

# **Wakefield High School**



**2025-2026**  
**Athletic Parent Meeting**

# Student Activities Office

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ATR: 703 228-6722



# Wakefield Sports Medicine

## ❖ Becky Kigin, Head ATC

- Concussion Protocol
  - Return to school and practice protocol
- Managing Injuries with the AT office
  - Procedures and return to practice protocol
  - Athletes should **NEVER** be sent in an ambulance alone.
- Eating Disorders
  - Athlete Awareness
- Supplements
  - BOLO

# Wakefield Boosters

Boosters is a non-profit organization made up of parent volunteers. We raise money to support Wakefield athletic teams and activities. We run the concession stand, sell spirit wear, and run events like Winter Bazaar.

**Last year we provided over \$40,000 in support of Wakefield teams and clubs!**

## **2025-2026 Board Members**

**Angie Buchanan**, President

**Matt Hughes**, Vice President

**David Paris**, Treasurer

**OPEN POSITION**, Secretary





# Wakefield Boosters

## How to work with Boosters

1. **Assign a parent from each team (F, JV, V) to be a Boosters Liaison.**
  - Liaisons attend monthly meetings, recruit concession stand volunteers and apply for funding
2. **Encourage parents and students to sign up for concessions stand shifts.**
  - Each team (F, JV, V) is asked to help in the concession stands once or twice per season.
  - We will not ask your team to cover an event that conflicts with their sports schedule.
3. **Ask for funding when needed, and supply an invoice.**

### Examples of what we fund

Registration fees, equipment, training aids, skills development, team attire or gear (partial funding if individuals will keep the item).



# Wakefield Boosters

In addition to regular funding that you can apply for, we provide:

## **Concession incentives**

- Every shift worked earns \$10
- We keep track of this and hang on to the money until you want it.
- This money can be used for anything team-related like transportation and parties.

## **Senior Night funding**

- \$20 per senior
- This money can be used for anything related to senior night like gifts, posters, and food.

**WHSBoosters123@gmail.com**  
**WHSBoostersFunding@gmail.com**



# Liberty District



- **Wakefield**
- **Yorktown**
- **Washington-Liberty**
- **Marshall**
- **Herndon**
- **Langley**
- **McLean**



# Wakefield Fall Athletic Teams

## Football

## Cheer

## Volleyball

## Cross Country

## Golf

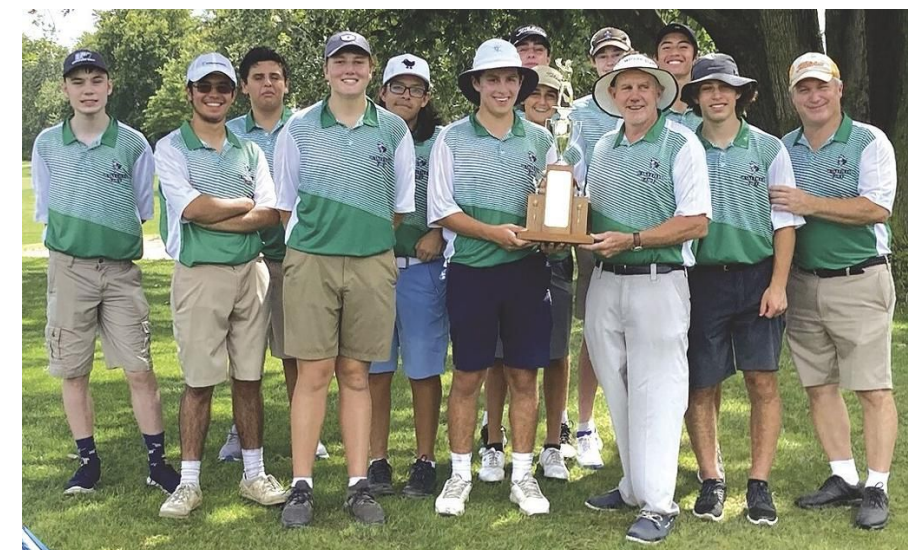
## Field Hockey

## Ultimate Frisbee

## FLAG

## Marching Band

## Color Guard





# APS Athlete Participation Agreement

A student participating in APS athletics and/or co-curricular activities who violates an APS disciplinary policy may, in addition to other disciplinary action, be suspended or expelled from participation in APS athletics and/or co-curricular activities, as determined by the appropriate APS staff member.



