



Carey Junior High School
3330 T-Bird Drive
Cheyenne, Wyoming 82001
Main Phone: (307) 771-2580
Website: carey.laramie1.org

Dear Parents,

I look forward to meeting you and your athlete(s). The easiest way to contact me is ParentSquare or email, If I do not answer right away, please understand that I am either teaching, coaching, or with my family. I may not be able to answer messages after 7:30 PM, but I will get back to you as soon as I can the next day.

Eligibility

- Academics take precedence over athletics.
- If a student is failing, they will be on probation to improve their grade for one week. Failure to improve will result in no participation until grade is passing.

Practices/Games

- Attendance is crucial for our team to be unified. Please notify coach of any absences the day before practice/game. Multiple unexcused absences will result in a parent/coach meeting with firm and fair consequences.
- No additional students or parents are allowed in the gym during practices to ensure team focus and safety.
- Practices and *event commitments will take place 2-4 days a week depending on each sport's schedules that season. *Home events only.
 - Fall season: Volleyball, Cross Country and Football
 - Winter 1 season: Boys Wrestling and Girls Basketball
 - Winter 2 season: Girls Wrestling and Boys Basketball
 - Our full season ends before Swimming and Track begin

Communication

- Open communication between teammates, parents, and coaches is vital.
- Calendar updates will be printed and passed out monthly and in a message.
- Initial concerns should be addressed with me first. If unresolved, contact the athletic director then principal.

Let's have a great season! **Go BRAVES!**

Coach Jenkins

Head Coach: Tifaney Jenkins tifaney.jenkins@laramie1.org

Assistant Coach: Narissa Kennedy narissa.kennedy@laramie1.org