Winner Middle & High School Lunch Menu

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7 **HOM - Basil**
10	11	12	13	14
17	18	19 **HOM - Sweet Corn**	20 **Welcome Back!!! Local Beef** Pasta with Meat Sauce Garlic Breadstick BBQ Rib Sandwich Pizza Roasted Broccoli Fruit and Vegetable Bar Choice of Milk Crispy Chicken Salad	21 Baked Potato Bar Beef Hot Dog on a Bun Pizza Steamed Carrots Fruit and Vegetable Bar Choice of Milk Crispy Chicken Salad
24 Crispy Chicken Tenders Dinner Roll Ham&Cheese Sandwich Pizza Green Beans Fruit and Vegetable Bar Choice of Milk Chef Salad	25 **Local Beef** Beefy Nachos w/Cheese Sauce Corn Dog Pizza Refried Beans Fruit and Vegetable Bar Choice of Milk Chef Salad	26 **Local Beef** Lasagna Garlic Breadstick Crispy Chicken Sandwich Pizza Steamed Peas Fruit and Vegetable Bar Choice of Milk Chef Salad	27 Popcorn Chicken Bowl Garlic Breadstick Cheeseburger on WG Bun Tony's Pizza Corn Fruit and Vegetable Bar Choice of Milk Chef Salad	28
31 **Meatless Monday!!** Macaroni & Cheese Cheesy Italian Flatbread Cheese Pizza Roasted Broccoli Fruit and Vegetable Bar Choice of Milk Garden Vegetable Salad	1			

PRICES

Student Lunch	$3.20
Extra Entree	$2.50
Extra Milk	$0.50
Reduced Lunch	$0.00
Adult Lunch	$5.30

EXTRA INFO

Milk Choices of 1% White or Fat Free Chocolate is included with lunch. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com

HARVEST OF THE MONTH

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Winner Elementary Lunch Menu

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7** **HOM - Basil**
10	**11**	**12**	**13**	**14**
17	**18**	**19** **HOM - Sweet Corn**	**20** **Welcome Back!! Local Beef** Pasta with Meat Sauce Garlic Breadstick BBQ Rib Sandwich Roasted Broccoli Fruit and Vegetable Bar Choice of Milk	**21** Homemade Cheese Pizza Beef Hot Dog on a Bun Steamed Carrots Fruit and Vegetable Bar Choice of Milk
24 Grilled Ham & Cheese Sandwich Crispy Chicken Tenders Dinner Roll Green Beans Fruit and Vegetable Bar Choice of Milk	**25** **Local Beef** Beefy Nachos w/Cheese Sauce Corn Dog Refried Beans Fruit and Vegetable Bar Choice of Milk	**26** **Local Beef** Crispy Chicken Sandwich WG Bun Lasagna Garlic Breadstick Steamed Peas Fruit and Vegetable Bar Choice of Milk	**27** Cheeseburger on WG Bun Cheesy Bosco Stick Marinara Sauce Corn Fruit and Vegetable Bar Choice of Milk	**28**
31 **Meatless Monday!** Macaroni & Cheese Cheesy Italian Flatbread Roasted Broccoli Fruit and Vegetable Bar Choice of Milk	**1**			

PRICES

Student Lunch	$3.10
Reduced	$0.00
Extra Entree	$2.50
Extra Milk	$0.50
Adult Lunch	$5.30

EXTRA INFO

Milk choice of 1% White or Fat Free Chocolate is included with lunch. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com

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Winner OST Menu

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20 Graham Crackers Milk	21 Popcorn Juice (6 fl oz)
24 Snack Bread Milk	25 Pop Tart Milk	26 Yogurt Apple Slices	27 Pretzels Juice (6 fl oz)	28
31 Baby Carrots Ranch Dressing	1			

PRICES

EXTRA INFO

HARVEST OF THE MONTH

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Winner Breakfast Menu

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7**
10	**11**	**12**	**13**	**14**
17	**18**	**19**	**20** Mini Trix French Toast, WG Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**21** Frosted Long John Choice of Cereal Graham Crackers Fruit or Juice Selection Choice of Milk
24 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**25** Brekkie, WG Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**26** Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**27** Cinnamon Roll, WG Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**28**
31 Snack Bread Cheese Stick Choice of Cereal Graham Crackers Juice or Fruit Selection Choice of Milk	**1**			

PRICES

Student	$2.20
Extra Entree	$2.00
Reduced	$0.00
Extra Milk	$0.50
Adult	$3.15

EXTRA INFO

Milk choice of 1% White or Fat Free Chocolate is included with breakfast. For questions or comments, contact the Food Service Director via email winnerfsd@taher.com

