

Winner Middle & High School Lunch Menu

May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
4 Local Beef Pasta with Hearty Meat Sauce Garlic Breadstick Crispy Chicken Tenders Garlic Breadstick Pizza Roasted Broccoli Fruit and Vegetable Bar Choice of Milk Chef Salad	5 Local Beef Beef Tacos Churro Mini Corn Dogs Pizza Spiced Pinto Beans Fruit and Vegetable Bar Choice of Milk Chef Salad	6 HOM: Spinach Italian Dunkers Marinara Sauce Chicken Sandwich Pizza Carrots Fruit and Vegetable Bar Choice of Milk Chef Salad	7 Build Your Own Sub Oven Fried Chicken Leg Dinner Roll Tony's Pizza Steamed Corn Fruit and Vegetable Bar Choice of Milk Chef Salad	8
11 Cheese Bosco Sticks Marinara Sauce Creamy Macaroni & Cheese Pizza Steamed Peas Fruit and Vegetable Bar Choice of Milk Buffalo Chicken Salad	12 Local Beef Beef Nachos Cheeseburger Pizza Baked Beans Fruit and Vegetable Bar Choice of Milk Buffalo Chicken Salad	13 Local Beef Grilling Day!!! Grilled Steak Sandwich Cheesy Mashed Potatoes Corn Choice of Milk Buffalo Chicken Salad	14 Popcorn Chicken Bowl Dinner Roll Cooks Choice Pizza Corn Fruit and Vegetable Bar Choice of Milk Buffalo Chicken Salad	15
18 Chicken Bacon Ranch Melt Cooks Choice Pizza Green Beans Fruit and Vegetable Bar Choice of Milk	19	20	21	22
25	26	27	28	29

PRICES

Student Lunch	\$3.10
Extra Entree	\$1.60
Extra Milk	\$0.50
Reduced Lunch	\$0.40
Adult Lunch	\$5.25

EXTRA INFO

Milk Choices of 1% White or Fat Free Chocolate is included with lunch. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com

HARVEST OF



THE MONTH

Menus and nutrition our app **TaHer Food4Life®**



www.taher.com



Winner Elementary Lunch Menu

May
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
4 Local Beef Crispy Chicken Tenders Dinner Roll Pasta w/ Hearty Meat Sauce Garlic Breadstick Green Beans Fruit and Vegetable Bar Choice of Milk	5 Local Beef Soft Beef Tacos Mini Corn Dogs Spiced Pinto Beans Fruit and Vegetable Bar Choice of Milk Churro	6 HOM: Spinach Italian Dunkers Marinara Sauce Crispy Chicken Sandwich Roasted Broccoli Fruit and Vegetable Bar Choice of Milk	7 Pepperoni Pizza Oven Fried Chicken Leg Dinner Roll Corn Fruit and Vegetable Bar Choice of Milk	8
11 Cheese Bosco Sticks Marinara Sauce Creamy Macaroni & Cheese Mixed Vegetables Fruit and Vegetable Bar Choice of Milk	12 Local Beef Beef Nacho Cheeseburger Baked Beans Fruit and Vegetable Bar Choice of Milk	13 Beef Hot Dog Tex Mex Bowl Steamed Carrots Fruit and Vegetable Bar Choice of Milk	14 Homemade Cheese Pizza Corn Dog Green Beans Fruit and Vegetable Bar Choice of Milk	15
18 Local Beef Chicken Bacon Ranch Melt Italian Pasta Bake Garlic Breadstick Roasted Broccoli Fruit and Vegetable Bar Choice of Milk	19 Last Day of School!!! Noon Dismissal Ham and Cheese Sandwich Baby Carrots Apple Choice of Milk	20 Have a Great Summer! See You Next Year!	21	22
25	26	27	28	29

PRICES	Student Lunch	\$3.00
	Reduced	\$0.40
	Extra Entree	\$1.60
	Extra Milk	\$0.50
	Adult Lunch	\$5.25
	EXTRA INFO	

Milk choice of 1% White or Fat Free Chocolate is included with lunch. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com



