

**2024-2025 CAREY JUNIOR
HIGH SCHOOL
PARENT/PLAYER
HANDBOOK**



Athletics Directory

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Boys Wrestling Tracy Pugh	tracy.pugh@laramie1.org
Boys Basketball Darin Weeks	darin.weeks@laramie1.org
Girls Wrestling Tracy Pugh	tracy.pugh@laramie1.org
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Philosophy

The goal of the Carey sports programs is the positive development of the student-athlete. The sports programs are also vitally concerned with the promotion of pride and loyalty within the student body and with providing opportunities for positive school-community relations.

Required Forms

- Online Athletic Registration
 - Included with online registration:
 - Physical – Dated after May 1st of the current year
 - Athletic Code
 - Proof of Insurance (Can be completed on Physical)

Basic Program Rules

1. All athletes must attend all practices and games/contests unless they have permission from their coach to be absent from the practice and/or game.
2. All athletes are responsible to conform to the Laramie County School District #1 Activity Code.
3. All athletes shall refrain from any type of hazing.
4. All athletes shall be on time for all practices/games.
5. All athletes shall be respectful to teammates, coaches, teachers and other school officials.
6. Athletes shall never steal from any person or place.
7. Athletes shall not attend any party where alcohol, tobacco, or other drugs are present.
8. All athletes shall act in a socially acceptable manner.
9. No athletes shall vandalize.
10. No clothing with suggestive language or innuendos shall be allowed to be worn by athletes during school, practices, trips or games.
11. Repeat violations of any rule(s) will result in removal from team.

Eligibility

1. Eligibility reports will be ran every Monday (or Tuesday in case of no school Monday).
2. Student who are failing 1 or more classes will be on probation.
 - Students who are on probation are still eligible to practice.
3. Students who are failing any class(s) in two consecutive weeks are ineligible to participate in contests until the next report is ran.

- Students may become eligible to participate in contests with a note or email from a teacher explaining that they may participate.
 - Note should be taken or emailed to coach.
4. Eligibility deadline of 4:00 pm of the Day before contest.
 - Some sports may impose an earlier deadline based on sport specific needs.
 - Students who become eligible after previously being ineligible need to be communicated to Activities Principal, Athletic Director and in cases of early dismissal, Attendance Secretary.
 5. Students in ISR may still practice but they may play in any of the day's scheduled events.
 6. Students who are OSS cannot practice or play in any of the day's scheduled events. This includes Saturday events if the OSS is served on the Friday before.

Absences/Attendance

- If a student misses any classes on a game or contest day, that student will be ineligible to participate in that game or contest (the athletic director or an administrator may excuse the athlete for an extenuating circumstance).
- Excused absences are exempt if communication to coach has been made ahead of time.
- All athletes are expected to be present at all practices, team meetings, contests and special occasions including the end of the season banquet, unless excused by the coach.
- Make all appointments around the practice schedule. Failure to attend practice, games, or special occasions may result in removal from the team.
- Students in ISR (ISS) may still practice but not play in any of the day's scheduled events.
- Students who are OSS cannot practice or play in any of the day's scheduled events. This includes Saturday events if the OSS is served on the Friday before.

School Issued Equipment

- All athletes are responsible for all equipment issued to them by the Carey Junior High Athletic Program. The athletes must pay for lost, stolen, or damaged equipment. Failure to comply will result in the withholding of grades and/or diplomas as well as the restriction on future athletic participation.
- Equipment must be returned immediately following the end of the season. They must return the equipment issued to them, and the equipment should be clean and in the same condition in which it was issued.

Roles

There are four roles in the Carey JH Athletic Program. It is important that these roles do not get confused, as it will limit the athlete's opportunities for success. These roles are:

1. Athletes – the individuals who wear the uniforms and participate in the contests and games.
2. Coaches – the professionals who implement a well-articulated philosophy and direct the team.
3. Officials – the professionals who wear the striped shirt and administer the contests.
4. Parents – the athlete’s biggest fans and supporters who come to contests and cheer.

For our teams to have the greatest opportunity for success these roles must never become confused. Players will not be allowed to officiate, parents are not allowed to coach, and coaches may not just come to the games and cheer. One cannot and will not be allowed to perform the others’ role.

Communication Procedures

Communication Coaches expect from parents:

1. Concerns expressed directly to grade/team level coach
2. Notification of schedule conflicts well in advance
3. Specific concerns regarding a coach’s expectations

Appropriate Concerns to Discuss with Coaches:

1. The mental and physical well-being of your child
2. Ways to assist your child to improve their skills
3. Concerns about your child’s behavior

Issues Not Appropriate to Discuss with Coaches:

1. Playing Time
2. Team Strategy
3. Play calling or substitution patterns
4. Other student-athletes

It is very difficult to accept your child’s not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe is best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child’s coach. Other things must be left to the discretion of the coach.

“A parent has and should have the best interest of their child in mind at all times. A coach has and should have the best interest of the team in mind.”

Procedure to follow with concerns:

1. Have athlete discuss concern with coach.
2. If the problem is not resolved, then contact the coach through the school. Do not call the coaches at home.
3. If you have trouble reaching the coach, please call the Athletic Director and we will set up an appointment for you.
4. Coaches are not allowed to talk to parents/guardians before or after a game or contest. These can be emotional times for parents and coaches. Meetings of this nature do not promote resolution.

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

1. Call and set up an appointment with the Athletic Director to discuss the situation. (In most cases the coach will be present in this meeting).
2. At this meeting, the appropriate next step can be determined.

Undue Influence for Participation

All students shall enjoy as many activities as the student and their parents wish them to participate in without influence from any coach to specialize in one activity. All coaches should encourage participation in other activities.

Transportation

1. All athletes will travel to and from all AWAY contests on buses or other school approved transportation. No athlete will be allowed to drive or ride to an away contest in a non-school vehicle without the athletic director's or an administrator's approval.
2. Parents may transport their child home from an away contest if they sign out with coach after game.
3. If riding with someone other than parent/guardian a form is available on our athletics website. FORM MUST BE TURNED IN TO ATHLETIC PRINCIPAL 24 HOURS BEFORE EVENT
4. Athletes are to be picked up outside of gym near Okie Blanchard Stadium for all practices and competitions.
5. Process for habitual tardiness of athlete pickup:
 - a. Habitual is more than once in a single sport season.
 - b. 1st offense discussion about pickup time with coach
 - c. 2nd offense discussion with Athletic Director about pickup time

- d. 3rd offense possible removal from team
- e. Offense may carryover sport to sport

Sportsmanship Violations

1. Students who have sportsmanship violations are subject to the activity code.