

# Weddington Middle School Softball 2024-2025

## **Pre-Season Information**

Head Coach: Jake Miller email: <a href="mailto:ladybluesmiller05@gmail.com">ladybluesmiller05@gmail.com</a>

Try-out Dates: Week of 2/3/2025

**Try-out Times**: *TBD* 

In-Season Practice Times: 4:05-6:00 PM Monday-Thursday

### **Registration Requirements**

 Valid Registration on Family ID completed and approved by WMS Athletic Director or Registrar prior to participation in preseason workouts.

- All waiver and physical signatures must be correct and up to date.
- Students must also be academically eligible to participate
  - No more than one failed course during fall semester.

### Pre-season skill development schedule

- Begins Monday 10/7 4pm-6pm
- Dead Weeks 10/31-11/15 (first two weeks of winter sports)

### <u>Preseason Communication</u>

- Sign up for the WMS Softball Preseason SportsYou team app.
  - Add Code G6D9U75X

### **Try-out Criteria**

Evaluation criteria at try-outs will include, but are not limited to, the following:

- Skill level (throwing, hitting, fielding, baserunning, etc.)
- Softball IQ as demonstrated through scrimmage and game situations
- Personal qualities (effort, sportsmanship, leadership, attitude, resiliency)
- Physical qualities (height, speed, lateral quickness, anticipation, movement)
- Conditioning
- Classroom performance (grades)