Your **MENUS** plus more information on our app **TaHer Food4Life®**

www.taher.com



Winner Breakfast Menu

May
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
4 Pancakes Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	5 Breakfast Sandwich Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	6 Pancake on a Stick, WG Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	7 Frosted Long John Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	8 Student/Staff Friday
11 Brekkie, WG Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	12 French Toast Sticks Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	13 Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	14 Cooks Choice Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	15
18 Cooks Choice Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	19 Last Day of School! Cooks Choice Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk	20	21	22
25	26	27	28	29

PRICES	Student	\$2.00
	Extra Entree	\$1.05
	Reduced	\$0.30
	Extra Milk	\$0.50
	Adult	\$3.10
	EXTRA INFO	Milk choice of 1% White or Fat Free Chocolate is included with breakfast. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com



Your **MENUS** plus more information on our app
TaHer Food4Life®



www.taher.com

Winner OST Menu

May
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
4 Snack Bread Milk	5 Cheese Stick Graham Crackers	6 Yogurt Sliced Apple	7 Popcorn Juice (6 fl oz)	8
11 Chat Snax Milk	12 Goldfish Crackers Milk	13 Cooks Choice Milk	14 Cooks Choice Milk	15
18 Cooks Choice Milk	19 Noon Dismissal	20	21	22
25	26	27	28	29

