

## Rochester Beacon Academy Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2				1
Labor Day No School	3  Beef Hot Dog on a Bun Baked Beans, Vegetarian Carrot Sticks Kettle Potato Chips Mixed Fruit Fresh Orange  Deli Sub Sandwich	Macaroni & Cheese Garlic Breadstick Garlic & Herb Broccoli Steamed Green Beans Cauliflower Floret Sliced Peaches Kiwi Fruit Hot Ham & Cheese Bagel	5 Sloppy Joe on a Bun French Fries Green Pepper Slices Apple Slices Fresh Grapes Turkey BLT Wrap	6 Max Stix Marinara Sauce Steamed Broccoli Sugar Snap Pes Sliced Pears Strawberries Cup Chicken Bacon Flatbread
9	10	11	12	13
Cheeseburger on a Bun French Fries Carrot Sticks Sliced Peaches Fresh Apple Turkey BLT Wrap	Walking Taco Lettuce, Tomato and Cheese Refried Beans Celery Sticks Sliced Pears Orange Chicken Chicken & Cheese Quesadilla	Crispy Chicken Nuggets Whole Grain Dinner Roll Cheesy Mashed Potatoes Cauliflower Floret Mixed Fruit Banana Turkey Ham Deli Sandwich	Pasta with Meat Sauce Garlic Breadstick Lettuce Salad Cucumber Slices Apple Slices Fresh Pineapple Chicken Caesar Wrap	BBQ Rib Sandwich Steamed Corn Broccoli Florets Mandarin Oranges Cantaloupe Ham and Cheese Charcuterie
16	17	18	19	20
French Toast Sticks Syrup Sausage Patty Breakfast Potatoes 100% Orange Juice Strawberries Carrot Sticks  Breakfast Sandwich(Pork)	Sweet & Sour Chicken Brown Rice Steamed Broccoli Celery Sticks Pineapple Tidbits Fresh Orange Hot Ham & Swiss Bagel	Pulled Pork Sandwich BBQ Sauce French Fries Cauliflower Floret Sliced Pears Fresh Grapes Turkey BLT Wrap	Mexican Pasta Com Bread Red Peppers Steamed Corn Sliced Peaches Kiwi Fruit Beef Chili Bowl	Crispy Chicken Tenders Whole Grain Dinner Roll Cheesy Mashed Potatoes Broccoli Florets Applesauce Peach Cup Chicken Caesar Wrap
23	24	25	26	27
Crispy Chicken Sandwich French Fries Carrot Sticks Mixed Fruit Fresh Apple Turkey BLT Wrap	Beefy Nachos w/Homemade Cheese Sauce California Blend Vegetable Celery Sticks Sliced Pears Fresh Orange Chicken & Cheese Quesadilla	Parmesan Chicken Bites Marinara Sauce Pasta Garlic & Herb Broccoli Green Pepper Slices Sliced Peaches Banana  Ham & Turkey Sub Sandwich	Tater Tot Casserole Garlic Breadstick Lettuce Salad Cucumber Slices Applesauce Fresh Pineapple Ham & Cheese on a Bagel	Cheese Pizza Steamed Green Beans Sugar Snap Pes Pineapple Tidbits Cantaloupe  Buffalo Chicken Wrap
30 Cheeseburger on a Bun Baked Beans, Vegetarian Carrot Sticks Mandarin Oranges Fresh Apple	1			
Turkey BLT Wrap				Menus and nutrition

**PRICES** 

Student Meal

EXTRA INFO

Craisin and Raisins offered daily as a second fruit

1% White or Chocolate Skim is included with

Lunch.



Menus and nutrition

