

## **Steps to be Taken for Suspected Concussions in Student-Athletes**

The District's Concussion Protocol is engaged when a student-athlete is suspected to have received a head injury while participating in a Modified, JV or Varsity sport at Massena Central School or **has a diagnosis of a concussion from any other cause (if not during school sports, any Provider can clear).**

The steps of this protocol are as follows:

1. Coach
  - a. Upon receiving a suspected head injury, the student-athlete is removed immediately from participation by the coach and is not permitted to return until cleared
  - b. The coach will notify the parent of the suspected head injury
  - c. The coach will complete an accident report and notify the appropriate school nurse
  - d. The coach will notify the athletic director of the suspected head injury and the student-athlete's removal from play
2. School Nurse
  - a. The school nurse will provide the parent with a copy of the accident report (via email from Pupil Benefits).
  - b. The school nurse will obtain Doctor's notes.
  - c. The school nurse will talk to the parent and provide a written letter regarding next steps.
  - d. The school nurse will notify Coaches of all Doctor notes and activity restrictions and or return to play dates.
3. Parent
  - a. If the student-athlete is not taken by ambulance to the nearest emergency department, the parent should consider seeking medical care through an emergency department or the health care provider of their choice
  - b. In order for the student-athlete to return to participate in the sport and in physical-education classes, the student-athlete must be cleared by the School's Medical Director, Dr. Ramli at Kids Corner in Massena (315)769-4700
  - c. The "Concussion Management: Return to Athletic Activities Protocol" form must be signed by Dr. Ramli and returned to the appropriate school nurse.