PRICES

EXTRA INFO

HARVEST OF



THE MONTH

Menus and nutrition
our app
TaHer Food4Life®



www.taHer.com

Winner MS/HS Lunch May 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Baked Beans	1/2 cup	115	23 g	6 g	1 g	0 g	0 mg	424 mg	4 g	9 g	0	0	0 mg	0 mg										
Beef Nachos	serving	431	33 g	15 g	25 g	7 g	42 mg	545 mg	3 g	4 g	101	2	66 mg	2 mg			X		X					
Beef Tacos	2 each	322	25	20	16	7	59	365	4	2	278	2	87	2	X		X		X					
Buffalo Chicken Salad	1 salad	529	38 g	24 g	30 g	7 g	49 mg	1094 mg	6 g	3 g	652	11	211 mg	3 mg	X		X		X					
Build Your Own Sub	1 sandwich	368	35 g	18 g	17 g	6 g	52 mg	1236 mg	1 g	n/a	142	5	116 mg	6 mg	X		X		X					
Carrots	1/2cup	40	10 g	0 g	0 g	0 g	0 mg	140 mg	2 g	4 g	n/a	n/a	n/a	n/a										
Cheese Bosco Sticks	1 each	220	26 g	12 g	7 g	4 g	15 mg	300 mg	1 g	n/a	100	0	200 mg	2 mg	X		X		X					
Cheeseburger	1 each	320	31 g	21 g	15 g	6 g	38 mg	745 mg	3 g	4 g	0	0	119 mg	3 mg	X		X		X					
Cheesy Mashed Potatoes	1/2 cup	130	18 g	6 g	5 g	2 g	10 mg	446 mg	1 g	n/a	113	30	127 mg	0 mg					X					
Chef Salad	1 salad	234	9 g	14 g	15 g	5 g	90 mg	965 mg	2 g	3 g	508	16	49 mg	1 mg	X	X	X		X					
Chicken Bacon Ranch Melt	1/2 sandwich	442	28 g	26 g	25 g	9 g	75 mg	832 mg	3 g	n/a	212	0	233 mg	1 mg	X	X	X		X					
Chicken Sandwich	sandwich	320	44 g	19 g	8 g	2 g	25 mg	820 mg	2 g	6 g	n/a	n/a	170 mg	4 mg	X		X		X					X
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Churro	each	130	13 g	2 g	8 g	2 g	10 mg	115 mg	1 g	n/a	0	0	0 mg	2 mg	X	X	X		X					
Corn	1/2c	80	17 g	2 g	2 g	0 g	0 mg	15 mg	2 g	7 g	n/a	n/a	n/a	n/a										
Creamy Macaroni & Cheese	1 cup	501	46 g	21 g	26 g	13 g	55 mg	1043 mg	6 g	5 g	1303	11	305 mg	2 mg	X		X		X					
Crispy Chicken Tenders	3 each	260	16 g	15 g	15 g	3 g	25 mg	390 mg	3 g	n/a	384	3	20 mg	3 mg	X		X							
Dinner Roll	1 each	80	14 g	4 g	1 g	0 g	0 mg	100 mg	2 g	2	o	0	10 mg	0.6 mg	X	X	X		X					
Dinner Roll	2 each	160	28 g	8 g	2 g	0 g	0 mg	200 mg	4 g	2 g	0	0	20 mg	1 mg	X	X	X		X					
Garlic Breadstick	each	150	22 g	4 g	5 g	1 g	0 mg	240 mg	1 g	n/a	0	0	0 mg	1 mg	X		X		X					
Green Beans	1/2cup	25	4 g	1 g	0 g	0 g	0 mg	140 mg	2 g	2 g	n/a	n/a	n/a	n/a										
Grilled Steak Sandwich	each	350	32 g	19 g	16 g	8 g	53 mg	923 mg	2 g	3 g	n/a	n/a	132 mg	2 mg	X		X		X					
Italian Dunkers	each	444	35 g	20 g	18 g	10 g	30 mg	839 mg	4 g	9 g	205	0	463 mg	3 mg	X		X		X					
Marinara Sauce	1/2 cup	60	10 g	2 g	2 g	0 g	0 mg	135 mg	2 g	5 g	n/a	0	20 mg	1 mg										
Marinara Sauce	1/4 cup	30	5 g	1 g	1 g	0 g	0 mg	68 mg	1 g	3 g	n/a	0	10 mg	1 mg										
Mini Corn Dogs	6 each	320	35 g	12 g	15 g	3 g	55 mg	630 mg	1 g	7 g	201	18	60 mg	3 mg	X	X	X							
Oven Fried Chicken Leg	each	220	6 g	19 g	13 g	3 g	60 mg	530 mg	1 g	0 g	100	0	14 mg	1 mg	X									
Pasta with Hearty Meat Sauce	3/4 cup	318	32 g	22 g	11 g	4 g	58 mg	242 mg	3 g	4 g	559	16	54 mg	4 mg	X		X							
Pizza	slice	410	37 g	23 g	12 g	9 g	37 mg	642 mg	5 g	5 g	291	1	405 mg	2 mg	X				X					
Popcorn Chicken Bowl	1 bowl	425	46 g	22 g	18 g	4 g	30 mg	995 mg	5 g	2 g	81	26	87 mg	3 mg	X		X		X					
Roasted Broccoli	1/2 cup	26	5 g	3 g	0 g	0 g	0 mg	59 mg	2 g	2 g	0	115	35 mg	1 mg			X							
Spiced Pinto Beans	1/2 cup	161	30 g	7 g	1 g	0 g	0 mg	371 mg	12 g	1 g	65	2	104 mg	1 mg										
Steamed Corn	1/4 cup	46	10 g	1 g	0 g	0 g	0 mg	0 mg	0 g	n/a	0	2	0 mg	0 mg										
Steamed Peas	1/2 cup	74	13 g	5 g	0 g	0 g	0 mg	106 mg	4 g	n/a	426	6	0 mg	1 mg										
Tony's Pizza	each	265	31 g	12 g	11 g	4 g	19 mg	853 mg	2 g	n/a	352	1	151 mg	2 mg	X		X		X					