HARVEST OF THE MONTH

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Winner MS/HS Lunch August 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Baked Potato Bar	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a										
BBQ Rib Sandwich	1 sandwich	320	38 g	19 g	12 g	4 g	30 mg	630 mg	7 g	9 g	100	1	60 mg	4 mg	X		X							
Beef Hot Dog on a Bun	each	310	28 g	12 g	18 g	7 g	35 mg	860 mg	3 g	3 g	0	0	60 mg	3 mg	X									
Beefy Nachos w/Cheese Sauce	serving	431	33 g	15 g	25 g	7 g	42 mg	545 mg	3 g	4 g	101	2	66 mg	2 mg			X		X					
Cheese Pizza	slice	375	37 g	22 g	9 g	8 g	30 mg	510 mg	5 g	5 g	291	1	405 mg	1 mg	X				X					
Cheeseburger on WG Bun	1 each	320	31 g	21 g	15 g	6 g	38 mg	745 mg	3 g	4 g	0	0	119 mg	3 mg	X		X		X					
Cheesy Italian Flatbread	1 each	392	33 g	17 g	21 g	9 g	23 mg	878 mg	4 g	n/a	781	6	345 mg	1 mg	X		X		X					
Chef Salad	1 salad	234	9 g	14 g	15 g	5 g	90 mg	965 mg	2 g	3 g	508	16	49 mg	1 mg	X	X	X		X					
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Corn	1/2c	80	17 g	2 g	2 g	0 g	0 mg	15 mg	2 g	7 g	n/a	n/a	n/a	n/a										
Corn Dog	each	240	30 g	9 g	9 g	3 g	40 mg	470 mg	2 g	8 g	0	0	60 mg	2 mg	X	X	X							
Crispy Chicken Salad	each	406	20 g	23 g	24 g	9 g	80 mg	901 mg	4 g	n/a	701	13	266 mg	3 mg	X	X	X		X					
Crispy Chicken Sandwich	1 each	340	41 g	21 g	11 g	2 g	35 mg	650 mg	4 g	4 g	100	1	69 mg	3 mg	X		X							
Crispy Chicken Tenders	3 each	260	16 g	15 g	15 g	3 g	25 mg	390 mg	3 g	n/a	384	3	20 mg	3 mg	X		X							
Dinner Roll	1 each	80	14 g	4 g	1 g	0 g	0 mg	100 mg	2 g	2	o	0	10 mg	0.6 mg	X	X	X		X					
Garden Vegetable Salad	salad	221	13 g	8 g	13 g	4 g	201 mg	538 mg	3 g	n/a	709	21	97 mg	2 mg		X	X		X					
Garlic Breadstick	each	150	22 g	4 g	5 g	1 g	0 mg	240 mg	1 g	n/a	0	0	0 mg	1 mg	X		X		X					
Green Beans	1/2cup	25	4 g	1 g	0 g	0 g	0 mg	140 mg	2 g	2 g	n/a	n/a	n/a	n/a										
Ham&Cheese Sandwich	1 each	358	32 g	16 g	20 g	8 g	43 mg	916 mg	2 g	3 g	0	0	197 mg	2 mg	X		X		X					
Lasagna	4x6	241	17 g	16 g	11 g	5 g	41 mg	279 mg	2 g	5 g	508	0	136 mg	2 mg	X				X					
Macaroni & Cheese	1 cup	494	46 g	22 g	27 g	13 g	54 mg	625 mg	6 g	5 g	60	0	358 mg	4 mg	X		X		X					
Pasta with Meat Sauce	3 oz sce/.5 cup	324	39 g	23 g	13 g	5 g	41 mg	70 mg	7 g	6 g	1	1	33 mg	4 mg										
Pizza	slice	410	37 g	23 g	12 g	9 g	37 mg	642 mg	5 g	5 g	291	1	405 mg	2 mg	X				X					
Pizza	slice	448	42 g	24 g	15 g	10 g	30 mg	756 mg	6 g	4 g	291	1	405 mg	0 mg	X	X	X		X					
Popcorn Chicken Bowl	1 bowl	412	46 g	20 g	17 g	4 g	30 mg	979 mg	5 g	3 g	*26.892*	3	58 mg	2 mg	X		X		X					
Refried Beans	1/2 cup	118	20 g	7 g	2 g	1 g	10 mg	140 mg	7 g	n/a	0	8	44 mg	2 mg			X							
Roasted Broccoli	1/2 cup	27	3 g	3 g	0 g	0 g	0 mg	59 mg	2 g	2 g	480	71	35 mg	1 mg			X							
Steamed Carrots	1/2 cup	33	8 g	0 g	1 g	0 g	0 mg	54 mg	3 g	n/a	0	0	33 mg	1 mg										
Steamed Peas	1/2 cup	74	13 g	5 g	0 g	0 g	0 mg	106 mg	4 g	n/a	426	6	0 mg	1 mg										
Tony's Pizza	each	265	31 g	12 g	11 g	4 g	19 mg	853 mg	2 g	n/a	352	1	151 mg	2 mg	X		X		X					

