spencer Calhoon | OL |
| | | 2012 | Kyle Bertram | RB | 2023 | Shawn Hammerbeck | OL |
| | | 2012 | Tate Novotny | DE | 2023 | Aiden Barfuss | FB |
| | | 2013 | Scott Assman | DG | 2024 | August Bartels | FB |

Football-All State Recipients

| | | |
|------|-----------------|----|
| 1962 | Bill Hurlburt | RB |
| 1962 | Lee Calhoon | OG |
| 1964 | Dwaine Novak | RB |
| 1965 | Allen Burtz | OG |
| 1970 | Leo Schroeder | OT |
| 1973 | Jerry Haskell | RB |
| 1974 | Terry Eckstaine | QB |
| 1974 | Tom King | C |
| 1975 | Sonny Jorgensen | RB |
| 1979 | John Vaughn | LB |
| 1980 | Bart Naasz | OG |
| 1980 | Kyle Wagner | TE |
| 1981 | Jack Sharkey | RB |
| 1981 | Dean Weidner | DL |
| 1982 | Randy Novotny | RB |
| 1984 | Bruce Daughters | OT |
| 1985 | Bruce Daughters | OT |
| 1985 | Corey Vosika | LB |
| 1985 | Jody Brozik | DB |
| 1987 | Ron Bartels | OG |
| 1987 | Bob Schroeder | FB |
| 1988 | Trent Eckstaine | RB |
| 1988 | Brad Young | C |

| | | | | | | | | |
|------|------------------|----|------|------------|-----|------|------|-----|
| 2024 | Karson Keiser | RB | 2025 | Seth Heath | LB | 2026 | Name | POS |
| 2024 | Evan Bartels | OL | 2025 | Zac Olson | DB | 2026 | Name | POS |
| 2024 | Shawn Hammerbeck | DL | 2026 | Name | POS | | | |
| 2025 | Derek Fenenga | OL | 2026 | Name | POS | | | |

Volleyball

| | |
|------|-----------------|
| 2008 | State 6th Place |
| 2013 | State Runner-Up |
| 2018 | State 6th Place |
| 2019 | State 6th Place |
| 2020 | State 7th Place |
| 2024 | State 8th Place |

Volleyball-All-State Recipients

| | | | |
|------|-------------------|----------|---------|
| 2010 | Sharee Galbriath | 2nd Team | Class A |
| 2012 | Cassidy Hanson | 2nd Team | Class A |
| 2013 | Sarah Husher | 1st Team | Class A |
| 2013 | Lindsay Calhoon | 2nd Team | Class A |
| 2013 | Cassidy Hanson | 2nd Team | Class A |
| 2014 | Sydney Fritz | 2nd Team | Class A |
| 2015 | Sydney Fritz | 1st Team | Class A |
| 2018 | Morgan Hammerbeck | 1st Team | Class A |
| 2019 | Morgan Hammerbeck | 1st Team | Class A |
| 2019 | Ellie Brozik | 2nd Team | Class A |
| 2020 | Ellie Brozik | 1st Team | Class A |
| 2021 | Ellie Brozik | 1st Team | Class A |

Cross Country

Cross Country-Boys

| | |
|------|-----------------|
| 1963 | State 5th Place |
| 1964 | State 8th Place |
| 1968 | State 7th Place |
| 1969 | State 5th Place |
| 1970 | State 3rd Place |
| 1971 | State 5th Place |
| 1972 | State 6th Place |

Cross Country-Girls

| | |
|------|-----------------|
| 2016 | State 6th Place |
| 2017 | State 5th Place |

Cross Country-All State Recipients

| | | | | |
|------|----------------|---------------|-------|---------|
| 2016 | Sidda Schuyler | Cross Country | Girls | Class A |
| 2017 | Sidda Schuyler | Cross Country | Girls | Class A |
| 2018 | Sidda Schuyler | Cross Country | Girls | Class A |
| 2019 | Kade Watson | Cross Country | Boys | Class A |
| 2020 | Kade Watson | Cross Country | Boys | Class A |
| 2021 | Kade Watson | Cross Country | Boys | Class A |

Basketball

Basketball-Boys

| | |
|------|-----------------|
| 1951 | State 8th Place |
| 1969 | State 8th Place |
| 2001 | State 5th Place |
| 2010 | State 5th Place |
| 2011 | State 7th Place |
| 2012 | State 8th Place |
| 2015 | State 3rd Place |
| 2016 | State 6th Place |
| 2021 | State 8th Place |
| 2022 | State 6th Place |

