

# Rochester Beacon Academy Lunch Menu

October  
2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 Soft Beef Tacos Lettuce, Tomato and Cheese Steamed Corn Celery Sticks Sliced Peaches Fresh Orange  Chicken & Cheese Quesadilla	2 Salisbury Steak Mashed Potatoes Gravy Lettuce Salad Cucumber Slices Sliced Pears Kiwi Fruit  Chicken & Gravy	3 Chicken Potstickers Brown Rice Oriental Vegetables Mixed Fruit Fresh Pineapple Fortune Cookie  Orange Chicken	4 Pretzel w/Cheese Garlic & Herb Broccoli Sugar Snap Pes Pineapple Tidbits Fresh Grapes  Honey Mustard Ham Wrap
7 Chicken Cordon Bleu Sandwich  French Fries Carrot Sticks Applesauce Fresh Orange  Turkey BLT Wrap	8 Popcorn Shrimp Chicken Fried Rice Celery Sticks Diced Pears Fresh Apple  Fish Sandwich	9 Pancakes Syrup Sausage Patty Breakfast Potatoes Broccoli Florets Banana 100% Orange Juice  Breakfast Sandwich	10 Chicken Alfredo w/Pasta Garlic Breadstick Lettuce Salad Cucumber Slices Mixed Fruit Fresh Grapes  Ham & Cheese on a Bagel	11 Cheesebread Dunkers Marinara Sauce California Blend Vegetable Carrot Sticks Diced Peaches Cantaloupe  Buffalo Chicken Wrap
14 Mini Corn Dogs French Fries Baby Carrots Diced Peaches Fresh Apple  Turkey BLT Wrap	15 Crispy Chicken Tenders Cheesy Mashed Potatoes Celery Sticks Apple Crisp Fresh Orange  Ham & Cheese on a Bagel	16 Sausage Pizza Steamed Green Beans Sugar Snap Pes Diced Pears Fresh Pineapple  Chicken Bacon Ranch Flatbread	17 No School	18 No School
21 Beef Hot Dog on a Bun Baked Beans, Vegetarian Kettle Potato Chips Carrot Sticks Applesauce Fresh Orange  Deli Sub Sandwich	22 Beefy Nachos w/Homemade Cheese Sauce Refried Beans Celery Sticks Sliced Peaches Fresh Apple  Chicken and Cheese Quesadilla	23 Macaroni & Cheese Garlic Breadstick Steamed Green Beans Red Peppers Mixed Fruit Kiwi Fruit  Ham & Cheese on a Bagel	24 Pulled Pork Sandwich BBQ Sauce Steamed Corn Cauliflower Floret Apple Slices Cantaloupe  BBQ Meatball Sub	25 Max Stix Marinara Sauce Garlic & Herb Broccoli Sugar Snap Pes Sliced Pears Fresh Pineapple  Turkey Deli Sandwich
28 Hamburger on a Bun Steamed Green Beans Carrot Snax Applesauce Cup	29 Sloppy Joe on a Bun Baked Beans, Vegetarian Kettle Potato Chips Carrot Snax Sliced Peaches	30 Toasted Cheese Sandwich Tomato Soup Carrot Sticks Sliced Pears Fresh Apple  Ham & Cheese Sandwich	31 Goulash Garlic Fingers Broccoli Florets Cauliflower Floret Fresh eyeballs Orange Gelatin w/mandarin oranges Dirty Cake  Sloppy Joe on a Bun	1

Student Meal

Free

PRICES

EXTRA INFO

1% White or Chocolate Skim is included with Lunch.

HARVEST OF



THE MONTH

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