



MISSION: TO PROVIDE ATHLETIC PROGRAMS THAT PRODUCE A PRIDEFUL EXPERIENCE FOR ALL AND PREPARE STUDENT-ATHLETES TO COMPETE IN LIFE.

Rising 9th Grade Information

Sports Offered @ Ardrey Kell

Fall Season

- Football (Varsity & JV)
- Men's Soccer (Varsity & JV)
- Volleyball (Varsity & JV)
- Cheerleading (Varsity & JV)
- Men's Cross Country (Varsity)
- Women's Cross Country (Varsity)
- Women's Tennis (Varsity)
- Women's Golf (Varsity)
- Field Hockey (Club)

Winter Season

- Men's Basketball (Varsity & JV)
- Women's Basketball (Varsity & JV)
- Cheerleading (Varsity & JV)
- Wrestling (Varsity & JV)
- Men's Swim & Dive (Varsity)
- Women's Swim & Dive (Varsity)
- Men's Indoor Track (Varsity)
- Women's Indoor Track (Varsity)
- Rugby (Club)

Spring Season

- Baseball (Varsity & JV)
- Softball (Varsity & JV)
- Women's Soccer (Varsity & JV)
- Men's Lacrosse (Varsity & JV)
- Women's Lacrosse (Varsity & JV)
- Men's Track & Field (Varsity)
- Women's Track & Field (Varsity)
- Men's Tennis (Varsity)
- Men's Golf (Varsity)
- Men's Volleyball (Club)
- Women's Flag Football (CMS)

AK Athletic Website

- Athletic Director- Jeff Sprenger: jeffreyL.sprenger@cms.k12.nc.us
- Direct Link to Athletic Webpage: <https://ardreykellathleticzone.com/>
- The following menu links contain important information to reference when getting involved with an AK Athletic team and can be accessed from the top menu bar on the AK Home athletic webpage:
 - AK Forms: this page contains all the information and documents needed for athletic eligibility paperwork. All athletic forms are completed/submitted/uploaded electronically through **DragonFly**. Forms for the 2024-2025 school year are still being revised but will be uploaded and active by June 1st, 2024.
 - <http://dragonflymax.com/forms/VND8WJ>
 - Athletic Department Information: this page contains a listing of our Head Coaches Contact Information. Note: coaching rosters currently posted are for 2023-2024. Updates will be posted accordingly for the 2024-2025 school year.
 - [file:///D:/AK%20Athletics/AKHS%20Coaching/2022-2023/\(2022-2023\)%20AK%20Head%20Coach%20contact%20Information.pdf](file:///D:/AK%20Athletics/AKHS%20Coaching/2022-2023/(2022-2023)%20AK%20Head%20Coach%20contact%20Information.pdf)
 - Booster Club Information: this page contains contact information for the AKABC for those who would like to get involved.
 - Boosters is looking for parents to volunteer. If you are interested in being involved please contact Amy Gramaglia @ pgramaglia@carolina.rr.com as we are actively filling positions for next year.

Other Important Information

- NCHSAA official start date for Fall Sports = Wednesday, July 31st
 - Tryouts and practices are mandatory at this point
 - We highly encourage you to plan family vacations during the NCHSAA mandated summer dead periods
 - July 1- July 23, 2024
- Eligibility
 - Athletic eligibility is based off of grades and attendance from the previous semester.
 - GPA: 2.0
 - Attendance: <10/class
 - A current physical examination must be uploaded in DragonFly in order to participate in off-season workouts.
 - DragonFly registration must be 100% complete in order to participate in tryouts.
- Team Interest Meetings
 - Coaches will hold an interest meeting for their respective sport sometime within the first month of start of school. With fall sports beginning prior to start of school, it's best to reach out to the coach directly by email.
- Off-Season Practices
 - High School teams are allowed to hold off season practices. These sessions are highly recommended but are not mandatory.
 - Many teams begin off season practices as early as June.
- AK Athletics Sideline Store
 - Visit the official on-line spirit wear store for the Ardrey Kell Knights and get decked out in some great gear to support your Knights for the upcoming season.
 - https://sideline.bsnsports.com/schools/north_carolina/charlotte/ardrey-kell-high-school
- Following AK Athletics
 - Twitter: @AKSportsInfo
 - AK Sports Report (weekly newsletter): Once registered in DragonFly, you will receive weekly email.