Basketball-Boys All-State Recipients

| | | | |
|------|------------------|----------|---------|
| 1968 | Larry Frank | 3rd Team | Class A |
| 1969 | Steve Moses | 3rd Team | Class A |
| 1973 | Dwight Schramm | 3rd Team | Class A |
| 1974 | Dwight Schramm | 2nd Team | Class A |
| 1986 | Sam Goodhope | 1st Team | Class A |
| 1988 | Donny Godel | 1st Team | Class A |
| 1991 | Chad Pokorny | 1st Team | Class A |
| 1993 | Jay Drake | 1st Team | Class A |
| 1994 | Jay Drake | 1st Team | Class A |
| 2001 | Chris Haynes | 3rd Team | Class A |
| 2002 | Chris Haynes | 1st Team | Class A |
| 2009 | Zach Horstman | 2nd Team | Class A |
| 2010 | Zach Horstman | 1st Team | Class A |
| 2011 | Zach Horstman | 1st Team | Class A |
| 2015 | Brendan Harter | 1st Team | Class A |
| 2016 | Devon Leiferman | 2nd Team | Class A |
| 2020 | Brady Fritz | 2nd Team | Class A |
| 2021 | Brady Fritz | 1st Team | Class A |
| 2022 | Blake Volmer | 1st Team | Class A |
| 2023 | Blake Volmer | 2nd Team | Class A |
| 2024 | Shawn Hammerbeck | 3rd Team | Class A |
| 2025 | Carter Craven | 3rd Team | Class A |

Basketball-Girls

| | |
|------|-----------------|
| 1975 | State 7th Place |
| 1990 | State Runner-Up |
| 1993 | State 6th Place |
| 1997 | State 3rd Place |
| 2008 | State 4th Place |
| 2011 | State 8th Place |

| | |
|------|-------------------------|
| 2014 | State Runner-Up |
| 2016 | State Runner-Up |
| 2019 | State Champions |
| 2020 | State Qualifier (Covid) |
| 2021 | State 3rd Place |

Basketball-Girls All-State Recipients

| | | | |
|------|-------------------|----------|---------|
| 1975 | Jane Nicolaisen | 2nd Team | Class A |
| 1978 | Diane Schroeder | 3rd Team | Class A |
| 1979 | Diane Schroeder | 2nd Team | Class A |
| 1989 | Lisa Carlson | 3rd Team | Class A |
| 1990 | Lisa Carlson | 2nd Team | Class A |
| 1991 | Lori Young | 3rd Team | Class A |
| 1993 | Nicole Schroeder | 2nd Team | Class A |
| 1997 | Beth Wilcox | 2nd Team | Class A |
| 1998 | Beth Wilcox | 2nd Team | Class A |
| 2011 | Sharee Galbraith | 3rd Team | Class A |
| 2014 | Kelsey Bertram | 1st Team | Class A |
| 2015 | Kelsey Bertram | 1st Team | Class A |
| 2016 | Allison Cox | 1st Team | Class A |
| 2018 | Morgan Hammerbeck | 3rd Team | Class A |
| 2019 | Bella Swedlund | 2nd Team | Class A |
| 2019 | Morgan Hammerbeck | 2nd Team | Class A |
| 2020 | Bella Swedlund | 1st Team | Class A |
| 2020 | Morgan Hammerbeck | 2nd Team | Class A |
| 2021 | Bella Swedlund | 1st Team | Class A |
| 2021 | Kalla Bertram | 2nd Team | Class A |
| 2022 | Bella Swedlund | 1st Team | Class A |

Spirit of Su

| | |
|------|--------------------------|
| 2011 | Kelli Norrid-Winner |
| 2020 | Morgan Hammerbeck-Winner |

Mr./Miss Basketball-Player of the Year Awards

| | |
|------|--|
| 1986 | Sam Goodhope-Winner |
| 1986 | Sam Goodhope-Argus Leader Player of the Year |
| 1991 | Chad Pokorny-Argus Leader Player of the Year |
| 2002 | Chris Haynes-Argus Leader Player of the Year-Nominee |
| 2010 | Zachary Horstman-Argus Leader Player of the Year-Nominee |
| 2011 | Zachary Horstman-Winner |
| 2011 | Zachary Horstman-Gatorade Player of the Year |
| 2011 | Zachary Horstman-Argus Leader Player of the Year-Winner |