Winner Elementary Lunch August 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
BBQ Rib Sandwich	1 sandwich	320	38 g	19 g	12 g	4 g	30 mg	630 mg	7 g	9 g	100	1	60 mg	4 mg	X		X							
Beef Hot Dog on a Bun	each	310	28 g	12 g	18 g	7 g	35 mg	860 mg	3 g	3 g	0	0	60 mg	3 mg	X									
Beefy Nachos w/Cheese Sauce	serving	431	33 g	15 g	25 g	7 g	42 mg	545 mg	3 g	4 g	101	2	66 mg	2 mg			X		X					
Cheeseburger on WG Bun	1 each	320	31 g	21 g	15 g	6 g	38 mg	745 mg	3 g	4 g	0	0	119 mg	3 mg	X		X		X					
Cheesy Bosco Stick	2 each	320	32 g	20 g	14 g	8 g	40 mg	540 mg	2 g	2 g	0	0	442 mg	2 mg	X				X					
Cheesy Italian Flatbread	1 each	392	33 g	17 g	21 g	9 g	23 mg	878 mg	4 g	n/a	781	6	345 mg	1 mg	X		X		X					
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Corn	1/2c	80	17 g	2 g	2 g	0 g	0 mg	15 mg	2 g	7 g	n/a	n/a	n/a	n/a										
Corn Dog	each	240	30 g	9 g	9 g	3 g	40 mg	470 mg	2 g	8 g	0	0	60 mg	2 mg	X	X	X							
Crispy Chicken Sandwich WG Bun	1 each	340	41 g	21 g	11 g	2 g	35 mg	650 mg	4 g	4 g	100	1	69 mg	3 mg	X		X							
Crispy Chicken Tenders	3 each	260	16 g	15 g	15 g	3 g	25 mg	390 mg	3 g	n/a	384	3	20 mg	3 mg	X		X							
Dinner Roll	1 each	80	14 g	4 g	1 g	0 g	0 mg	100 mg	2 g	2	o	0	10 mg	0.6 mg	X	X	X		X					
Garlic Breadstick	each	150	22 g	4 g	5 g	1 g	0 mg	240 mg	1 g	n/a	0	0	0 mg	1 mg	X		X		X					
Green Beans	1/2cup	25	4 g	1 g	0 g	0 g	0 mg	140 mg	2 g	2 g	n/a	n/a	n/a	n/a										
Grilled Ham & Cheese Sandwich	1 each	358	32 g	16 g	20 g	8 g	43 mg	916 mg	2 g	3 g	0	0	197 mg	2 mg	X		X		X					
Homemade Cheese Pizza	slice	448	42 g	24 g	15 g	10 g	30 mg	756 mg	6 g	4 g	291	1	405 mg	0 mg	X	X	X		X					
Lasagna	4x6	241	17 g	16 g	11 g	5 g	41 mg	279 mg	2 g	5 g	508	0	136 mg	2 mg	X				X					
Macaroni & Cheese	1 cup	494	46 g	22 g	27 g	13 g	54 mg	625 mg	6 g	5 g	60	0	358 mg	4 mg	X		X		X					
Marinara Sauce	1/4 cup	30	5 g	1 g	1 g	0 g	0 mg	68 mg	1 g	3 g	n/a	0	10 mg	1 mg										
Pasta with Meat Sauce	3 oz sce/.5 cup	324	39 g	23 g	13 g	5 g	41 mg	70 mg	7 g	6 g	1	1	33 mg	4 mg										
Refried Beans	1/2 cup	118	20 g	7 g	2 g	1 g	10 mg	140 mg	7 g	n/a	0	8	44 mg	2 mg			X							
Roasted Broccoli	1/2 cup	27	3 g	3 g	0 g	0 g	0 mg	59 mg	2 g	2 g	480	71	35 mg	1 mg			X							
Steamed Carrots	1/2 cup	33	8 g	0 g	1 g	0 g	0 mg	54 mg	3 g	n/a	0	0	33 mg	1 mg										
Steamed Peas	1/2 cup	74	13 g	5 g	0 g	0 g	0 mg	106 mg	4 g	n/a	426	6	0 mg	1 mg										