Winner Elementary Lunch May 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Apple	each	72	19 g	0 g	0 g	0 g	0 mg	1 mg	3 g	14 g	4	6	8 mg	0 mg										
Baby Carrots	1/4 cup	12	3 g	0 g	0 g	0 g	0 mg	27 mg	1 g	n/a	4848	1	11 mg	0 mg										
Baked Beans	1/2 cup	115	23 g	6 g	1 g	0 g	0 mg	424 mg	4 g	9 g	0	0	0 mg	0 mg										
Beef Hot Dog	each	310	28 g	12 g	18 g	7 g	35 mg	860 mg	3 g	3 g	0	0	60 mg	3 mg	X									
Beef Nacho	serving	431	33 g	15 g	25 g	7 g	42 mg	545 mg	3 g	4 g	101	2	66 mg	2 mg			X		X					
Cheese Bosco Sticks	1 each	220	26 g	12 g	7 g	4 g	15 mg	300 mg	1 g	n/a	100	0	200 mg	2 mg	X		X		X					
Cheeseburger	each	320	31 g	20 g	15 g	6 g	40 mg	750 mg	3 g	1 g	n/a	n/a	220 mg	3 mg	X		X		X					X
Chicken Bacon Ranch Melt	1/2 sandwich	442	28 g	26 g	25 g	9 g	75 mg	832 mg	3 g	n/a	212	0	233 mg	1 mg	X	X	X		X					
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Churro	each	130	13 g	2 g	8 g	2 g	10 mg	115 mg	1 g	n/a	0	0	0 mg	2 mg	X	X	X		X					
Corn	1/2c	80	17 g	2 g	2 g	0 g	0 mg	15 mg	2 g	7 g	n/a	n/a	n/a	n/a										
Corn Dog	each	240	30 g	9 g	9 g	3 g	40 mg	470 mg	2 g	8 g	0	0	60 mg	2 mg	X	X	X							
Creamy Macaroni & Cheese	1 cup	501	46 g	21 g	26 g	13 g	55 mg	1043 mg	6 g	5 g	1303	11	305 mg	2 mg	X		X		X					
Crispy Chicken Sandwich	sandwich	320	44 g	19 g	8 g	2 g	25 mg	820 mg	2 g	6 g	n/a	n/a	170 mg	4 mg	X		X		X					X
Crispy Chicken Tenders	3 each	260	16 g	15 g	15 g	3 g	25 mg	390 mg	3 g	n/a	384	3	20 mg	3 mg	X		X							
Dinner Roll	1 each	80	14 g	4 g	1 g	0 g	0 mg	100 mg	2 g	2	0	0	10 mg	0.6 mg	X	X	X		X					
Dinner Roll	2 each	160	28 g	8 g	2 g	0 g	0 mg	200 mg	4 g	2 g	0	0	20 mg	1 mg	X	X	X		X					
Garlic Breadstick	each	150	22 g	4 g	5 g	1 g	0 mg	240 mg	1 g	n/a	0	0	0 mg	1 mg	X		X		X					
Green Beans	1/2cup	25	4 g	1 g	0 g	0 g	0 mg	140 mg	2 g	2 g	n/a	n/a	n/a	n/a										
Ham and Cheese Sandwich	each	213	14 g	8 g	14 g	3 g	27 mg	684 mg	1 g	2 g	454	0	100 mg	3 mg	X	X	X		X					
Homemade Cheese Pizza	slice	375	37 g	22 g	9 g	8 g	30 mg	510 mg	5 g	5 g	291	1	405 mg	1 mg	X				X					
Italian Dunkers	each	444	35 g	20 g	18 g	10 g	30 mg	839 mg	4 g	9 g	205	0	463 mg	3 mg	X		X		X					
Italian Pasta Bake	1 cup	292	30 g	20 g	11 g	4 g	43 mg	240 mg	4 g	n/a	10669	11	355 mg	3 mg	X		X		X					
Marinara Sauce	1/2 cup	60	10 g	2 g	2 g	0 g	0 mg	135 mg	2 g	5 g	n/a	0	20 mg	1 mg										
Mini Corn Dogs	6 each	320	35 g	12 g	15 g	3 g	55 mg	630 mg	1 g	7 g	201	18	60 mg	3 mg	X	X	X							
Mixed Vegetables	1/2 cup	59	12 g	3 g	0 g	0 g	0 mg	32 mg	4 g	n/a	n/a	n/a	n/a	n/a										
Oven Fried Chicken Leg	each	220	6 g	19 g	13 g	3 g	60 mg	530 mg	1 g	0 g	100	0	14 mg	1 mg	X									
Pasta w/ Hearty Meat Sauce	3 oz sce/.5 cup	276	31 g	18 g	8 g	3 g	43 mg	179 mg	3 g	3 g	203	3	25 mg	3 mg	X									
Pepperoni Pizza	each	265	31 g	12 g	11 g	4 g	19 mg	853 mg	2 g	n/a	352	1	151 mg	2 mg	X		X		X					
Roasted Broccoli	1/2 cup	26	5 g	3 g	0 g	0 g	0 mg	59 mg	2 g	2 g	0	115	35 mg	1 mg			X							
Soft Beef Tacos	2 each	322	25	20	16	7	59	365	4	2	278	2	87	2	X		X		X					
Spiced Pinto Beans	1/2 cup	161	30 g	7 g	1 g	0 g	0 mg	371 mg	12 g	1 g	65	2	104 mg	1 mg										
Steamed Carrots	1/2 cup	33	8 g	0 g	1 g	0 g	0 mg	54 mg	3 g	n/a	0	0	33 mg	1 mg										
Tex Mex Bowl	1 serving	591	68 g	26 g	26 g	10 g	70 mg	1287 mg	6 g	n/a	966	7	163 mg	25 mg	X		X		X					