Wrestling

| | |
|------|----------------------|
| 1992 | State 4th Place |
| 1993 | State 8th Place |
| 1994 | State 8th Place |
| 1996 | State 5th Place |
| 2001 | State 7th Place |
| 2001 | State Dual 8th Place |
| 2002 | State 7th Place |
| 2003 | State Runner-Up |
| 2003 | State Dual Champions |
| 2004 | State Champions |
| 2004 | State Dual 3rd Place |
| 2005 | State Runner-Up |
| 2006 | State 6th Place |
| 2008 | State 5th Place |
| 2009 | State 6th Place |
| 2012 | State 5th Place |
| 2014 | State 8th Place |
| 2017 | State 4th Place |
| 2018 | State Runner-Up |
| 2019 | State Runner-Up |
| 2020 | State Runner-Up |
| 2020 | State Dual Runner-Up |
| 2021 | State Runner-Up |
| 2021 | State Dual Runner-Up |
| 2022 | State 3rd Place |
| 2022 | State Dual Champions |
| 2023 | State Runner-Up |
| 2024 | State Dual 5th Place |
| 2024 | State 4th Place |
| 2025 | State Runner-Up |
| 2025 | State Dual Runner-Up |

Wrestling-Wrestler of the Year Award

| | | |
|------|--------------|---------|
| 2021 | Sam Kruger | Class B |
| 2022 | Kaden Keiser | Class B |

Repeat Champions

- 4-Time
 - Kaden Keiser, 2022, 2021, 2021, 2019 (145,145, 126, 120)
- 3-Time
 - Kirk Bainter, 1980, 1981, 1982 (138, 145, 155)
 - Sam Kruger, 2021, 2020, 2019 (170, 160, 160)
- 2-Time
 - Brandon Nielson, 1993, 1994
 - Myles Ulmer, 2005, 2006 (HWT)
 - Sid Bice, 2006, 2007 (119, 125)
 - Jayd Docken, 2009, 2010 (189A, 189B)
 - Maxton Brozik, 2024, 2022 (126, 113)

Track

Track-Boys

| | |
|------|-----------------|
| 1984 | State 6th Place |
| 1985 | State Champions |
| 1986 | State 6th Place |
| 1987 | State Runner-Up |
| 1988 | State 8th Place |
| 1999 | State Champions |
| 2005 | State 4th Place |
| 2017 | State 4th Place |

Track-Girls

| | |
|------|-----------------|
| 1981 | State 4th Place |
| 1982 | State 7th Place |
| 1991 | State 5th Place |
| 2000 | State 5th Place |
| 2001 | State 3rd Place |
| 2002 | State Champions |

Track All-State Recipients

| | | | | |
|------|------------------|-------|-------|---------|
| 2016 | Cameron Kuil | Track | Boys | Class A |
| 2017 | Cameron Kuil | Track | Boys | Class A |
| 2019 | Ellie Brozik | Track | Girls | Class A |
| 2022 | Aaron Monk | Track | Boys | Class A |
| 2024 | Shawn Hammerbeck | Track | Boys | Class A |

Golf

Golf-Boys

| | |
|------|-----------------|
| 1974 | State 5th Place |
| 2003 | State 5th Place |

Golf-Girls

| | |
|------|-----------------|
| 2002 | State Runner-Up |
| 2003 | State 5th Place |
| 2021 | State 3rd Place |
| 2022 | State 4th Place |
| 2023 | State 6th Place |

Dance-Girls

| | |
|------|---|
| 2012 | State 3rd Place; State Kick Champions |
| 2013 | State Runner-Up; State Hip-Hop and Kick Champions |
| 2014 | State Runner-Up |
| 2017 | State 3rd Place |
| 2018 | State 3rd Place |
| 2019 | State 3rd Place; State Hip-Hop Champions |
| 2020 | State Runner-Up; State Hip-Hop and Kick Champions |
| 2025 | State Runner-Up |

Dance-All-State Recipients

| | | |
|------|------------------|---------|
| 2016 | Abby Marts | Class A |
| 2016 | Sidney Bohnet | Class A |
| 2017 | Abby Marts | Class A |
| 2017 | Macy Olson | Class A |
| 2018 | Gracie Littau | Class A |
| 2018 | Sierra Hansen | Class A |
| 2019 | Kendyl Bachmann | Class A |
| 2020 | Kendyl Bachmann | Class A |
| 2021 | Kendyl Bachmann | Class A |
| 2021 | Joselin Kludt | Class A |
| 2021 | Marissa Meiners | Class A |
| 2022 | Kendyl Bachmann | Class A |
| 2022 | Joselin Kludt | Class A |
| 2023 | Emily Sachtjen | Class A |
| 2023 | Bailey Fairbanks | Class A |
| 2024 | Addi Heenan | Class A |
| 2024 | Amanda Edwards | Class A |
| 2025 | Addi Heenan | Class A |
| 2025 | Chloe Taggart | Class A |

