



Carey Junior High School

3330 T-Bird Drive
Cheyenne, Wyoming 82001
Main Phone: (307) 771-2580
Website: carey.laramie1.org
FAX: (307) 771-2578

Head Coach: Tricia Haden

Easiest way to contact me is through Parent Square or email, tricia.haden@laramie1.org. You can also leave a message on my school phone, **307-771-2580 ext. 30398**. If I do not answer back right away please understand that I am either teaching, coaching, or with my family. I will not answer messages after 6:30 PM, but I will get back to you as soon as I can the next day.

Coaching Staff

7A: Ashley Garcia 8A: Tricia Haden
7B: Jon Anderson 8B: Krista Williams
7C: Jed Bangerter 8C: Shae Buettner

Parent Square groups for each team will be set up the second week of practice after teams have been decided.

Team and Individual Success Guidelines

Objective: Our goal as coaches is to grow our players both as athletes and individuals. As a program, we have high expectations of sportsmanship and academics from our players. Representing Carey and our volleyball program is important both in and out of school, and failure to maintain these standards may result in removal from the team.

Eligibility

- Students must not have any failing grades.
- If a student is failing, they will be given one week of probation to improve their grade.
- Failure to improve results in ineligibility to participate until the grade is up.
- Academics take precedence over athletics.

Collaborating to Inspire Lifelong Learners



The state of Wyoming provides Hathaway Merit and Needs-based Scholarships to Wyoming students attending the University of Wyoming and Wyoming Community Colleges. Every student who meets the merit requirements can earn a Hathaway Merit Scholarship. Contact your school counselor for more information.

Attendance

- A note signed by a parent is required for any missed practice.
- After 2 unexcused absences, coaches will contact the parent.
- 3 unexcused absences will lead to removal from the team.
- Absence from practice the day before a game means the player will not start the next game and may have limited playing time.
- Absence from school on a game day results in ineligibility to play.

Closed Practices

- No additional students or parents are allowed in the gym during practices to ensure player focus and safety.

Travel and Pick-Up

- Students must ride the bus to away games. Failure to do so means ineligibility to play.
- Only parents/guardians can sign players out at away games. Any other arrangements must be made with the main office in advance.

Communication

- Initial concerns should be addressed with the athlete's coach. If unresolved, contact the head coach before approaching the athletic director or principal.
- Open communication between players, parents, and coaches is vital.

Parent Expectations

- Coaches will model positive and enthusiastic behavior. Parents should also uphold these expectations and represent Carey positively. Failure to do so could result in removal from the gym.

Team Placement

- The first week of practice is for placing players on A, B, and C teams based on skill level. Placement is not final; coaches will continually assess skills, attitude, and work ethic throughout the season and players may be moved as needed.

