

Rochester Beacon Academy Lunch Menu

October
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
		Salisbury Steak Mashed Potatoes Gravy Red Peppers Peaches ApplesRus Fresh Apple Chicken & Gravy Mashed Potatoes	Toasted Cheese Sandwich Tomato Soup Cauliflower Floret Pineapple Tidbits Fresh Cantaloupe Ham & Cheese on a Bagel	Cheese Dunkers Marinara Sauce Steamed Green Beans Sliced Pears Fresh Grapes Turkey & Cheese Flatbread
6	7	8	9	10
Corn Dog French Fries Baby Carrots Mixed Fruit Orange BBQ Meatball Sub	Salsa Chicken Bowl Steamed Corn Celery Sticks Sliced Peaches ApplesRus Fresh Apple Chicken & Cheese Quesadilla	Popcorn Shrimp Chicken Fried Rice Broccoli Florets Sliced Pears Turkey & Ham Deli Sub	Chicken Alfredo w/Pasta Garlic Breadstick Lettuce Salad Cucumber Slices Mandarin Oranges Fresh Pineapple Hot Ham & Cheese on a Bagel	Cheese Pizza California Blend Vegetable Snow Peas Sliced Peaches Fresh Cantaloupe Chicken Bacon Ranch Flatbread
13	14	15	16	17
Biscuits and Gravy Breakfast Potatoes 100% Orange Juice ApplesRus Fresh Apple Baby Carrots Breakfast Sandwich	Soft Beef Tacos Lettuce, Tomato and Cheese Mexican Brown Rice Celery Sticks Applesauce Orange Chicken & Cheese Quesadilla	No School	No School	No School
20	21	22	23	24
Classic Cheeseburger Baked Beans, Vegetarian Kettle Potato Chips Baby Carrots Sliced Pears ApplesRus fresh Apple Turkey Ham Deli Sub Sandwich	Beef Stew over Biscuit Steamed Green Beans Celery Sticks Sliced Pears Orange Hot Ham & Cheese on a Bagel	Popcorn Chicken Mashed Potatoes Gravy Steamed Corn Whole Grain Dinner Roll Mixed Fruit Cantaloupe Honey Mustard Ham Wrap	Chicken Pot Pie Garlic & Herb Broccoli Green Pepper Slices Sliced Peaches Kiwi Fruit BBQ Rib Sandwich	Parmesan Crusted Fish Fillet Augratin Potatoes Cauliflower Floret Pineapple Tidbits Fresh Grapes Turkey & Cheese Flatbread
27	28	29	30	31
Roasted Beef Hot Dog on a Bun Baked Beans, Vegetarian Kettle Potato Chips Fruit Orange	Chicken Fajitas Steamed Corn Baby Carrots Sliced Pears ApplesRus Fresh Apple BBQ Pulled Pork Sandwich	Chicken Chow Mein Brown Rice California Blend Vegetable Celery Sticks Mixed Fruit Fresh Pineapple Chicken Potstickers	Ravioli w/ Meat Sauce Lettuce Salad Red Peppers Peaches Kiwi Fruit Chicken Caesar Wrap	EARLY OUT Yogurt Pak with Bagel Fresh Vegetable Fresh Fruit

Student Meal

Free

PRICES

EXTRA INFO

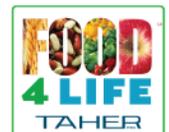
1% White or Chocolate Skim is included with Lunch.

HARVEST OF



THE MONTH

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