Winner Breakfast August 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Bacon Breakfast Pizza	each	250	27 g	12 g	11 g	4 g	71 mg	395 mg	2 g	6 g	250	0	120 mg	0 mg	X	X	X		X					
Brekkie, WG	each	380	51 g	5 g	18 g	8 g	15 mg	290 mg	4 g	25 g	87	0	30 mg	1 mg	X	X	X		X					
Cheese Stick	each	80	1 g	7 g	6 g	4 g	20 mg	200 mg	0 g	0 g	0	0	150 mg	0 mg					X					
Chicken Breakfast Biscuit	1 sandwich	396	53 g	11 g	15 g	10 g	33 mg	719 mg	3 g	n/a	77	0	163 mg	2 mg	X	X	X		X					
Choice of Cereal	1 serving	83	18 g	1 g	0 g	0 g	0 mg	138 mg	1 g	n/a	485	7	32 mg	5 mg	X									
Choice of Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Choice of Milk	carton	133	21 g	7 g	3 g	2 g	10 mg	197 mg	0 g	19 g	153	n/a	293 mg	0 mg					X					
Cinnamon Roll, WG	roll	250	40 g	6 g	8 g	5 g	15 mg	310 mg	3 g	15 g	n/a	0	50 mg	2 mg	X	X	X		X					
Frosted Long John	1 each	240	26 g	6 g	13 g	6 g	0 mg	310 mg	2 g	3 g	0	0	20 mg	1 mg	X	X	X		X					
Fruit or Juice Selection	each	53	13 g	1 g	0 g	0 g	0 mg	1 mg	2 g	7 g	2	5	3 mg	0 mg										
Graham Crackers	1 pkt	60	11 g	1 g	2 g	0 g	0 mg	64 mg	1 g	3 g	300	0	900 mg	0 mg	X		X							
Graham Crackers	package (3 ea)	90	17 g	1 g	3 g	0 g	0 mg	90 mg	1 g	5 g	500	0	0 mg	1 mg	X		X							
Juice or Fruit Selection	1 each	60	14 g	1 g	0 g	0 g	0 mg	10 mg	0 g	12 g	0	70	20 mg	0 mg										
Juice or Fruit Selection	1 each	60	15 g	0 g	0 g	0 g	0 mg	10 mg	0 g	12 g	0	70	100 mg	0 mg										
Juice or Fruit Selection	1 each	60	16 g	0 g	0 g	0 g	0 mg	10 mg	0 g	14 g	0	70	100 mg	0 mg										
Mini Trix French Toast, WG	1 pouch	220	36 g	4 g	7 g	1 g	0 mg	190 mg	2 g	11 g	0	0	70 mg	1 mg	X	X	X		X					
Snack Bread	each	280	33 g	4 g	15 g	5 g	20 mg	230 mg	2 g	16 g	12	0	40 mg	2 mg	X	X	X		X					

Winner OST August 26

Nutritional Information

Name	Serving	Calories	Carbs	Protein	Total Fat	Saturated Fat	Cholesterol	Sodium	Dietary Fiber	Sugar	Vitamin A	Vitamin C	Calcium	Iron	Wheat	Egg	Soy	Peanut	Milk	Fish	Trans	Treenut	Shellfish	Sesame
Apple Slices	3/4 cup	43	11 g	0 g	0 g	0 g	0 mg	1 mg	2 g	8 g	2	4	5 mg	0 mg										
Baby Carrots	1/4 cup	12	3 g	0 g	0 g	0 g	0 mg	27 mg	1 g	n/a	4848	1	11 mg	0 mg										
Graham Crackers	package (3 ea)	90	17 g	1 g	3 g	0 g	0 mg	90 mg	1 g	5 g	500	0	0 mg	1 mg	X		X							
Juice (6 fl oz)	pouch	80	21 g	0 g	0 g	0 g	0 mg	25 mg	0 g	21 g	0	0	0 mg	0 mg										
Juice (6 fl oz)	pouch	90	21 g	0 g	0 g	0 g	0 mg	25 mg	0 g	20 g	0	0	0 mg	0 mg										
Milk	carton	103	12 g	8 g	3 g	2 g	13 mg	123 mg	0 g	11 g	150	n/a	300 mg	0 mg					X					
Milk	carton	133	21 g	7 g	3 g	2 g	10 mg	197 mg	0 g	19 g	153	n/a	293 mg	0 mg					X					
Pop Tart	1 pouch	170	37 g	2 g	3 g	1 g	0 mg	120 mg	3 g	15 g	500	0	130 mg	2 mg	X		X							
Popcorn	package	140	19 g	2 g	6 g	1 g	0 mg	170 mg	2 g	2 g	0	0	10 mg	1 mg	X									
Pretzels	1 package	80	16 g	2 g	1 g	0 g	0 mg	200 mg	2 g	1 g	0	0	20 mg	1 mg	X									
Ranch Dressing	2 tbsp or 1 packet	130	1 g	0 g	14 g	2 g	10 mg	180 mg	0 g	1 g	0	0	0 mg	0 mg		X			X					
Snack Bread	each	260	32 g	4 g	13 g	4 g	35 mg	220 mg	2 g	15 g	19	0	30 mg	1 mg	X	X	X		X					
Yogurt	4oz container	80	15 g	3 g	0 g	0 g	0 mg	75 mg	0 g	12 g	n/a	n/a	320 mg	0 mg					X					