Cheer-Girls

| | |
|------|-----------------|
| 2021 | State 3rd Place |
| 2023 | State 3rd Place |
| 2024 | State 4th Place |
| 2025 | State 4th Place |

Cheer-Spirit of Six Awards

| | |
|------|---|
| 2008 | Spirit of Six Award-Girls Basketball Cheerleaders |
| 2011 | Spirit of Six Award-Girls Basketball Cheerleaders |
| 2012 | Spirit of Six Award-Boys Basketball Cheerleaders |

Cheer-All-State Recipients

| | | | |
|------|-----------------|------------------------|---------|
| 2016 | Hannah Peterson | Competitive & Sideline | Class A |
|------|-----------------|------------------------|---------|

| | | | |
|------|----------------------|-------------|---------|
| 2016 | Rachel Sherman | Competitive | Class A |
| 2016 | Sidney Bohnet | Competitive | Class A |
| 2016 | Elizabeth Jankauskas | Sideline | Class A |

Cheer-All-State Recipients-Continued

| | | | |
|------|----------------------|-------------|---------|
| 2018 | Bayli Beehler | Competitive | Class A |
| 2018 | Jeslyn Felix | Competitive | Class A |
| 2018 | Sadie Woods | Sideline | Class A |
| 2018 | Tedra Vrbka | Sideline | Class A |
| 2019 | Katy Lantz | Sideline | Class A |
| 2019 | Bayli Beehler | Sideline | Class A |
| 2019 | Brennan Bachmann | Competitive | Class A |
| 2019 | Jenna Hammerbeck | Competitive | Class A |
| 2019 | Emma Jorgensen | Competitive | Class A |
| 2020 | Alani Old Lodge | Competitive | Class A |
| 2020 | Brennan Bachmann | Competitive | Class A |
| 2020 | Katherine Jankauskas | Sideline | Class A |
| 2021 | Alani Old Lodge | Competitive | Class A |
| 2021 | Emma Jorgensen | Competitive | Class A |
| 2021 | Alex Bohnet | Sideline | Class A |
| 2021 | Hattie Hespe | Sideline | Class A |
| 2022 | Kendyl Bachmann | Competitive | Class A |
| 2022 | Joselin Kludt | Competitive | Class A |
| 2022 | Melanie Brozik | Competitive | Class A |
| 2023 | Leila Balsiger | Competitive | Class A |
| 2023 | Saylor Schuyler | Competitive | Class A |
| 2024 | Cora Moss | Competitive | Class A |
| 2024 | Lily Barfuss | Competitive | Class A |
| 2024 | Gracie Root | Competitive | Class A |
| 2025 | Lily Barfuss | Competitive | Class A |
| 2025 | Gracie Root | Competitive | Class A |

SD High School Coach of the Year/Hall of Fame

| | | |
|------|-----------------|------------------------|
| 1970 | Frank Leahy | SD Sports Hall of Fame |
| 1974 | Harvey Naasz | Football |
| 1980 | Harvey Naasz | Football |
| 1981 | Harvey Naasz | Football |
| 1987 | Harvey Naasz | Football |
| 1987 | Harvey Naasz | SDHSCA Hall of Fame |
| 1996 | Harvey Naasz | SDHSFB Coaches HOF |
| 2003 | Bill Kaiser | Wrestling |
| 2012 | James Drake | SDHSCA Hall of Fame |
| 2015 | Dan Aaker | Football |
| 2017 | Cyndy DeMers | Dance |
| 2017 | Harvey Naasz | SD Sports Hall of Fame |
| 2018 | Val Ewing | Cheer |
| 2018 | Larry Aaker | Girls Basketball |
| 2018 | Spencer Novotny | Wrestling |

| | | |
|------|---------------|------------------------|
| 2023 | Glenn Carlson | Assistant Boys' Sports |
| 2025 | Dan Aaker | SDHSFB Coaches HOF |

SD High School Coaches Association-25 Year Awards

| | | |
|------|----------------|-----------------|
| 2006 | Jim Drake | 25 Year Service |
| 2018 | Keven Morehart | 25 Year Service |