

Charlotte-Mecklenburg Schools
MIDDLE SCHOOL ATHLETICS

2023-24



BASKETBALL

DATE:

- First Practice: **MONDAY, NOVEMBER 13, 2023**
(Physicals may be given earlier)
 - First Contest: **THURSDAY, DECEMBER 7, 2023**
 - Last Contest: **THURSDAY, FEBRUARY 8, 2024**
- Inclement Weather Date (if CMS System-wide) Monday, Feb 12, 2024**

PLAY - NO PLAY DATE:

- **23-24 there will be no adding of players/cheerleaders to the winter sports team.**
- **Due to the season ending the week after the quarter ends 1/24/24.**

NUMBER OF CONTESTS:

- Maximum number of contests – 14 (depending on league)
- Play each team twice in same league
- League Championships will begin 24-25 season

PRACTICE TIMES:

- Prior to regular season: 2 hours
- During regular season: 1½ hours

LENGTH OF CONTESTS:

- **MS Basketball game is played in 4 - 6 minute quarters.**
- **No less than 5 minute pre-game warm up - AD has discretion to lengthen if time permits**
- **1 minute between 1st and 2nd quarters and 3rd and 4th quarter.**
- **5 min halftime.**
- **If a team is up by 25pts to begin the 3rd quarter or if at any time during the 2nd half a team is up by 25pts the game will be a running clock.**
- **Once a running clock starts it will remain a running clock until the end of the contest.**
- **If a foul is called prior to the horn at end of game, free throws will be allowed if applicable. The clock stops for timeouts and free throws.**
- **3 min overtime period.**
- **If a school arrives late to a game AD's will determine before tip-off if quarters will be shortened or a running clock will be used. (Decision must be used in both boys and girls game)**

SPECIAL REQUIREMENTS:

- Source of rules is the National Federation of State High School Athletic Associations, modified for middle school.
- Starting time is **5:00pm (unless change is agreed upon by both AD's)**
- **Home team:** Light colored uniforms **Visiting Team:** Dark colored uniforms.
- Full Participation: Each student athlete must participate in the game.
- Host school must provide an *adult* clock operator and scorekeeper.
- ****At mid-season, the team that was playing the first game of the**
- **2023-24 The GIRLS teams will play the 1st game of a doubleheader.**
The BOYS team will play the 2nd game of a doubleheader.