Winner Breakfast May 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Breakfast Sandwich	1 sandwich	264	28 g	16 g	10 g	4 g	61 mg	686 mg	1 g	n/a	125	0	126 mg	145 mg	X	X	X		X					
Brekkie, WG	each	380	51 g	5 g	18 g	8 g	15 mg	290 mg	4 g	25 g	87	0	30 mg	1 mg	X	X	X		X					
Chicken Breakfast Biscuit	1 sandwich	396	53 g	11 g	15 g	10 g	33 mg	719 mg	3 g	n/a	77	0	163 mg	2 mg	X	X	X		X					
Choice of Cereal	1 serving	83	18 g	1 g	0 g	0 g	0 mg	138 mg	1 g	n/a	485	7	32 mg	5 mg	X									
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
French Toast Sticks	3 each	210	32 g	10 g	5 g	1 g	140 mg	370 mg	3 g	n/a	160	0	23 mg	2 mg	X	X	X		X					
Frosted Long John	1 each	302	38 g	6 g	15 g	7 g	0 mg	333 mg	2 g	13 g	0	0	20 mg	1 mg	X	X	X		X					
Fruit or Juice Selection	1/2 cup	65	17 g	0 g	0 g	0 g	0 mg	4 mg	2 g	n/a	27	4	8 mg	0 mg										
Fruit or Juice Selection	1/2 cup	45	11 g	0 g	0 g	0 g	0 mg	5 mg	2 g	n/a	649	16	12 mg	0 mg										
Fruit or Juice Selection	1/2 cup	65	17 g	0 g	0 g	0 g	0 mg	4 mg	2 g	n/a	27	4	8 mg	0 mg										
Graham Crackers	package (3 ea)	90	17 g	1 g	3 g	0 g	0 mg	90 mg	1 g	5 g	500	0	0 mg	1 mg	X		X							
Pancake on a Stick,WG	each	200	17 g	7 g	10 g	3 g	25 mg	310 mg	3 g	4 g	0	0	20 mg	2 mg	X	X	X							
Pancakes	3 each	220	41 g	6 g	3 g	1 g	10 mg	490 mg	6 g	8 g	0	0	40 mg	2 mg	X	X	X		X					

Winner OST May 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame	
Cheese Stick	each	80	1 g	7 g	6 g	4 g	20 mg	200 mg	0 g	0 g	0	0	150 mg	0 mg					X						
Goldfish Crackers	package	93	13 g	2 g	3 g	0 g	0 mg	157 mg	1 g	0 g	0	0	0 mg	1 mg	X				X						
Graham Crackers	package (3 ea)	90	17 g	1 g	3 g	0 g	0 mg	90 mg	1 g	5 g	500	0	0 mg	1 mg	X		X								
Juice (6 fl oz)	pouch	90	21 g	0 g	0 g	0 g	0 mg	25 mg	0 g	20 g	0	0	0 mg	0 mg											
Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X						
Sliced Apple	each	72	19 g	0 g	0 g	0 g	0 mg	1 mg	3 g	14 g	4	6	8 mg	0 mg											
Snack Bread	each	260	32 g	4 g	13 g	4 g	35 mg	220 mg	2 g	15 g	19	0	30 mg	1 mg	X	X	X		X						
Yogurt	4oz container	80	15 g	3 g	0 g	0 g	0 mg	75 mg	0 g	12 g	n/a	n/a	320 mg	0 mg					X						