# Student Athlete

## Academics

- We expect each athlete to be successful as possible with their academics.
  - We are all in this together
- To be Eligible each student must be taking at LEAST 5 classes and passing a MINIMUM of 5 Classes in their previous semester.
- Grade Monitoring Program – students with lower academic performance will be provided support from the athletic department.



## **Academics & VHSL**

Wakefield High School  
requires all student  
athletes be accordance  
with VHSL guidance.



# Academic Probation

## WAKEFIELD REQUIREMENTS:

- Student struggling in 2 or more classes will be placed on probation. Working with Mr. Bentley weekly reports from teachers on student academic progress will be required.
- Student may be required to miss practices and events to attend extra help sessions with the classroom teacher.

# Student Athlete

## Citizenship

- We encourage our athletes to be positive community members, conducting themselves properly and respectfully at all times.
- APS Participation Agreement Form – signed by parent/guardian and Athlete Electronically upon registration



# **Student Athlete**

## **Sportsmanship**

- We expect our athletes to demonstrate positive sportsmanship.
- This includes on the bus, at opponent schools, on the sideline, and at practice and games.
- This includes being respectful to your coaches, teammates, and the sport.



***It's the Warrior's Way!***



# Fair Play and VHSL Rules

## Hate Speech/Fighting

- VHSL Defined
- Officials Make the Call
- 30% of Season Suspension minimum

## Coaches Expectations

- Set the examples and monitor at practices
- Start good habits at practice and home
- Discipline at practice when Hate Speech appears  
notify Parent and Athletics Office

## Team Expectations

- Not tolerated at all

## Rules for Infractions

- Game Suspension from VHSL Rules Changed

## VHSL SPORTSMANSHIP HONOR ROLL

- Schools recognized each season for not having a player or coach ejected for the entire season
- Claudia Dodson Sportsmanship, Ethics, and Integrity Award

# Communication

- How to Find Coaches Contact Information
- How to Find and Keep up With Game Schedules, Practice Schedules and Scores
- NEW COMMUNICATION PLATFORM
  - SPORTSYOU APP
- Where to get the Most Up To Date Information
  - Website
  - sportsYOU App
  - Social Media
  - Email



# **Wakefield Warrior Website**

Wakefield - Wakefield Warriors Sports

<https://wakefieldathletics.rst7.schooltoday.com/>



# **Line of Communication**

- Athlete to Coach – teaching self advocacy
- Parent to Coach – appt w/coach to find out all sides of story. (24 hours after rule)
- Director of Student Activities Office –  
Only after steps 1 & 2 have been completed/unresolved

## Transportation

- Teams traveling to games
  - All student athletes will ride the bus to away games but can leave with parents to go home after the game (as permitted by coach)
- Late Buses
  - Late buses are at 4:45 & 6:45
  - Mon-Thur



# **Parent Expectations**

**1) Let the Coaches Coach**

**2) Let the Kids Play**

**3) Do Not Discuss the Play of any players in front of other parents**

**4) Your Children listen, believe and say the same things that you say to them**

**5) Do not complain about your son or daughter's coach to other parents**

# **Parent Expectations**

**6) Positive Comments From the Sideline:**

**7) Avoid negative comments about the other team:**

**8) Interaction with Parents from other team:**

**Refrain from any negative behavior or comments towards opposing athletes or our own athletes**

**9) Referees: Refrain from any negative comments towards the officiating crew during or after the event.**

# Team Break Out Locations

Football -

Field Hockey -

Cheer -

Golf -

Marching Band -

Color Guard -

Cross Country -

FLAG -